

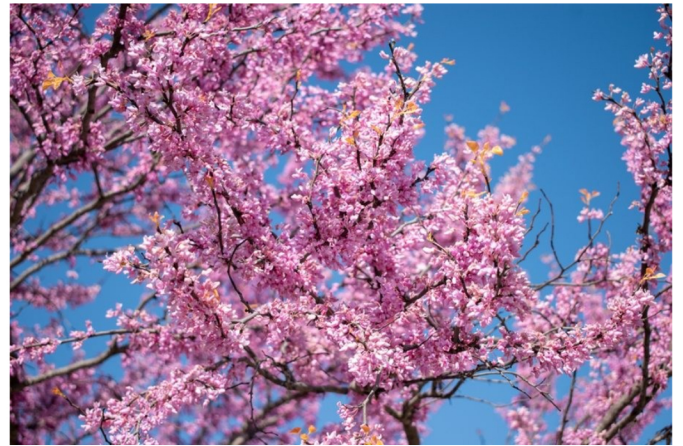
Vista Winds

Retirement Community

28783 N Vistancia Blvd | Peoria, AZ 85383 | 623-253-6690

MAY ~ 2026

May Flowers



Fun and Cultural Facts

May is sometimes considered unlucky for weddings, as reflected in the old rhyme “Marry in May and you’ll rue the day,” though it remains a popular month for weddings

MAY FUN QUOTES

“Spring is nature’s way of saying, ‘Let’s party!’”
– Robin Williams

“May, more than any other month of the year, wants us to feel most alive.”
– Fennel Hudson

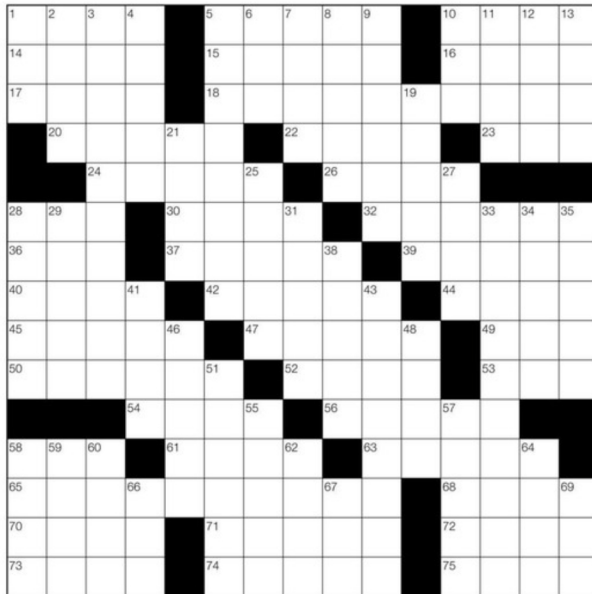
May: When your wardrobe is winter at 8 AM and summer by noon.

“Hello, May. May your troubles be less and your blessings be more, and nothing but happiness come through your door.”

VISTA WINDS TEAM

Nora.....Executive Director
Samantha.....Wellness Director
Courtney.....Resident Care Coordinator
Jeff.....Marketing Director
Mirek.....Maintenance Director
Barbara.....Activities Director
Chelle.....Resident Enrichment Coordinator
HaileyCompliance Manager

