



Elements Neighborhood

September
2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		10:45 MORNING MOVEMENT 11:15 SNACK 11:30 FRUIT BLEND CAFE 1:00 COME FEEL THE BEAT, MUSIC HOUR with HALLIE HARDY 2:30 MIND BENDERS 3:00 BINGO 6:00 FEEL AND DISCOVER	10:45 WORKOUT WEDNESDAY 11:20 SNACK 11:30 CHAIR VOLLEYBALL 2:30 POLISH AND PAMPER 3:00 BEAUTY BAR 6:00 COMFORT HAND CARE	10:45 BAKING WORKSHOP 11:30 PUZZLE PALS 2:30 KEEP IT UP! 3:00 AFTERNOON SNACK 3:15 BINGO 6:00 TOUCH AND EXPLORE	10:45 PETAL PLACEMENT 11:15 SNACK 11:30 WORDS OF THE ALPHABET (WHITEBOARD) 2:00 CHEF 2:30 HAPPY HOUR with LIVE MUSIC by LEE FORD (ADR) 3:30 BALLOON TOSS 6:00 GENTLE HAND THERAPY	10:30 SIT AND FIT 11:00 TRIVIA 1:30 HAND MASSAGE 2:15 CARD GAMES 6:00 MOVIE MATINEE
9:00 SIT AND FIT 10:00 VIRTUAL CATHOLIC SERVICES 11:00 GOSPEL SING A LONG 3:00 BOOKS/PUZZLES 5:00 SENSORY BINS	10:45 RELAX AND READ 11:20 SNACK 11:30 NAME FIVE (WHITEBOARD) 2:30 MOVIE AND POPCORN 6:00 READING GROUP	10:45 FEEL GOOD FITNESS 11:15 SNACK 11:30 FRUIT SMOOTHIE CAFE 1:00 COME FEEL THE BEAT, MUSIC HOUR with HALLIE HARDY 2:30 KNOWLEDGE BOWL 3:00 BINGO	10:45 SIT AND STRETCH 11:20 SNACK 11:30 ROCK PAINTING 2:30 PRETTY NAILS AND SMILES 3:00 KARAOKE WITH GREG FROM ENDEAVOR 6:00 SOOTHING HAND CARE	10:45 AROMA HOUR 11:30 HELPING HANDS LAUNDRY CLUB 2:30 CUP AND BALLOON FUN 3:00 AFTERNOON SNACK 3:15 BINGO 6:00 MYSTERY BAG	10:45 FLOWER DESIGN TIME 11:15 SNACK 11:30 CATEGORY GAME (WHITEBOARD) 2:00 CHEF 2:30 HAPPY HOUR WITH LIVE MUSIC BY LEE FORD 3:30 RING TOSS 6:00 THERAPEUTIC HAND CARE	10:30 SIT AND FIT 11:00 TRIVIA 1:30 HAND MASSAGE 2:15 CARD GAMES 6:00 MOVIE MATINEE
9:00 SIT AND FIT 10:00 VIRTUAL CATHOLIC SERVICES 11:00 GOSPEL SING A LONG 3:00 BOOKS/PUZZLES 5:00 SENSORY BINS	10:45 BROWSE AND CHAT 11:20 SNACK 11:30 WOULD YOU RATHER 2:00 ACTIVITY hosted by ANNETT 2:30 MOVIE TIME/SNACKS 6:00 READING GROUP	10:45 MORNING MOTION 11:15 SNACK 11:30 BLEND AND SIP 1:00 COME FEEL THE BEAT, MUSIC HOUR with HALLIE HARDY 2:30 BRAINTEASER 3:00 BINGO 6:00 TOUCH AND EXPLORE	10:30 RELAX AND RIDE 11:20 SNACK 2:30 RELAXATION AND NAIL CARE 3:00 AGELESS GLAMOUR 6:00 GENTLE HAND THERAPY	10:45 BAKING SESSION 11:30 PUZZLE PALS 2:30 GARDENING 3:00 AFTERNOON SNACK 3:15 BINGO 6:00 FIDGET AND FIND	10:45 FRESH FLOWER ARRANGING 11:15 SNACK 11:30 WORDS OF THE ALPHABET (WHITEBOARD) 1:00 LIVE MUSIC BY BILLY FREDERICK 3:00 HAPPY HOUR with LIVE MUSIC by BILLY FREDERICK 3:30 BALLOON TOSS 6:00 COMFORT HAND CARE	10:30 SIT AND FIT 11:00 TRIVIA 1:30 HAND MASSAGE 2:15 CARD GAMES 6:00 MOVIE MATINEE
9:00 SIT AND FIT 10:00 VIRTUAL CATHOLIC SERVICES 11:00 GOSPEL SING A LONG 3:00 BOOKS/PUZZLES 5:00 SENSORY BINS	10:45 MORNING MAGAZINE TIME 11:20 SNACK 11:30 GUESS THE LETTER (WHITEBOARD) 2:30 MOVIE AND POPCORN 6:00 READING GROUP	10:45 SEATED STRETCH AND STRENGTH 11:15 SNACK 11:30 FRESH BLEND SOCIAL 1:00 COME FEEL THE BEAT, MUSIC HOUR with HALLIE HARDY 2:30 QUIZ SOCIAL 3:00 BINGO 6:00 FIDGET AND FIND	10:45 CHAIR EXERCISE 11:20 SNACK 11:30 CONNECTING THE DOTS 2:30 MANICURE TIME 3:00 BEAUTY SHOP 6:00 HAND CARE	10:45 DECORATING COOKIES WITH GREG FROM ENDEAVOR HOSPICE 11:30 PUZZLE PALS 2:30 FINISH THE PHRASE 3:00 AFTERNOON SNACK 3:15 BINGO 6:00 SENSORY STATION	10:45 ARRANGE FLOWERS 11:15 SNACK 11:30 WORD ASSOCIATION (WHITE BOARD) 2:00 CHEF 2:30 HAPPY HOUR WITH LIVE MUSIC BY LEE FORD 3:30 BALLOON TOSS 6:00 HAND MASSAGE	10:30 SIT AND FIT 11:00 TRIVIA 1:30 HAND MASSAGE 2:15 CARD GAMES 6:00 MOVIE MATINEE
9:00 SIT AND FIT 10:00 VIRTUAL CATHOLIC SERVICES 11:00 GOSPEL SING A LONG 3:00 BOOKS/PUZZLES 5:00 SENSORY BINS	10:45 PICTURE AND CHAT 11:20 SNACK 11:30 WORDS OF THE ALPHABET (WHITEBOARD) 2:30 MOVIE TIME/SNACKS 6:00 READING GROUP	10:45 SITTERCISE 11:15 SNACK 11:30 SMOOTHIE PARLOR 2:30 TRIVIA 3:00 BINGO 6:00 MYSTERY BAGS	10:30 JOY RIDE JOURNEY 11:20 SNACK 2:30 PAWS AND CLAWS 3:00 BEAUTY AND BLISS 6:00 HAND MASSAGE			