

Sedona Winds

Retirement Community

405 Jacks Canyon Road | Sedona, AZ 86351 | 928-284-1021

June 2026

"June is here, and the earth is blooming." – Unknown



June Facts & Fun

June's Birthstone is the Pearl
The official June flower is the Rose

The first Father's Day was celebrated in Spokane, Washington on June 19, 1910,

June's Full Moon is called the Strawberry Moon. Native Americans named it for marking the time of year when berries are harvested.

Flag Day commemorates the official adoption of the American Flag on June 4, 1777. It also celebrates the founding of the US Army in 1775.

June 19th, or "Juneteenth", is the celebration of Emancipation Day, originally on June 19, 1865. We celebrate FREEDOM on this day!

Happy Birthday to all the June Folks!!

Patricia Yacker.....	June 3
Linda Ball.....	June 7
Peter Fish.....	June 10
Bill Mevers.....	June 13
Jerry Austin.....	June 14
Jason Terrell (staff).....	June 16
Rick Nix.....	June 20
Evelyn Plapp.....	June 27
Traude Bauer.....	June 28

Also...Happy Anniversary to Roy & Sandy Olson! June 22nd

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<ul style="list-style-type: none"> ● 9:00 Walk About (L) ● 10:00 Fitness (AR) ● 10:45 Trivia Fun (AR) ● 11:00 Lunch - Savorinio's Italian (L) ● 1:00 Pinochle (OC) ● 2:00 Sound Bowl Healing w/Aime (AR) ● 3:00 Catholic Service (AR) 	<ul style="list-style-type: none"> ● 8:30 Coffee Club w/Will - Edward Jones (CA) ● 8:30 Morning Stretch (AR) ● 9:00 Walk About (L) ● 9:30 Current Events w/Russ (LI) ● 10:00 Village Van (L) ● 11:00 Bible Study (LI) ● 1:00 Card Bingo w/Norene (OC) 	<ul style="list-style-type: none"> ● 9:00 Walk About (L) ● 9:30 Sedona Van (L) ● 10:00 Fitness (AR) ● 10:45 Paws For A Cause w/Joni & Riley (AR) ● 11:00 A word to the Wise (AR) ● 12:00 Crafts w/Debbie (AR) ● 2:00 Bingo w/Will (AR) ● 2:30 Wine Down Weds. (CA) 	<ul style="list-style-type: none"> ● 8:30 Morning Stretch (AR) ● 9:00 Walk About (L) ● 9:30 Cottonwood Van (L) ● 12:30 Village Van (L) ● 1:00 Bowling on Wii (AR) ● 1:00 Pinochle (OC) ● 3:00 Historically Speaking w/Jimmy Miakawa (AR) ● 6:45 Bible Study (AR) 	<ul style="list-style-type: none"> ● 9:00 Walk About (L) ● 10:00 Fitness (AR) ● 10:30 Thrift Shopping-CTWD (L) ● 11:00 Being Mindful w/NAH-Carolyn (AR) ● 2:00 Meet & Greet Residents (AR) 	<ul style="list-style-type: none"> ● 10:00 Chair Yoga w/Susannah (AR) ● 11:00 Scenic Drive - Dry Creek & Red Rock Loop ● 1:00 Pinochle (OC) ● 2:00 Game Day - Learn to Play "Pegs & Jokers" (LI)
<ul style="list-style-type: none"> ● 10:00 Communion / Library (LI) ● 11:30 Sunday Brunch (DR) ● 1:30 Sunday Brunch (DR) ● 3:00 Matinee Movie (AR) 	<ul style="list-style-type: none"> ● 9:00 Walk About (L) ● 10:00 Fitness (AR) ● 10:45 Trivia Fun (AR) ● 11:00 Lunch @ Old Town Red Rooster (L) ● 12:00 Begin to Knit & Crochet w/Traude (AR) ● 1:00 Pinochle (OC) ● 3:00 Catholic Service (AR) 	<ul style="list-style-type: none"> ● 8:30 Morning Stretch (AR) ● 9:00 Technical Help w/Marcie (LI) ● 9:00 Walk About (L) ● 10:00 Village Van (L) ● 11:00 Bible Study (LI) ● 1:00 Card Bingo w/Nick (OC) 	<ul style="list-style-type: none"> ● 9:00 Walk About (L) ● 9:30 Sedona Van (L) ● 10:00 Fitness (AR) ● 11:00 Wellness Clinic w/Angel's (AR) ● 12:00 A Word to the Wise (AR) ● 2:00 Bingo w/Norene (AR) ● 3:00 Crafts - Potting Plants (AR) 	<ul style="list-style-type: none"> ● 8:30 Morning Stretch (AR) ● 9:00 Walk About (L) ● 9:30 Cottonwood Van (L) ● 11:00 Science for Seniors (AR) ● 12:30 Village Van (L) ● 1:00 Bowling on Wii (AR) ● 1:00 Pinochle (OC) ● 2:00 Music w/Robert Clark (AR) ● 6:45 Bible Study (AR) 	<ul style="list-style-type: none"> ● 9:00 Walk About (L) ● 10:00 Fitness (AR) ● 10:30 Shopping - Prescott (L) ● 11:30 Lunch Music w/Chantal (DR) ● 2:00 Would You Rather.... (AR) ● 5:30 Lowell Observatory (L) 	<ul style="list-style-type: none"> ● 10:00 Chair Yoga w/Susannah (AR) ● 1:00 Pinochle (OC) ● 2:00 Game Day - Learn to Play "Pegs & Jokers" (LI)
