

Ventana Winds

Retirement Community

12322 N 113th Ave | Youngtown, AZ 85363 | 623-583-2460

July Zodiac Signs:

Cancer (The Crab)

July 1-22

Leo (The Lion)

July 23-31



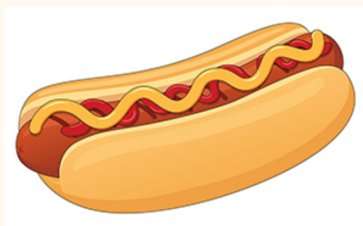
LEO



CANCER

Meet the Team Directory!

Shinica Haynes - Executive Director
 Shaheena Ahamed - Compliance Manager
 Rafael Ramos - Marketing Director
 Angela Thorne - Director of Nursing
 Daniela De La Cruz - WCC
 Stacey Trayah- Activity Coordinator



Dinning Room Hours

Breakfast.....TBDAM - 9AM
 Lunch.....11:30AM-TBDPM
 Dinner.....4:00PM-6:00PM

July 2026



July National Days!

July 1: Canada Day, International Joke Day, Nat'l Postal Worker Day
 July 2: World UFO Day
 July 4: Independence Day
 July 6: Nat'l Fried Chicken Day
 July 7: Nat'l Choc. Day/ Nat'l Strawberry Sundae Day
 July 10: Nat'l Piña Colada Day, Nat'l Kitten Day
 July 11: Nat'l Blueberry Muffin Day
 July 14: Nat'l Mac and Cheese Day
 July 15: Nat'l Give Something Away Day
 July 19 (Third Sunday): National Ice Cream Day
 July 20: Nat'l Moon Day (Apollo 11), Nat'l Lollipop Day
 July 24: Nat'l Cousins Day
 July 26: Nat'l Disability Independence Day
 July 28: Nat'l Waterpark Day
 July 31: Nat'l Avocado Day

