

Canyon Winds Senior Living Community  Elements Elements Neighborhood October 2026							
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
				10:45 CUPCAKE CREATIONS 11:30 PUZZLE PALS 2:30 GUESS THE ANIMAL BY SOUND 3:00 AFTERNOON SNACK 3:15 BINGO 6:00 MYSTERY BAG	10:45 ARRANGE FLOWERS 11:15 SNACK 11:30 FRI-YAY (WHITEBOARD) 2:00 CHEF 2:30 HAPPY HOUR with LIVE MUSIC by LEE FORD (ADR) 3:30 BALLOON TOSS 6:00 HAND MASSAGE	10:45 SIT AND FIT 11:15 SNACK 11:30 BOWLING 2:30 REMINISCE AND RECALL 3:15 BINGO 6:00 MOVIE MATINEE	
9:00 SIT AND FIT 10:00 VIRTUAL CATHOLIC SERVICES 11:00 GOSPEL SING A LONG 3:00 BOOKS/PUZZLES 5:00 SENSORY BINS	10:45 MORNING MAGAZINE TIME 11:20 SNACK 11:30 NAME FIVE (WHITEBOARD) 2:30 MOVIE AND POPCORN 6:00 READING GROUP	10:45 TONE IT UP TUESDAY 11:15 SNACK 11:30 FRIUT BLEND CAFE 1:00 COME FEEL THE BEAT, MUSIC HOUR with HALLIE HARDY 2:30 TRIVIA 3:15 BINGO 6:00 SENSORY STATION	10:45 SIT AND STRETCH 11:20 SNACK 11:30 CORN HOLE 2:30 BEAUTY SHOP 3:00 PRETTY NAILS AND SMILES 6:00 HAND CARE	10:45 DECORATE HALLOOWEEN COOKIES 11:30 HELPING HANDS LAUNDRY CLUB 2:30 SHOT AND AIM 3:00 AFTERNOON SNACK 3:15 BINGO 6:00 DISCOVERY BOXES	10:45 FRESH FLOWER ARRANGING 11:15 SNACK 11:30 ANIMAL MATCH-UP (WHITEBOARD) 2:00 CHEF 2:30 HAPPY HOUR LIVE ENTERTAINMENT 3:00 BALLOON TOSS 6:00 SOOTHING HAND MASSAGE	10:45 SIT AND FIT 11:15 SNACK 11:30 BOWLING 2:30 CRAFT CORNER 3:15 CUP AND BALLOON FUN 6:00 MOVIE MATINEE	
9:00 SIT AND FIT 10:00 VIRTUAL CATHOLIC SERVICES 11:00 GOSPEL SING A LONG 3:00 BOOKS/PUZZLES 5:00 SENSORY BINS	10:45 FLIP THROUGH FUN 11:20 SNACK 11:30 WOULD YOU RATHER 2:30 ACTIVITY hosted by ANNETT 2:30 MOVIE TIME/SNACKS 6:00 READING GROUP	10:45 FUN FITNESS 11:15 SNACK 11:30 SMOOTHIE SOCIAL 1:00 COME FEEL THE BEAT, MUSIC HOUR with HALLIE HARDY 2:30 QUIZ SOCIAL 3:15 BINGO 6:00 SENSORY BINS	10:30 AROUND THE TOWN ADVENTURE 11:20 SNACK 2:30 POLISH AND PAMPER 3:00 KARAOKE WITH GREG FROM ENDEAVOR 6:00 GENTLE HAND CARE	10:45 AROMA HOUR 11:30 PUMPKIN DECORATING FUN 2:30 FINISH THE PHRASE 3:00 AFTERNOON SNACK 3:15 BINGO 6:00 EXPLORATION BIN	10:45 PETAL PLACEMENT 11:15 SNACK 11:30 GUESS THE LETTER (WHITEBOARD) 1:00 LIVE MUSIC BY BILLY FREDERICK 2:00 CHEF 2:30 HAPPY HOUR with LIVE MUSIC by BILLY FREDERICK 3:00 BALLOON TOSS 6:00 GENTLE HAND THERAPY	10:45 SIT AND FIT 11:15 SNACK 11:30 MINDFUL PUZZLE TIME 2:30 SHOOT AND AIM 3:15 BINGO 6:00 MOVIE MATINEE	
9:00 SIT AND FIT 10:00 VIRTUAL CATHOLIC SERVICES 11:00 GOSPEL SING A LONG 3:00 BOOKS/PUZZLES 5:00 SENSORY BINS	10:45 RELAX AND READ 11:20 SNACK 11:30 GUESS THE LETTER (WHITEBOARD) 2:30 MOVIE AND POPCORN 6:00 READING GROUP	10:45 SITTERCISE 11:15 SNACK 11:30 SMOOTHIE PARLOR 1:00 COME FEEL THE BEAT, MUSIC HOUR with HALLIE HARDY 2:30 BRAIN GAMES 3:15 BINGO 6:00 ACTIVITY BOXES	10:45 WORKOUT WEDNESDAY 11:20 SNACK 11:30 CHAIR VOLLEYBALL 2:30 BEAUTY AND BLISS 3:00 PAWS AND CLAWS 6:00 SOOTHING HAND CARE	10:45 DECORATING COOKIES WITH GREG FROM ENDEAVOR HOSPICE 11:30 PUZZLE PALS 2:30 APPLE TASTING 3:15 BINGO 6:00 SENSORY BINS	10:45 FLOWER DESIGN TIME 11:15 SNACK 11:30 CATEGORY GAME (WHITEBOARD) 2:30 CHEF 3:15 SUNSET SIPS 3:45 RING TOSS 6:00 THERAPEUTIC HAND CARE	10:45 SIT AND FIT 11:15 SNACK 11:15 WHAT'S IN THE BOX 2:30 FINISH THE PHRASE 3:00 CRAFT CORNER 6:00 MOVIE MATINEE	
9:00 SIT AND FIT 10:00 VIRTUAL CATHOLIC SERVICES 11:00 GOSPEL SING A LONG 3:00 BOOKS/PUZZLES 5:00 SENSORY BINS	10:45 BROWSE AND CHAT 11:20 SNACK 11:30 WORDS OF THE ALPHABET (WHITEBOARD) 2:30 MOVIE TIME/SNACKS 6:00 READING GROUP	10:45 SEATED STRETCH AND STRENGTH 11:15 SNACK 11:30 BLEND AND SIP 1:00 COME FEEL THE BEAT, MUSIC HOUR with HALLIE HARDY 2:30 BRAINTEASER 3:15 BINGO 6:00 MYSTERY BAGS	10:30 JOY RIDE JOURNEY 11:20 SNACK 2:30 BEAUTY SHOP 3:00 MANICURE TIME 6:00 HAND MASSAGE	10:45 BAKING WORKSHOP 11:30 PUZZLE PALS 2:30 CUP STACKING 3:00 AFTERNOON SNACK 3:15 BINGO 6:00 MYSTERY BAG	10:45 ARRANGE FLOWERS 11:15 SNACK 11:30 WORDS OF THE ALPHABET (WHITEBOARD) 2:00 CHEF 2:30 HAPPY HOUR WITH LIVE MUSIC BY LEE FORD 3:30 BALLOON TOSS 6:00 COMFORT HAND CARE	11:00 HALLOOWEEN PARTY 2:15 CARD GAMES 2:30 AXE AND DART THROWING 3:15 NOODLE BALL 6:00 MOVIE MATINEE	
Happy Birthday!							