

Chaparral Winds Senior Living Community		Assisted Living					September 2026	
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
		9:00 5K (AR) 1 10:15 Coffee & Chat (B) 12:00 Blackjack (L) 1:00 Activity Store (AR) 2:30 Scrabble (AR) 4:00 Wii Bowling (L)	9:00 Bible Study w/Tony (L) 2 10:00 Bingo (AR) 11:00 Mr. Pickle's Sandwich Shop lunch outing 1:00 Wii Bowling (L) 2:30 Exercise with weights (AR) 3:00 Relaxing Art (AR)	9:00 5K (AR) 3 10:15 Jeopardy (B) 12:00 Blackjack (L) 1:30 Sip & Paint (AR) 2:30 Pet Therapy w/Rosie 6:30 Hand & Foot (L)	9:00 Donuts & Coffee (AR) 4 10:00 Bingo (AR) 10:00 Southwest Mobility (B) 12:00 Poker (L) 1:00 New Residents tour w/Sylvia (FL) 1:30 Dog Show (IL) 3:00 Matinee Movie & Popcorn (T) Out of Africa	10:30 Non-denominational service (IL) 5 1:00 Wii Bowling (L) 3:00 Relaxing Art (AR)		
12:00 Crosswords (AR) 6 4:00 Puzzles (LB)	9:00 5K (AR) 7 10:00 Take & Create (AR) 1:00 Blackjack (L) 2:00 Matinee Movie & Ice cream (T) Sister Act	9:00 5K (AR) 8 10:15 Coffee & Chat (B) 12:00 Blackjack (L) 2:00 Veterans Coffee (PDR) 3:00 Scrabble (AR) 4:00 Wii Bowling (L)	9:00 Bible Study w/Tony (L) 9 10:00 Bingo (AR) 11:00 The Burger Den lunch outing 1:00 Wii Bowling (L) 2:30 Chair drumming exercise (AR) 3:00 Relaxing Art (AR)	9:00 5K (AR) 10 10:15 Jeopardy (B) 12:00 Blackjack (L) 1:00 Veterans donuts & chat w/Sol (L) 2:30 Chair Volleyball (E) 6:30 Hand & Foot (L)	9:00 Donuts & Coffee (AR) 11 10:00 Bingo (AR) 12:00 Manicure (By appointment) 1:30 Music & movement w/Darlene (E) 2:00 Matinee Movie & Popcorn (T) The Dawn Patrol 4:00 Puzzles (LB)	12:00 Take & Create (AR) 12 1:00 Wii Bowling (L) 3:00 Relaxing Art (AR)		
12:00 Crosswords (AR) 13 4:00 Puzzles (LB)	9:00 Stretching (T) 14 10:00 Bingo (AR) 12:30 Bouncy Britches (FL) 2:00 Ice cream cart 3:30 Matinee Movie & Popcorn (T) Family Ranch 4:30 Hand & Foot (L)	9:00 5K (AR) 15 9:00 Resident Council (PDR) 10:15 Coffee & Chat (B) 12:30 Dart Competition (B) 2:00 Entertainment & Happy Hour (E) Ronny 4:00 Wii Bowling (L)	9:00 Bible Study w/Tony (L) 16 10:00 Bingo (AR) 1:00 Human slot machine (AR) 2:30 Exercise with weights (AR) 3:00 Relaxing Art (AR)	9:00 5K (AR) 17 9:00 Walmart Outing (FL) 10:15 Jeopardy (B) 1:00 Root beer float social (B) 2:00 Umbrella game (AR) 2:30 Pet Therapy w/Rosie 6:30 Hand & Foot (L)	9:00 Donuts & Coffee (AR) 18 10:00 Bingo (AR) 1:00 XL Pong game (AR) 2:00 Music & movement w/Darlene (DR) 3:00 Matinee Movie & Popcorn (T) Million Dollar Baby 4:00 Puzzles (LB)	12:00 Take & Create (AR) 19 1:00 Wii Bowling (L) 3:00 Relaxing Art (AR)		
12:00 Crosswords (AR) 20 4:00 Puzzles (LB)	9:00 Stretching (T) 21 9:00 Walmart outing FL (sign-up) 10:00 Bingo (AR) 12:00 Manicure (By appointment) 1:00 Exercise w/Jessica (AR) 2:00 Matinee Movie & Popcorn (T) Trouble with the Curve 4:30 Hand & Foot (L)	9:00 5K (AR) 22 10:15 Coffee & Chat (B) 12:00 Blackjack (L) 2:00 Entertainment & Happy Hour Jeff S (DR) 3:00 Scrabble (AR) 4:00 Wii Bowling (L)	9:00 Bible Study w/Tony (L) 23 10:00 Bingo (AR) 11:00 Rio Mirage lunch outing 1:00 Wii Bowling (L) 2:30 Chair drumming exercise (AR) 3:00 Relaxing Art (AR)	9:00 5K (AR) 24 9:30 Town Hall (DR) 12:00 Blackjack (L) 2:00 Carmel Apple Bar (B) 3:00 Scrabble (AR) 6:30 Hand & Foot (L)	9:00 Donuts & Coffee (AR) 25 10:00 Bingo (AR) 12:00 Manicure (By appointment) 1:30 Music & movement w/Darlene (E) 2:30 Matinee Movie & Popcorn (T) Mr. Holland's Opus 4:00 Puzzles (LB)	12:00 Take & Create (AR) 26 1:00 Wii Bowling (L) 3:00 Relaxing Art (AR)		
12:00 Crosswords (AR) 27 2:00 Hymn Sing & Sunday Vespers (DR) 4:00 Puzzles (LB)	9:00 Stretching (T) 28 10:00 Bingo (AR) 12:00 Manicure (By appointment) 1:00 Exercise w/Jessica (AR) 2:00 Matinee Movie & Popcorn (T) Walk the Line 4:30 Hand & Foot (L)	9:00 5K (AR) 29 10:15 Coffee & Chat (B) 12:00 Blackjack (L) 1:00 Activity Store (AR) 2:30 Armchair Travel to Italy (T) 4:00 Wii Bowling (L)	9:00 Bible Study w/Tony (L) 30 10:00 Bingo (AR) 11:00 Chick-fil-A lunch outing 1:00 Wii Bowling (L) 2:30 Exercise with weights (AR) 3:00 Relaxing Art (AR)					
Happy Birthday! 01 – Peggy L. 11 – Helen S. 13 – Norma E.				Location Key: AR = Activity Room T = Theater DR = Dining Room CY = Courtyard B = Bistro L = Lounge		IL = Independent Living LB = Library PDR = Private Dining Room E= Elements FL = Front Lobby		