

Canyon Winds

Retirement Community

7311 E Oasis Street | Mesa, AZ 85207 | 480-948-0600

Welcome, August!

August is a wonderful time to enjoy the last days of summer. As we look ahead to the changing seasons, let's continue to celebrate laughter, friendship, and the special moments we share together. Wishing everyone a happy, healthy, and joyful August!



National Senior Citizens Day – Aug. 21

Each year on August 21, we celebrate National Senior Citizens Day, a special time to recognize the wisdom, kindness, and life experiences of older adults. Every senior has a unique story filled with accomplishments, cherished memories, and valuable lessons that continue to inspire family, friends, and future generations.

Today, we honor the residents who make our community such a special place. Thank you for the laughter you share, the friendships you build, and the lives you've touched. We celebrate you—not just today, but every day. Happy National Senior Citizens Day!

♥ Purple Heart History

The Purple Heart was first established by George Washington in 1782 and revived in 1932. It honors U.S. service members who were wounded or killed while serving our country—a lasting symbol of courage and sacrifice.

August 2026



🍉 National Watermelon Day (Aug. 3)

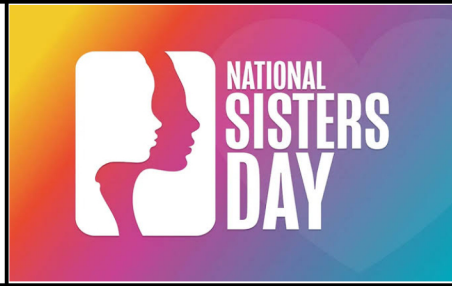
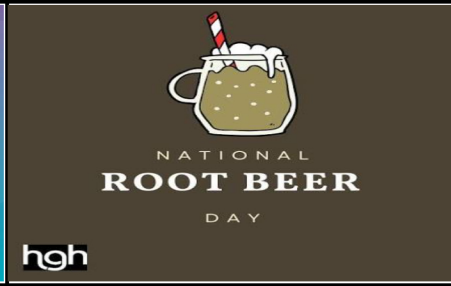
Nothing says summer quite like a juicy slice of watermelon! Watermelon is over 90% water, making it a delicious way to stay hydrated during Arizona's warm August days. Whether you enjoy it fresh, in a fruit salad, or as a refreshing snack, National Watermelon Day is the perfect excuse to celebrate one of summer's sweetest treats.

🐾 International Cat Day (August 8)

Cats have been treasured companions for thousands of years. Their playful personalities, gentle purrs, and comforting presence bring joy to millions of people. On International Cat Day, we celebrate our feline friends and the happiness they bring. If you have a favorite cat story or cherished memory of a beloved pet, we'd love to hear it!

