

Vista Winds

Retirement Community

28783 N Vistancia Blvd | Peoria, AZ 85383 | 623-253-6690

APRIL 2026

“April, the month of blossoms, brings hope and joy to all.” – Unknown



MAY FUN FACTS



April is the only month where it's socially acceptable to make a fool of someone.

The cherry blossom trees in Washington D.C. typically reach their peak bloom in early April.

April showers bring May flowers, but they also bring mud and puddles.

The birth flower for April is the daisy, which symbolizes innocence and purity.

April 26 is celebrated as National Pretzel Day in the United States.

April is National Grilled Cheese Month in the United States.



April is the fourth month of the year, known for spring renewal, meteor showers, and cultural celebrations worldwide.

Its name likely comes from the Latin word “aperire,” meaning “to open,” symbolizing the blossoming of flowers and trees in spring.

VISTA WINDS TEAM

Nora.....Executive Director

Samantha.....Wellness Director

Courtney.....Resident Care Coordinator

Jeff.....Marketing Director




Mirek.....Maintenance Director

Barbara.....Activities Director

Chelle.....Resident Enrichment Coordinator

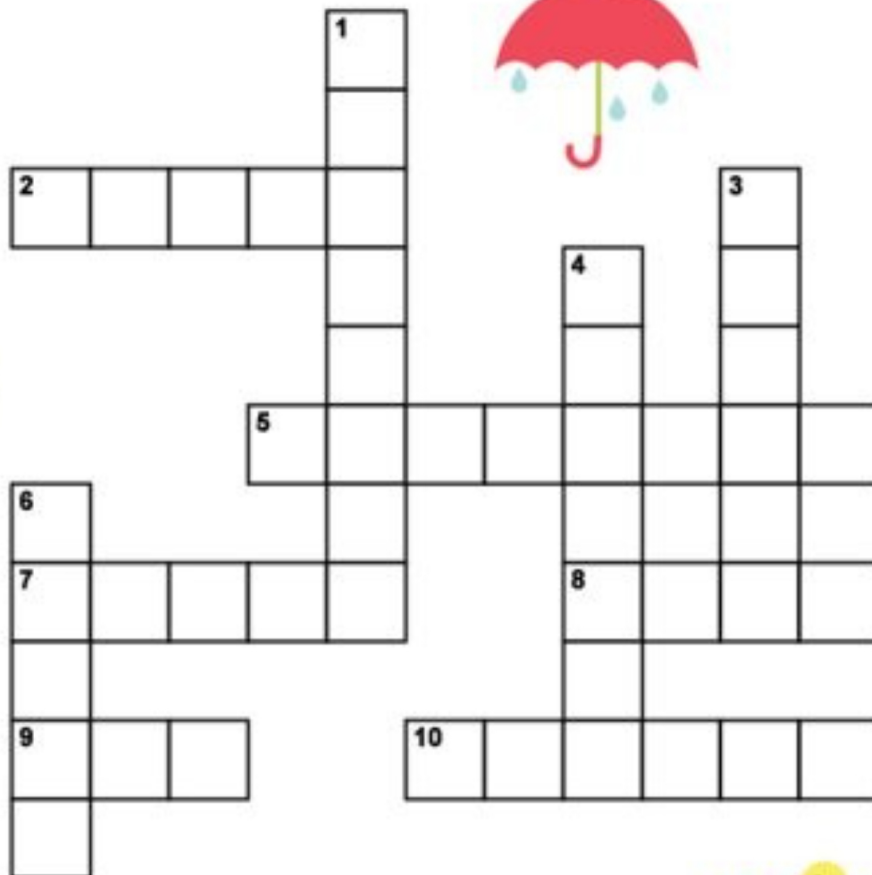
Evelyn.....Culinary Director

HaileyCompliance Manager

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p>BIRTHDAYS</p> <p>SHARON DOLORES</p>		<ul style="list-style-type: none"> ● 9:00am Enjoy Your Favorite Tv Shows ● 10:00am Chair Fitness & Hydration ● 10:30am Lessons You Can Learn From the Bible & Snacks ● 11:00am White Board Activity ● 11:30am Let's Explore Our Senses & Read The Daily Chronicle ● 2:30pm Walking Club ● 3:00pm Bingo & Snacks ● 5:30pm Evening At the Movies 	<ul style="list-style-type: none"> ● 9:00am Enjoy Your Favorite Tv Shows ● 10:00am Chair Fitness ● 10:30am Hydration & Snacks w/ Life Interviews ● 11:00am Let's Explore Our Senses & Read The Daily Chronicle ● 11:30am White Board Activity ● 2:00pm Pet Therapy with Lamby ● 2:30pm Wooden Egg Decorating with Helen ● 3:30pm Bingo & Snacks ● 5:30pm Evening At the Movies 	<ul style="list-style-type: none"> ● 9:00am Enjoy Your Favorite Tv Shows ● 10:00am Catholic Communion Service ● 10:00am Let's Explore Our Senses & Read The Daily Chronicle ● 10:30am White Board Activity ● 11:00am Sing Along To Your Favorite Songs ● 11:30am Music Therapy - Practice on a Electronic Keyboard ● 2:30pm Beachball Volleyball ● 3:30pm Bingo & Snacks ● 5:30pm Evening At the Movies 	<ul style="list-style-type: none"> ● 9:00am Chair Fitness & Hydration ● 10:00am Let's Explore Our Senses & Read The Daily Chronicle ● 11:00am Whiteboard & Snacks ● 2:30pm HOC Surprise Activity ● 3:30pm Bingo & Snacks ● 5:30pm Evening At the Movies
