

# Ventana Winds

Retirement Community

12322 N 113th Ave | Youngtown, AZ 85363 | 623-583-2460

## July Zodiac Signs:

Cancer (The Crab)

July 1-22

Leo (The Lion)

July 23-31



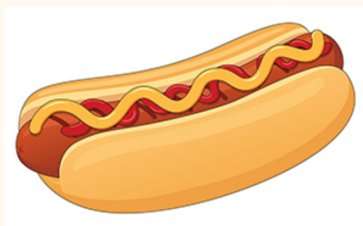
LEO



CANCER

## Meet the Team Directory!

Shinica Haynes - Executive Director  
Shaheena Ahamed - Compliance Manager  
Rafael Ramos - Marketing Director  
Angela Thorne - Director of Nursing  
Daniela De La Cruz - WCC  
Stacey Trayah- Activity Coordinator



## Dinning Room Hours



Breakfast.....TBDAM - 9AM  
Lunch.....11:30AM-TBDPM  
Dinner.....4:00PM-6:00PM

## July 2026



## July National Days!

July 1: Canada Day, International Joke Day, Nat'l Postal Worker Day  
July 2: World UFO Day  
July 4: Independence Day  
July 6: Nat'l Fried Chicken Day  
July 7: Nat'l Choc. Day/ Nat'l Strawberry Sundae Day  
July 10: Nat'l Piña Colada Day, Nat'l Kitten Day  
July 11: Nat'l Blueberry Muffin Day  
July 14: Nat'l Mac and Cheese Day  
July 15: Nat'l Give Something Away Day  
July 19 (Third Sunday): National Ice Cream Day  
July 20: Nat'l Moon Day (Apollo 11), Nat'l Lollipop Day  
July 24: Nat'l Cousins Day  
July 26: Nat'l Disability Independence Day  
July 28: Nat'l Waterpark Day  
July 31: Nat'l Avocado Day

