

# Vista Winds

Retirement Community

28783 N Vistancia Blvd | Peoria, AZ 85383 | 623-253-6690

## Staff Directory

Nora- Executive Director  
Samantha - Wellness Director  
Mirek Maintenance - Director  
Barbara - Activities Director  
Chelle - Resident Enrichment Coordinator  
Hailey - Compliance Manager  
Jeff - Marketing Manager  
Courtney - Resident Care Coordinator



## May Birthday's

**Josephine A. 5/26**

**Pat B. 5/13**

**Janice G. 5/9**

## Dining Room Hours

Breakfast.....7:30AM-9:30AM  
Lunch.....11:30AM-2:30PM  
Dinner.....4:00PM-6:30PM

## May 2026




### Important days in May

- \*The Empire State Building opened - May 1, 1931**
- \*Cinco de Mayo May 5**
- \*Mother's Day, May 10**
- \*Memorial Day May 25**
- \* May Day is May 1st**
- \* Star Wars Day, May 4**
- \* NASCAR Day May 19**
- \* Armed Forces Day, May 20**



# MAY 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>ALL EVENTS ARE SUBJECT TO CHANGE</b></p>					<ul style="list-style-type: none"> <li>● 9:00 Donuts &amp; Coffee</li> <li>● 9:30 Catholic Communion</li> <li>● 10:30 Bingo (Dime)</li> <li>● 1:00 Move to Music Chair Exercise (Video)</li> <li>● 6:00 Movie</li> </ul>	<ul style="list-style-type: none"> <li>● 9:30 Morning Stroll (Outside)</li> <li>● 10:30 Bingo (Dime) (Act. Room)</li> <li>● 2:00 Puzzles (Puzzle Room)</li> <li>● 3:00 Billiards Club (Billiards Room)</li> <li>● 6:00 Movie (Movie Room)</li> </ul>
<ul style="list-style-type: none"> <li>● 9:00 Morning Stroll (Outside)</li> <li>● 9:30 Sunday Devotions (Movie Room)</li> <li>● 1:00 Puzzles (Puzzle Room)</li> <li>● 2:00 Billiards Club (Billiards Room)</li> <li>● 6:00 Movie (Movie Room)</li> </ul>	<ul style="list-style-type: none"> <li>● 9:00 Chair Exercise (Act Room)</li> <li>● 10:30 Bingo (Dime) (Act Room)</li> <li>● 2:00 Herb Gardening (Act Room)</li> <li>● 3:00 Happy Hour (Act Room)</li> <li>● 6:00 Movie (Movie Room)</li> </ul>	<ul style="list-style-type: none"> <li>● 9:00 Morning Stroll (Outside)</li> <li>● 9:00 Walgreens Discount Day (Bus Outing)</li> <li>● 10:30 Bingo (Dime Resident Lead Act. Room)</li> <li>● 11:30 Macayo's (Bus Outing)</li> <li>● 1:30 Bingo (Dime with Ms. Sherrie Act. Room)</li> <li>● 3:00 Margarita's Happy Hour with Snacks</li> </ul>	<ul style="list-style-type: none"> <li>● 9:00 Chair Exercise (Act. Room)</li> <li>● 10:30 Bingo (Dime) (Act. Room)</li> <li>● 2:00 Singing and Dancing to 50's &amp; 60's Music (Act. Room)</li> <li>● 2:30 Greeting Card Making (Act. Room)</li> <li>● 6:00 Movie (Movie Room)</li> </ul>	<ul style="list-style-type: none"> <li>● 9:00 Morning Stroll (Outside)</li> <li>● 10:30 Bingo (Dime) (Act. Room)</li> <li>● 1:00 Safeway Shopping (Bus Outing)</li> <li>● 3:00 Happy Hour (Act. Room)</li> <li>● 6:00 Movie (Movie Room)</li> </ul>	<ul style="list-style-type: none"> <li>● 9:00 Donuts &amp; Coffee</li> <li>● 9:30 Catholic Communion</li> <li>● 10:30 Bingo (Dime)</li> <li>● 1:00 Move to Music Chair Exercise (Video)</li> <li>● 2:30 Mother's Day Tea (Act. Room)</li> <li>● 6:00 Movie</li> </ul>	<ul style="list-style-type: none"> <li>● 9:30 Morning Stroll (Outside)</li> <li>● 10:30 Bingo (Dime) (Act. Room)</li> <li>● 2:00 Kings In The Corner (Act Room)</li> <li>● 3:00 Billiards Club (Billiards Room)</li> <li>● 6:00 Movie (Movie Room)</li> </ul>