<ul style="list-style-type: none"> ● 9:00am Enjoy Your Favorite Tv Shows ● 10:00am Sunday Devotional with Les ● 10:30am Chair Fitness ● 11:00am Hydration & Snacks ● 11:30am Puzzles & Magnetic Tiles ● 2:00pm UNO ● 2:30pm Let's Explore Our Senses & Read The Daily Chronicle ● 3:30pm Bingo & Snacks ● 5:30pm Evening At the Movies 	<ul style="list-style-type: none"> ● 9:00am Enjoy Your Favorite Tv Shows ● 10:30am Chair Fitness ● 11:00am Hydration & Snacks ● 11:30am Puzzles & Magnetic Tiles ● 2:00pm UNO ● 2:30pm Let's Explore Our Senses & Read The Daily Chronicle ● 3:30pm Bingo & Snacks ● 5:30pm Evening At the Movies 	<ul style="list-style-type: none"> ● 9:00am Enjoy Your Favorite Tv Shows ● 10:00am Chair Fitness & Hydration ● 10:30am The Daily Chronicle & Snacks ● 11:00am White Board Activity ● 11:30am Hand Massages & Nails ● 2:30pm Tic Tac Toe Balloon In a Bucket ● 3:00pm Bingo & Snacks ● 5:30pm Evening At the Movies 	<ul style="list-style-type: none"> ● 9:00am Enjoy Your Favorite Tv Shows ● 10:00am Chair Fitness & Hydration ● 10:30am Lessons You Can Learn From the Bible & Snacks ● 11:00am White Board Activity ● 11:30am Let's Explore Our Senses & Read The Daily Chronicle ● 2:30pm Walking Club ● 3:00pm Bingo & Snacks ● 5:30pm Evening At the Movies 	<ul style="list-style-type: none"> ● 9:00am Enjoy Your Favorite Tv Shows ● 10:00am Scenic Drive ● 2:00pm Pet Therapy with Lamby ● 2:30pm Let's Explore Our Senses & Read The Daily Chronicle ● 3:00pm White Board Activity ● 3:30pm Bingo & Snacks ● 5:30pm Evening At the Movies 	<ul style="list-style-type: none"> ● 9:00am Enjoy Your Favorite Tv Shows ● 10:00am Catholic Communion Service ● 10:00am Let's Explore Our Senses & Read The Daily Chronicle ● 10:30am White Board Activity ● 11:00am Corn Hole ● 11:30am LOL - Comedy 1/2 Hour ● 2:00pm Beachball Volleyball ● 4:30pm Music Therapy - Randolph Live ! ● 5:30pm Evening At the Movies 	<ul style="list-style-type: none"> ● 9:00am Morning At The Movies ● 11:00am Chair Fitness & Hydration ● 11:30am Whiteboard - Lessons You Can Learn & Snacks ● 2:00pm Let's Explore Our Senses & Read The Daily Chronicle ● 2:30pm HOC Surprise Activity ● 3:30pm Bingo & Snacks ● 5:30pm Evening At the Movies
<ul style="list-style-type: none"> ● 9:00am Enjoy Your Favorite Tv Shows ● 10:00am Sunday Devotional with Les ● 10:30am Chair Fitness ● 11:00am Hydration & Snacks ● 11:30am Puzzles & Magnetic Tiles ● 2:00pm UNO ● 2:30pm Let's Explore Our Senses & Read The Daily Chronicle ● 3:30pm Bingo & Snacks ● 5:30pm Evening At the Movies 	<ul style="list-style-type: none"> ● 9:00am Enjoy Your Favorite Tv Shows ● 10:30am Chair Fitness ● 11:00am Hydration & Snacks ● 11:30am Puzzles & Magnetic Tiles ● 2:00pm UNO ● 2:30pm Let's Explore Our Senses & Read The Daily Chronicle ● 3:30pm Bingo & Snacks ● 5:30pm Evening At the Movies 	<ul style="list-style-type: none"> ● 9:00am Enjoy Your Favorite Tv Shows ● 10:00am Chair Fitness & Hydration ● 10:30am The Daily Chronicle & Snacks ● 11:00am White