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>All Activities are subject to change: including time, location or rescheduling!</p>	<p>Location Keys: AR – Activities Room (2nd floor) DR – Dining Room LB – Library (2nd floor) RL – Resident Lead Outings – (Sign Up ends 48 Hrs Prior)</p>		<p>9:00 Frys Trip *Senior Discount Day* – Sign up w/ Stacey (2nd Flr) <b>1</b> 11:00 RL – Card Games! Uno, Kings in a Corner, Ect – AR 1:00 Weekly Round Table (Life Chats w/ your Neighbor) 2:30 USA Road Trip Trivia – AR 3:30 Hangman Games – AR 6:00 Farkle</p>	<p>9:00 Donuts &amp; Chat – AR <b>2</b> 10:00 Choir Recital – Happy Birthday USA 11:00 Memory Fitness – Brain Games – AR 1:00 Crazy Bingo – AR 2:00 Canvas &amp; Cocktails: Make Your Own Puzzles! – AR 2:00 Knitting &amp; Crocheting Club – LB 3:00 Scrabble Competition – AR 6:00 Farkle</p>	<p>9:00 Goodwill trip– Sign up w/ Stacey (2nd Flr) <b>3</b> 10:00 RL– Card Games! Uno, Kings in a Corner, Ect 11:00 Jenga competition – AR 1:00 Original bingo – AR 2:00 Happy 250th Birthday AMERICA PARTY – DR 3:15 Resident Birthday Party Happy Hour – AR 6:00 Farkle</p>	<p>9:00 Bible Study with Bobby – Bring your own Bible! <b>4</b> 1:00 Mahjong 1:00 Scrabble with friends 6:00 Farkle 6:00 Poker night</p>
<p>8:30 Shepherd of the Desert Church Bus Ride <b>5</b> 1:00 Journal with friends! 1:00 Mahjong 2:30 Puzzles in the Library! 6:00 Farkle</p>	<p>9:00 Walmart trip – Sign up w/ Stacey (2nd Flr) <b>6</b> 10:00 RL– Rummikub &amp; Crazy 8's (All Card games welcome) – AR 1:00 Made From Scratch Class– Make your own Butter! – AR 2:00 The Scrapbook Kitchen – Cookbook Scrapbooking – AR 2:45 Hydration Education – Watermelon Social – AR 6:00 Farkle</p>	<p>9:00 Fitness w/ Stacey – AR <b>7</b> 10:45 Muffin &amp; Mimosas – AR 1:00 Crazy Bingo – AR 2:00 Knitting &amp; Crocheting Club – LB 2:30 Choir Practice – AR 6:00 Farkle 6:00 Poker night</p>	<p>9:00 Fitness Drumming – AR <b>8</b> 10:00 *WII Games – AR 11:00 Card Games! Kings in a Corner &amp; Uno – AR 1:00 Weekly Round Table (Life Chats w/ your Neighbors) 2:00 Find the Fakes Trivia – AR 6:00 Farkle</p>	<p>9:00 Donuts &amp; Chat – AR <b>9</b> 10:00 Relax &amp; Meditate Coloring Session – AR 11:00 Memory Fitness – Brain Games – AR 1:00 Crazy Bingo – AR 2:00 Knitting &amp; Crocheting Club – LB 2:30 Next month's Activities chat – AR 3:30 Scrabble Competition – AR 6:00 Farkle</p>	<p>9:00 Thrift Store – Sign up w/ Stacey (2nd Flr) <b>10</b> 10:00 RL– Card Games! Kings in a Corner and Uno – AR 11:00 Scrabble Competition – AR 1:00 Original bingo – AR 2:30 Murder Mystery – Sip &amp; Solve – LB 2:45 Name That Tune w/ Tom – AR 6:00 Farkle</p>	<p>9:00 Bible Study with Bobby – Bring your own Bible! <b>11</b> 1:00 Mahjong 1:00 Scrabble with friends 6:00 Farkle 6:00 Poker night</p>
<p>8:30 Shepherd of the Desert Church Bus Ride <b>12</b> 1:00 Journal with friends! 1:00 Mahjong 2:30 Puzzles in the Library! 6:00 Farkle</p>	<p>9:00 Morning Mimosas &amp; Movement <b>13</b> 10:00 Matinee Movie &amp; Popcorn – AR 11:00 Manicures w/ Stacey – LB 1:00 Made from Scratch Mondays – Make your own Pizza Dough! 2:00 The Scrapbook Kitchen – Cookbook Scrapbooking – AR 2:45 Mingle w/ Music – Social hour w/ Drinks 6:00 Farkle</p>	<p>9:00 Fitness w/ Stacey – AR <b>14</b> 10:45 Muffin &amp; Mimosas – AR 1:00 Crazy Bingo – AR 2:00 Knitting &amp; Crocheting Club – LB 2:30 Choir Practice – AR 6:00 Farkle 6:00 Poker night</p>	<p>9:00 Fitness Drumming – AR <b>15</b> 10:00 *WII Games – AR 11:00 Card Games! Kings in a Corner &amp; Uno – AR 1:00 Weekly Round Table (Life Chats w/ your Neighbors) 2:30 Who am I?... Trivia! – AR 6:00 Farkle</p>	<p>9:00 Donuts &amp; Chat – AR <b>16</b> 10:00 Relax &amp; Meditate Coloring Session – AR 11:00 Memory Fitness – Brain Games – AR 1:00 Crazy Bingo – AR 2:00 Knitting &amp; Crocheting Club – LB 2:30 Resident Council Meeting – AR 6:00 Farkle</p>	<p>9:00 Lets walk the Mall! – Morning Movement Club – Sign up w/ Stacey (2nd Flr) <b>17</b> 10:00 RL– Card Games! Kings in a Corner and Uno – AR 11:00 Jenga competition – AR 1:00 Crazy Bingo – AR 2:45 Karaoke &amp; Happy Hour w/ Tom – AR 6:00 Farkle</p>	<p>9:00 Bible Study with Bobby – Bring your own Bible! <b>18</b> 10:00 Fitness w/ Stacey 11:30 Lunch Time Happy Hour – 1 Hour Open bar: 2 drink max 1:00 Mahjong 1:00 Scrabble with friends 6:00 Farkle 6:00 Poker night</p>
<p>8:30 Shepherd of the Desert Church Bus Ride <b>19</b> 1:00 Journal with friends! 1:00 Mahjong 2:30 Puzzles in the Library! 6:00 Farkle</p>	<p>9:00 Walmart trip – Sign up w/ Stacey (2nd Flr) <b>20</b> 10:00 RL – Rummikub &amp; Crazy 8's (All Card games welcome) – AR 1:00 Made from Scratch Mondays – Homemade Ice Cream 2:00 The Scrapbook Kitchen – Cookbook Scrapbooking – AR 3:00 Mingle w/ Music – Happy Hour 6:00 Farkle</p>	<p>9:00 Fat Cat Movie Theater: \$5 movie tickets (Sign up with Stacey 48 hours pr.) <b>21</b> 10:00 RL– Card Games! Uno, Kings in a Corner, Ect 1:30 Rock Painting – AR 2:00 Knitting &amp; Crocheting Club – LB 2:30 Choir Practice – AR 6:00 Farkle 6:00 Poker night</p>	<p>9:00 Fitness Drumming – AR <b>22</b> 10:00 *WII Games – AR 11:00 Card Games! Kings in a Corner &amp; Uno – AR 1:00 Weekly Round Table (Life Chats w/ your Neighbors) 2:30 "Back in My Day" Decades Trivia 6:00 Farkle</p>	<p>9:00 Donuts &amp; Chat – AR <b>23</b> 10:00 Relax &amp; Meditate Coloring Session – AR 11:00 Memory Fitness – Brain Games – AR 1:00 Crazy Bingo – AR 2:00 Knitting &amp; Crocheting Club – LB 2:30 Ventana Vibes Luau Party 6:00 Farkle</p>	<p>9:00 Indoor Famers Market – Sign up w/ Stacey (2nd Flr) <b>24</b> 10:00 RL– Card Games! Uno, Kings in a Corner, Ect 1:00 Original bingo – AR 2:30 Monopoly Social – Board games &amp; Drinks – LB 2:45 Name That Tune w/ Tom – AR 6:00 Farkle</p>	<p>9:00 Bible Study with Bobby – Bring your own Bible! <b>25</b> 1:00 Mahjong 1:00 Scrabble with friends 6:00 Farkle 6:00 Poker night</p>
<p>8:30 Shepherd of the Desert Church Bus Ride <b>26</b> 1:00 Journal with friends! 1:00 Mahjong 2:30 Puzzles in the Library! 6:00 Farkle</p>	<p>9:00 Morning Mimosas &amp; Movement <b>27</b> 10:30 Manicures w/ Stacey 1:00 Made from Scratch Mondays – Homemade Guacamole! 2:00 The Scrapbook Kitchen – Cookbook Scrapbooking – AR 3:00 Mingle w/ Music – Happy Hour 6:00 Farkle</p>	<p>9:00 Fitness w/ Stacey – AR <b>28</b> 10:45 Muffin &amp; Mimosas – AR 1:00 Crazy Bingo – AR 2:00 Knitting &amp; Crocheting Club – LB 2:30 Choir Practice – AR 6:00 Farkle 6:00 Poker night</p>	<p>9:00 Fitness Drumming – AR <b>29</b> 10:00 *WII Games – AR 11:00 Card Games! Uno, Kings in a Corner, Ect 1:00 Weekly Round Table (Life Chats w/ your Neighbors) 2:30 Sports Legends: Did you knows?! 6:00 Farkle</p>	<p>9:00 Donuts &amp; Chat – AR <b>30</b> 10:00 Relax &amp; Meditate Coloring Session – AR 11:00 Memory Fitness – Brain Games – AR 1:00 Crazy Bingo – AR 2:00 Knitting &amp; Crocheting Club – LB 2:30 Town Hall Meeting – All Residents welcome! 6:00 Farkle</p>	<p>9:00 Dollar Tree Trip – Sign up w/ Stacey (2nd Flr) <b>31</b> 10:00 RL– Card Games! Kings in a Corner and Uno – AR 1:00 Crazy Bingo – AR 2:30 Woman's Wine &amp; Chat 6:00 Farkle</p>	

