

# Chaparral Winds

Retirement Community

16629 N. West Point Parkway | Surprise, AZ 85374 | 623-975-0880

## Happy Birthday!



Natalie 5/3

## Staff Directory

Lisa Wynn.....Executive Director  
Jessie Ahia.....Nurse  
Venessa Gutierrez.....RCC  
Holly Erickson.....Marketing Consultant  
Sylvia Gonzalez.....Community Liaison  
Annalisa Silva.....AL Activity Director  
Malena Falcon.....REC  
Chris Adams.....Maintenance Director  
Ashley Rodriguez.....Chef

## May 2026

Please join us for

# Mother's Day






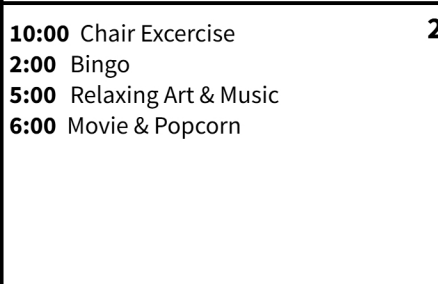






TEA PARTY



**MAY 09 | AT 1:30 PM**  
AL Dining Room

**RSVP to Front Desk  
by May 8th  
at 623-975-0880**

Mother's Day as we know it today began in the early 20th century thanks to Anna Jarvis, who wanted to honor her own mother and all mothers for their love and sacrifices. She organized the first official celebration in 1908 in West Virginia.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						
<p><b>9:00</b> Chair Exercise <b>3</b></p> <p><b>10:00</b> Bingo</p> <p><b>1:00</b> Scrabble</p> <p><b>6:00</b> Puzzles</p>	<p><b>9:45</b> Stretching <b>4</b></p> <p><b>10:00</b> Bingo</p> <p><b>12:00</b> Puzzles</p> <p><b>1:00</b> Exercise with Jessica</p> <p><b>2:30</b> Brain Aerobics</p> <p><b>3:00</b> Wii Bowling</p> <p><b>6:00</b> Light Stretching &amp; Meditation</p>	<p><b>9:00</b> 5K <b>5</b></p> <p><b>10:00</b> Bingo</p> <p><b>12:30</b> Chair Exercise</p> <p><b>1:00</b> Cinco de Mayo social</p> <p><b>2:15</b> Brain Aerobics</p> <p><b>3:00</b> Manicures</p> <p><b>6:00</b> Movie &amp; Popcorn</p>	<p><b>9:00</b> Bible Study with Tony <b>6</b></p> <p><b>10:00</b> Bingo with David</p> <p><b>11:00</b> Amigos lunch outing</p> <p><b>2:30</b> Chair Drumming Exercise</p> <p><b>3:15</b> Relaxing Art &amp; Music</p> <p><b>6:00</b> Light Stretching &amp; Meditation</p>	<p><b>9:00</b> 5K <b>7</b></p> <p><b>10:00</b> Gardening</p> <p><b>1:00</b> Sip &amp; Paint</p> <p><b>2:30</b> Chair Zumba</p> <p><b>3:00</b> Wii Bowling</p> <p><b>6:00</b> Movie &amp; Popcorn</p>	<p><b>9:00</b> Donuts &amp; Coffee <b>8</b></p> <p><b>10:00</b> Bingo with Dianne</p> <p><b>12:00</b> Manicures</p> <p><b>1:30</b> Mothers Day Tea</p> <p><b>3:00</b> Armchair Travel</p> <p><b>6:00</b> Light Stretching &amp; Meditation</p>	<p><b>10:00</b> Chair Exercise <b>9</b></p> <p><b>2:00</b> Bingo</p> <p><b>5:00</b> Relaxing Art &amp; Music</p> <p><b>6:00</b> Movie &amp; Popcorn</p>
<p><b>9:00</b> Chair Exercise <b>10</b></p> <p><b>10:00</b> Bingo</p> <p><b>1:00</b> Scrabble</p> <p><b>6:00</b> Puzzles</p>	<p><b>9:45</b> Stretching <b>11</b></p> <p><b>10:00</b> Bingo</p> <p><b>12:00</b> Puzzles</p> <p><b>1:00</b> Exercise with Jessica</p> <p><b>2:30</b> Brain Aerobics</p> <p><b>3:00</b> Wii Bowling</p> <p><b>6:00</b> Light Stretching &amp; Meditation</p>	<p><b>9:00</b> 5K <b>12</b></p> <p><b>10:00</b> Bingo</p> <p><b>12:30</b> Chair Exercise</p> <p><b>1:00</b> Activity Store</p> <p><b>2:00</b> Veterans Coffee</p> <p><b>3:00</b> Manicures</p> <p><b>6:00</b> Movie &amp; Popcorn</p>	<p><b>9:00</b> Bible Study with Tony <b>13</b></p> <p><b>10:00</b> Bingo with David</p> <p><b>11:00</b> Fazolis lunch outing</p> <p><b>2:30</b> Chair Exercise With Weights</p> <p><b>3:15</b> Relaxing Art &amp; Music</p> <p><b>6:00</b> Light Stretching &amp; Meditation</p>	<p><b>9:00</b> 5K <b>14</b></p> <p><b>10:00</b> Gardening</p> <p><b>12:15</b> Rootbeer Float social</p> <p><b>2:00</b> Pet Therapy with Rosie (HOW)</p> <p><b>3:00</b> Wii Bowling</p> <p><b>6:00</b> Movie &amp; Popcorn</p>	<p><b>9:00</b> Donuts &amp; Coffee <b>15</b></p> <p><b>10:00</b> Bingo with Dianne</p> <p><b>12:00</b> Manicures</p> <p><b>1:00</b> Puzzles</p> <p><b>3:00</b> Armchair Travel</p> <p><b>6:00</b> Light Stretching &amp; Meditation</p>	<p><b>10:00</b> Chair Exercise <b>16</b></p> <p><b>2:00</b> Bingo</p> <p><b>5:00</b> Relaxing Art &amp; Music</p> <p><b>6:00</b> Movie &amp; Popcorn</p>
