

# Chaparral Winds

Retirement Community

16623 N. West Point Parkway | Surprise, AZ 85374 | 623-975-0880

## Happy birthday



**Shirley K. – 2nd**  
**Ursula P. – 5th**  
**Karen S G. – 30th**

## Staff Directory

Lisa Wynn.....Executive Director  
Jessie Ahia.....Nurse  
Venessa Gutierrez.....RCC  
Holly Erickson.....Marketing Consultant  
Sylvia Gonzalez.....Community Liaison  
Annalisa Silva.....AL Activity Director  
Malena Falcon.....REC  
Chris Adams.....Maintenance Director  
Ashley Rodriguez.....Chef

## June 2026






### Insert Sub-header Here

Insert paragraph text here.

Insert paragraph text here.

### Insert Sub-header Here

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<b>9:00</b> Bible Study with Tony <b>1</b> <b>10:00</b> Bingo with David <b>11:00</b> Bobbies Cafe lunch outing <b>2:00</b> Trivia <b>2:30</b> Chair Exercise With Weights <b>3:15</b> Relaxing Art & Music <b>6:00</b> Light Stretching & Meditation	<b>9:00</b> 5K <b>2</b> <b>10:00</b> Gardening <b>1:00</b> Sip & Paint <b>2:00</b> Pet Therapy with Rosie (HOW) <b>3:00</b> Wii Bowling <b>6:00</b> Movie & Popcorn	<b>9:00</b> Donuts & Coffee <b>3</b> <b>10:00</b> Bingo with Dianne <b>12:00</b> Manicures <b>1:00</b> Puzzles <b>2:00</b> Mindful Music & Movement with Darlene <b>3:00</b> Armchair Travel <b>6:00</b> Light Stretching & Meditation	<b>10:00</b> Chair Excercise <b>4</b> <b>2:00</b> Bingo <b>5:00</b> Relaxing Art & Music <b>6:00</b> Movie & Popcorn
<b>9:00</b> Chair Excercise <b>5</b> <b>10:00</b> Bingo <b>1:00</b> Scrabble <b>3:00</b> Name That tune <b>6:00</b> Puzzles	<b>9:45</b> This Week in History <b>6</b> <b>10:00</b> Bingo <b>12:30</b> Puzzles <b>1:00</b> Exercise with Jessica <b>2:30</b> Brain Aerobics <b>3:00</b> Wii Bowling <b>6:00</b> Light Stretching & Mediation	<b>9:00</b> 5K <b>7</b> <b>10:00</b> Wii Bowling <b>12:30</b> Chair Excercise <b>1:00</b> Activity Store <b>2:00</b> Entertainment & Happy Hour (Julius A) <b>3:00</b> Manicures <b>6:00</b> Movie & Popcorn	<b>9:00</b> Bible Study with Tony <b>8</b> <b>10:00</b> Bingo with David <b>11:00</b> Rio Mirage lunch outing <b>2:00</b> Trivia <b>2:30</b> Chair Drumming Exercise <b>3:15</b> Relaxing Art & Music <b>6:00</b> Light Stretching & Meditation	<b>9:00</b> 5K <b>9</b> <b>10:00</b> Gardening <b>12:00</b> Scrabble <b>1:00</b> Arts & Crats <b>2:30</b> Chair Zumba <b>3:00</b> Wii Bowling <b>6:00</b> Movie & Popcorn	<b>9:00</b> Donuts & Coffee <b>10</b> <b>10:00</b> Bingo with Dianne <b>12:00</b> October Birthday lunch <b>1:00</b> Manicures <b>2:00</b> Matinee Movie & Popcorn <b>6:00</b> Light Stretching & Meditation	<b>10:00</b> Chair Excercise <b>11</b> <b>2:00</b> Bingo <b>5:00</b> Relaxing Art & Music <b>6:00</b> Movie & Popcorn