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					<ul style="list-style-type: none"> ● 10:00am-11:00am Catholic Communion Service ● 1:00pm-1:30pm Nails ~ Massage & Paint ● 1:30pm-2:30pm Hot Seat Game - White Board Activity ● 2:30pm-3:00pm Let's Explore Our Senses & Read The Daily Chronicle ● 3:00pm-3:30pm "In A Flash" ~ Memory Card Contest <div style="text-align: right;">1 </div>	<ul style="list-style-type: none"> ● 9:00am-11:00am Morning At The Movies ● 11:00am-12:00pm Beachball Volleyball ● 1:30pm-2:00pm Let's Explore Our Senses w/ The Daily Chronicle ● 2:00pm-2:30pm White Board Activity- Bible Lessons ● 2:30pm-4:00pm HOC Surprise Activity ● 4:00pm-4:30pm Charades ● 6:00pm-6:30pm <div style="text-align: right;">2 </div>
<ul style="list-style-type: none"> ● 9:30am-10:00am Puzzles & Magnetic Tiles ● 10:00am-10:30am Sunday Devotional with Les ● 10:30am-11:00am Chair Fitness ● 11:00am-11:30am Hydration & Snacks ● 11:30am-12:00pm Adult Coloring For Relaxation ● 2:30pm-3:00pm Let's Explore Our Senses & Read The Daily Chronicle <div style="text-align: right;">3 </div>	<ul style="list-style-type: none"> ● 9:30am-10:30am Sing Along To Your Favorite Songs on You Tube ● 10:30am-11:00am Chair Fitness ● 11:00am-11:30am Hydration & Snacks ● 11:30am-12:00pm Adult Coloring For Relaxation ● 1:00pm-3:00pm Star Wars ~ Movie Marathon ● 2:30pm-3:00pm Let's Explore Our Senses & Read The Daily Chronicle ● 3:00pm-4:30pm Bingo & Snacks <div style="text-align: right;">4 </div>	<ul style="list-style-type: none"> ● 9:00am-11:00am Enjoy A Morning At the Movies ● 11:00am-11:30am Intentional Movement ● 11:30am-12:00pm Whose The Fastest- Mixed Sock Contest ● 1:30pm-2:30pm Beachball Volleyball ● 2:30pm-3:00pm Let's Explore Our Senses & Read The Daily Chronicle ● 3:00pm-4:30pm Bingo & Snacks ● 5:30pm-6:00pm Walk & Roll Around the Courtyard <div style="text-align: right;">5 </div>	<ul style="list-style-type: none"> ● 9:00am-10:30am Enjoy Your Favorite Tv Shows ● 10:30am-11:00am Chair CARDIO & Hydration ● 11:00am-11:30am Lessons You Can Learn From the Bible & Snacks ● 11:30am-12:00pm Words In Words ~ White Board Activity ● 2:30pm-4:00pm Beachball Volleyball ● 4:00pm-4:30pm Comedy 1/2 Hour ~ LOL! ● 5:30pm-7:30pm Evening At the Movies <div style="text-align: right;">6 </div>	<ul style="list-style-type: none"> ● 9:00am-10:00am Enjoy Your Favorite Tv Shows ● 10:00am-12:00pm We All Scream for Icecream Scenic Drive ● 2:00pm-2:30pm The Daily Chronicle & Snacks ● 2:30pm-3:30pm Thank You! Helen ~ Hospice of the West ● 3:30pm-4:30pm Bingo & Snacks ● 5:30pm-6:00pm Enjoy the Spring Air After Dinner ● 6:00pm-7:30pm Movie & Popcorn <div style="text-align: right;">7 </div>	<ul style="list-style-type: none"> ● 9:00am-11:00am Morning Movie Mania ● 10:00am-11:00am Catholic Communion Service ● 1:00pm-1:30pm Nails ~ Massage & Paint ● 1:30pm-2:30pm Family Feud ● 2:30pm-3:00pm Let's Explore Our Senses & Read The Daily Chronicle ● 3:00pm-3:30pm Flashback 1940's ● 3:30pm-4:30pm Bingo & Donuts <div style="text-align: right;">8 </div>	<ul style="list-style-type: none"> ● 9:00am-11:00am Morning At The Movies ● 11:00am-12:00pm Beachball Volleyball ● 1:30pm-2:00pm Let's Explore Our Senses w/ The Daily Chronicle ● 2:00pm-2:30pm White Board Activity- Bible Lessons ● 2:30pm-4:00pm HOC Surprise Activity ● 4:00pm-4:30pm Tic Tac Toe ● 6:00pm-6:30pm <div style="text-align: right;">9 </div>
