

Desert Winds

Retirement Community

20545 N Lake Pleasant Blvd | Peoria, AZ 85382 | 623-322-0600

April 2026

Dining Room Hours

Breakfast: 7:00 am – 8:30 am

Lunch: 11:00 am – 12:30 pm

Dinner: 4:00 pm – 5:30 pm



Staff Directory

Jae Ondigo: Executive Director

Cori Perkins: Compliance Manager

**Courtney Brogdon: Marketing
Director**

**Miatta Anderson: Resident Care
Coordinator**

Debra Crutchfield: Nurse

Betty Barrett: Activities Director

Taylor Endres: Maintenance Director

**Tanya Christianson: Resident
Engagement Coordinator**



Happy Birthday April Residents

2- Morris

4- Shirley

4- Myrna

4- Patricia

8- Frank

10- Ramie

17- Gloria














21- Caroline

26- Emma

28- Suzanne

Fun Facts about April

April is a fun and lively month full of surprises. It begins with April Fools Day, a time of jokes and laughter. The name April means "to open", which fits perfectly as flowers start to bloom and the weather begins to warm up. Known for its changing weather, April brings rain that helps prepare for spring flowers. The holiday Easter often takes place during this month, celebrating new life and hope. April is also home to Earth Day on April 22, reminding us to take care of our planet. Overall, April is a month for growth, change, and new beginnings.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<p>8:30 Walking Club ¹</p> <p>8:30 Walmart (Meet in the Lobby)</p> <p>9:00 Residents Coffee Social</p> <p>9:30 Exercise in the Exercise Room with Betty doing the shuffle</p> <p>12:15 Dime B I N G O</p> <p>2:30 Bring on your jokes in the Lobby</p>	<p>8:30 Walking Club ²</p> <p>9:00 Residents Coffee Social</p> <p>9:30 Exercise with Jessica</p> <p>12:15 Dime B I N G O</p> <p>1:00 Linda's Resident Store is Open</p> <p>2:30 Peanut Butter and Jelly Crackers</p>	<p>8:30 Walking Club ³</p> <p>9:00 Residents Coffee Social</p> <p>9:30 9:30 am Easter Brunch with the Sun City Ladies</p> <p>10:00 Protestant Service</p> <p>12:15 Dime B I N G O</p> <p>1:00 Linda's Resident Store is Open</p> <p>2:30 Happy Friday Happy Hour Easter Egg Hunt</p>	<p>9:00 Residents Coffee Social ⁴</p> <p>Social</p> <p>9:00 Tai Chi in the Exercise Room</p> <p>9:30 Arts and Crafts</p> <p>12:15 Dime B I N G O</p> <p>1:30 Movie Matinee (Soylent Green)</p>
<p>9:00 Mindfulness Meditation in the Exercise Room ⁵</p> <p>9:00 Residents Coffee Social</p> <p>9:30 Arts and Crafts</p> <p>9:30 Bible Study</p> <p>9:30 Catholic Mass</p> <p>12:15 Dime B I N G O</p> <p>1:30 Movie Matinee (Sully)</p>	<p>8:30 Walking Club ⁶</p> <p>9:00 Fancy Manicures</p> <p>9:00 Residents Coffee Social</p> <p>12:15 Dime B I N G O</p> <p>1:00 Linda's Resident Store is Open</p> <p>2:30 Happy Hour Residents Choice of Music</p>	<p>8:30 Walking Club ⁷</p> <p>9:00 Residents Coffee Social</p> <p>12:15 Dime B I N G O</p> <p>2:30 Baking in the Bistro with Betty (Coffee Cake)</p> <p>3:00 Puzzles, Uno & Games in the Game Room</p>	<p>8:30 Casino outing Meet in the Lobby) ⁸</p> <p>8:30 Walking Club</p> <p>9:00 Residents Coffee Social</p> <p>9:30 Exercise in the Exercise Room with Betty playing Volleyball</p> <p>12:15 Dime B I N G O </p>	<p>8:30 Walking Club ⁹</p> <p>9:00 Residents Coffee Social</p> <p>9:30 Exercise with Jessica</p> <p>12:15 Dime B I N G O</p> <p>1:00 Linda's Resident Store is Open</p> <p>2:30 Chinese almond cookies in the Puzzle Room </p>	<p>8:30 Walking Club ¹⁰</p> <p>9:00 Residents Coffee Social with Croissants</p> <p>10:00 Protestant Service</p> <p>12:15 Dime B I N G O</p> <p>1:00 Linda's Resident Store is Open</p> <p>2:30 Happy Friday Happy Hour </p>	<p>9:00 Residents Coffee Social ¹¹</p> <p>Social</p> <p>9:00 Tai Chi in the Exercise Room</p> <p>9:30 Arts and Crafts</p> <p>12:15 Dime B I N G O</p> <p>1:30 Movie Matinee (What about Bob)</p>