<b>9:00</b> Chair Excercise <b>12</b> <b>10:00</b> Bingo <b>1:00</b> Scrabble <b>6:00</b> Puzzles	<b>9:45</b> This Week in History <b>13</b> <b>10:00</b> Bingo <b>12:30</b> Puzzles <b>1:00</b> Phoenix symphony string quartet <b>2:30</b> Brain Aerobics <b>3:00</b> Wii Bowling <b>6:00</b> Light Stretching & Mediation	<b>9:00</b> 5K <b>14</b> <b>10:00</b> Wii Bowling <b>12:30</b> Chair Excercise <b>1:00</b> Activity Store <b>2:00</b> Veterans Coffee <b>3:00</b> Manicures <b>6:00</b> Movie & Popcorn	<b>9:00</b> Bible Study with Tony <b>15</b> <b>10:00</b> Bingo with David <b>11:00</b> Red Lobster lunch outing <b>2:30</b> Chair Exercise With Weights <b>3:15</b> Relaxing Art & Music <b>6:00</b> Light Stretching & Meditation	<b>9:00</b> 5K <b>16</b> <b>10:00</b> Gardening <b>12:00</b> Root beer floats <b>2:00</b> Pet Therapy with Rosie (HOW) <b>2:30</b> Chair Zumba <b>3:00</b> Wii Bowling <b>6:00</b> Movie & Popcorn	<b>9:00</b> Donuts & Coffee <b>17</b> <b>10:00</b> Bingo with Dianne <b>12:00</b> Manicures <b>1:00</b> Puzzles <b>2:00</b> Mindful Music & Movement with Darlene <b>3:00</b> Armchair Travel <b>6:00</b> Light Stretching & Meditation	<b>10:00</b> Chair Excercise <b>18</b> <b>2:00</b> Bingo <b>5:00</b> Relaxing Art & Music <b>6:00</b> Movie & Popcorn
<b>9:00</b> Chair Excercise <b>19</b> <b>10:00</b> Bingo <b>1:00</b> Scrabble <b>6:00</b> Puzzles	<b>9:45</b> This Week in History <b>20</b> <b>10:00</b> Bingo <b>12:30</b> Puzzles <b>1:00</b> Exercise with Jessica <b>2:30</b> Brain Aerobics <b>3:00</b> Wii Bowling <b>6:00</b> Light Stretching & Meditation	<b>9:00</b> 5K <b>21</b> <b>10:00</b> Wii Bowling <b>12:30</b> Chair Excercise <b>1:00</b> Activity Store <b>2:00</b> Entertainment (Jeff S) <b>3:00</b> Manicures <b>6:00</b> Movie & Popcorn	<b>9:00</b> Bible Study with Tony <b>22</b> <b>10:00</b> Bingo with David <b>2:30</b> Chair Drumming Exercise <b>3:15</b> Relaxing Art & Music <b>6:00</b> Light Stretching & Meditation	<b>9:00</b> 5K <b>23</b> <b>10:00</b> Gardening <b>1:00</b> Snow Cone Cart <b>2:30</b> Chair Zumba <b>4:00</b> Pick & Paint Pumpkin Party <b>6:00</b> Movie & Popcorn	<b>9:00</b> Donuts & Coffee <b>24</b> <b>10:00</b> Bingo with Dianne <b>12:00</b> Manicures <b>1:00</b> Puzzles <b>3:00</b> Armchair Travel <b>6:00</b> Light Stretching & Meditation	<b>10:00</b> Chair Excercise <b>25</b> <b>2:00</b> Bingo <b>5:00</b> Relaxing Art & Music <b>6:00</b> Movie & Popcorn
<b>9:00</b> Chair Excercise <b>26</b> <b>10:00</b> Bingo <b>1:00</b> Scrabble <b>6:00</b> Puzzles	<b>9:45</b> This Week in History <b>27</b> <b>10:00</b> Bingo <b>12:30</b> Puzzles <b>1:00</b> Exercise with Jessica <b>1:30</b> Arts & Crafts with Helen (HOW) <b>2:30</b> Brain Aerobics <b>3:00</b> Wii Bowling <b>6:00</b> Light Stretching & Meditation	<b>9:00</b> 5K <b>28</b> <b>10:00</b> Wii Bowling <b>12:30</b> Chair Excercise <b>1:00</b> Activity Store <b>3:00</b> Manicures <b>6:00</b> Movie & Popcorn	<b>9:00</b> Bible Study with Tony <b>29</b> <b>10:00</b> Bingo with David <b>2:30</b> Chair Exercise With Weights <b>3:15</b> Relaxing Art & Music <b>6:00</b> Light Stretching & Meditation	<b>9:00</b> 5K <b>30</b> <b>10:00</b> Gardening <b>2:00</b> Pet Therapy with Rosie (HOW) <b>2:30</b> Chair Zumba <b>3:00</b> Wii Bowling <b>6:00</b> Movie & Popcorn	<b>9:00</b> Donuts & Coffee <b>31</b> <b>10:00</b> Bingo with Dianne <b>11:30</b> Spooktacular BBQ <b>6:00</b> Light Stretching & Meditation	