Board Activity ● 11:30am Hand Massages & Nails ● 2:30pm UNO ● 3:00pm Bingo & Snacks ● 5:30pm Evening At the Movies 	<ul style="list-style-type: none"> ● 9:00am Enjoy Your Favorite Tv Shows ● 10:00am Chair Fitness & Hydration ● 10:30am Lessons You Can Learn From the Bible & Snacks ● 11:00am White Board Activity ● 11:30am Let's Explore Our Senses & Read The Daily Chronicle ● 2:30pm Walking Club ● 3:00pm Bingo & Snacks ● 5:30pm Evening At the Movies 	<ul style="list-style-type: none"> ● 9:00am Enjoy Your Favorite Tv Shows ● 10:00am Scenic Drive ● 2:00pm Pet Therapy with Lamby ● 2:30pm Let's Explore Our Senses & Read The Daily Chronicle ● 3:00pm White Board Activity ● 3:30pm Bingo & Snacks ● 5:30pm Evening At the Movies 	<ul style="list-style-type: none"> ● 9:00am Enjoy Your Favorite Tv Shows ● 10:00am Catholic Communion Service ● 10:00am Let's Explore Our Senses & Read The Daily Chronicle ● 10:30am White Board Activity ● 11:00am Music Therapy - Karaoke ● 11:30am Life Story Interviews ● 2:30pm Beachball Volleyball ● 3:30pm Bingo & Snacks ● 5:30pm Evening At the Movies 	<ul style="list-style-type: none"> ● 9:00am Morning At The Movies ● 11:00am Chair Fitness & Hydration ● 11:30am Whiteboard - Lessons You Can Learn & Snacks ● 2:00pm Let's Explore Our Senses & Read The Daily Chronicle ● 2:30pm HOC Surprise Activity ● 3:30pm Bingo & Snacks ● 5:30pm Evening At the Movies
<ul style="list-style-type: none"> ● 9:00am Enjoy Your Favorite Tv Shows ● 10:00am Sunday Devotional with Les ● 10:30am Chair Fitness ● 11:00am Hydration & Snacks ● 11:30am Puzzles & Magnetic Tiles ● 2:00pm UNO ● 2:30pm Let's Explore Our Senses & Read The Daily Chronicle ● 3:30pm Bingo & Snacks ● 5:30pm Evening At the Movies 	<ul style="list-style-type: none"> ● 9:00am Enjoy Your Favorite Tv Shows ● 10:30am Chair Fitness ● 11:00am Hydration & Snacks ● 11:30am Puzzles & Magnetic Tiles ● 2:00pm UNO ● 2:30pm Let's Explore Our Senses & Read The Daily Chronicle ● 3:30pm Bingo & Snacks ● 5:30pm Evening At the Movies 	<ul style="list-style-type: none"> ● 9:00am Enjoy Your Favorite Tv Shows ● 10:00am Chair Fitness & Hydration ● 10:30am The Daily Chronicle & Snacks ● 11:00am White Board Activity ● 11:30am Hand Massages & Nails ● 2:30pm Table Tennis ● 3:00pm Bingo & Snacks ● 5:30pm Evening At the Movies 	<ul style="list-style-type: none"> ● 9:00am Enjoy Your Favorite Tv Shows ● 10:00am Chair Fitness & Hydration ● 10:30am Lessons You Can Learn From the Bible & Snacks ● 11:00am White Board Activity ● 11:30am Let's Explore Our Senses & Read The Daily Chronicle ● 2:30pm Walking Club ● 3:00pm Bingo & Snacks ● 5:30pm Evening At the Movies 	<ul style="list-style-type: none"> ● 9:00am Enjoy Your Favorite Tv Shows ● 10:00am Scenic Drive ● 2:00pm Pet Therapy with Lamby ● 2:30pm Let's Explore Our Senses & Read The Daily Chronicle ● 3:00pm White Board