

Vista Winds Senior Living Community		Independent Living				September 2026	
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
		9:00 Silver Sneakers Cardio (3FAR) 1 10:00 Diamond Art (GR) 10:00 Kings in a Corner (3FL) 10:00 Texas Hold'em (3FAR) 10:00 Water Aerobics (P) 1:00 Dime Bingo (3FAR) 3:00 Cornhole (3FAR) 4:00 BYOB Social Hour (L)	9:00 Silver Sneakers Cardio (3FAR) 2 9:30 SHOPPING: Fry's* (O) 11:00 Tai Chi w/ Jack (3FAR) 1:00 Bridge (L) 1:00 Hand and Foot (L) 2:00 Activity Chat (3FAR) 3:00 Wii Bowling (MR)	9:00 Silver Sneakers Cardio (3FAR) 3 10:00 Kings in a Corner (3FL) 10:00 Water Aerobics (P) 1:00 Dime Bingo (3FAR) 3:00 Trivia Time (3FAR) 6:00 Hand and Foot (L) 6:30 Movie Night: High Crimes (MR)	9:00 Silver Sneakers Cardio (3FAR) 4 10:00 Total Fitness (3FAR) 11:00 LUNCH BUNCH:MIMI Cafe * (O) 1:00 Bridge (L) 2:00 Entertainment with Tom Roberts (L) 3:00 Happy Hour (3FL)	9:00 Chair Massage with Andrea* (MR) 5 10:00 Kings in a Corner (3FL) 10:00 Poker (GR) 10:00 Water Aerobics (P) 12:00 Chess & Checkers (GR) 1:00 Bridge (L)	
10:00 Church Service w/ Everett (C) 6 12:00 Chess & Checkers (GR) 1:00 Board Games (3FAR) 3:00 Creative Coloring (GR)	Labor Day 7 9:00 Silver Sneakers Cardio (3FAR) 9:30 SHOPPING: Walmart* (O) 10:00 Total Fitness (3FAR) 1:00 Bridge (L) 1:00 Hand and Foot (L) 3:00 Craft Time:Flower Magnet Making (3FAR)	9:00 Silver Sneakers Cardio (3FAR) 8 10:00 Diamond Art (GR) 10:00 Kings in a Corner (3FL) 10:00 Texas Hold'em (3FAR) 10:00 Water Aerobics (P) 1:00 Dime Bingo (3FAR) 3:00 Chair Volleyball (3FAR) 4:00 BYOB Social Hour (L)	9:00 Silver Sneakers Cardio (3FAR) 9 9:30 SHOPPING: Safeway* (O) 10:00 Total Fitness (3FAR) 11:00 VENDOR: Only The Best Jewelry (L) 1:00 Bridge (L) 1:00 Hand and Foot (L) 3:00 Entertainment with Tommy 	9:00 Silver Sneakers Cardio (3FAR) 10 10:00 Kings in a Corner (3FL) 10:00 Water Aerobics (P) 1:00 Dime Bingo (3FAR) 3:00 Trivia Time (3FAR) 6:00 Hand and Foot (L) 6:30 Movie Night:Quartet (MR)	9:00 Silver Sneakers Cardio (3FAR) 11 9:30 Breakfast of Gratitude (DR) 9:30 Communion Service (C) 10:00 Total Fitness (3FAR) 11:00 LUNCH BUNCH:Char Pizzeria* (O) 1:00 Bridge (L) 3:00 Happy Hour (3FL)	10:00 Kings in a Corner (3FL) 12 10:00 Poker (GR) 10:00 Water Aerobics (P) 12:00 Chess & Checkers (GR) 1:00 Bridge (L) 3:00 Dime Bingo (3FAR)	
10:00 Church Service w/ Everett (C) 13 12:00 Chess & Checkers (GR) 1:00 Board Games (3FAR) 3:00 Creative Coloring (GR)	9:00 Silver Sneakers Cardio (3FAR) 14 9:30 SHOPPING: Dollar Tree* (O) 10:00 Total Fitness (3FAR) 1:00 Bridge (L) 1:00 Hand and Foot (L) 2:00 Peoria Public Library Visit (L) 3:00 Craft Time w/ Audrey: Card Making* (3FAR)	9:00 Silver Sneakers Cardio (3FAR) 15 10:00 Diamond Art (GR) 10:00 Kings in a Corner (3FL) 10:00 Texas Hold'em (3FAR) 10:00 Water Aerobics (P) 1:00 Dime Bingo (3FAR) 3:00 Cornhole (3FAR) 4:00 BYOB Social Hour (L)	9:00 Silver Sneakers Cardio (3FAR) 16 9:30 SHOPPING:Ross* (O) 11:00 Tai Chi w/ Jack (3FAR) 1:00 Bridge (L) 1:00 Hand and Foot (L) 3:00 Wii Bowling (MR)	9:00 Silver