<p><b>9:00</b> Chair Exercise <b>17</b></p> <p><b>10:00</b> Bingo</p> <p><b>1:00</b> Scrabble</p> <p><b>6:00</b> Puzzles</p>	<p><b>9:45</b> Stretching <b>18</b></p> <p><b>10:00</b> Bingo</p> <p><b>12:00</b> Puzzles</p> <p><b>1:00</b> Exercise with Jessica</p> <p><b>1:45</b> Arts &amp; Crafts with Kharissa</p> <p><b>3:00</b> Wii Bowling</p> <p><b>6:00</b> Light Stretching &amp; Meditation</p>	<p><b>9:00</b> 5K <b>19</b></p> <p><b>10:00</b> Bingo</p> <p><b>1:30</b> Chair Volleyball</p> <p><b>2:30</b> Brain Aerobics</p> <p><b>3:00</b> Manicures</p> <p><b>6:00</b> Movie &amp; Popcorn</p>	<p><b>9:00</b> Bible Study with Tony <b>20</b></p> <p><b>10:00</b> Bingo with David</p> <p><b>11:00</b> State 48 lunch outing</p> <p><b>2:30</b> Chair Drumming Exercise</p> <p><b>3:15</b> Relaxing Art &amp; Music</p> <p><b>6:00</b> Light Stretching &amp; Meditation</p>	<p><b>9:00</b> 5K <b>21</b></p> <p><b>10:00</b> Gardening</p> <p><b>12:00</b> Snow cone cart</p> <p><b>1:00</b> Bug Out</p> <p><b>2:00</b> Entertainment (Joey S)</p> <p><b>3:00</b> Wii Bowling</p> <p><b>6:00</b> Movie &amp; Popcorn</p>	<p><b>9:00</b> Donuts &amp; Coffee <b>22</b></p> <p><b>10:00</b> Bingo with Dianne</p> <p><b>12:00</b> Manicures</p> <p><b>1:00</b> Puzzles</p> <p><b>2:00</b> Music &amp; Movement with Darlene</p> <p><b>3:00</b> Armchair Travel</p> <p><b>6:00</b> Light Stretching &amp; Meditation</p>	<p><b>10:00</b> Chair Exercise <b>23</b></p> <p><b>2:00</b> Bingo</p> <p><b>5:00</b> Relaxing Art &amp; Music</p> <p><b>6:00</b> Movie &amp; Popcorn</p>
<p><b>9:00</b> Chair Exercise <b>24</b></p> <p><b>10:00</b> Bingo</p> <p><b>1:00</b> Scrabble</p> <p><b>6:00</b> Puzzles</p>		<p><b>9:00</b> 5K <b>26</b></p> <p><b>10:00</b> Bingo</p> <p><b>12:30</b> Chair Exercise</p> <p><b>1:00</b> Activity Store</p> <p><b>2:15</b> Brain Aerobics</p> <p><b>3:00</b> Manicures</p> <p><b>6:00</b> Movie &amp; Popcorn</p>	<p><b>9:00</b> Bible Study with Tony <b>27</b></p> <p><b>10:00</b> Bingo with David</p> <p><b>11:00</b> Taco Bell Lunch outing</p> <p><b>2:30</b> Chair Exercise With Weights</p> <p><b>3:15</b> Relaxing Art &amp; Music</p> <p><b>6:00</b> Light Stretching &amp; Meditation</p>	<p><b>9:00</b> 5K <b>28</b></p> <p><b>10:00</b> Gardening</p> <p><b>12:30</b> Snow cone cart</p> <p><b>1:00</b> Arts &amp; Crafts</p> <p><b>2:00</b> Pet Therapy with Rosie (HOW)</p> <p><b>3:00</b> Wii Bowling</p> <p><b>6:00</b> Movie &amp; Popcorn</p>	<p><b>9:00</b> Donuts &amp; Coffee <b>29</b></p> <p><b>10:00</b> Bingo with Dianne</p> <p><b>12:00</b> Manicures</p> <p><b>1:00</b> Puzzles</p> <p><b>2:00</b> Mindful Music &amp; Movement with Darlene</p> <p><b>3:00</b> Armchair Travel</p> <p><b>6:00</b> Light Stretching &amp; Meditation</p>	<p><b>10:00</b> Chair Exercise <b>30</b></p> <p><b>2:00</b> Bingo</p> <p><b>5:00</b> Relaxing Art &amp; Music</p> <p><b>6:00</b> Movie &amp; Popcorn</p>
<p><b>9:00</b> Chair Exercise <b>31</b></p> <p><b>10:00</b> Bingo</p> <p><b>1:00</b> Scrabble</p> <p><b>6:00</b> Puzzles</p>						

Name: \_\_\_\_\_ Date: \_\_\_\_\_

**DIRECTIONS:**  
Find and circle the  
vocabulary words  
in the grid. Look  
for them in all  
directions including  
backwards and  
diagonally.

# Memorial Day

## Word Search

AMERICAN  
ANTHEM  
CEMETERY  
CEREMONY  
COMMEMORATE  
DECORATION  
FALLEN  
FLAGS  
FLOWERS  
FREEDOM  
GRAVE



HALF MAST	REMEMBRANCE
HEROES	SACRIFICE
HOLIDAY	SALUTE
HONOR	SERVICE
MAY	SOLDIERS
MEMORIAL	TAPS
OBSERVANCE	VETERANS
PATRIOTIC	WAR