<ul style="list-style-type: none"> ● 9:30am-10:00am Puzzles & Magnetic Tiles ● 10:00am-10:30am Sunday Devotional with Les ● 10:30am-11:00am Chair Fitness ● 11:00am-11:30am Hydration & Snacks ● 11:30am-12:00pm Adult Coloring For Relaxation ● 2:30pm-3:00pm Let's Explore Our Senses & Read The Daily Chronicle ● 3:00pm-4:30pm Bingo & Snacks <div style="text-align: right;">10 </div>	<ul style="list-style-type: none"> ● 9:30am-10:30am Sing Along To Your Favorite Songs on You Tube ● 10:30am-11:00am Chair Fitness ● 11:00am-11:30am Hydration & Snacks ● 11:30am-12:00pm Adult Coloring For Relaxation ● 2:30pm-3:00pm Let's Explore Our Senses & Read The Daily Chronicle ● 3:00pm-4:30pm Bingo & Snacks ● 5:30pm-7:30pm Monday Night At The Movies <div style="text-align: right;">11 </div>	<ul style="list-style-type: none"> ● 9:00am-11:00am Enjoy A Morning At the Movies ● 11:00am-11:30am Chair Fitness ● 11:30am-12:00pm Boggle Word Whiteboard Game ● 1:30pm-2:30pm Beachball Volleyball ● 2:30pm-3:00pm Let's Explore Our Senses & Read The Daily Chronicle ● 3:00pm-4:30pm Bingo & Snacks ● 5:30pm-6:00pm <div style="text-align: right;">12 </div>	<ul style="list-style-type: none"> ● 9:00am-10:30am Enjoy Your Favorite Tv Shows ● 10:30am-11:00am Chair CARDIO & Hydration ● 11:00am-11:30am Lessons You Can Learn From the Bible & Snacks ● 11:30am-12:00pm Words In Words ~ White Board Activity ● 2:30pm-3:30pm Beachball Volleyball ● 3:30pm-4:30pm Bingo & Snacks ● 5:30pm-7:30pm Evening At the Movies <div style="text-align: right;">13 </div>	<ul style="list-style-type: none"> ● 9:00am-10:00am Enjoy Your Favorite Tv Shows ● 10:00am-12:00pm We All Scream for Icecream Scenic Drive ● 2:30pm-3:00pm Let's Explore Our Senses & Read The Daily Chronicle ● 3:00pm-3:30pm Empowering By Quotes ~ Group Discussion ● 3:30pm-4:30pm Bingo & Snacks ● 5:30pm-6:00pm Enjoy the Spring Air After Dinner <div style="text-align: right;">14 </div>	<ul style="list-style-type: none"> ● 9:00am-11:00am Morning Movie Mania ● 10:00am-11:00am Catholic Communion Service ● 1:00pm-1:30pm Nails ~ Massage & Paint ● 1:30pm-2:30pm Jeopardy ● 2:30pm-3:00pm Let's Explore Our Senses & Read The Daily Chronicle ● 3:00pm-3:30pm Flashback 1950's ● 3:30pm-4:30pm Bingo & Donuts <div style="text-align: right;">15 </div>	<ul style="list-style-type: none"> ● 9:00am-11:00am Morning At The Movies ● 11:00am-12:00pm Beachball Volleyball ● 1:30pm-2:00pm Let's Explore Our Senses w/ The Daily Chronicle ● 2:00pm-2:30pm White Board Activity- Bible Lessons ● 2:30pm-4:00pm HOC ~ MEMORY SUPPORT MONTHLY BIRTHDAY PARTY ● 4:00pm-4:30pm Music Therapy - KARAOKE <div style="text-align: right;">16 </div>
<ul style="list-style-type: none"> ● 9:30am-10:00am Puzzles & Magnetic Tiles ● 10:00am-10:30am Sunday Devotional with Les ● 10:30am-11:00am Chair Fitness ● 11:00am-11:30am Hydration & Snacks ● 11:30am-12:00pm Adult Coloring For Relaxation ● 2:30pm-3:00pm Let's Explore Our Senses & Read The Daily Chronicle ● 3:00pm-4:30pm Bingo & Snacks <div style="text-align: right;">17 </div>	<ul style="list-style-type: none"> ● 9:30am-10:30am Sing Along To Your Favorite Songs on You Tube ● 10:30am-11:00am Chair Fitness ● 11:00am-11:30am Hydration & Snacks ● 11:30am-12:00pm Adult Coloring For Relaxation ● 2:30pm-3:00pm Let's Explore Our Senses & Read The Daily Chronicle ● 3:00pm-4:30pm Bingo & Snacks ● 5:30pm-7:30pm Monday Night At The Movies <div style="text-align: right;">18 </div>	<ul style="list-style-type: none"> ● 9:00am-11:00am Enjoy A Morning At the Movies ● 11:00am-11:30am Chair Yoga Stretches ● 11:30am-12:00pm PARACHUTE ● 1:30pm-2:30pm Beachball Volleyball ● 2:30pm-3:00pm Let's Explore Our Senses & Read The Daily Chronicle ● 3:00pm-4:30pm Bingo & Snacks ● 5:30pm-6:00pm <div style="text-align: right;">19 </div>	<ul style="list-style-type: none"> ● 9:00am-10:30am Enjoy Your Favorite Tv Shows ● 10:30am-11:00am Chair CARDIO & Hydration ● 11:00am-11:30am Lessons You Can Learn From the Bible & Snacks ● 11:30am-12:00pm Words In Words ~ White Board Activity ● 2:30pm-3:30pm Beachball Volleyball ● 3:30pm-4:30pm Bingo & Snacks ● 5:30pm-7:30pm Evening At the Movies <div style="text-align: right;">20 </div>	<ul style="list-style-type: none"> ● 9:00am-10:00am Enjoy Your Favorite Tv Shows ● 10:00am-12:00pm We All Scream for Icecream Scenic Drive ● 2:30pm-3:00pm Let's Explore Our Senses & Read The Daily Chronicle ● 3:00pm-3:30pm Life Story Interviews ● 3:30pm-4:30pm Bingo & Snacks ● 5:30pm-6:00pm Enjoy the Spring