Chaparral Winds
Senior Living Community

# Assisted Living

## Novmeber 2026

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|---|---|---|---|---|
| **1**<br>**12:00** Crosswords (AR)<br>**4:00** Puzzles (LB) | **2**<br>**8:30** Daily Chronicles (B)<br>**8:45** Stretching (T)<br>**10:00** Bingo (AR)<br>**12:00** Manicure (By appointment)<br>**1:00** Exercise w/Jessica (AR)<br>**1:00** Relaxing Art (AR)<br>**3:00** Armchair travel Wonders of USA (T) pt.1<br>**4:30** Hand & Foot (L) | **3**<br>**8:30** Daily Chronicles (B)<br>**9:00** 5K (AR)<br>**10:15** Coffee & Chat (B)<br>**12:00** Blackjack (L)<br>**1:00** Scrabble (AR)<br>**4:00** Wii Bowling (L) | **4**<br>**8:30** Daily Chronicles (B)<br>**9:00** Bible Study w/Tony (L)<br>**10:00** Bingo (AR)<br>**11:00** Red Lobster Lunch outing<br>**1:00** Wii Bowling (L)<br>**2:00** Catholic Mass (IL)<br>**2:30** Chair Exercise w/weight (AR)<br>**3:00** Relaxing Art (AR) | **5**<br>**8:30** Daily Chronicles (B)<br>**9:00** 5K (AR)<br>**10:15** Jeopardy (B)<br>**1:00** Sip & Paint (AR)<br>**3:00** Gardening club Meeting (CY)<br>**6:30** Hand & Foot (L) | **6**<br>**8:30** Daily Chronicles (B)<br>**9:00** Donuts & Coffee (AR)<br>**10:00** Southwest Mobility (B)<br>**12:00** Blackjack (L)<br>**1:00** New Residents tour (FL)<br>**1:30** Music & movement w/Darlene (E)<br>**2:30** Matinee Movie & Popcorn (T) Anne of Green Gables<br>**4:00** Puzzles (LB) | **7**<br>**8:30** Daily Chronicles (B)<br>**10:30** Non-denominational service (IL)<br>**12:30** Take & Create (AR)<br>**1:00** Wii Bowling (L)<br>**3:00** Relaxing Art (AR) |
| **8**<br>**8:30** Daily Chronicles (B)<br>**12:00** Crosswords (AR)<br>**4:00** Puzzles (LB) | **9**<br>**8:30** Daily Chronicles (B)<br>**8:45** Stretching (T)<br>**10:00** Bingo (AR)<br>**12:00** Manicure (By appointment)<br>**1:00** Exercise w/Jessica (AR)<br>**2:15** Parfait bar (B)<br>**4:30** Hand & Foot (L) | **10**<br>**8:30** Daily Chronicles (B)<br>**9:00** 5K (AR)<br>**10:15** Coffee & Chat (B)<br>**12:00** Blackjack (L)<br>**1:00** Activity Store (AR)<br>**2:00** Veterans Coffee (PDR)<br>**3:00** Scrabble (AR)<br>**4:00** Wii Bowling (L) | **11**<br>**8:30** Daily Chronicles (B)<br>**9:00** Veterans Pinning Ceremony (FL)<br>**12:00** Bingo (AR)<br>**1:00** Wii Bowling (L)<br>**2:00** Catholic Communion (B)<br>**2:30** Exercise with weights (AR)<br>**3:00** Relaxing Art (AR) | **12**<br>**8:30** Daily Chronicles (B)<br>**9:00** 5K (AR)<br>**10:15** Jeopardy (B)<br>**12:00** Craft a Christmas Wreath<br>**1:00** Veterans donuts & chat w/Sol (L)<br>**2:00** Entertainment & Happy Hour (Julius) DR<br>**2:00** Pet Therapy w/Rosie<br>**3:00** Gardening club (CY)<br>**6:30** Hand & Foot (L) | **13**<br>**8:30** Daily Chronicles (B)<br>**9:00** Donuts & Coffee (AR)<br>**10:00** Bingo (AR)<br>**12:00** Blackjack (L)<br>**2:00** Music & movement w/Darlene (DR)<br>**3:00** Matinee Movie & Popcorn (T) The Blind Side<br>**4:00** Puzzles (LB) | **14**<br>**8:30** Daily Chronicles (B)<br>**12:30** Take & Create (AR)<br>**1:00** Wii Bowling (L)<br>**3:00** Relaxing Art (AR) |
