

Canyon Winds

Retirement Community

7311 E Oasis Street | Mesa, AZ 85207 | 480-948-0600

Happy Fourth!

As we celebrate Independence Day, we honor the courage and sacrifices of those who helped shape our nation and preserve our freedoms.

Happy 4th to all our residents!



The Declaration of Independence

On July 4, 1776, America's founding fathers adopted the Declaration of Independence, announcing that the thirteen colonies were free from British rule. Written primarily by Thomas Jefferson, the document expressed the belief that all people are created equal and have the right to life, liberty, and the pursuit of happiness.

Today, the Declaration of Independence remains a symbol of freedom and democracy.

As we celebrate the courage, vision and determination of those who helped establish our nation and the freedoms we enjoy today.

Cheers to 250 Years America!

Join us for Happy Hour on July 3 and invite your Family and friends as we celebrate America's 250th birthday with refreshments, music, laughter, and patriotic pride.

July 2026



Seasonal Selections

Summer weather often requires plenty of hydration. Why not mix some of the season's best produce with a little carbonated water to make the perfect, refreshing soda? Try limes, blueberries, cherries, raspberries or strawberries. All are in season and offer many combinations to please any palate.

Hello, Summer!

Summer is the season of sunshine, warm days, and simple pleasures. It's a wonderful time to enjoy time with friends, share stories, listen to music, and appreciate the beauty of the world around us.

