

Vista Winds

Retirement Community

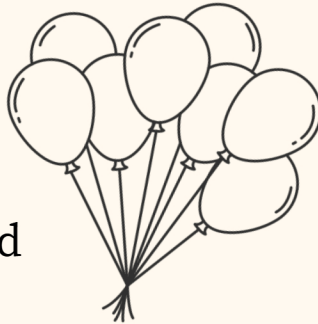
28775 N Vistancia Blvd | Peoria, AZ 85383 | 623-253-6680

Staff Directory

Keri McCormick - Executive Director
Marisol Ryner - Sales Director
Danielle Welker - Activities Director
William Torres - Culinary Director
Justin Friend - Maintenance Director

August Birthdays!

8/14 – Denise Price
8/24 – Nita Warren
8/28 – Joe Dempster
8/29 – Barbara Hyland
8/29 – Cliff Anthony



Welcome New Residents!



Art Nelson
Mary Nelson
Terri Stanislawski
Gary Schrader

August 2026



Special Events Happening This Month

Root Beer Float Social

Come celebrate National Root Beer Float Day with us on Thursday, August 6 at 3:00 pm in the lobby. We will enjoy some classic floats and sweet treats in an old-fashioned soda shop atmosphere!

Golden Days Spirit Week

Residents and staff are encouraged to join in on the fun as we host a spirit week to celebrate National Senior Citizens Day! Join us 8/17-8/21 for exciting themed dress up days.

Golden Happy Hour

National Senior Citizens Day is August 21 and we invite you to help us celebrate! On Friday at 3:00 pm, join us in the lounge for sunshine, smiles and golden-hour cheer!

August 2026

O = Outing
L = Lobby
A3 = 3rd Floor Activity Room
3L = 3rd Floor Lounge
3AL = 3rd Floor Alcove
M = Movie Room
A4 = 4th Floor Game Room
AS4 = 4th Floor Art Studio
C = Chapel
D = Dining Room

