

Canyon Winds

Retirement Community

2851 N Boulder Canyon | Mesa, AZ 85207 | 480-948-0700

Summer skies and sunshine bright,
August days are pure delight.
Take time to laugh, relax, and smile,
And enjoy each sunny mile.



As summer begins to wind down,
let's continue making memories,
sharing laughter, and enjoying the
wonderful friendships that make
our community feel like home.

August History

- August 15, 1914 – The Panama Canal officially opened, connecting the Atlantic and Pacific Oceans.
- August 18, 1920 – The 19th Amendment was ratified, giving women the right to vote in the United States.
- August 28, 1963 – Dr. Martin Luther King Jr. delivered his famous "I Have a Dream" speech in Washington, D.C.

August 2026



U.S. Fun National Days in August

- August 3 – National Watermelon Day 🍉
- August 8 – International Cat Day 🐱
- August 19 – National Aviation Day ✈️
- August 26 – National Dog Day 🐶

August Jokes

- Why do the sun and August get along so well?
Because they both know how to shine!
- Why did the tomato turn red?
Because it saw the salad dressing! 🍅
- What's the best exercise in August?
Running... to the ice cream truck! 🍦

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		_KEY_ 1st Floor FP- Fireplace DR- Dining Room PDR- Private Dining Room PL- Pool	_KEY_ 2nd Floor BK- Break Room BK- Book Nook	_KEY_ 3rd Floor AR- Activities Room FR- Fitness Room TL- Terrace Lounge TR- Theater Room	_KEY_ 4th Floor CH- Chapel The Hangar- 4th Floor Activities Room HAIR SALON	9:00 Water Aerobics- POOL ¹ 1:00 Redeemer Bible Study CH 2:00 Cards/ Dominoes AR 6:30 Movie Showing TR
10:00 Catholic Mass Streaming TR ² 1:00 Regular Bingo AR 2:00 Rummy Cube Game TL 2:00 Virtual Church Service TR 6:30 Catholic Rosary CH 6:30 Movie Showing TR	10:00 Trader Joes- LOBBY ³ 11:00 Chair Exercise AR 1:00 Chair Dance Zumba AR 1:00 Practice At The Putting Green 2:00 Euchre Card Game- The Hangar 2:00 Farkle Dice Game- AR 6:00 Horse Race Card Game AR	9:00 Water Aerobics- POOL ⁴ 10:00 Q & A With Dascha Marketing Director From Assisted Living - TR 1:00 Card Games TL 1:30 Mahjong Tile Game- 4th Floor Hangar 2:00 Hillsdale Lecture Series TR 4:00 Fat Cat's Movie Showing- LOBBY- The Odyssey- Time TBD 6:30 Movie Showing TR	8:45 Shopping Trip- LOBBY ⁵ 10:30 Chapel CH 11:00 Chair Exercise AR 1:00 Cribbage Board Game AR 1:30 David Grimes Vocalist & Guitarist- AR 4:00 Resident Birthday Dinner 6:15 Bridge- The Hangar	9:00 Water Aerobics- POOL ⁶ 11:00 Chair Exercise AR 1:00 Pattern Bingo TR 6:00 Hand & Foot AR 6:30 Poker- 4th Floor Hangar	11:00 Nickel Pokeno AR ⁷ 2:30 Corn Hole- AR 3:00 Happy Hour! TL 6:30 Movie Showing TR	9:00 Water Aerobics- POOL ⁸ 1:00 Redeemer Bible Study CH 2:00 Cards/ Dominoes AR 6:30 Movie Showing TR
10:00 Catholic Mass Streaming TR ⁹ 1:00 Regular Bingo AR 2:00 Rummy Cube Game TL 2:00 Virtual Church Service TR 6:30 Movie Showing TR	11:00 Chair Exercise AR ¹⁰ 1:00 Chair Dance Zumba AR 1:00 Practice At The Putting Green 2:00 Euchre Card Game- The Hangar 2:00 Farkle Dice Game- AR 6:00 Dominoes AR	9:00 Water Aerobics- POOL ¹¹ 10:30 "What Is New About Medicare In 2027"- Presentation With Chris 1:00 Activities Meeting AR 1:00 Card Games TL 1:30 Mahjong Tile Game- 4th Floor Hangar 2:00 Hillsdale Lecture Series TR 6:00 Trivia! TL	8:45 Shopping Trip- LOBBY ¹² 10:30 Chapel CH 11:00 Chair Exercise AR 1:00 5 Crown Card Game TL 1:00 Sweeties Candy Of Arizona- Shopping Trip 4:00 Resident Birthday Dinner #2 6:15 Bridge- The Hangar 6:30 Pinochle AR	9:00 Water Aerobics- POOL ¹³ 11:00 Chair Exercise AR 1:00 Pattern Bingo TR 2:30 Resident Council Meeting- 2nd Floor Break Room 6:00 Hand & Foot AR 6:30 Poker- 4th Floor Hangar	10:00 Target- LOBBY ¹⁴ 11:00 Nickel Pokeno AR 2:30 Corn Hole- AR 3:00 Happy Hour! TL 6:30 Movie Showing TR	9:00 Water Aerobics- POOL ¹⁵ 1:00 Redeemer Bible Study CH 2:00 Cards/ Dominoes AR 6:30 Movie Showing TR
