

# Vista Winds

Retirement Community

28783 N Vistancia Blvd | Peoria, AZ 85383 | 623-253-6690

## JUNE 2026

"And what is so rare as a day in June?  
Then, if ever, come perfect days." - John Keats



### CHERRY FUN FACTS

By June, a range of cherries becomes available, including the popular cherries, which are known for their deep red hue and rich flavor.

Cherry harvesting is a crucial phase in understanding the overall seasonality of cherries. Knowing the harvesting period allows growers and consumers to plan their activities, whether it be for cultivation or culinary purposes.

Each cherry variety ripens at a unique time, and this can dramatically influence not just the flavor and quality of the fruit but also the methods used for preservation and culinary application.



*Did you know.....*

*June has*

*Triple Birthstones:*

*June is rare because it gets three birthstones: the Pearl, Alexandrite (which changes color in different lighting), and Moonstone.*

### VISTA WINDS TEAM

**Nora.....Executive Director**

**Samantha.....Wellness Director**

**Courtney.....Resident Care Coordinator**







**Mirek.....Maintenance Director**

**Barbara.....Activities Director**

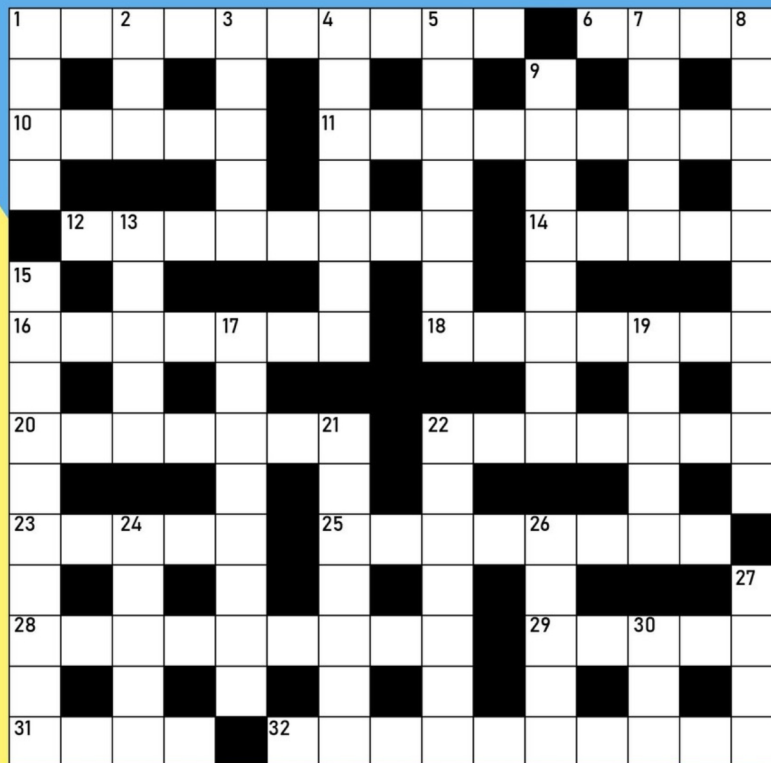
**Chelle.....Resident Enrichment  
Coordinator**