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
* = Sign up at the front desk is required to attend						
10:00 Church Service w/ Everett (C) 12:00 Chess & Checkers (GR) 1:00 Board Games (3FAR) 3:00 Creative Coloring (GR)	9:00 Silver Sneakers Cardio (3FAR) 9:30 SHOPPING: ALDI* (O) 10:00 Total Fitness (3FAR) 1:00 Bridge (L) 1:00 Hand and Foot (L) 2:00 Knowledge on Screen: Stories of America's National Parks (MR) 3:00 Craft Time: Ceramic Succulent Pots (3FAR)	9:00 Silver Sneakers Cardio (3FAR) 10:00 Diamond Art (GR) 10:00 Kings in a Corner (3FL) 10:00 Water Aerobics (P) 1:00 Dime Bingo (3FAR) 2:00 Activity Chat with Danielle (3FAR) 3:00 Cornhole (3FAR) 4:00 BYOB Social Hour (L)	9:00 Silver Sneakers Cardio (3FAR) 9:30 SHOPPING: Safeway* (O) 10:00 Total Fitness (3FAR) 1:00 Bridge (L) 1:00 Hand and Foot (L) 3:00 Wii Bowling (MR)	9:00 Silver Sneakers Cardio (3FAR) 10:00 Kings in a Corner (3FL) 10:00 Water Aerobics (P) 11:00 Tai Chi w/ Jack (3FAR) 1:00 Dime Bingo (3FAR) 3:00 Root Beer Float Social (L) 6:00 Hand and Foot (L) 6:30 Movie Night: The Help (MR)	9:00 Silver Sneakers Cardio (3FAR) 10:00 Total Fitness (3FAR) 11:00 LUNCH BUNCH: Angela's Kitchen* (O) 1:00 Bridge (L) 3:00 Happy Hour (3FL)	10:00 Kings in a Corner (3FL) 10:00 Poker (GR) 10:00 Water Aerobics (P) 12:00 Chess & Checkers (GR) 1:00 Bridge (L)
10:00 Church Service w/ Everett (C) 12:00 Chess & Checkers (GR) 1:00 Board Games (3FAR) 3:00 Creative Coloring (GR)	9:00 Silver Sneakers Cardio (3FAR) 9:30 SHOPPING: Walmart* (O) 10:00 Total Fitness (3FAR) 1:00 Bridge (L) 1:00 Hand and Foot (L) 2:00 Knowledge on Screen: Stories of America's National Parks (MR) 2:00 Peoria Public Library Visit (L) 3:00 Craft Time w/ Audrey: Card Making* (3FAR)	9:00 Silver Sneakers Cardio (3FAR) 10:00 Diamond Art (GR) 10:00 Kings in a Corner (3FL) 10:00 Water Aerobics (P) 1:00 Dime Bingo (3FAR) 3:00 Chair Volleyball (3FAR) 4:00 BYOB Social Hour (L)	9:00 Silver Sneakers Cardio (3FAR) 9:30 SHOPPING: Bob's Variety Plus* (O) 10:00 Total Fitness (3FAR) 1:00 Bridge (L) 1:00 Hand and Foot (L) 3:00 Wii Bowling (MR)	9:00 Silver Sneakers Cardio (3FAR) 10:00 Kings in a Corner (3FL) 10:00 Water Aerobics (P) 1:00 Dime Bingo (3FAR) 3:00 Trivia Time (3FAR) 6:00 Hand and Foot (L) 6:30 Movie Night: Regarding Henry (MR)	9:00 Silver Sneakers Cardio (3FAR) 9:30 OUTING: Harkins CineGrill Theater (The Odyssey)* (O) 10:00 Total Fitness (3FAR) 1:00 Bridge (L) 2:00 Entertainment with Hooter's Blues (L) 3:00 Happy Hour (3FL)	10:00 Kings in a Corner (3FL) 10:00 Poker (GR) 10:00 Water Aerobics (P) 12:00 Chess & Checkers (GR) 1:00 Bridge (L)
10:00 Church Service w/ Everett (C) 12:00 Chess & Checkers (GR) 1:00 Board Games (3FAR) 3:00 Creative Coloring (GR)	Mellow Monday 9:00 Silver Sneakers Cardio (3FAR) 9:30 SHOPPING: Fry's* (O) 10:00 Total Fitness (3FAR) 1:00 Bridge (L) 1:00 Hand and Foot (L) 2:00 Knowledge on Screen: Stories of America's National Parks (MR) 3:00 Craft Time: Ribbon Leis (3FAR)	Tropical Tuesday 9:00 Silver Sneakers Cardio (3FAR) 10:00 Diamond Art (GR) 10:00 Kings in a Corner (3FL) 10:00 Water Aerobics (P) 12:00 Paparazzi Jewelry Vendor (L) 1:00 Dime Bingo (3FAR) 3:00 Cornhole (3FAR) 4:00 BYOB Social Hour (L)	Western Wednesday 9:00 Silver Sneakers Cardio (3FAR) 9:30 SHOPPING: Marshalls* (O) 10:00 Total Fitness (3FAR) 1:00 Bridge (L) 1:00 Hand and Foot (L) 3:00 Entertainment with Dave Swaim (L)	Team Spirit Thursday 9:00 Silver Sneakers Cardio (3FAR) 10:00 Kings in a Corner (3FL) 10:00 Water Aerobics (P) 11:00 Tai Chi w/ Jack (3FAR) 1:00 Dime Bingo (3FAR) 3:00 Trivia Time (3FAR) 6:00 Hand and Foot (L) 6:30 Movie Night: Little Manhattan (MR)	Golden Friday/National Senior Citizens Day 9:00 Silver Sneakers Cardio (3FAR) 10:00 Total Fitness (3FAR) 11:00 LUNCH BUNCH: V's Taproom* (O) 1:00 Bridge (L) 3:00 Golden Happy Hour (3FL)	9:00 Table Massage w/ Andrea* 10:00 Kings in a Corner (3FL) 10:00 Poker (GR) 10:00 Water Aerobics (P) 12:00 Chess & Checkers (GR) 1:00 Bridge (L) 3:00 Dime Bingo (3FAR)
10:00 Church Service w/ Everett (C) 12:00 Chess & Checkers (GR) 1:00 Board Games (3FAR) 3:00 Creative Coloring (GR)	9:00 Silver Sneakers Cardio (3FAR) 9:30 SHOPPING: Target* (O) 10:00 Total Fitness (3FAR) 1:00 Bridge (L) 1:00 Hand and Foot (L) 3:00 Craft Time: Seashell Jewelry Holders (3FAR)	9:00 Silver Sneakers Cardio (3FAR) 10:00 Diamond Art (GR) 10:00 Kings in a Corner (3FL) 10:00 Water Aerobics (P) 1:00 Dime Bingo (3FAR) 3:00 Chair Volleyball (3FAR) 4:00 BYOB Social Hour (L)	9:00 Silver Sneakers Cardio (3FAR) 9:30 SHOPPING: Walmart* (O) 10:00 Total Fitness (3FAR) 1:00 Bridge (L) 1:00 Hand and Foot (L) 3:00 Wii Bowling (MR)	9:00 Silver Sneakers Cardio (3FAR) 10:00 Kings in a Corner (3FL) 10:00 Water Aerobics (P) 1:00 Dime Bingo (3FAR) 3:00 Trivia Time (3FAR) 6:00 Hand and Foot (L) 6:30 Movie Night: Chicago (MR)	9:00 Silver Sneakers Cardio (3FAR) 9:30 OUTING: Sun City West Craft & Farmers Market* (O) 10:00 Total Fitness (3FAR) 1:00 Bridge (L) 2:45 New Resident Mix & Mingle (3FL) 3:00 Entertainment with John Case (3FL) 3:00 Happy Hour (3FL)	10:00 Kings in a Corner (3FL) 10:00 Poker (GR) 10:00 Water Aerobics (P) 12:00 Chess & Checkers (GR) 1:00 Bridge (L) 2:30 Canvas Painting w/ Tim (AS)
10:00 Church Service w/ Everett (C) 12:00 Chess & Checkers (GR) 1:00 Board Games (3FAR) 3:00 Creative Coloring (GR)	9:00 Silver Sneakers Cardio (3FAR) 9:30 SHOPPING: Dollar Tree* (O) 10:00 Total Fitness (3FAR) 1:00 Bridge (L) 1:00 Hand and Foot (L) 3:00 Craft Time: Mosaic Coasters (3FAR)				August Bus Outings: 8/3 - ADLI 8/5 - Safeway 8/7 - Angela's Kitchen 8/10 - Walmart 8/12 - Bob's Variety Plus 8/14 - Harkins CineGrill Theater 8/17 - Fry's 8/19 - Marshalls 8/21 - V's Taproom 8/24 - Target 8/26 - Walmart 8/28 - Sun City West Craft & Farmers Market 8/31 - Dollar Tree	

Living Vibrantly at Vista Winds!

