

Sedona Winds

Retirement Community

475 Jacks Canyon Road | Sedona, AZ 86351 | 928-284-9077

The Constitution

The Constitution was signed on September 17, 1787, and established the framework for governance and remains the longest-standing written Constitution in the world.



250 Years of America

The United States will celebrate its 250th anniversary in 2026. Marking a journey from the Declaration of Independence in 1776 to a nation shaped by centuries of growth, conflict, and innovation.

Important to Note

Human history in North America spans thousands of years, with Indigenous peoples inhabiting the continent long before European colonization.

Milestone

The 250-year milestone specifically marks the age of the United States as an independent political entity, not the broader history of the land.

July 2026



July 4, 1776

The United States declared independence from Britain when the Second Congress approved the Declaration of Independence, primarily authored by Thomas Jefferson in Philadelphia, and marked the birth of a new nation.

What is Lucky in July?

Lucky Color: Tangerine

Lucky Animal: Tiger

Lucky Day: Thursday

Lucky Plant: Violet

July Birthday Blessings To:

Bella Downey July 24th

Jenny Leitzke July 24th

Janice Johns July 27th

Cora Seginski July 27th

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		Please Remember, Calendar is Subject to Change! Thank You!	● Vitals Clinic ● 11:00 Puzzles in the Library ● 12:00 Bobby Myhre Classic Sinatra & Jazz Entertainment During Lunch ● 1:00 Afternoon Movie 	● 8:15 Arts & Crafts/Garden Tending ● 9:30 Morning Exercise ● 10:30 Bingo ● 2:00 Meditation ● 6:00 Evening Movie	● 9:30 Morning Exercise ● 10:30 Bingo ● 11:00 Puzzles in the Library ● 2:00 4th of July Block Party!! 	● 9:30 Rise & Shine Exercise ● 10:30 Bingo ● 2:00 Storybook & Discussion Group ● 6:00 Evening Movie
● 9:30 Rise & Shine Exercise ● 10:30 Sunday Morning Surprise ● 1:30 Church Service and Singing! ● 3:30 Trivia & Laughs	● 8:00 Clark's Outing ● 9:30 Morning Exercise ● 1:00 Afternoon Movie ● 2:00 Art Class with Rachel Tucker ● 3:00 Scrabble	● 8:15 Arts & Crafts/Garden Tending ● 9:30 Morning Exercise ● 10:30 Bingo ● 1:00 Afternoon Movie ● 2:00 Games!	● 9:30 Morning Exercise ● 10:30 Community Meeting ● 11:00 Puzzles in the Library ● 1:00 Afternoon Movie 	● 8:15 Arts & Crafts/Garden Tending ● 9:30 Morning Exercise ● 10:30 Bingo ● 2:00 Meditation ● 6:00 Evening Movie	● 9:30 Morning Exercise ● 10:30 Bingo ● 11:00 Puzzles in the Library ● 6:00 Evening Movie	● 9:30 Rise & Shine Exercise ● 10:30 Bingo ● 2:00 Storybook & Discussion Group ● 6:00 Evening Movie
● 9:30 Rise & Shine Exercise ● 10:30 Sunday Morning Surprise ● 3:30 Trivia & Laughs	● 8:00 Walmart Outing ● 9:30 Morning Exercise ● 1:00 Afternoon Movie ● 2:00 Manicures! ● 3:00 Scrabble	● 8:15 Arts & Crafts/Garden Tending ● 9:30 Morning Exercise ● 10:30 Bingo ● 1:00 Afternoon Movie ● 2:00 Games!	● 9:30 Morning Exercise ● 10:30 Bingo ● 11:00 Puzzles in the Library ● 1:00 Afternoon Movie ● 2:00 Caregiver 	● 8:15 Arts & Crafts/Garden Tending ● 9:30 Morning Exercise ● 10:30 Bingo ● 2:00 Meditation ● 3:30 John Ziegler Concert! 	● 9:30 Morning Exercise ● 10:30 Bingo ● 11:00 Puzzles in the Library ● 2:00 Music by Robert Clarke! 	● 9:30 Rise & Shine Exercise ● 10:30 Bingo ● 2:00 Storybook & Discussion Group ● 6:00 Evening Movie
● 9:30 Rise & Shine Exercise ● 10:30 Sunday Morning Surprise ● 3:30 Trivia & Laughs	● 9:30 Morning Exercise ● 10:30 Bingo ● 1:00 Afternoon Movie ● 2:00 Arts & Crafts/Garden Tending ● 3:00 Scrabble	● 8:15 Arts & Crafts/Garden Tending ● 9:30 Morning Exercise ● 10:30 Bingo ● 1:00 Afternoon Movie ● 2:00 Games!	● 8:15 Coffee & Convo with Chef Hilda! ● 9:30 Morning Exercise ● 10:30 Bingo ● 11:00 Puzzles in the Library ● 1:00 Afternoon Movie ● 2:00 Resident Fall Prevention with Accord 	● 8:15 Arts & Crafts/Garden Tending ● 9:30 Morning Exercise ● 10:30 Bingo ● 2:00 Wind and Strings! ● 6:00 Evening Movie	● 9:30 Morning Exercise ● 10:30 Bingo ● 11:00 Puzzles in the Library ● 3:00 Vegas Night! ● 6:00 Evening Movie	● 9:30 Rise & Shine Exercise ● 10:30 Bingo ● 2:00 Storybook & Discussion Group ● 6:00 Evening Movie
● 9:30 Rise & Shine Exercise ● 10:30 Sunday Morning Surprise ● 3:30 Trivia & Laughs	● 9:30 Morning Exercise ● 10:30 Bingo ● 1:00 Afternoon Movie ● 2:00 Manicures with Accord ● 3:00 Scrabble	● 8:15 Arts & Crafts/Garden Tending ● 9:30 Morning Exercise ● 10:30 Bingo ● 12:15 Birthday Cake Celebration with Compassus!! ● 1:00 Afternoon Movie 	● 9:30 Morning Exercise ● 10:30 Chef Showcase! ● 11:00 Puzzles in the Library ● 1:00 Afternoon Movie ● 2:00 Bingo	● 8:15 Arts & Crafts/Garden Tending ● 9:30 Morning Exercise ● 10:30 Bingo ● 2:00 Benedetto Duo Concert! ● 6:00 Evening Movie	● 9:30 Morning Exercise ● 11:00 Puzzles in the Library ● 2:00 Bingo ● 6:00 Evening Movie	

