

Sedona Winds Senior Living Community		Assisted Living					September 2026	
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
		9:30 Morning Exercise (AR) 1 10:30 Bingo (AR) 11:00 Puzzles in the Library (USR) 1:00 Afternoon Movie (MT) 2:00 Arts & Crafts (AR) 3:30 Games! (AR)	Morning Vitals Clinic 2 11:00 Puzzles in the Library (USR) 12:00 Bobby Myhre! 1:00 Afternoon Movie (MT) 2:00 Bingo 3:30 Scrabble (OCR)	9:30 Morning Exercise (AR) 3 10:30 Bingo (AR) 11:00 Puzzles in the Library (USR) 1:00 Afternoon Movie (MT) 2:00 Guided Meditation (AR) 3:30 Trivia & Laughs (DL) 6:00 Evening Movie (MT)	9:30 Morning Exercise (AR) 4 10:30 Bingo (AR) 11:00 Puzzles in the Library (USR) 1:00 Afternoon Movie (MT) 3:00 BP Apple Party! (AR) 6:00 Evening Movie (MT)	9:30 Morning Exercise (AR) 5 10:30 1 on 1 w/Activities 11:00 Puzzles in the Library (USR) 1:00 Afternoon Movie (MT) 1:30 Storybook & Discussion Group (AR) 3:30 Games And More! (DL) 6:00 Evening Movie (MT)		
9:30 Morning Exercise (AR) 6 10:30 Bible Study (AR) 11:00 Puzzles in the Library (USR) 1:00 Afternoon Movie (MT) 2:30 Trivia & Laughs (DL) 3:30 Scrabble (OCR)	8:00 Clark's Outing 7 9:30 Morning Exercise (AR) 11:00 Puzzles in the Library (USR) 1:00 Afternoon Movie (MT) 2:00 Art Class with Rachel Tucker (AR) 3:30 Scrabble (OCR)	9:30 Morning Exercise (AR) 8 10:30 Bingo (AR) 11:00 Puzzles in the Library (USR) 1:00 Afternoon Movie (MT) 2:00 Sound Bath! (AR) 3:30 Games! (AR)	9:30 Morning Exercise (AR) 9 10:30 Community Meeting (AR) 11:00 Puzzles in the Library (USR) 1:00 Afternoon Movie (MT) 2:00 Bingo (AR) 3:30 Scrabble (OCR)	9:30 Morning Exercise (AR) 10 10:45 Bible Study w/Coach (AR) 11:00 Puzzles in the Library (USR) 1:00 Afternoon Movie (MT) 2:00 Bingo (AR) 3:30 Trivia & Laughs (DL) 6:00 Evening Movie (MT)	9:30 Move & Groove w/Carolyn (AR) 11 10:30 Bingo (AR) 11:00 Puzzles in the Library (USR) 1:00 Afternoon Movie (MT) 3:00 Games And More! (AR) 6:00 Evening Movie (MT)	9:30 Morning Exercise (AR) 12 10:30 1 on 1 w/Activities 11:00 Puzzles in the Library (USR) 1:00 Afternoon Movie (MT) 1:30 Storybook & Discussion Group (AR) 3:30 Games And More! (DL) 6:00 Evening Movie (MT)		
9:00 Coffee & Donuts w/Chef (DR) 13 9:30 Morning Exercise (AR) 11:00 Puzzles in the Library (USR) 1:00 Afternoon Movie (MT) 1:30 Church Service and Singing! (DR) 3:00 Trivia & Laughs (DL) 3:30 Scrabble (OCR)	All Day SPIRIT WEEK 14 8:00 Walmart Outing 9:30 Morning Exercise (AR) 11:00 Puzzles in the Library (USR) 1:00 Afternoon Movie (MT) 2:00 Bingo (AR) 3:30 Scrabble (OCR)	All Day SPIRIT WEEK 15 9:30 Morning Exercise (AR) 10:30 Bingo (AR) 11:00 Puzzles in the Library (USR) 1:00 Afternoon Movie (MT) 1:00 Arts & Crafts (AR) 3:00 Music by Robert Clarke! (AR)	All Day SPIRIT WEEK 16 9:30 Morning Exercise (AR) 10:30 Bingo (AR) 11:00 Puzzles in