Happy Birthday to our C W Residents

Stanley 7/11

Eleanor 7/21

Edward C. AKA Ned 7/23

Joanne 7/28

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 9:00 SIT & FIT 9:30 WII BOWLING 10:00 CORN HOLE 1:00 BIBLE STUDY 2:00 HAND and FOOT 2:00 MOVIE 4:00 DINNER ENTERTAINMENT, THE SUNDANCE GROUP 5:30 AFTER DINNER MOVIE & POPCORN	2 9:00 SIT & FIT 10:00 BUILD YOUR OWN BOUQUET: Flowers Sponsored by AEGIS HEALTHCARE, Bring a Vase & Create a Bouquet 10:00 NON DENOMINATIONAL SERVICES 12:30 SHOPPING @ WALMART 1:00 FRONT PORCH NEWS "A Relaxed look at the week, shared together" 2:00 MOVIE 5:30 AFTER DINNER MOVIE & POPCORN	3 8:00 MORNING on the GREEN (Putting Practice) 9:00 SIT & FIT 10:00 CORN HOLE 12:30 MOVIE 2:00 BINGO 2:30 CHEERS to 250 YEARS AMERICA! HAPPY HOUR with LIVE MUSIC by LEE FORD, INVITE YOUR FAMILY MEMBERS 5:45 TRIVIA hosted by Norma	4 9:00 CARD GAMES 1:30 BINGO 2:30 BINGO SHOPPING 2:30 RUMMIKUB 5:30 SATURDAY NIGHT AT THE MOVIES 5:45 TRIVIA hosted by Norma
5 9:00 CARD GAMES 10:00 VIRTUAL CATHOLIC SERVICES 1:30 CORN HOLE 2:00 RUMMIKUB 5:30 MOVIE 5:45 TRIVIA hosted by Norma	6 COFFEE BAR 9:00 SIT & FIT 10:00 THE GAME, SORRY 1:00 HILLSDALE LECTURE SERIES 1:00 YOUR IDEAS MATTER: ACTIVITY DISCUSSION 2:30 MOVIE 5:30 AFTER DINNER MOVIE & POPCORN	7 8:00 CATHOLIC MASS 9:15 SIT & FIT 9:30 WII BOWLING 11:00 LUNCH @ MORENO'S MEXICAN 1:00 MUSIC HOUR WITH HALLIE HARDY, COME FEEL THE BEAT 2:00 BINGO 3:30 BINGO SHOPPING 5:30 AFTER DINNER MOVIE & POPCORN	8 COFFEE BAR 9:00 SIT & FIT 9:30 WII BOWLING 10:00 CORN HOLE 1:00 HAND BELLS 2:00 HAND and FOOT 2:00 MOVIE 5:30 AFTER DINNER MOVIE & POPCORN	9 COFFEE BAR 9:00 SIT & FIT 10:00 NON DENOMINATIONAL SERVICES 12:30 SHOPPING @ MICHAEL'S 1:00 FRONT PORCH NEWS "A Relaxed look at the week, shared together" 2:00 MOVIE 5:30 AFTER DINNER MOVIE & POPCORN	10 COFFEE BAR 8:00 MORNING on the GREEN (Putting Practice) 9:00 SIT & FIT 10:00 CORN HOLE 12:30 MOVIE 2:30 HAPPY HOUR with LIVE MUSIC by LEE FORD 5:45 TRIVIA hosted by Norma	11 HAPPY BIRTHDAY, STANLEY 9:00 CARD GAMES 1:30 BINGO 2:30 BINGO SHOPPING 2:30 RUMMIKUB 5:30 SATURDAY NIGHT AT THE MOVIES 5:45 TRIVIA hosted by Norma
12 9:00 CARD GAMES 10:00 VIRTUAL CATHOLIC SERVICES 1:30 CORN HOLE 2:00 RUMMIKUB 5:30 MOVIE 5:45 TRIVIA hosted by Norma	13 COFFEE BAR 9:00 SIT & FIT 10:00 THE GAME, SORRY 1:00 HILLSDALE LECTURE SERIES 2:00 ICE CREAM SOCIAL 2:30 TRIVIA with DALE LIKENS 5:30 AFTER DINNER MOVIE & POPCORN	14 8:00 CATHOLIC MASS 9:15 SIT & FIT 9:30 WII BOWLING 11:00 LUNCH @ CHEESECAKE FACTORY 1:00 MUSIC HOUR WITH HALLIE HARDY, COME FEEL THE BEAT 2:00 BINGO 3:30 BINGO SHOPPING 5:30 AFTER DINNER MOVIE & POPCORN	15 COFFEE BAR 9:00 SIT & FIT 9:30 WII BOWLING 10:00 CORN HOLE 1:00 BIBLE STUDY 2:00 HAND and FOOT 2:00 MOVIE 5:30 AFTER DINNER MOVIE & POPCORN	16 COFFEE BAR 9:00 SIT & FIT 10:00 NON DENOMINATIONAL SERVICES 12:30 SHOPPING @ TARGET 1:00 FRONT PORCH NEWS "A Relaxed look at the week, shared together" 2:00 MOVIE 5:30 AFTER DINNER MOVIE & POPCORN	17 COFFEE BAR 8:00 MORNING on the GREEN (Putting Practice) 9:00 SIT & FIT 10:00 CORN HOLE 12:30 MOVIE 2:30 HAPPY HOUR with LIVE MUSIC by BILLY FREDERICK 5:45 TRIVIA hosted by Norma	18 9:00 CARD GAMES 1:30 BINGO 2:30 BINGO SHOPPING 2:30 RUMMIKUB 5:30 SATURDAY NIGHT AT THE MOVIES 5:45 TRIVIA hosted by Norma
19 9:00 CARD GAMES 10:00 VIRTUAL CATHOLIC SERVICES 1:30 CORN HOLE 2:00 RUMMIKUB 5:30 MOVIE 5:45 TRIVIA hosted by Norma	20 COFFEE BAR 9:00 SIT & FIT 1:00 ARMCHAIR TRAVEL to ICELAND Hosted by ENDEAVOR 2:30 MOVIE 2:30 RESIDENT COUNCIL MEETING 5:30 AFTER DINNER MOVIE & POPCORN	21 HAPPY BIRTHDAY, ELEANOR 8:00 CATHOLIC MASS 9:15 SIT & FIT 9:30 WII BOWLING 11:00 LUNCH @ JERSEY MIKE'S 1:00 MUSIC HOUR WITH HALLIE HARDY 2:30 90th BIRTHDAY CELEBRATION for ELEANOR hosted by her son and daughter with LIVE MUSIC by LEE FORD 5:30 AFTER DINNER MOVIE & POPCORN	22 COFFEE BAR 9:00 SIT & FIT 9:30 WII BOWLING 10:00 CORN HOLE 1:30 TOWN HALL MEETING - DINING ROOM 2:00 HAND and FOOT 2:00 MOVIE 5:30 AFTER DINNER MOVIE & POPCORN	23 HAPPY BIRTHDAY, EDWARD AKA NED 9:00 SIT & FIT 10:00 NON DENOMINATIONAL SERVICES 10:30 CASINO ARIZONA - LUNCH AND SLOTS 1:00 FRONT PORCH NEWS "A Relaxed look at the week, shared together" 2:00 MOVIE 5:30 AFTER DINNER MOVIE & POPCORN	24 COFFEE BAR 8:00 MORNING on the GREEN (Putting Practice) 9:00 SIT & FIT 10:00 CORN HOLE 12:30 MOVIE 2:00 BINGO 3:00 BINGO SHOPPING 5:45 TRIVIA hosted by Norma	25 9:00 CARD GAMES 1:30 BINGO 2:30 BINGO SHOPPING 2:30 RUMMIKUB 5:30 SATURDAY NIGHT AT THE MOVIES 5:45 TRIVIA hosted by Norma
26 9:00 CARD GAMES 10:00 VIRTUAL CATHOLIC SERVICES 1:30 CORN HOLE 2:00 RUMMIKUB 5:30 MOVIE 5:45 TRIVIA hosted by Norma	27 COFFEE BAR 9:00 SIT & FIT 10:00 THE GAME, SORRY 1:00 ARTS & CRAFT 1:00 HILLSDALE LECTURE SERIES 2:30 MOVIE 5:30 AFTER DINNER MOVIE & POPCORN	28 HAPPY BIRTHDAY, JOANNE 8:00 CATHOLIC MASS 9:15 SIT & FIT 9:30 WII BOWLING 11:00 LUNCH @ CRACKER BARREL 1:00 MUSIC HOUR WITH HALLIE HARDY, COME FEEL THE BEAT 2:00 BINGO 3:30 BINGO SHOPPING 5:30 AFTER DINNER MOVIE & POPCORN	29 COFFEE BAR 9:00 SIT & FIT 9:30 WII BOWLING 10:00 CORN HOLE 1:00 BIBLE STUDY 2:00 HAND and FOOT 2:00 MOVIE 5:30 AFTER DINNER MOVIE & POPCORN	30 COFFEE BAR 9:00 SIT & FIT 10:00 NON DENOMINATIONAL SERVICES 12:30 SHOPPING @ THE DOLLAR STORE 1:00 FRONT PORCH NEWS "A Relaxed look at the week, shared together" 2:00 MOVIE 5:30 AFTER DINNER MOVIE & POPCORN 7:00 GAME NIGHT	31 COFFEE BAR 8:00 MORNING on the GREEN (Putting Practice) 9:00 SIT & FIT 10:00 CORN HOLE 12:30 MOVIE 2:00 BINGO 3:00 BINGO SHOPPING 5:45 TRIVIA hosted by Norma	