<ul style="list-style-type: none"> <li>● 9:00 Morning Stroll (Outside)</li> <li>● 9:30 Sunday Devotions (Movie Room)</li> <li>● 2:00 Puzzles (Puzzle Room)</li> <li>● 3:00 Billiards Club (Billiards Room)</li> <li>● 6:00 Movie (Movie Room)</li> </ul>	<ul style="list-style-type: none"> <li>● 9:00 Chair Exercise (Act. Room)</li> <li>● 10:30 Bingo (Dime) (Act. Room)</li> <li>● 2:00 Men vs Women USA History (Act. Room)</li> <li>● 3:00 Happy Hour (Act. Room)</li> <li>● 6:00 Movie (Movie Room)</li> </ul>	<ul style="list-style-type: none"> <li>● 9:00 Morning Stroll (Outside)</li> <li>● 10:30 Bingo (Dime) (Act. Room)</li> <li>● 11:30 Chilli's (Bus Outing)</li> <li>● 1:30 Bingo (Dime with Ms. Sherrie)</li> <li>● 3:00 Knitting Club (Act. Room)</li> <li>● 6:00 Movie (Movie Room)</li> </ul>	<ul style="list-style-type: none"> <li>● 9:00 Chair Exercise (Act. Room)</li> <li>● 10:30 Bingo (Dime) (Act. Room)</li> <li>● 2:00 Board Games (Act. Room)</li> <li>● 2:30 Men's Chat (Private Dining Room)</li> <li>● 6:00 Movie (Movie Room)</li> </ul>	<ul style="list-style-type: none"> <li>● 9:00 Morning Stroll (Outside)</li> <li>● 10:30 Bingo (Dime)</li> <li>● 1:00 Fry's Shopping (Bus Outing)</li> <li>● 3:00 Happy Hour (Act. Room)</li> <li>● 6:00 Movie (Movie Room)</li> </ul>	<ul style="list-style-type: none"> <li>● 9:00 Donuts &amp; Coffee</li> <li>● 9:30 Catholic Communion</li> <li>● 10:30 Bingo (Dime)</li> <li>● 1:00 Move to Music Chair Exercise (Video)</li> <li>● 6:00 Movie</li> </ul>	<ul style="list-style-type: none"> <li>● 9:30 Morning Stroll (Outside)</li> <li>● 10:30 Bingo (Dime)</li> <li>● 2:00 Puzzles (Puzzle Room)</li> <li>● 3:00 Billiards Club (Billiards Room)</li> <li>● 6:00 Movie (Movie Room)</li> </ul>
<ul style="list-style-type: none"> <li>● 9:00 Morning Stroll (Outside)</li> <li>● 9:30 Sunday Devotions (Movie Room)</li> <li>● 2:00 Billiards Club</li> <li>● 3:00 Puzzles (Puzzle Room)</li> <li>● 6:00 Movie (Movie Room)</li> </ul>	<ul style="list-style-type: none"> <li>● 9:00 Chair Exercise (Act. Room)</li> <li>● 10:30 Bingo (Dime) (Act. Room)</li> <li>● 2:00 Who Is That Baby? (Bring a Baby Picture By Thursday) (Act. Room)</li> <li>● 3:00 Happy Hour (Act. Room)</li> <li>● 6:00 Movie (Movie Room)</li> </ul>	<ul style="list-style-type: none"> <li>● 9:00 Morning Stroll (Outside)</li> <li>● 10:30 Bingo (Dime) (Act. Room)</li> <li>● 11:30 Pei Wei (Bus Outing)</li> <li>● 1:30 Bingo (Dime with Ms. Sherrie)</li> <li>● 1:30 Skechers Discount Shoes (Bus Outing)</li> <li>● 2:30 Board Games (Act. Room)</li> <li>● 6:00 Movie (Movie Room)</li> </ul>	<ul style="list-style-type: none"> <li>● 9:00 Chair Exercise (Act. Room)</li> <li>● 10:30 Bingo (Dime) (Act. Room)</li> <li>● 1:00 Board Games (Act. Room)</li> <li>● 3:00 Happy Hour (Act. Room)</li> <li>● 6:00 Movie (Movie Room)</li> </ul>	<ul style="list-style-type: none"> <li>● 9:00 Morning Stroll (Outside)</li> <li>● 10:30 Bingo (Dime) (Act. Room)</li> <li>● 1:00 Safeway Shopping (Bus Outing)</li> <li>● 3:00 Ellen Davis (Sing A Long, Dining Room)</li> <li>● 4:00 Family and Friends Night (Dining Room)</li> <li>● 6:00 Movie (Movie Room)</li> </ul>	<ul style="list-style-type: none"> <li>● 9:00 Chair Exercise</li> <li>● 9:00 Donuts &amp; Coffee</li> <li>● 9:30 Catholic Communion</li> <li>● 10:30 Bingo (Dime)</li> <li>● 1:00 Move to Music Chair Exercise ( Video)</li> <li>● 2:00 Residents Council Meeting</li> <li>● 6:00 Movie</li> </ul>	<ul style="list-style-type: none"> <li>● 9:30 Morning Stroll (Outside)</li> <li>● 10:30 Bingo (Dime)</li> <li>● 2:00 Board Games (Act. Room)</li> <li>● 3:00 Billiards Club (Billiards Room)</li> <li>● 6:00 Movie (Movie Room)</li> </ul>
<ul style="list-style-type: none"> <li>● 9:00 Morning Stroll (Outside)</li> <li>● 9:30 Sunday Devotions (Movie Room)</li> <li>● 2:00 Puzzles (Puzzle Room)</li> <li>● 3:00 Billiards Club (Billiards Room)</li> <li>● 6:00 Movie (Movie Room)</li> </ul>	<ul style="list-style-type: none"> <li>● 9:00 Chair Exercise (Act. Room)</li> <li>● 10:30 Bingo (Dime) (Act. Room)</li> <li>● 2:00 Art Project Self Portraits (Act. Room)</li> <li>● 3:00 Memorial Day Celebration (Act Room)</li> <li>● 6:00 Movie (Movie Room)</li> </ul>	<ul style="list-style-type: none"> <li>● 9:00 Morning Stroll (Outside)</li> <li>● 10:30 Bingo (Dime) (Act. Room)</li> <li>● 11:30 Mission Bar-B-Q (Bus Outing)</li> <li>● 1:30 Bingo (Dime with Ms. Sherrie)</li> <li>● 2:30 Board Games (Act. Room)</li> <li>● 6:00 Movie (Movie Room)</li> </ul>	<ul style="list-style-type: none"> <li>● 9:00 Chair Exercise (Act. Room)</li> <li>● 10:30 Bingo (Dime) (Act Room)</li> <li>● 1:00 Board Games (Act. Room)</li> <li>● 3:00 Happy Hour (Act. Room)</li> <li>● 6:00 Movie (Movie Room)</li> </ul>	<ul style="list-style-type: none"> <li>● 9:00 Morning Stroll (Outside)</li> <li>● 10:30 Bingo (Dime) (Act. Room)</li> <li>● 1:00 Safeway Shopping (Bus Outing)</li> <li>● 3:00 Monthly Birthday Party (Act. Room)</li> <li>● 6:00 Movie (Movie Room)</li> </ul>	<ul style="list-style-type: none"> <li>● 9:00 Chair Exercise</li> <li>● 9:00 Donuts &amp; Coffee</li> <li>● 9:30 Catholic Communion</li> <li>● 10:30 Bingo (Dime)</li> <li>● 1:00 Move to Music Chair Exercise (Video)</li> <li>● 2:00 Town Hall Meeting</li> <li>● 6:00 Movie</li> </ul>	<ul style="list-style-type: none"> <li>● 9:30 Morning Stroll</li> <li>● 10:30 Bingo (Dime)</li> <li>● 2:00 Puzzles</li> <li>● 3:00 Billiards Club</li> <li>● 6:00 Movie</li> </ul>
<ul style="list-style-type: none"> <li>● 9:00 Morning Stroll</li> <li>● 9:30 Sunday Devotions (Movie Room)</li> <li>● 2:30 Billiards Club (Billiards Room)</li> <li>● 3:30 Puzzle (Puzzle Room)</li> <li>● 6:00 Movie</li> </ul>						



