

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		9:00 5K 10:00 Bingo (AR) 12:30 Chair Excercise (T) 1:00 Activity Store (AL) 3:00 Manicures (AR) 6:00 Movie & Popcorn (T)	9:00 Bible Study with Tony (AL) 10:00 Noodle Knockout (T) 11:00 Mr. Pickles sandwich shop lunch outing 2:30 Chair Exercise With Weights (AL) 3:15 Relaxing Art & Music (AL) 6:00 Light Stretching & Meditation (T)	9:00 5K 10:00 Gardening (AR) 1:00 Sip & Paint (AR) 2:00 Pet Therapy with Rosie (HOW) (T) 2:30 Chair Zumba (T) 3:00 Brain Aerobics (T) 6:00 Movie & Popcorn (T)	9:00 Donuts & Coffee (DR) 10:00 Bingo with Dianne (AR) 12:00 Manicures (AR) 1:30 Dog Show (IL) 3:00 Armchair Travel (T) 6:00 Light Stretching & Meditation (T)	10:00 Chair Excercise (T) 2:00 Bingo (DR) 5:00 Relaxing Art & Music 6:00 Movie & Popcorn (T)
9:00 Chair Excercise (T) 10:00 Bingo (DR) 1:00 Scrabble (DR) 6:00 Puzzles (DR)	9:45 Stretching (T) 10:00 Bingo (AR) 12:00 Puzzles (AR) 3:00 Wii Bowling (T) 6:00 Light Stretching & Meditation (T)	9:00 5K 10:00 Bingo (AR) 12:30 Chair Excercise (T) 2:00 Veterans Coffee (B) 3:00 Manicures (AR) 6:00 Movie & Popcorn (T)	9:00 Bible Study with Tony (AL) 10:00 Noodle Knockout (T) 11:00 The Burger Den lunch outing 2:30 Chair Drumming Exercise (ALAR) 3:15 Relaxing Art & Music (AL) 6:00 Light Stretching & Meditation (T)	9:00 5K 10:00 Gardening (AR) 1:00 Veterans chat & donuts with Sol (AL) 2:30 Chair Volleyball (DR) 3:15 Brain Aerobics (T) 6:00 Movie & Popcorn (T)	9:00 Donuts & Coffee (DR) 10:00 Bingo with Dianne (AR) 12:00 Puzzles (AR) 1:00 Manicures (AR) 1:30 Music & Movement with Darlene (DR) 3:00 Armchair Travel (T) 6:00 Light Stretching & Meditation	10:00 Chair Excercise (T) 2:00 Bingo (DR) 5:00 Relaxing Art & Music 6:00 Movie & Popcorn (T)
9:00 Chair Excercise (T) 10:00 Bingo (DR) 1:00 Scrabble (DR) 6:00 Puzzles (DR)	9:45 Stretching (T) 10:00 Bingo (AR) 12:30 Bouncy Britches (AL) 1:30 Ice cream cart (MS) 3:00 Wii Bowling (T) 6:00 Light Stretching & Meditation (T)	9:00 5K 10:00 Bingo (AR) 12:30 Darts Competition (B) 2:00 Entertainment Ronny Lee (DR) 3:00 Manicures (AR) 6:00 Movie & Popcorn (T)	9:00 Bible Study with Tony (AL) 10:00 Noodle Knockout (T) 1:00 Human Slot Machine (AR) 2:30 Chair Exercise With Weights (AL) 3:15 Relaxing Art & Music (AL) 6:00 Light Stretching & Meditation (T)	9:00 5K 10:00 Gardening (AR) 1:00 Root beer Floats (DR) 2:00 Umbrella Game (AR) 3:00 Brain Aerobics (T) 6:00 Movie & Popcorn (T)	9:00 Donuts & Coffee (DR) 10:00 Bingo with Dianne (AR) 12:00 Manicures (AR) 1:00 XL Pong game (AR) 2:00 Mindful Music & Movement with Darlene (DR) 3:00 Armchair Travel (T) 6:00 Light Stretching & Meditation	10:00 Chair Excercise (T) 2:00 Bingo (DR) 5:00 Relaxing Art & Music 6:00 Movie & Popcorn (T)
9:00 Chair Excercise (T) 10:00 Bingo (DR) 1:00 Scrabble (DR) 6:00 Puzzles (DR)	9:45 Stretching (T) 10:00 Bingo (AR) 12:00 Puzzles (AR) 1:00 Exercise with Jessica (AL) 2:30 Brain Aerobics (T) 3:00 Wii Bowling (T) 6:00 Light Stretching & Meditation (T)	9:00 5K 10:00 Bingo (AR) 12:30 Trivia & Ice cream cones (T) 2:00 Entertainment & Happy Hour Jeff S (AL) 3:00 Manicures (AR) 6:00 Movie & Popcorn (T)	9:00 Bible Study with Tony (AL) 10:00 Noodle Knockout (T) 11:00 Rio Mirage lunch outing 2:30 Chair Drumming Exercise (ALAR) 3:15 Relaxing Art & Music (AL) 6:00 Light Stretching & Meditation (T)	9:00 5K 10:00 Gardening (AR) 1:00 Apple tasting (DR) 2:30 Chair Zumba (T) 3:00 Brain Aerobics (T) 6:00 Movie & Popcorn (T)	9:00 Donuts & Coffee (DR) 10:00 Bingo with Dianne (AR) 12:00 Manicures (AR) 1:00 Puzzles (AR) 1:30 Music & Movement with Darlene (DR) 3:00 Armchair Travel (T) 6:00 Light Stretching & Meditation	10:00 Chair Excercise (T) 2:00 Bingo (DR) 5:00 Relaxing Art & Music 6:00 Movie & Popcorn (T)
9:00 Chair Excercise (T) 10:00 Bingo (DR) 1:00 Scrabble (DR) 6:00 Puzzles (DR)	9:45 Stretching (T) 10:00 Bingo (AR) 12:00 Puzzles (AR) 1:00 Exercise with Jessica (AL) 2:30 Brain Aerobics (T) 3:00 Wii Bowling (T) 6:00 Light Stretching & Meditation (T)	9:00 5K 10:00 Bingo (AR) 12:30 Chair Excercise (T) 1:00 Activity Store (AL) 3:00 Manicures (AR) 6:00 Movie & Popcorn (T)	9:00 Bible Study with Tony (AL) 10:00 Noodle Knockout (T) 11:00 Chick fil A lunch outing 2:30 Chair Exercise With Weights (AL) 3:15 Relaxing Art & Music (AL) 6:00 Light Stretching & Meditation (T)			

Happy Birthday!

3 Claudine P.

Location

Key:

AR = Activity Room
T = Theater
DR = Dining Room
CY = Courtyard
B = Bistro
L = Lounge

AL = Assisted Living
ALAR = Assisted Living Activity Room
MS= Memory Support