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>All Activities are subject to change: including time, location or rescheduling!</p>	<p>Location Keys: AR – Activities Room (2nd floor) DR – Dining Room LB – Library (2nd floor) RL – Resident Lead Outings – (Sign Up ends 48 Hrs Prior)</p>		<p>9:00 Daily Chronicle 1 9:00 Frys Trip W/ AL 10:00 Balloon Hot Potato 1:00 Crazy Bingo W/ (AL) 3:00 Hand Massages & Manicures 6:00 Evening Bingo</p>	<p>9:00 Daily Chronicle 2 10:00 Chair Volleyball 11:00 Left Right Center Game 1:00 Crazy Bingo (AL) 3:00 Spelling Bee Contest! 6:00 Evening Bingo</p>	<p>9:00 Daily Chronicle 3 9:00 Goodwill Trip W/ (AL) 1:00 Crazy Bingo W/ (AL) 2:15 Happy 250th Birthday America Party W/ AL! 6:00 Evening Bingo</p>	<p>10:00 Chair Exercise– YouTube – Pathways & Memory care 4 12:30 Bible Study with Barbara 1:30 Table Games /Bingo/puzzles/Word Search 6:00 Movie night</p>
<p>9:00 Daily Chronicle 5 10:00 Chair Exercise– YouTube – Pathways & Memory care 10:00 Virtual Church YouTube – The Gathering 1:00 Journal with friends! 2:30 Puzzles in the Library! 2:30 Table Games /Bingo 6:00 Movie night</p>	<p>8:45 Catholic Communion 6 9:00 Walmart Trip w/ AL 1:00 Finish The Phrase! 2:00 Puzzling The Mind 3:00 Uno 6:00 Evening Bingo</p>	<p>9:00 Daily Chronicle 7 10:00 Thera Band Stretches 11:00 True Or False 1:00 Crazy Bingo W/ (AL) 3:00 Ring Toss 6:00 Evening Bingo</p>	<p>9:00 Daily Chronicle 8 10:00 Garden Tending 11:15 Snack & Hydration 1:00 Crazy Bingo W/ (AL) 3:00 Felt Coloring 6:00 Evening Bingo</p>	<p>9:00 Daily Chronicle 9 10:00 Morning Excercise W/Alicia 11:00 Puzzling The Mind 1:00 Crazy Bingo W/ (AL) 3:00 Karaoke 6:00 Evening Bingo</p>	<p>9:00 Daily Chronicle 10 9:30 Thrift Store Trip W/ (AL) 1:00 Crazy Bingo W/ (AL) 3:00 Lets Sing Sip & Dance! 6:00 Evening Bingo</p>	<p>9:00 Daily Chronicle 11 10:00 Chair Exercise– YouTube – Pathways & Memory care 12:30 Bible Study with Barbara 1:30 Table Games /Cards/Puzzles 6:00 Movie night</p>
<p>8:30 Shepherd of the Desert Church Bus Ride 12 9:00 Chair Exercise– YouTube – Pathways & Memory care 10:00 Virtual Church YouTube – The Gathering 1:00 Journal with friends! 2:30 Puzzles in the Library! 2:30 Table Games /Bingo 6:00 Movie night</p>	<p>8:45 Catholic Communion 13 9:00 Daily Chronicle & Iced Coffee Social 11:00 Word Search Puzzles 1:00 Family Feud! 2:00 Canvas Painting 6:00 Evening Bingo</p>	<p>9:00 Daily Chronicle 14 10:00 Morning Stretches 11:00 Balloon Hot Potato 1:00 Crazy Bingo W/ (AL) 3:00 Corn Hole 6:00 Evening Bingo</p>	<p>9:00 Daily Chronicle 15 10:00 Chair Yoga 11:00 White Board Brain Busters! 1:00 Crazy Bingo W/ (AL) 3:00 Nails/ Hand Massages & Movie!! 6:00 Evening Bingo</p>	<p>9:00 Daily Chronicle 16 10:00 Thera Band Stretches! 11:00 Culinary Creations! 1:00 Crazy Bingo W/ (AL) 3:00 5 second Rule Game! 6:00 Evening Bingo</p>	<p>9:00 Daily Chronicle 17 9:00 Lets Walk the Mall Outing W/ AL! 1:00 Crazy Bingo W/ (AL) 2:45 Karaoke & Drinks 6:00 Evening Bingo</p>	<p>10:00 Chair Exercise– YouTube – Pathways & Memory care 18 12:30 Bible Study with Barbara 1:30 Table Games /Bingo/ Cards/Puzzles 6:00 Movie night</p>
<p>8:30 Shepherd of the Desert Church Bus Ride 19 10:00 Chair Exercise– YouTube – Pathways & Memory care 10:00 Virtual Church YouTube – The Gathering 1:00 Journal with friends! 2:30 Puzzles in the Library! 2:30 Table Games /Bingo 6:00 Movie night</p>	<p>8:45 Catholic Communion 20 9:00 Walmart trip – sign up with Denise 11:00 5 second Rule Game! 1:15 Patriotic Craft 3:00 Popcorn & a movie! 6:00 Evening Bingo</p>	<p>9:00 Daily Chronicle 21 10:00 Morning Excercise W/Alicia 11:00 Scrabble 1:00 Crazy Bingo W/ (AL) 2:00 Ring Toss 3:00 Uno 10:00 Evening Bingo</p>	<p>9:00 Daily Chronicle 22 9:30 Gardening Tending 10:00 Chair Volleyball 11:00 Hangman 1:00 Crazy Bingo W/ (AL) 2:30 Vase Painting 3:30 Uno 6:00 Evening Bingo</p>	<p>9:00 Daily Chronicle 23 10:00 Get moving with Darlene 11:00 Felt Coloring 1:00 Crazy Bingo W/ (AL) 2:30 Ventana Vibes Luau Party W/AL 6:00 Evening Bingo</p>	<p>8:45 Daily Chronicle 24 9:00 Indoor Famers Market W/AL 1:00 Crazy Bingo W/ (AL) 3:00 Family Feud & Margaritas 6:00 Evening Bingo</p>	<p>10:00 Chair Exercise– YouTube – Pathways & Memory care 25 12:30 Bible Study with Barbara 1:30 Table Games /Bingo/Cards/Puzzles 6:00 Movie night</p>
<p>8:30 Shepherd of the Desert Church Bus Ride 26 10:00 Chair Exercise– YouTube – Pathways & Memory care 10:00 Virtual Church YouTube – The Gathering 1:00 Journal with friends! 2:30 Puzzles in the Library! 2:30 Table Games /Bingo 6:00 Movie night</p>	<p>8:45 Catholic Communion 27 9:00 Daily Chronicle & Iced Coffee Social 10:00 Beach ball Toss 11:00 Jenga 1:00 Trivia 3:00 Movie & Popcorn Bar!! Memory Care & Pathways 6:00 Evening Bingo</p>	<p>9:00 Daily Chronicle 28 10:00 Balloon Hot Potato 11:00 Felt Coloring 1:00 Crazy Bingo W/ (AL) 3:00 Dance The Electric Way! 6:00 Evening Bingo</p>	<p>9:00 Daily Chronicle 29 10:00 Garden Tending 11:00 Finish The Phrase! 1:00 Crazy Bingo W/ (AL) 3:00 5 second Rule Game! 6:00 Evening Bingo</p>	<p>9:00 Daily Chronicle 30 10:00 Corn Hole 11:00 Uno 1:00 Crazy Bingo W/ (AL) 2:00 Nails/ Hand Massages 6:00 Evening Bingo</p>	<p>8:30 Daily Chronicle 31 9:00 Dollar Tree Trip W/ AL 1:00 Crazy Bingo W/ (AL) 3:00 Lets Sip Sing & Dance! 6:00 Evening Bingo</p>	

What did August say when June claimed that today is the last day of the month?
- Don't July to me!

Table Topic:
What's something you did as a kid that you miss now?

You can catch me but cannot throw me, I visit everyone eventually. I vanish quickly when the morning comes, but during the night I quietly run.
What am I?

DID YOU KNOW?!

***The Actual Independence Day:** The U.S. Declaration of Independence was actually voted on and approved by Congress on July 2, 1776, rather than the fourth.

***Presidential Coincidences:** Three U.S. Presidents (John Adams, Thomas Jefferson, and James Monroe) died on the 4th of July, with Adams and Jefferson passing on the exact same day in 1826.

***Famous "Laptop":** Thomas Jefferson drafted the Declaration of Independence on a small portable lap desk, essentially using an 18th-century "laptop".

***The Moon Landing:** Neil Armstrong made history by taking the first steps on the Moon on July 20, 1969.

Fourth of July

Word Search Puzzle



ADAMS	FLAG	LIBERTY
AMERICA	FOURTH	MUSIC
BARBECUE	FREEDOM	PARADE
CELEBRATION	HOLIDAY	PATRIOTIC
COLONIES	HOT DOGS	PICNIC
CONGRESS	INDEPENDENCE	REVOLUTION
FAMILY	JEFFERSON	STATES
FIREWORKS	JULY	SUMMER

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