Air After Dinner ● 6:00pm-7:30pm Movie & Popcorn <div style="text-align: right;">21 </div>	<ul style="list-style-type: none"> ● 9:00am-11:00am Morning Movie Mania ● 10:00am-11:00am Catholic Communion Service ● 1:00pm-1:30pm Nails ~ Massage & Paint ● 1:30pm-2:30pm Flower Arrangements ● 2:30pm-3:00pm Let's Explore Our Senses & Read The Daily Chronicle ● 3:00pm-3:30pm Flashback 1960's ● 3:30pm-4:30pm Bingo & Donuts <div style="text-align: right;">22 </div>	<ul style="list-style-type: none"> ● 9:00am-11:00am Morning At The Movies ● 11:00am-12:00pm Beachball Volleyball ● 1:30pm-2:00pm Let's Explore Our Senses w/ The Daily Chronicle ● 2:00pm-2:30pm White Board Activity- Bible Lessons ● 2:30pm-4:00pm HOC Surprise Activity ● 4:00pm-4:30pm Sing Along To Your Favorite Songs on You Tube ● 6:00pm-6:30pm <div style="text-align: right;">23 </div>
<ul style="list-style-type: none"> ● 9:30am-10:00am Puzzles & Magnetic Tiles ● 10:00am-10:30am Sunday Devotional with Les ● 10:30am-11:00am Chair Fitness ● 11:00am-11:30am Hydration & Snacks ● 11:30am-12:00pm Adult Coloring For Relaxation ● 2:30pm-3:00pm Let's Explore Our Senses & Read The Daily Chronicle ● 3:00pm-4:30pm Bingo & Snacks <div style="text-align: right;">24 </div>	<ul style="list-style-type: none"> ● 9:30am-10:30am Sing Along To Your Favorite Songs on You Tube ● 10:30am-11:00am Chair Fitness ● 11:00am-11:30am Hydration & Snacks ● 11:30am-12:00pm Adult Coloring For Relaxation ● 2:30pm-3:00pm Let's Explore Our Senses & Read The Daily Chronicle ● 3:00pm-4:30pm Bingo & Snacks ● 5:30pm-7:30pm Monday Night At The Movies <div style="text-align: right;">25 </div>	<ul style="list-style-type: none"> ● 9:00am-11:00am Enjoy A Morning At the Movies ● 11:00am-11:30am Strength Training with Dumbbells ● 11:30am-12:00pm Hydration & Snacks ● 1:30pm-2:30pm Beachball Volleyball ● 2:30pm-3:00pm Let's Explore Our Senses & Read The Daily Chronicle ● 3:00pm-4:30pm Bingo & Snacks ● 5:30pm-6:00pm <div style="text-align: right;">26 </div>	<ul style="list-style-type: none"> ● 9:00am-10:30am Enjoy Your Favorite Tv Shows ● 10:30am-11:00am Chair CARDIO & Hydration ● 11:00am-11:30am Lessons You Can Learn From the Bible & Snacks ● 11:30am-12:00pm Words In Words ~ White Board Activity ● 2:30pm-3:30pm Beachball Volleyball ● 3:30pm-4:30pm Bingo & Snacks ● 5:30pm-7:30pm Evening At the Movies <div style="text-align: right;">27 </div>	<ul style="list-style-type: none"> ● 9:00am-10:00am Enjoy Your Favorite Tv Shows ● 10:00am-12:00pm We All Scream for Icecream Scenic Drive ● 2:30pm-3:00pm Let's Explore Our Senses & Read The Daily Chronicle ● 3:00pm-3:30pm 50 States Memory Game - White Board Challenge ● 3:30pm-4:30pm Bingo & Snacks ● 5:30pm-6:00pm Enjoy the Spring Air After Dinner <div style="text-align: right;">28 </div>	<ul style="list-style-type: none"> ● 9:00am-11:00am Morning Movie Mania ● 10:00am-11:00am Catholic Communion Service ● 1:00pm-1:30pm Nails ~ Massage & Paint ● 1:30pm-2:30pm Indoor Gardening ● 2:30pm-3:00pm Let's Explore Our Senses & Read The Daily Chronicle ● 3:00pm-3:30pm Flashback 1970's ● 3:30pm-4:30pm Bingo & Donuts <div style="text-align: right;">29 </div>	<ul style="list-style-type: none"> ● 9:00am-11:00am Morning At The Movies ● 11:00am-12:00pm Beachball Volleyball ● 1:30pm-2:00pm Let's Explore Our Senses w/ The Daily Chronicle ● 2:00pm-2:30pm White Board Activity- Bible Lessons ● 2:30pm-4:00pm HOC Surprise Activity ● 4:00pm-4:30pm Quick Trivia Blast ● 6:00pm-6:30pm <div style="text-align: right;">30 </div>
<ul style="list-style-type: none"> ● 9:30am-10:00am Puzzles & Magnetic Tiles ● 10:00am-10:30am Sunday Devotional with Les ● 10:30am-11:00am Chair Fitness ● 11:00am-11:30am Hydration & Snacks ● 11:30am-12:00pm Adult Coloring For Relaxation ● 2:30pm-3:00pm Let's Explore Our Senses & Read The Daily Chronicle ● 3:00pm-4:30pm Bingo & Snacks <div style="text-align: right;">31 </div>	<p>ALL EVENTS ARE SUBJECT TO CHANGE</p>					