# SPRING

Z	D	L	V	Y	Y	Z	Z	S	T	U	T	U	L	I	P	W	E	L	F	A
I	Q	K	A	N	W	B	B	P	Q	C	V	I	P	F	K	I	E	X	V	I
D	D	Q	E	D	H	X	R	R	T	F	L	I	O	U	Y	E	I	Q	I	Z
V	O	J	G	Z	Y	Z	G	O	W	I	A	I	R	Z	P	T	P	Q	P	X
A	W	I	B	A	E	B	J	U	B	B	T	T	D	L	E	A	F	B	U	D
U	R	S	G	L	R	E	U	T	P	L	Y	N	N	O	R	W	L	N	Y	P
N	P	I	X	L	G	N	R	G	U	O	H	G	I	X	F	S	C	Z	L	Q
S	F	B	P	E	D	I	L	B	D	O	I	H	A	P	S	F	B	T	F	V
Q	L	I	I	R	N	B	Q	E	D	M	R	B	R	A	M	U	A	Y	R	W
X	D	C	C	B	A	O	J	M	L	K	N	L	R	U	N	C	U	D	E	O
V	R	U	N	M	A	R	A	I	E	B	Q	G	U	N	B	J	P	W	T	B
U	T	X	I	U	E	A	J	T	R	Q	Q	F	Y	L	D	C	N	P	T	N
F	S	S	C	Y	W	M	N	G	A	Y	A	Z	R	H	N	P	A	G	U	I
K	R	E	W	O	L	F	G	N	I	P	R	I	H	C	O	I	G	E	B	A
D	U	C	K	L	I	N	G	I	N	I	G	M	G	M	C	E	L	N	P	R
S	E	E	D	L	I	N	G	R	B	J	N	G	N	O	S	D	R	I	B	R
N	L	V	Y	B	D	N	C	P	O	J	V	G	A	R	D	E	N	H	S	X
N	T	T	W	A	Q	Y	B	S	W	T	P	U	G	G	Y	F	M	S	L	U
I	B	H	M	O	S	S	O	L	B	J	S	V	I	O	L	E	T	N	Q	M
Z	U	A	B	T	C	F	G	W	O	D	A	E	M	B	F	X	N	U	N	O
T	T	W	G	D	V	Q	I	X	X	G	E	W	N	S	P	S	T	S	U	H

BIRDSONG  
BLOOM  
BLOSSOM  
BREEZE  
BUNNY  
BUTTERFLY  
CHIRPING  
DAFFODIL  
DUCKLING

GARDEN  
GRASS  
LADYBUG  
LEAFBUD  
MEADOW  
NEST  
PICNIC  
PUDDLE  
RAINBOW

RAINDROP  
ROBIN  
SEEDLING  
SPRINGTIME  
SPROUT  
SUNSHINE  
THAW  
TULIP  
UMBRELLA