Happy Birthday to our CW Residents

Pat N. 8/1, Greg 8/17, & Jean 8/17

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 9:00 CARD GAMES 1:00 HAND and FOOT 1:30 BINGO 2:30 BINGO SHOPPING 2:30 SKIP-BO 5:30 SATURDAY NIGHT AT THE MOVIES 5:45 TRIVIA hosted by Norma
2 9:00 CARD GAMES 10:00 VIRTUAL CATHOLIC SERVICES 1:30 CORN HOLE 2:00 RUMMIKUB 5:30 MOVIE 5:45 TRIVIA hosted by Norma	3 COFFEE BAR 9:00 SIT & FIT 10:00 THE GAME, SORRY 1:00 HILLSDALE LECTURE SERIES 1:00 ROLL INTO FUN: LEARN TO PLAY CRAPS, SPONSORED by SAGE HOSPICE 2:30 MOVIE 5:30 AFTER DINNER MOVIE & POPCORN	4 COFFEE BAR 8:00 CATHOLIC MASS 9:15 SIT & FIT 9:30 WII BOWLING 11:00 LUNCH @ RED ROBIN, YUMMMM 1:00 MUSIC HOUR WITH HALLIE HARDY, COME FEEL THE BEAT 2:00 BINGO 3:30 BINGO SHOPPING 5:30 AFTER DINNER MOVIE & POPCORN	5 COFFEE BAR 9:15 SIT & FIT 9:30 WII BOWLING 10:00 CORN HOLE 1:00 HAND and FOOT 2:00 MOVIE 4:00 DINNER ENTERTAINMENT, THE SUNDANCE GROUP 5:30 AFTER DINNER MOVIE & POPCORN	6 COFFEE BAR 9:15 SIT & FIT 10:00 BUILD YOUR OWN BOUQUET: Flowers Sponsored by AEGIS HEALTHCARE, Bring a Vase & Create a Bouquet 10:00 NON DENOMINATIONAL SERVICES 12:30 SHOPPING @ WALMART 1:00 FRONT PORCH NEWS "A Relaxed look at the week, shared together" 2:00 MOVIE 5:30 AFTER DINNER MOVIE & POPCORN	7 COFFEE BAR 8:00 MORNING on the GREEN (Putting Practice) 9:15 SIT & FIT 10:00 CORN HOLE 12:30 MOVIE 2:30 HAPPY HOUR with LIVE MUSIC by LEE FORD 5:45 TRIVIA hosted by Norma	8 9:00 CARD GAMES 1:00 HAND and FOOT 1:30 BINGO 2:30 BINGO SHOPPING 2:30 SKIP-BO 5:30 SATURDAY NIGHT AT THE MOVIES 5:45 TRIVIA hosted by Norma
9 9:00 CARD GAMES 10:00 VIRTUAL CATHOLIC SERVICES 1:30 CORN HOLE 2:00 RUMMIKUB 5:30 MOVIE 5:45 TRIVIA hosted by Norma	10 COFFEE BAR 9:15 SIT & FIT 10:00 THE GAME, SORRY 1:00 HILLSDALE LECTURE SERIES 1:00 SKIP-BO 2:30 TRIVIA with DALE LIKENS 5:30 AFTER DINNER MOVIE & POPCORN	11 COFFEE BAR 8:00 CATHOLIC MASS 9:15 SIT & FIT 9:30 WII BOWLING 10:30 LUNCH @ FAT CATS, LUNCH & A MOVIE 1:00 MUSIC HOUR WITH HALLIE HARDY, COME FEEL THE BEAT 2:00 BINGO 3:30 BINGO SHOPPING 5:30 AFTER DINNER MOVIE & POPCORN	12 COFFEE BAR 9:15 SIT & FIT 9:30 WII BOWLING 10:00 CORN HOLE 1:00 BIBLE STUDY 2:00 HAND and FOOT 2:00 MOVIE 5:30 AFTER DINNER MOVIE & POPCORN	13 HAPPY BIRTHDAY, PAT N. 9:15 SIT & FIT 10:00 NON DENOMINATIONAL SERVICES 12:30 SHOPPING @ SWEETIES CANDY of ARIZONA 1:00 FRONT PORCH NEWS "A Relaxed look at the week, shared together" 1:30 CHEF CHAT 2:00 MOVIE 5:30 AFTER DINNER MOVIE & POPCORN	14 COFFEE BAR 8:00 MORNING on the GREEN (Putting Practice) 9:15 SIT & FIT 10:00 CORN HOLE 12:30 MOVIE 2:00 BINGO 3:00 BINGO SHOPPING 5:45 TRIVIA hosted by Norma	15 9:00 CARD GAMES 1:00 HAND and FOOT 1:30 BINGO 2:30 BINGO SHOPPING 2:30 SKIP-BO 5:30 SATURDAY NIGHT AT THE MOVIES 5:45 TRIVIA hosted by Norma
