

Sedona Winds Senior Living Community		Assisted Living					October 2026	
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
				9:30 Morning Exercise (AR) 10:30 Bingo (AR) 11:00 Puzzles in the Library (USR) 1:00 Afternoon Movie (MT) 3:00 Pumpkin Party & Trivia! (AR) 6:00 Evening Movie (MT)	9:00 Morning Exercise (AR) 10:30 Bingo (AR) 11:00 Puzzles in the Library (USR) 1:00 Afternoon Movie (MT) 1:00 CPR Certification (AR) 6:00 Evening Movie (MT)	9:30 Morning Exercise (AR) 10:30 1 on 1 w/Activities 11:00 Puzzles in the Library (USR) 1:00 Afternoon Movie (MT) 1:30 Storybook & Discussion Group (AR) 3:30 Trivia & Laughs (DL) 6:00 Evening Movie (MT)		
9:30 Morning Exercise (AR) 10:30 Arts & Crafts (AR) 11:00 Puzzles in the Library (USR) 1:00 Afternoon Movie (MT) 1:30 Church Service and Singing! 2:30 Black-Jack! (AR) 3:30 Scrabble (OCR)	9:00 Clark's Outing 9:30 Morning Exercise (AR) 10:30 Bingo (AR) 11:00 Puzzles in the Library (USR) 1:00 Afternoon Movie (MT) 3:30 Scrabble (OCR)	8:30 Gather & Grind (Marketing) (DR) 9:30 Morning Exercise (AR) 10:30 Bingo (AR) 11:00 Puzzles in the Library (USR) 1:00 Afternoon Movie (MT) 2:00 Arts & Crafts (AR) 3:30 Black-Jack! (AR)	Morning Vitals Clinic (AR) 11:00 Puzzles in the Library (USR) 12:00 Bobby Myhre! (DR) 1:00 Afternoon Movie (MT) 2:00 Bingo (AR) 3:30 Scrabble (OCR)	9:30 Morning Exercise (AR) 10:45 Bible Study w/Coach (AR) 11:00 Puzzles in the Library (USR) 2:00 Bingo (AR) 3:30 Trivia & Laughs (DL) 6:00 Evening Movie (MT)	9:30 Move & Groove w/Carolyn (AR) 10:30 Bingo (AR) 11:00 Puzzles in the Library (USR) 1:00 Afternoon Movie (MT) 2:00 Arts & Crafts (AR) 6:00 Evening Movie (MT)	9:30 Morning Exercise (AR) 10:30 1 on 1 w/Activities 11:00 Puzzles in the Library (USR) 1:00 Afternoon Movie (MT) 1:30 Storybook & Discussion Group (AR) 3:30 Trivia & Laughs (DL) 6:00 Evening Movie (MT)		
9:00 Coffee & Donuts w/Chef (DR) 9:30 Morning Exercise (AR) 10:30 Arts & Crafts (AR) 11:00 Puzzles in the Library (USR) 1:00 Afternoon Movie (MT) 2:30 Black-Jack! (AR) 3:30 Scrabble (OCR)	9:00 Walmart Outing 11:00 Puzzles in the Library (USR) 1:00 Afternoon Movie (MT) 2:00 Bingo (AR) 3:00 Visits w/Teddy! 3:30 Scrabble (OCR)	9:30 Morning Exercise (AR) 10:30 Bingo (AR) 11:00 Puzzles in the Library (USR) 1:00 Afternoon Movie (MT) 2:00 Sound Bath! (AR) 3:30 Vegas Black Jack (AR)	9:30 Morning Exercise (AR) 10:30 Community Meeting (AR) 11:00 Puzzles in the Library (USR) 1:00 Afternoon Movie (MT) 2:00 Ukulele Performance (AR) 3:30 Scrabble (OCR) 3:45 Bingo (AR)	9:30 Morning Exercise (AR) 10:30 Bingo (AR) 11:00 Puzzles in the Library (USR) 1:00 Afternoon Movie (MT) 2:00 Marketing Garden Party 3:30 John Ziegler Concert! (L) 6:00 Evening Movie (MT)	9:00 Morning Exercise (AR) 10:30 Bingo (AR) 11:00 Puzzles in the Library (USR) 1:00 Afternoon Movie (MT) 2:00 Arts & Crafts (AR) 6:00 Evening Movie (MT)	9:30 Morning Exercise (AR) 10:30 1 on 1 w/Activities 11:00 Puzzles in the Library (USR) 1:00 Afternoon Movie (MT) 1:30 Storybook & Discussion Group (AR) 3:30 Trivia & Laughs (DL) 6:00 Evening Movie (MT)		
