Vista Winds
Senior Living Community

Independent Living

November 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10:00 Church Service w/ Everett (C) 12:00 Chess & Checkers (GR) 1:00 Board Games (3FAR) 3:00 Creative Coloring (GR)	**2** 9:00 Silver Sneakers Cardio (3FAR) 9:30 SHOPPING:Aldi* (O) 10:00 Total Fitness (3FAR) 1:00 Bridge (L) 1:00 Hand and Foot (L) 3:00 Tai Chi w/ Jack (3FAR)	**3** 9:00 Silver Sneakers Cardio (3FAR) 10:00 Diamond Art (GR) 10:00 Kings in a Corner (3FL) 10:00 Texas Hold'em (3FAR) 1:00 Dime Bingo (3FAR) 3:00 Cornhole (3FAR) 4:00 BYOB Social Hour (L)	**4** 9:00 Silver Sneakers Cardio (3FAR) 9:30 SHOPPING: Frys* (O) 10:00 Total Fitness (3FAR) 1:00 Bridge (L) 1:00 Hand and Foot (L) 2:00 Tai Chi w/ Jack (3FAR) 3:00 Wii Bowling (MR)	**5** 9:00 Silver Sneakers Cardio (3FAR) 10:00 Kings in a Corner (3FL) 10:00 Pinochle (L) 1:00 Dime Bingo (3FAR) 3:00 Archwell Price Is Right (3FAR) 6:00 Hand and Foot (L) 6:00 Thursday Night Football (MR)	**6** 9:00 Silver Sneakers Cardio (3FAR) 9:30 Mass With Our Lady of Lourdes Parish (C) 10:00 Total Fitness (3FAR) 11:00 LUNCH BUNCH: Olive Garden * (O) 1:00 Bridge (L) 2:00 Volcano Island Band (L) 3:00 Happy Hour (3FL)	**7** 9:00 Chair Massage with Andrea (MR) 10:00 Kings in a Corner (3FL) 10:00 Poker (GR) 10:00 Water Aerobics (P) 12:00 Chess & Checkers (GR) 1:00 Bridge (L) 1:00 Gin Rummy Card Game (L)
8 10:00 Church Service w/ Everett (C) 12:00 Chess & Checkers (GR) 1:00 Board Games (3FAR) 3:00 Creative Coloring (GR)	**9** 9:00 Silver Sneakers Cardio (3FAR) 9:30 SHOPPING: Walmart* (O) 10:00 Total Fitness (3FAR) 1:00 Bridge (L) 1:00 Hand and Foot (L) 2:00 Peoria Public Library Visit (L) 3:00 Craft Time w/ Audrey: Card Making* (AS) 3:00 Tai Chi w/ Jack (L)	**10** 8:45 Silver Sneakers Cardio (3FAR) 10:00 Diamond Art (GR) 10:00 Kings in a Corner (3FA) 10:00 Texas Hold'em (3FAR) 1:00 Dime Bingo (3FAR) 3:00 Chair Volleyball (3FAR) 4:00 BYOB Social Hour (L)	**11** Veterans Day 9:00 Silver Sneakers Cardio (3FAR) 9:00 Veterans & Donuts 9:30 SHOPPING: Target* (O) 10:00 Total Fitness (3FAR) 1:00 Bridge (L) 1:00 Hand and Foot (L) 2:00 Tai Chi w/ Jack (3FAR) 3:00 Wii Bowling (MR)	**12** 9:00 Silver Sneakers Cardio (3FAR) 10:00 Kings in a Corner (3FL) 10:00 Pinochle 1:00 Dime Bingo (3FAR) 3:00 Trivia Time (3FAR) 5:00 Thursday Night Football (MR) 6:00 Hand and Foot (L)	**13** 9:00 Silver Sneakers Cardio (3FAR) 9:30 Communion Service (C) 10:00 Total Fitness (3FAR) 11:00 LUNCH BUNCH:V's Taproom (O) 1:00 Bridge (3FL) 2:00 Double Take Duo (L) 3:00 Happy Hour (3FAR)	**14** 9:00 Table Massage with Andrea 10:00 Kings in a Corner (3FL) 10:00 Poker (GR) 10:00 Water Aerobics (P) 12:00 Chess & Checkers (GR) 1:00 Bridge (L) 1:00 Gin Rummy Card Game (L)