<ul style="list-style-type: none"> ● 10:00 Communion / Library (LI) ● 11:30 Sunday Brunch (DR) ● 1:30 Sunday Brunch (DR) ● 3:00 Matinee Movie (AR) 	<ul style="list-style-type: none"> ● 9:00 Walk About (L) ● 10:00 Fitness (AR) ● 10:45 Trivia Fun (AR) ● 11:00 Lunch @ White Horse Grill (L) ● 1:00 Pinochle (OC) ● 3:00 Catholic Service (AR) 	<ul style="list-style-type: none"> ● 8:30 Morning Stretch (AR) ● 9:00 Walk About (L) ● 9:30 Current Events w/Russ (LI) ● 10:00 Village Van (L) ● 11:00 Bible Study (LI) ● 1:00 Card Bingo w/Nick (OC) ● 2:00 Pool Party (P/P) ● 4:00 Dinner Music w/Kathi (DR) 	<ul style="list-style-type: none"> ● 9:00 Walk About (L) ● 9:30 Sedona Van (L) ● 10:00 Fitness (AR) ● 10:45 A Word to the Wise (AR) ● 12:00 Crafts w/Debbie (AR) ● 1:00 Healthy U-No. Az. w/Carolyn (AR) ● 2:00 Bingo w/Angel's, Kerry (AR) ● 2:30 Wine Down Weds. (CA) 	<ul style="list-style-type: none"> ● 8:30 Morning Stretch (AR) ● 9:00 Walk About (L) ● 9:30 Cottonwood Van (L) ● 11:00 Historically Speaking (AR) ● 12:30 Village Van (L) ● 1:00 Bowling on Wii (AR) ● 1:00 Pinochle (OC) ● 2:00 Birthday Concert w/Greg & Lisa (AR) 	<ul style="list-style-type: none"> ● 9:00 Walk About (L) ● 10:00 Fitness (AR) ● 10:30 Shopping - Flagstaff Mall (L) ● 2:00 Would You Rather.... (AR) 	<ul style="list-style-type: none"> ● 10:00 Chair Yoga w/Susannah (AR) ● 1:00 Pinochle (OC) ● 2:00 Game Day - Learn to Play "Pegs & Jokers" (LI)
<ul style="list-style-type: none"> ● 10:00 Communion / Library (LI) ● 11:30 Sunday Brunch (DR) ● 1:30 Sunday Brunch (DR) ● 3:00 Matinee Movie (AR) 	<ul style="list-style-type: none"> ● 9:00 Walk About (L) ● 10:00 Fitness (AR) ● 10:45 Trivia Fun (AR) ● 11:00 Lunch @ LaCasita - Camp Verde (L) ● 12:00 Begin to Knit & Crochet w/Traude (AR) ● 1:00 Pinochle (OC) ● 3:00 Catholic Service (AR) 	<ul style="list-style-type: none"> ● 8:30 Morning Stretch (AR) ● 9:00 Walk About (L) ● 10:00 Village Van (L) ● 11:00 Bible Study (LI) ● 1:00 Card Bingo w/Norene (OC) ● 2:00 Resident Council Meeting (AR) 	<ul style="list-style-type: none"> ● 9:00 Walk About (L) ● 9:30 Sedona Van (L) ● 10:00 Fitness (AR) ● 10:45 A Word to the Wise (AR) ● 2:00 Bingo w/Laura (AR) ● 4:00 Dinner Music w/Solomon (DR) 	<ul style="list-style-type: none"> ● 8:30 Morning Stretch (AR) ● 9:00 Walk About (L) ● 9:30 Cottonwood Van (L) ● 11:00 Science for Seniors (AR) ● 12:30 Village Van (L) ● 1:00 Bowling on Wii (AR) ● 1:00 Pinochle (OC) ● 6:45 Bible Study (AR) ● 7:30 Night Sky Party (L) 	<ul style="list-style-type: none"> ● 9:00 Walk About (L) ● 10:00 Fitness (AR) ● 10:30 Shopping--Sedona Village Shopping Ctr (L) ● 2:00 Would You Rather.... (AR) ● 3:00 Monthly Memories & Quilt Drawing (AR) 	<ul style="list-style-type: none"> ● 10:00 Chair Yoga w/Susannah (AR) ● 1:00 Pinochle (OC) ● 2:00 Game Day - Learn to Play "Pegs & Jokers" (LI)
<ul style="list-style-type: none"> ● 10:00 Communion / Library (LI) ● 11:30 Sunday Brunch (DR) ● 1:30 Sunday Brunch (DR) ● 3:00 Matinee Movie (AR) 	<ul style="list-style-type: none"> ● 9:00 Walk About (L) ● 10:00 Fitness (AR) ● 10:45 Trivia Fun (AR) ● 11:00 Lunch @ Babe's Roundtable - Camp Verde (L) ● 1:00 Pinochle (OC) ● 3:00 Catholic Service (AR) 	<ul style="list-style-type: none"> ● 8:30 Morning Stretch (AR) ● 9:00 Walk About (L) ● 10:00 Village Van (L) ● 11:00 Bible Study (LI) ● 1:00 Card Bingo w/Nick (OC) ● 2:00 FlagShakes Performance (AR) 				