16 9:00 CARD GAMES 10:00 VIRTUAL CATHOLIC SERVICES 1:30 CORN HOLE 2:00 RUMMIKUB 5:30 MOVIE 5:45 TRIVIA hosted by Norma	17 HAPPY BIRTHDAY, GREG & JEAN 9:15 SIT & FIT 10:00 THE GAME, SORRY 1:00 ARMCHAIR TRAVEL: AMERICA the BEAUTIFUL Part 2 Hosted by GREGG from ENDEAVOR 2:30 MOVIE 2:30 RESIDENT COUNCIL MEETING (For Residents only) 5:30 AFTER DINNER MOVIE & POPCORN	18 COFFEE BAR 8:00 CATHOLIC MASS 9:15 SIT & FIT 9:30 WII BOWLING 11:00 LUNCH @ OREGANO'S 1:00 MUSIC HOUR WITH HALLIE HARDY, COME FEEL THE BEAT 2:00 BINGO 3:30 BINGO SHOPPING 5:30 AFTER DINNER MOVIE & POPCORN	19 COFFEE BAR 9:15 SIT & FIT 9:30 WII BOWLING 10:00 CORN HOLE 1:00 BIBLE STUDY 1:30 TOWN HALL MEETING - DINING ROOM 2:00 HAND and FOOT 2:00 MOVIE 5:30 AFTER DINNER MOVIE & POPCORN	20 COFFEE BAR 9:15 SIT & FIT 10:00 NON DENOMINATIONAL SERVICES 12:30 SHOPPING @ BAHAS 1:00 FRONT PORCH NEWS "A Relaxed look at the week, shared together" 2:00 MOVIE 5:30 AFTER DINNER MOVIE & POPCORN	21 HAPPY SENIOR CITIZEN DAY 8:00 MORNING on the GREEN (Putting Practice) 9:15 SIT & FIT 10:00 CORN HOLE 12:30 MOVIE 2:30 HAPPY HOUR with LIVE MUSIC by BILLY FREDERICK 5:45 TRIVIA hosted by Norma	22 9:00 CARD GAMES 1:00 HAND and FOOT 1:30 BINGO 2:30 BINGO SHOPPING 2:30 SKIP-BO 5:30 SATURDAY NIGHT AT THE MOVIES 5:45 TRIVIA hosted by Norma
23 9:00 CARD GAMES 10:00 VIRTUAL CATHOLIC SERVICES 1:30 CORN HOLE 2:00 RUMMIKUB 5:30 MOVIE 5:45 TRIVIA hosted by Norma	24 COFFEE BAR 9:15 SIT & FIT 10:00 THE GAME, SORRY 1:00 HILLSDALE LECTURE SERIES 1:00 SKIP-BO 2:00 TRIVIA & TREATS Hosted by Audrey from DOVES SENIOR CARE 5:30 AFTER DINNER MOVIE & POPCORN	25 COFFEE BAR 8:00 CATHOLIC MASS 9:15 SIT & FIT 9:30 WII BOWLING 11:00 LUNCH @ NANDO'S 1:00 MUSIC HOUR WITH HALLIE HARDY, COME FEEL THE BEAT 2:00 BINGO 3:30 BINGO SHOPPING 5:30 AFTER DINNER MOVIE & POPCORN	26 COFFEE BAR 9:15 SIT & FIT 9:30 WII BOWLING 10:00 CORN HOLE 1:00 BIBLE STUDY 2:00 HAND and FOOT 2:00 MOVIE 5:30 AFTER DINNER MOVIE & POPCORN	27 COFFEE BAR 9:15 SIT & FIT 10:00 NON DENOMINATIONAL SERVICES 12:30 SHOPPING @ KOHL'S 1:00 FRONT PORCH NEWS "A Relaxed look at the week, shared together" 2:00 MOVIE 5:30 AFTER DINNER MOVIE & POPCORN 7:00 GAME NIGHT	28 COFFEE BAR 8:00 MORNING on the GREEN (Putting Practice) 9:15 SIT & FIT 10:00 CORN HOLE 12:30 MOVIE 2:30 HAPPY HOUR with LIVE MUSIC by LEE FORD 5:45 TRIVIA hosted by Norma	29 9:00 CARD GAMES 1:00 HAND and FOOT 1:30 BINGO 2:30 BINGO SHOPPING 2:30 RUMMIKUB 5:30 SATURDAY NIGHT AT THE MOVIES 5:45 TRIVIA hosted by Norma
30 9:00 CARD GAMES 10:00 VIRTUAL CATHOLIC SERVICES 1:30 CORN HOLE 2:00 RUMMIKUB 5:30 MOVIE 5:45 TRIVIA hosted by Norma	31 COFFEE BAR 9:15 SIT & FIT 10:00 THE GAME, SORRY 1:00 ARTS & CRAFT 1:00 HILLSDALE LECTURE SERIES 2:30 MOVIE 5:30 AFTER DINNER MOVIE & POPCORN					

Happy Senior Citizens Day!

For all the light you bring into
the lives of others, take time
out to enjoy and celebrate.