15 10:00 Church Service w/ Everett (C) 12:00 Chess & Checkers (GR) 1:00 Board Games (3FAR) 3:00 Creative Coloring (GR)	**16** 9:00 Silver Sneakers Cardio (3FAR) 9:30 SHOPPING:Trader Joes's * (O) 10:00 Total Fitness (3FAR) 1:00 Bridge (L) 1:00 Hand and Foot (L) 3:00 Tai Chi w/ Jack (3FAR)	**17** 9:00 Silver Sneakers Cardio (3FAR) 10:00 $5.00 Paparazzi jewelry (L) 10:00 Diamond Art (GR) 10:00 Kings in a Corner (3FL) 10:00 Texas Hold'em (3FAR) 1:00 Dime Bingo (3FAR) 3:00 Cornhole (3FAR) 4:00 BYOB Social Hour (L)	**18** 9:00 Silver Sneakers Cardio (3FAR) 9:30 SHOPPING: Dollar Tree * (O) 10:00 Total Fitness (3FAR) 1:00 Bridge (L) 1:00 Hand and Foot (L) 1:00 THE JOURNEY OF AGING WELL (3FAR) 2:00 Tai Chi w/ Jack (3FAR) 3:00 Wii Bowling (MR)	**19** 9:00 Silver Sneakers Cardio (3FAR) 10:00 Kings in a Corner (3FL) 10:00 Pinochle (L) 1:00 Dime Bingo (3FAR) 3:00 Trivia Time:Archwell (3FAR) 5:00 Thurday Night Football (MR) 6:00 Hand and Foot (L)	**20** 9:00 Silver Sneakers Cardio (3FAR) 9:30 Communion Service (C) 10:00 Total Fitness (3FAR) 11:00 LUNCH BUNCH:Cheddars* (O) 12:00 The Friendsgiving Haul (L) 1:00 Bridge (L) 3:00 Entertainment with John Case (3FL) 3:00 Friendsgiving/Birthday	**21** 10:00 Kings in a Corner (3FL) 10:00 Poker (GR) 10:00 Water Aerobics (P) 12:00 Chess & Checkers (GR) 1:00 Bridge (L) 1:00 Gin Rummy Card Game 3:00 Dime Bingo With Edna (3FAR)
22 10:00 Church Service w/ Everett (C) 12:00 Chess & Checkers (GR) 1:00 Board Games (3FAR) 2:30 Faith Through The Ages (3FAR) 3:00 Creative Coloring (GR)	**23** 9:00 Silver Sneakers Cardio (3FAR) 9:30 SHOPPING: Walmart* (O) 10:00 Total Fitness (3FAR) 1:00 Bridge (L) 1:00 Hand and Foot (L) 2:00 Coffee with a View (3FL) 3:00 Tai Chi w/ Jack (3FAR)	**24** 8:45 Silver Sneakers Cardio (3FAR) 10:00 Diamond Art (GR) 10:00 Kings in a Corner (3FL) 10:00 Texas Hold'em (3FAR) 1:00 Dime Bingo (3FAR) 3:00 Chair Volleyball (3FAR) 4:00 BYOB Social Hour (L)	**25** 9:00 Silver Sneakers Cardio (3FAR) 10:00 Total Fitness 1:00 Bridge (L) 1:00 Hand and Foot (L) 2:00 Tai Chi w/ Jack (3FAR) 3:00 Wii Bowling (MR)	**26** Thanksgiving Day 9:00 Silver Sneakers Cardio (3FAR) 10:00 Kings in a Corner (3FL) 10:00 Pinochle (L) 1:00 Dime Bingo (3FAR) 3:00 Trivia Time (3FAR) 5:00 Thursday Night Football (MR) 6:00 Hand and Foot (L)	**27** 9:00 Silver Sneakers Cardio (3FAR) 9:30 Communion Service (C) 1:00 Bridge (L) 3:00 Happy Hour (3FL)	**28** 10:00 Kings in a Corner (3FL) 10:00 Poker (GR) 10:00 Water Aerobics (P) 12:00 Chess & Checkers (GR) 1:00 Bridge (L) 1:00 Gin Rummy Card Game (L) 2:30 Canvas Painting w/ Tim* (AS)
29 10:00 Church Service w/ Everett (C) 12:00 Chess & Checkers (GR) 1:00 Board Games (3FAR) 3:00 Creative Coloring (GR)	**30** 9:00 Silver Sneakers Cardio (3FAR) 9:30 SHOPPING:Safeway* (O) 10:00 Total Fitness (3FAR) 1:00 Bridge (L) 1:00 Hand and Foot (L) 3:00 Tai Chi w/ Jack					

Happy Birthday!

01 – George A.
01 – Diane M.
03 – John P.
04 – Diane K.
07 – Sharon B.

* = Sign up at the Front Desk is required to attend

Location Key:

O = Outing
L = Lobby
A3 = 3rd Floor Activity Room
3L = 3rd Floor Lounge
M = Movie Room
A4 = 4th Floor Game Room
AS4 = 4th Floor Art Studio
C = Chapel
D = Dining Room