10:00 Catholic Mass Streaming TR ¹⁶ 1:00 Regular Bingo AR 2:00 Rummy Cube Game TL 2:00 Virtual Church Service TR 6:30 Catholic Rosary CH 6:30 Movie Showing TR	10:00 Ken Sorensen Lecture Series- TR "History Of America Through Patriotic Songs" ¹⁷ 11:15 Mystery Lunch- LOBBY 1:00 Chair Dance Zumba AR 1:00 Practice At The Putting Green 2:00 Euchre Card Game- The Hangar 2:00 Farkle Dice Game- AR 6:00 Horse Race Card Game AR	9:00 Water Aerobics- POOL ¹⁸ 11:00 SW Mobility- TL 1:00 Book Club! TL 1:00 Card Games TL 1:30 Mahjong Tile Game- 4th Floor Hangar 2:00 Hillsdale Lecture Series TR 6:30 Movie Showing TR	8:45 Shopping Trip- LOBBY ¹⁹ 10:30 Chapel CH 11:00 Chair Exercise AR 1:00 Cribbage Board Game AR 1:00 Kohls Shopping Trip- LOBBY 6:15 Bridge- The Hangar 6:30 Anna- Pianist- AR	9:00 Water Aerobics- POOL ²⁰ 10:00 Catholic Mass With Father Rojo George- CH 1:00 Pattern Bingo TR 3:00 Happy Hour! TL 6:00 Hand & Foot AR 6:30 Poker- 4th Floor Hangar	10:00 Casino- LOBBY ²¹ 11:00 Nickel Pokeno AR 2:30 Corn Hole- AR 3:15 Hale Theater Concert "Woodstock" 6:30 Movie Showing TR	9:00 Water Aerobics- POOL ²² 1:00 Redeemer Bible Study CH 2:00 Cards/ Dominoes AR 6:30 Movie Showing TR
10:00 Catholic Mass Streaming TR ²³ 1:00 Regular Bingo AR 2:00 Rummy Cube Game TL 2:00 Virtual Church Service TR 6:30 Movie Showing TR	10:00 Titanic: An Immersive Voyage- Secrets of the Deep tells the story of the RMS Titanic- OUTING & LUNCH ²⁴ 1:00 Chair Dance Zumba AR 1:00 Practice At The Putting Green 2:00 Euchre Card Game- The Hangar 2:00 Farkle Dice Game- AR 6:00 Dominoes AR	9:00 Water Aerobics- POOL ²⁵ 1:00 Card Games TL 1:30 Mahjong Tile Game- 4th Floor Hangar 2:00 Color & Relax With Isabelle AR 2:00 Hillsdale Lecture Series TR 6:00 Trivia! TL	8:45 Shopping Trip- LOBBY ²⁶ 10:30 Chapel CH 11:00 Chair Exercise AR 1:00 5 Crown Card Game TL 2:00 Kevin Carlson Guitarist- AR 6:15 Bridge- The Hangar 6:30 Pinochle AR	9:00 Water Aerobics- POOL ²⁷ 11:00 Chair Exercise AR 1:00 Pattern Bingo TR 6:00 Hand & Foot AR 6:30 Poker- 4th Floor Hangar	10:00 Costco- LOBBY ²⁸ 11:00 Nickel Pokeno AR 2:30 Corn Hole- AR 3:00 Happy Hour! TL 6:30 Movie Showing TR	9:00 Water Aerobics- POOL ²⁹ 1:00 Redeemer Bible Study CH 2:00 Cards/ Dominoes AR 6:30 Movie Showing TR
10:00 Catholic Mass Streaming TR ³⁰ 1:00 Regular Bingo AR 2:00 Rummy Cube Game TL 2:00 Virtual Church Service TR 6:30 Movie Showing TR	10:00 Trader Joes- LOBBY ³¹ 11:00 Chair Exercise AR 1:00 Chair Dance Zumba AR 1:00 Practice At The Putting Green 2:00 Euchre Card Game- The Hangar 2:00 Farkle Dice Game- AR					



AUGUST

BEACH
BONFIRE
CAMPING
EXCITEMENT
FISHING
FRISBEE
FLIES
HEAT

HIKING
ICE CREAM
NEW TEACHERS
POPSICLES
SMORES
SUNFLOWERS
SWIMMING
TENT

B	E	S	H	F	I	S	H	I	N	G	N	F	I	S
A	C	E	B	O	E	R	I	F	N	O	B	R	U	E
E	F	L	I	E	S	C	A	M	P	N	G	N	E	E
S	I	C	E	C	R	E	A	M	S	I	F	B	O	X
W	T	I	E	A	M	E	N	T	M	L	S	E	F	C
I	E	S	L	M	S	I	F	G	O	I	H	A	I	I
M	S	P	F	P	B	T	R	W	R	N	I	C	S	T
M	H	O	T	I	K	N	E	F	E	G	I	H	C	E
I	E	P	H	N	I	R	I	N	S	R	C	E	T	M
N	A	E	A	G	S	M	C	N	T	E	W	A	T	E
G	N	I	K	I	H	P	X	O	S	R	E	A	E	N
M	S	A	N	E	W	T	E	A	C	H	E	R	S	T