What did August say when June claimed that today is the last day of the month?  
- Don't July to me!

**Table Topic:**  
**What's something you did as a kid that you miss now?**

You can catch me but cannot throw me, I visit everyone eventually. I vanish quickly when the morning comes, but during the night I quietly run.  
What am I?

## DID YOU KNOW?!

**\*The Actual Independence Day:** The U.S. Declaration of Independence was actually voted on and approved by Congress on July 2, 1776, rather than the fourth.

**\*Presidential Coincidences:** Three U.S. Presidents (John Adams, Thomas Jefferson, and James Monroe) died on the 4th of July, with Adams and Jefferson passing on the exact same day in 1826.

**\*Famous "Laptop":** Thomas Jefferson drafted the Declaration of Independence on a small portable lap desk, essentially using an 18th-century "laptop".

**\*The Moon Landing:** Neil Armstrong made history by taking the first steps on the Moon on July 20, 1969.

## Fourth of July

### Word Search Puzzle



ADAMS	FLAG	LIBERTY
AMERICA	FOURTH	MUSIC
BARBECUE	FREEDOM	PARADE
CELEBRATION	HOLIDAY	PATRIOTIC
COLONIES	HOT DOGS	PICNIC
CONGRESS	INDEPENDENCE	REVOLUTION
FAMILY	JEFFERSON	STATES
FIREWORKS	JULY	SUMMER

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