| **15**<br>**8:30** Daily Chronicles (B)<br>**12:00** Crosswords (AR)<br>**4:00** Puzzles (LB) | **16**<br>**8:30** Daily Chronicles (B)<br>**8:45** Stretching (T)<br>**10:00** Bingo (AR)<br>**12:00** Manicure (By appointment)<br>**1:00** Exercise w/Jessica (AR)<br>**2:00** Entertainment & Happy Hour (Ronny) E<br>**3:00** Armchair travel Wonders of USA (T) pt.2<br>**4:30** Hand & Foot (L) | **17**<br>**8:30** Daily Chronicles (B)<br>**9:00** 5K (AR)<br>**9:00** Resident Council (PDR)<br>**10:15** Coffee & Chat (B)<br>**12:00** Blackjack (L)<br>**1:30** Diamond Art Club (LB)<br>**3:00** Scrabble (AR)<br>**4:00** Wii Bowling (L) | **18**<br>**8:30** Daily Chronicles (B)<br>**9:00** Bible Study w/Tony (L)<br>**10:00** Bingo (AR)<br>**11:00** Lunch at Surprise Park (FL)<br>**1:00** Wii Bowling (L)<br>**2:00** Catholic Communion (B)<br>**2:30** Chair Exercise w/weight (AR)<br>**3:00** Relaxing Art (AR) | **19**<br>**8:30** Daily Chronicles (B)<br>**9:00** 5K (AR)<br>**9:00** Walmart outing FL (sign-up)<br>**10:15** Jeopardy (B)<br>**12:00** Blackjack (L)<br>**1:30** Sun City Poms (IL)<br>**3:00** Gardening club (CY)<br>**6:30** Hand & Foot (L) | **20**<br>**8:30** Daily Chronicles (B)<br>**9:00** Donuts & Coffee (AR)<br>**10:00** Bingo (AR)<br>**12:00** Blackjack (L)<br>**1:00** November Birthday lunch (B)<br>**1:30** Music & movement w/Darlene (E)<br>**2:30** Matinee Movie & Popcorn (T)<br>**4:00** Puzzles (LB) | **21**<br>**8:30** Daily Chronicles (B)<br>**12:30** Take & Create (AR)<br>**1:00** Wii Bowling (L)<br>**3:00** Relaxing Art (AR) |
| **22**<br>**8:30** Daily Chronicles (B)<br>**12:00** Crosswords (AR)<br>**4:00** Puzzles (LB) | **23**<br>**8:30** Daily Chronicles (B)<br>**8:45** Stretching (T)<br>**10:00** Bingo (AR)<br>**12:00** Manicure (By appointment)<br>**1:00** Exercise w/Jessica (AR)<br>**2:00** Flute Performance (DR)<br>**3:00** Armchair travel Wonders of USA (T) pt.3<br>**4:30** Hand & Foot (L) | **24**<br>**8:30** Daily Chronicles (B)<br>**9:00** 5K (AR)<br>**10:15** Coffee & Chat (B)<br>**12:00** Blackjack (L)<br>**1:00** Activity Store (AR)<br>**2:00** Thanksgiving Service (DR)<br>**3:00** Scrabble (AR)<br>**4:00** Wii Bowling (L) | **25**<br>**8:30** Daily Chronicles (B)<br>**9:00** Bible Study w/Tony (L)<br>**10:00** Bingo (AR)<br>**11:00** LongHorn Lunch outing<br>**1:00** Wii Bowling (L)<br>**2:00** Catholic Communion (B)<br>**2:30** Exercise with weights (AR)<br>**3:00** Relaxing Art (AR) | **26**<br>**8:30** Daily Chronicles (B)<br>**9:00** 5K (AR)<br>**12:00** Take & Create (AR)<br>**2:00** Pet Therapy w/Rosie<br>**3:00** Gardening club (CY)<br>**6:30** Hand & Foot (L) | **27**<br>**8:30** Daily Chronicles (B)<br>**9:00** Donuts & Coffee (AR)<br>**10:00** Bingo (AR)<br>**2:00** Matinee Movie & Popcorn (T)<br>**2:00** Music & movement w/Darlene (DR)<br>**4:00** Puzzles (LB) | **28**<br>**8:30** Daily Chronicles (B)<br>**10:00** Bingo (AR)<br>**12:30** Take & Create (AR)<br>**1:00** Wii Bowling (L)<br>**3:00** Relaxing Art (AR) |
| **29**<br>**8:30** Daily Chronicles (B)<br>**10:00** Jeopardy (B)<br>**12:00** Crosswords (AR)<br>**4:00** Puzzles (LB) | **30**<br>**8:30** Daily Chronicles (B)<br>**8:45** Stretching (T)<br>**10:00** Bingo (AR)<br>**12:00** Manicure (By appointment)<br>**1:00** Exercise w/Jessica (AR)<br>**2:00** Relaxing Art (AR)<br>**3:00** Armchair travel Wonders of USA (T) pt.4<br>**4:30** Hand & Foot (L) | | | | | |

**Happy Birthday!**

ALL EVENTS ARE SUBJECT TO CHANGE

**Location Key:**

AR = Activity Room
T = Theater
DR = Dining Room
CY = Courtyard
B = Bistro
L = Lounge
IL = Independent Living
LB = Library
PDR = Private Dining Room
E= Elements
FL = Front Lobby