- 31 Nice extra
- 33 Introverted
- 34 Two-finger sign
- 35 British earldom
- 38 Fix, as a hem
- 41 Ivan IV, for one
- 43 Movie houses
- 46 Trail left by an animal
- 48 1/12 of a ruler
- 51 Annoy repeatedly
- 55 Holy city of Islam
- 57 Murders
- 58 Practice boxing
- 59 Like Shamu of SeaWorld
- 60 Lengthy
- 62 For men only
- 64 Kansas Lottery name
- 66 Golf peg
- 67 One of 61-across
- 69 Morning moisture

For or Against?

Across

- 1 Health resorts
- 5 Black and white animal
- 10 Recipe amt.
- 14 Thick piece
- 15 Blunder
- 16 ___ vera
- 17 Like some museums
- 18 Capitalized name or place
- 20 Shred
- 22 ___ good example (2 words)
- 23 Sandwich known by its initials
- 24 Mayo y junio
- 26 Religious faction
- 28 By way of
- 30 See 14-across
- 32 Mexican blanket
- 36 Picnic insect
- 37 Extreme hardship
- 39 Sand formations
- 40 Mongrel dog
- 42 Composition for nine
- 44 Greek H's
- 45 Word with some buttons
- 47 Japanese menu item
- 49 Solid water
- 50 Angel with six wings
- 52 Viewed
- 53 Gender synonym
- 54 Wander
- 56 Bananas

- 58 "Do re mi fa ___..."

- 61 Mine finds
- 63 Dense
- 65 Angle measurer
- 68 Wasn't truthful
- 70 Skin breakout
- 71 Spook
- 72 Narrow street
- 73 Vent violently
- 74 Savants
- 75 Like a sloth

Down

- 1 Doo-wop's ___ Na Na
- 2 Cat's sound
- 3 You can't touch this
- 4 Video chat company
- 5 The Hindenburg, e.g.
- 6 "To ___ is human"
- 7 Super Mario ___
- 8 Lassos
- 9 Ridges on ranges
- 10 Sunbather's goal
- 11 Formless lump
- 12 Type of mate or food
- 13 ___-up (confined)
- 19 Participated in a three-legged event
- 21 Cold War country (abbr.)
- 25 Kind of trees used for flour
- 27 Not made up
- 28 Improvises
- 29 Get used to