Sneakers Cardio (3FAR) 17 10:00 Kings in a Corner (3FL) 10:00 Water Aerobics (P) 1:00 Dime Bingo (3FAR) 3:00 Trivia Time (3FAR) 6:00 Hand and Foot (L) 6:30 Movie Night:Going In Style (MR)	9:00 Silver Sneakers Cardio (3FAR) 18 9:30 Communion Service (C) 10:00 Total Fitness (3FAR) 11:00 LUNCH BUNCH:Rio Mirage Cafe* (O) 1:00 Bridge (L) 3:00 Happy Hour (3FL)	9:00 Table Massage w/ Andrea* 19 10:00 Kings in a Corner (3FL) 10:00 Poker (GR) 10:00 Water Aerobics (P) 12:00 Chess & Checkers (GR) 1:00 Bridge (L) 3:00 Dime Bingo (3FAR)	
10:00 Church Service w/ Everett (C) 20 12:00 Chess & Checkers (GR) 1:00 Board Games (3FAR) 3:00 Creative Coloring (GR)	9:00 Silver Sneakers Cardio (3FAR) 21 9:30 SHOPPING: ALDI* (O) 10:00 Total Fitness (3FAR) 1:00 Bridge (L) 1:00 Hand and Foot (L) 3:00 Craft Time:Design Your Own Fall Shopping Tote (3FAR)	Autumn Equinox 22 9:00 Silver Sneakers Cardio (3FAR) 10:00 Diamond Art (GR) 10:00 Kings in a Corner (3FL) 10:00 Texas Hold'em (3FAR) 10:00 Water Aerobics (P) 1:00 Dime Bingo (3FAR) 3:00 Chair Volleyball (3FAR) 4:00 BYOB Social Hour (L)	9:00 Silver Sneakers Cardio (3FAR) 23 9:30 SHOPPING: Walmart* (O) 10:00 Total Fitness (3FAR) 1:00 Bridge (L) 1:00 Hand and Foot (L) 3:00 Wii Boxing (MR)	9:00 Silver Sneakers Cardio (3FAR) 24 10:00 Kings in a Corner (3FL) 10:00 Water Aerobics (P) 1:00 Dime Bingo (3FAR) 3:00 Trivia Time (3FAR) 5:30 Medicare 101 w/ Jorgenson Family Insurance (3FAR) 6:00 Hand and Foot (L) 6:30 Movie Night:The Bucket List (MR)	9:00 Silver Sneakers Cardio (3FAR) 25 9:30 Communion Service (C) 9:30 OUTING: Sun City West Craft & Farmers Market* (O) 10:00 Total Fitness (3FAR) 1:00 Bridge (L) 2:45 New Resident Mix & Mingle (3FL) 3:00 Entertainment with John Case (3FL) 3:00 Happy Hour (3FL)	10:00 Kings in a Corner (3FL) 26 10:00 Poker (GR) 10:00 Water Aerobics (P) 12:00 Chess & Checkers (GR) 1:00 Bridge (L) 2:30 Canvas Painting w/ Tim* (AS)	
10:00 Church Service w/ Everett (C) 27 12:00 Chess & Checkers (GR) 1:00 Board Games (3FAR) 3:00 Creative Coloring (GR)	9:00 Silver Sneakers Cardio (3FAR) 28 9:30 SHOPPING: Target* (O) 10:00 Total Fitness (3FAR) 1:00 Bridge (L) 1:00 Hand and Foot (L) 2:00 Berry Sweet Social (L) 3:00 Craft Time:Fall Into a Good Mood (3FAR)	9:00 Silver Sneakers Cardio (3FAR) 29 10:00 Diamond Art (GR) 10:00 Kings in a Corner (3FL) 10:00 Texas Hold'em (3FAR) 10:00 Water Aerobics (P) 1:00 Dime Bingo (3FAR) 3:00 Cornhole (3FAR) 4:00 BYOB Social Hour (L)	9:00 Silver Sneakers Cardio (3FAR) 30 9:30 SHOPPING: Bob's Variety Plus* (O) 10:00 Total Fitness (3FAR) 1:00 Bridge (L) 1:00 Hand and Foot (L) 3:00 Wii Bowling (MR)				
Happy Birthday! 9/2 – Delores Brand 9/14 – Sally Goss 9/16 – Shirley Ballew 9/24 – Reita Bressler		9/26 – Donna Whaley 9/27 – Sharon Marinello 9/28 – Sylvia Bethune		* = Sign up at the Front Desk is required to attend		Location Key: O = Outing L = Lobby A3 = 3rd Floor Activity Room 3L = 3rd Floor Lounge 3AL = 3rd Floor Alcove M = Movie Room A4 = 4th Floor Game Room AS4 = 4th Floor Art Studio C = Chapel D = Dining Room	