the Library (USR) 1:00 Afternoon Movie (MT) 2:00 Caregiver Meeting (AR) 3:30 Scrabble (OCR)	All Day SPIRIT WEEK 17 9:30 Morning Exercise (AR) 10:30 Bingo (AR) 11:00 Puzzles in the Library (USR) 1:00 Afternoon Movie (MT) 2:00 Guided Meditation (AR) 3:30 John Ziegler Concert! (L) 6:00 Evening Movie (MT)	All Day SPIRIT WEEK 18 Morning PODIATRIST!! (AR) 11:00 Puzzles in the Library (USR) 1:00 Afternoon Movie (MT) 3:00 Carnival!! (AR) 6:00 Evening Movie (MT)	9:30 Morning Exercise (AR) 19 10:30 1 on 1 w/Activities 11:00 Puzzles in the Library (USR) 1:00 Afternoon Movie (MT) 1:30 Storybook & Discussion Group (AR) 3:30 Games And More! (DL) 6:00 Evening Movie (MT)		
9:30 Morning Exercise (AR) 20 10:30 Bible Study (AR) 11:00 Puzzles in the Library (USR) 1:00 Afternoon Movie (MT) 2:30 Trivia & Laughs (DL) 3:30 Scrabble (OCR)	9:30 Morning Exercise (AR) 21 10:30 Bingo (AR) 11:00 Puzzles in the Library (USR) 1:00 Afternoon Movie (MT) 2:00 Visit w/Teddy! 3:30 Scrabble (OCR)	9:30 Morning Exercise (AR) 22 10:30 Bingo (AR) 11:00 Puzzles in the Library (USR) 11:00 Puzzles in the Library 12:15 Birthday Celebration w/Compassus!! 1:00 Afternoon Movie (MT) 2:00 Arts & Crafts (AR) 3:30 Games! (AR)	9:30 Morning Exercise 23 10:00 Chef Showcase!! (AR) 11:00 Puzzles in the Library (USR) 1:00 Afternoon Movie (MT) 2:00 Bingo (AR) 3:30 Scrabble (OCR)	9:30 Morning Exercise (AR) 24 10:30 Bingo (AR) 11:00 Puzzles in the Library (USR) 1:00 Afternoon Movie (MT) 2:00 Benedetto Duo Concert! (DR) 3:30 Trivia & Laughs (DL) 6:00 Evening Movie (MT)	9:00 Outing: Scenic Drive (L) 25 11:00 Puzzles in the Library (USR) 1:00 Afternoon Movie (MT) 2:00 Bingo! (AR) 3:30 Scrabble (OCR) 6:00 Evening Movie (MT)	9:30 Morning Exercise (AR) 26 10:30 1 on 1 w/Activities 11:00 Puzzles in the Library (USR) 1:00 Afternoon Movie (MT) 1:30 Storybook & Discussion Group (AR) 3:30 Games And More! (DL) 6:00 Evening Movie (MT)		
9:30 Morning Exercise (AR) 27 10:30 Bible Study (AR) 11:00 Puzzles in the Library (USR) 1:00 Afternoon Movie (MT) 2:00 Interactive Club (AR) 3:30 Scrabble (OCR)	9:30 Morning Exercise (AR) 28 10:30 Bingo (AR) 11:00 Puzzles in the Library (USR) 1:00 Afternoon Movie (MT) 2:00 Manicures w/Accord (AR) 3:30 Scrabble (OCR)	9:30 Morning Exercise (AR) 29 10:30 Bingo (AR) 11:00 Puzzles in the Library (USR) 1:00 Afternoon Movie (MT) 2:00 Black-Jack! (OCR) 3:30 Sip & Paint (AR)	9:30 Morning Exercise 30 10:30 Bingo (AR) 11:00 Puzzles in the Library (USR) 1:00 Afternoon Movie (MT) 2:00 Arts & Crafts (AR) 3:30 Scrabble (OCR)		PLEASE REMEMBER CALENDAR IS SUBJECT TO CHANGE! THANK YOU!!			
Happy Birthday!		-Doris R. 9/6 -Madonna 9/8 -Jean S. 9/8	-Doris M. 9/12 -Marilyn M. 9/21			Location Key:	AR = Activity Room DLI = Downstairs Library L = Lobby MT = Movie Theater OC = Oak Creek USR = Upstairs Sitting Room	