**Hailey .....Compliance Manager**



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<ul style="list-style-type: none"> <li>● 9:00am-10:00am Activity Room Fun</li> <li>● 10:30am-11:00am Chair Fitness, Hydration &amp; Snacks</li> <li>● 11:00am-11:30am National Nail Polish Day</li> <li>● 11:30am-12:00pm Sing Along To Your Favorite Songs on You Tube</li> <li>● 2:30pm-3:30pm Let's Explore Our Senses &amp; Read The Daily Chronicle</li> <li>● 3:30pm-4:30pm Bingo &amp; Snacks</li> <li>● 5:30pm-7:30pm Evening At the Movies</li> </ul>	<ul style="list-style-type: none"> <li>● 9:00am-10:00am Activity Room Fun</li> <li>● 11:30am-12:00pm Indoor Gardening</li> <li>● 1:30pm-2:30pm Tournament Practice (Volleyball)</li> <li>● 2:30pm-3:00pm White Board &amp; The Daily Chronicle &amp; Snacks</li> <li>● 3:00pm-3:30pm "In A Flash" ~ Memory Card Contest</li> <li>● 3:30pm-4:30pm Bingo</li> <li>● 5:30pm-7:30pm Evening At the Movies</li> </ul>	<ul style="list-style-type: none"> <li>● 9:00am-10:00am Activity Room Fun</li> <li>● 10:30am-11:00am Hot Seat Game - White Board Activity</li> <li>● 11:00am-12:00pm White Board &amp; Read The Daily Chronicle</li> <li>● 1:30pm-3:00pm Tournament Practice (Volleyball)</li> <li>● 2:00pm-3:00pm Pet Therapy with Lamby</li> <li>● 3:00pm-4:00pm Paint A Portrait</li> <li>● 4:00pm-4:30pm Bingo &amp; Snacks</li> <li>● 5:30pm-7:30pm Evening At the Movies</li> </ul>	<ul style="list-style-type: none"> <li>● 9:00am-10:00am Activity Room Fun</li> <li>● 10:00am-12:00pm We All Scream for Icecream Scenic Drive</li> <li>● 1:30pm-2:30pm Tournament Practice (Volleyball)</li> <li>● 2:30pm-3:30pm Thank You! Helen ~ Hospice of the West</li> <li>● 3:30pm-4:00pm White Board &amp; Read the Daily Chronicle</li> <li>● 4:00pm-4:30pm Bingo</li> <li>● 5:30pm-7:30pm Evening At the Movies</li> </ul>	<ul style="list-style-type: none"> <li>● 9:00am-10:00am Activity Room Fun</li> <li>● 10:00am-11:00am Catholic Communion Service</li> <li>● 11:00am-12:00pm White Board Fun</li> <li>● 1:00pm-1:30pm Hand Massages</li> <li>● 2:00pm-3:00pm AL Versus MS Volleyball Challenge</li> <li>● 3:30pm-4:00pm Let's Explore Our Senses &amp; Read The Daily Chronicle</li> <li>● 4:00pm-4:30pm Bingo</li> <li>● 5:30pm-7:30pm Evening At the Movies</li> </ul>	<ul style="list-style-type: none"> <li>● 9:00am-10:00am Activity Room Fun</li> <li>● 10:30am-11:00am Chair Fitness &amp; Hydration</li> <li>● 11:00am-12:00pm White Board ~ Lessons You Can Learn From the Bible &amp; Snacks</li> <li>● 1:00pm-1:30pm Water the Indoor Plants</li> <li>● 1:30pm-2:30pm Beachball Volleyball</li> <li>● 2:30pm-4:30pm Bingo</li> <li>● 5:30pm-7:30pm Enjoy Your Favorite Tv Shows</li> </ul>
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# CROSSWORD



## Across

- 1. Talkative person
- 6. Motorway off-ramp
- 10. Cathedral,... Dame
- 12. Ticketed
- 14. Japanese seaweed roll
- 16. Pieced with fork
- 18. Every evening
- 20. Annoyed
- 22. Nuclear process
- 23. Vanilla slice topping
- 25. Railway bridges
- 28. Take apart
- 29. Was gloomy
- 31. One-on-one fiht
- 32. Carry out (crime)

## Down

- 1. Dollar division
- 2. Appropriate
- 3. Here,... & everywhere
- 4. Overrun (with disease)
- 5. Continually (2,3,2)
- 7. Bone photos (1-4)
- 8. Giving evidence
- 9. Delivers (goods)
- 13. In existence
- 15. Tolerant (4-6)
- 17. Weight unit
- 19. Discredit (reputation)
- 21. Dedicated admirer
- 22. Sudden outburst (5-2)
- 24. Agenda item
- 26. Unfulfilled
- 27. Rim
- 30. Ham & ... soup