June's Events!

Come join the fun!

Music Performances

Music Hour w/Robert Clark.....June 11th
Lunch Music w/Chantal.....June 12th
Dinner Music w/Kathi.....June 16th
Birthday Concert w/Greg & Lisa.....June 18th
Dinner Music w/Solomon.....June 24th

Health & Wellness

Walk About.....Mon-Fri
Fitness Classes.....Mon/Weds/Fri
Morning Stretch.....Tues/Thurs
Chair Yoga.....Saturdays
Soul Stretch w/Johanna.....Sundays
Wellness Clinic w/Angel's.....June 10th
Healthy U w/NAH.....June 26th

Special Events

Sound Bowl Education/Healing.... June 1st
Coffee Club w/Will.....June 2nd
Food & Wine Pairing.....June 3rd
Historically Speaking w/Resident:
 Jimmy Miakawa.....June 4th
Meet & Greet Residents.....June 5th
Lowell Observatory.....June 12th
Pool Party.....June 16th
Wine Down Weds.....June 17th
Resident Collaboration.....June 23rd
Night Sky Party.....June 25th
Monthly Memories & Drawing....June 26th

Flagstaff Shakespeare Festival Presents:
 FlagShakes Traveling Performance
 June 30th -- 2:00pm (AR)

Shopping Trips

Thrift Shopping-CTWD.....June 9th
Prescott Shopping.....June 12th
Flagstaff Mall.....June 19th
Sedona Village Shopping Ctr.....June 26th

Lunch Trips

Savarino's Italian Cafe.....June 1st
Old Town Red Rooster Cafe.....June 8th
White Horse Grill.....June 15th
LaCasita -Camp Verde.....June 22nd
Babe's Roundtable -CampVerde....June 29th

Come have some fun!

We have a variety of events for everyone to enjoy!