

Canyon Winds Senior Living Community		Independent Living					October 2026			
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday				
				9:00 Water Aerobics– POOL 10:30 "Medicare Move In" Presentation With Chris TR 11:00 Chair Exercise AR 1:00 Pattern Bingo TR 3:00 Facials With Traci From Mary Kay AR 6:00 Hand & Foot AR 6:30 Poker– 4th Floor Hangar	11:00 Nickel Pokeno AR 2:30 Corn Hole– AR 3:00 Happy Hour! TL 6:30 Movie Showing TR	9:00 Water Aerobics– POOL 1:00 Redeemer Bible Study CH 2:00 Cards/ Dominoes AR 6:30 Movie Showing TR				
10:00 Catholic Mass Streaming TR 1:00 Regular Bingo AR 2:00 Rummy Cube Game TL 2:00 Virtual Church Service TR 6:30 Catholic Rosary CH 6:30 Movie Showing TR	10:00 Trader Joes– LOBBY 11:00 Chair Exercise AR 1:00 Chair Dance Zumba AR 1:00 Practice At The Putting Green 2:00 Euchre Card Game– The Hangar 2:00 Farkle Dice Game– AR 6:00 Horse Race Card Game AR	9:00 Water Aerobics– POOL 10:30 "What Is New About Medicare In 2027"– Presentation With Chris 1:00 Card Games TL 2:00 Hillsdale Lecture Series TR 2:45 Fat Cat's Movie Showing– LOBBY– Heart Of The Beast– Time TBD 6:30 Movie Showing TR	8:45 Shopping Trip– LOBBY 10:00 New Image Fashion Clothing Sale– LOBBY 10:30 Chapel CH 11:00 Chair Exercise AR 1:00 Cribbage Board Game AR 4:00 Resident Birthday Dinner 6:15 Bridge– The Hangar	9:00 Water Aerobics– POOL 11:00 Chair Exercise AR 1:00 Pattern Bingo TR 2:30 Resident Council Meeting– 2nd Floor Break Room 6:00 Hand & Foot AR 6:30 Poker– 4th Floor Hangar	10:00 Target– LOBBY 11:00 Nickel Pokeno AR 2:30 Corn Hole– AR 3:00 Happy Hour! TL 6:30 Movie Showing TR	9:00 Water Aerobics– POOL 1:00 Redeemer Bible Study CH 2:00 Cards/ Dominoes AR 6:30 Movie Showing TR				
10:00 Catholic Mass Streaming TR 1:00 Regular Bingo AR 2:00 Rummy Cube Game TL 2:00 Virtual Church Service TR 6:30 Movie Showing TR	11:00 Mystery Lunch– LOBBY 1:00 Chair Dance Zumba AR 1:00 Practice At The Putting Green 2:00 Euchre Card Game– The Hangar 2:00 Farkle Dice Game– AR 6:00 Dominoes AR	9:00 Water Aerobics– POOL 1:00 Card Games TL 1:00 Fall Wreath Craft With Isabelle & Tiffany AR 2:00 Hillsdale Lecture Series TR 6:00 Family Trivia Night! TL	8:45 Shopping Trip– LOBBY 10:30 Chapel CH 11:00 Chair Exercise AR 1:00 5 Crown Card Game TL 2:00 Afternoon Movie Showing! TR 6:15 Bridge– The Hangar 6:30 Anna– Pianist– AR 6:30 Pinochle TL	9:00 Water Aerobics– POOL 10:00 Catholic Mass With Father Rojo George– CH 11:00 Chair Exercise AR 1:00 Pattern Bingo TR 3:00 Happy Hour! TL 6:00 Hand & Foot AR 6:30 Poker– 4th Floor Hangar	11:00 Nickel Pokeno AR 2:30 Corn Hole– AR 6:30 Movie Showing TR	9:00 Water Aerobics– POOL 1:00 Redeemer Bible Study CH 2:00 Cards/ Dominoes AR 6:30 Movie Showing TR				
10:00 Catholic Mass Streaming TR 1:00 Regular Bingo AR 2:00 Rummy Cube Game TL 2:00 Virtual Church Service TR 6:30 Catholic Rosary CH 6:30 Movie Showing TR	10:00 Ken Sorensen Lecture Series– TR "Mt. Rushmore" 11:00 Chair Exercise AR 1:00 Chair Dance Zumba AR 1:00 Practice At The Putting Green 2:00 Euchre Card Game– The Hangar 2:00 Farkle Dice Game– AR 6:00 Horse Race Card Game AR	9:00 Water Aerobics– POOL 10:00 New Resident Meet & Greet! TL 11:00 South West Mobility! TL 1:00 Book Club! TL 1:00 Card Games TL 2:00 Hillsdale Lecture Series TR 6:30 Movie Showing TR	8:45 Shopping Trip– LOBBY 10:30 Chapel CH 11:00 Chair Exercise AR 1:00 Arizona Science Center & Dorrance Dome Trip– LOBBY 1:00 Cribbage Board Game AR 6:15 Bridge– The Hangar 6:30 Alex & Laura Flute & Guitar Duo! TL	9:00 Water Aerobics– POOL 11:00 Chair Exercise AR 1:00 Pattern Bingo TR 6:00 Hand & Foot AR 6:30 Poker– 4th Floor Hangar	11:00 Nickel Pokeno AR 2:30 Corn Hole– AR 3:00 Happy Hour! TL 6:30 Movie Showing TR	9:00 Water Aerobics– POOL 1:00 Redeemer Bible Study CH 2:00 Cards/ Dominoes AR 6:30 Movie Showing TR				
10:00 Catholic Mass Streaming TR 1:00 Regular Bingo AR 2:00 Rummy Cube Game TL 2:00 Virtual Church Service TR 6:30 Movie Showing TR	10:00 Trader Joes– LOBBY 11:00 Chair Exercise AR 1:00 Chair Dance Zumba AR 1:00 Practice At The Putting Green 2:00 Euchre Card Game– The Hangar 2:00 Farkle Dice Game– AR 6:00 Dominoes AR	9:00 Water Aerobics– POOL 1:00 Card Games TL 2:00 Color & Relax With Isabelle AR 2:00 Hillsdale Lecture Series TR 6:00 Trivial! TL	8:45 Shopping Trip– LOBBY 10:30 Chapel CH 10:45 Scottsdale Fashion Square– 5th street shops– LOBBY 1:00 5 Crown Card Game TL 6:15 Bridge– The Hangar 6:30 Pinochle AR	9:00 Water Aerobics– POOL 11:00 Chair Exercise AR 1:00 Pattern Bingo TR 6:00 Hand & Foot AR 6:30 Poker– 4th Floor Hangar	10:00 Costco– LOBBY 11:00 Nickel Pokeno– 2nd Floor Break Room 2:30 Corn Hole– AR 2:30 Halloween Happy Hour & Costume Contest AR 6:30 Movie Showing TR	9:00 Water Aerobics– POOL 1:00 Redeemer Bible Study CH 2:00 Cards/ Dominoes AR 6:30 Movie Showing TR				
Happy Birthday!		Cookie K Barney P Tom B	Ed T Stu C Nancy D	Nancy G Marilyn H John D Dorothy L	Location Key:		1st Floor DR– Dining Room PDR– Private Dining Room PL– Pool	2nd Floor BN– Book Nook BR– Break Room	3rd Floor AR– Activities Room FR– Fitness Room TL– Terrace Lounge TR– Theater Room	4th Floor CH– Chapel The Hangar– 4th Floor Activities Room HAIR SALON