9:30 Morning Exercise (AR) 10:30 Arts & Crafts (AR) 11:00 Puzzles in the Library (USR) 1:00 Afternoon Movie (MT) 2:30 Black-Jack! (AR) 3:30 Move & Groove w/Carolyn (AR) 3:30 Scrabble (OCR)	9:30 Morning Exercise (AR) 10:30 Bingo (AR) 11:00 Puzzles in the Library (USR) 1:00 Afternoon Movie (MT) 3:00 Visits w/Teddy! 3:30 Scrabble (OCR)	9:30 Morning Exercise (AR) 10:30 Bingo (AR) 11:00 Puzzles in the Library (USR) 1:00 Afternoon Movie (MT) 2:00 Arts & Crafts (AR) 3:30 Music by Robert Clarke! (AR)	9:30 Morning Exercise (AR) 10:30 Bingo (AR) 11:00 Puzzles in the Library (USR) 1:00 Afternoon Movie (MT) 2:00 Caregiver Meeting (AR) 3:30 Scrabble (OCR)	9:30 Morning Exercise (AR) 10:45 Bible Study w/Coach (AR) 11:00 Puzzles in the Library (USR) 1:00 Afternoon Movie (MT) 2:00 Bingo (AR) 3:30 Trivia & Laughs (DL) 6:00 Evening Movie (MT)	9:00 Morning Exercise (AR) 10:30 Bingo (AR) 11:00 Puzzles in the Library (USR) 1:00 Afternoon Movie (MT) 2:00 Arts & Crafts (AR) 6:00 Evening Movie (MT)	9:30 Morning Exercise (AR) 10:30 1 on 1 w/Activities 11:00 Puzzles in the Library (USR) 1:00 Afternoon Movie (MT) 1:30 Storybook & Discussion Group (AR) 3:30 Trivia & Laughs (DL) 6:00 Evening Movie (MT)		
9:30 Morning Exercise (AR) 10:30 Arts & Crafts (AR) 11:00 Puzzles in the Library (USR) 1:00 Afternoon Movie (MT) 2:30 Black-Jack! (AR) 3:30 Scrabble (OCR)	All Day Pumpkin Carving Contest! 9:30 Morning Exercise (AR) 10:30 Bingo (AR) 11:00 Puzzles in the Library (USR) 1:00 Afternoon Movie (MT) 2:00 Manicures w/Accord (AR) 3:30 Scrabble (OCR)	All Day Pumpkin Carving Contest!! 9:30 Morning Exercise (AR) 10:30 Bingo (AR) 11:00 Puzzles in the Library (USR) 12:15 Birthday Celebration w/Compassus!! 1:00 Afternoon Movie (MT) 2:00 Arts & Crafts (AR) 3:30 Trivia & Laughs (DL)	All Day Pumpkin Carving Contest!! 9:30 Morning Exercise 10:00 Chef Surprise! 11:00 Puzzles in the Library (USR) 1:00 Afternoon Movie (MT) 2:00 Bingo (AR) 3:00 Scrabble (OCR) 5:00 MC Support Group (AR)	All Day Pumpkin Carving Contest & Winner!! (AR) 9:30 Morning Exercise (AR) 10:30 Bingo (AR) 11:00 Puzzles in the Library (USR) 2:00 Benedetto Duo Concert! (AR) 3:30 Halloween Carnival!! (AR) 6:00 Evening Movie (MT)	8:30 Outing 11:00 Not So Spooky Side of Assisted Living (Marketing) (AR) 11:00 Puzzles in the Library (USR) 1:00 Afternoon Movie (MT) 2:00 Bingo 6:00 Evening Movie (MT)	9:30 Morning Exercise (AR) 10:30 1 on 1 w/Activities 11:00 Puzzles in the Library (USR) 1:00 Afternoon Movie (MT) 1:30 Storybook & Discussion Group (AR) 3:30 Trivia & Laughs (DL) 6:00 Evening Movie (MT)		
Happy Birthday! -Nancy S. 10/29					Location Key: AR = Activity Room DLI = Downstairs Library DR= Dining Room L = Lobby MT = Movie Theater OC = Oak Creek USR = Upstairs Sitting Room			