Activity ● 3:30pm Bingo & Snacks ● 5:30pm Evening At the Movies 	<ul style="list-style-type: none"> ● 9:00am Enjoy Your Favorite Tv Shows ● 10:00am Catholic Communion Service ● 10:00am Let's Explore Our Senses & Read The Daily Chronicle ● 10:30am White Board Activity ● 11:00am Music Therapy - Simon Says ● 11:30am Dance Party with Dolores ● 2:30pm Beachball Volleyball ● 3:30pm Bingo & Snacks ● 5:30pm Evening At the Movies 	<ul style="list-style-type: none"> ● 9:00am Morning At The Movies ● 11:00am Chair Fitness & Hydration ● 11:30am Whiteboard - Lessons You Can Learn & Snacks ● 2:00pm Let's Explore Our Senses & Read The Daily Chronicle ● 2:30pm HOC Surprise Activity ● 3:30pm Bingo & Snacks ● 5:30pm Evening At the Movies
<ul style="list-style-type: none"> ● 9:00am Enjoy Your Favorite Tv Shows ● 10:00am Sunday Devotional with Les ● 10:30am Chair Fitness ● 11:00am Hydration & Snacks ● 11:30am Puzzles & Magnetic Tiles ● 2:00pm UNO ● 2:30pm Let's Explore Our Senses & Read The Daily Chronicle ● 3:30pm Bingo & Snacks ● 5:30pm Evening At the Movies 	<ul style="list-style-type: none"> ● 9:00am Enjoy Your Favorite Tv Shows ● 10:30am Chair Fitness ● 11:00am Hydration & Snacks ● 11:30am Puzzles & Magnetic Tiles ● 2:00pm UNO ● 2:30pm Let's Explore Our Senses & Read The Daily Chronicle ● 3:30pm Bingo & Snacks ● 5:30pm Evening At the Movies 	<ul style="list-style-type: none"> ● 9:00am Enjoy Your Favorite Tv Shows ● 10:00am Chair Fitness & Hydration ● 10:30am The Daily Chronicle & Snacks ● 11:00am White Board Activity ● 11:30am Hand Massages & Nails ● 2:30pm Miniature Golf Practice ● 3:00pm Bingo & Snacks ● 5:30pm Evening At the Movies 	<ul style="list-style-type: none"> ● 9:00am Enjoy Your Favorite Tv Shows ● 10:00am Chair Fitness & Hydration ● 10:30am Lessons You Can Learn From the Bible & Snacks ● 11:00am White Board Activity ● 11:30am Let's Explore Our Senses & Read The Daily Chronicle ● 2:30pm Walking Club ● 3:00pm Bingo & Snacks ● 5:30pm Evening At the Movies 	<ul style="list-style-type: none"> ● 9:00am Enjoy Your Favorite Tv Shows ● 10:00am Scenic Drive ● 2:00pm Pet Therapy with Lamby ● 2:30pm Let's Explore Our Senses & Read The Daily Chronicle ● 3:00pm White Board Activity ● 3:30pm Bingo & Snacks ● 5:30pm Evening At the Movies 		
<p>ALL EVENTS ARE SUBJECT TO CHANGE</p>						

APRIL CROSSWORD

Solve the following puzzle based on the clues given!



Across

- [2] April _____ Day is celebrated on April 1st with pranks.
- [5] Flower associated with Spring.
- [7] Fourth month of the year
- [8] What does the Easter Bunny hide?
- [9] April 15th is known _____ Day in the United States.
- [10] Collect your eggs in _____.

Down

- [1] What sport usually begins its season in April?
- [3] April symbolizes this season.
- [4] April showers bring May _____.
- [6] _____ Day promotes environmental protection on April 22nd.