<p>9:00 Mindfulness Meditation in the Exercise Room ¹²</p> <p>9:00 Residents Coffee Social</p> <p>9:30 Arts and Crafts</p> <p>9:30 Bible Study</p> <p>9:30 Catholic Mass</p> <p>12:15 Dime B I N G O</p> <p>1:30 Movie Matinee (Stand By </p>	<p>8:30 Walking Club ¹³</p> <p>9:00 Fancy Manicures</p> <p>9:00 Residents Coffee Social</p> <p>12:15 Dime B I N G O</p> <p>1:00 Linda's Resident Store is Open</p> <p>2:30 Happy Hour Trivia</p>	<p>8:30 Walking Club ¹⁴</p> <p>9:00 Residents Coffee Social</p> <p>12:15 Dime B I N G O</p> <p>2:00 Resident Council Meeting</p> <p>2:30 Baking in the Bistro with Betty (Mixed salads)</p> <p>3:00 Puzzles, Uno & Games in the Game Room</p>	<p>8:30 Brass Armadillo Outing ¹⁵</p> <p>8:30 Walking Club</p> <p>9:00 Residents Coffee Social</p> <p>12:15 Dime B I N G O</p> <p>2:30 Lets make Banana Splits</p> <p>5:00 BINGO Family Night</p>	<p>Pajama Day ¹⁶</p> <p>8:30 Martin Auto Museum \$10</p> <p>8:30 Walking Club</p> <p>9:00 Residents Coffee Social</p> <p>9:30 Exercise with Jessica</p> <p>12:15 Dime B I N G O</p> <p>1:00 Linda's Resident Store is Open</p> <p>2:30 Yahtzee</p>	<p>Italian Day at Desert Winds - Wear your green, red and white ¹⁷</p> <p>8:30 Walking Club</p> <p>9:00 Residents Coffee Social with Muffins in the Bistro</p> <p>10:00 Protestant Service</p> <p>12:15 Dime B I N G O</p> <p>1:00 Linda's Resident Store is Open</p> <p>2:30 Happy Friday Happy Hour with Italian Music</p> <p>4:00 Opera singer in the Dining Room</p>	<p>9:00 Residents Coffee Social ¹⁸</p> <p>Social</p> <p>9:00 Tai Chi in the Exercise Room</p> <p>9:30 Arts and Crafts</p> <p>12:15 Dime B I N G O</p> <p>1:30 Movie Matinee (Ground Hog Day)</p>
<p>9:00 Mindfulness Meditation in the Exercise Room ¹⁹</p> <p>9:00 Residents Coffee Social</p> <p>9:30 Arts and Crafts</p> <p>9:30 Bible Study</p> <p>9:30 Catholic Mass</p> <p>12:15 Dime B I N G O</p> <p>1:30 Movie Matinee (Back to th </p>	<p>8:30 Walking Club ²⁰</p> <p>9:00 Fancy Manicures</p> <p>9:00 Residents Coffee Social</p> <p>12:15 Dime B I N G O</p> <p>1:00 Linda's Resident Store is Open</p> <p>2:30 Happy Hour Karaoke</p>	<p>8:30 Walking Club ²¹</p> <p>9:00 Residents Coffee Social</p> <p>12:15 Dime B I N G O</p> <p>2:00 Resident Town Hall Meeting</p> <p>2:30 Baking in the Bistro with Betty (Chocolate covered cashews)</p> <p>3:00 Puzzles, Uno & Games in the Game Room</p>	<p>Wear your Blue and Green for Earth Day ²²</p> <p>8:30 Frys Shopping</p> <p>8:30 Walking Club</p> <p>9:00 Residents Coffee Social</p> <p>9:30 Exercise in the Exercise Room with Betty</p> <p>12:15 Dime B I N G O </p>	<p>8:30 Walking Club ²³</p> <p>9:00 Residents Coffee Social</p> <p>9:30 Exercise with Jessica</p> <p>12:15 Dime B I N G O</p> <p>1:00 Linda's Resident Store is Open</p> <p>2:30 Right Left Center</p>	<p>8:30 Walking Club ²⁴</p> <p>9:00 Residents Coffee Social with fresh Fruit in the Bistro</p> <p>10:00 Protestant Service</p> <p>12:15 Dime B I N G O</p> <p>1:00 Linda's Resident Store is Open</p> <p>2:30 Happy Friday Happy Hour with Entertainment</p>	<p>9:00 Residents Coffee Social ²⁵</p> <p>Social</p> <p>9:00 Tai Chi in the Exercise Room</p> <p>9:30 Arts and Crafts</p> <p>12:15 Dime B I N G O</p> <p>1:30 Movie Matinee (Back to the Future 2)</p>
<p>9:00 Mindfulness Meditation in the Exercise Room ²⁶</p> <p>9:00 Residents Coffee Social</p> <p>9:30 Arts and Crafts</p> <p>9:30 Bible Study</p> <p>9:30 Catholic Mass</p> <p>12:15 Dime B I N G O</p> <p>1:30 Movie Matinee (Mars </p>	<p>8:30 Walking Club ²⁷</p> <p>9:00 Fancy Manicures</p> <p>9:00 Residents Coffee Social</p> <p>12:15 Dime B I N G O</p> <p>1:00 Linda's Resident Store is Open</p> <p>2:30 Happy Hour Name that Tune</p>	<p>Super Hero Day (Wear your super hero outfits) ²⁸</p> <p>8:30 Walking Club</p> <p>9:00 Residents Coffee Social</p> <p>12:15 Dime B I N G O</p> <p>2:30 Baking in the Bistro with Betty (Blueberry Pies)</p> <p>3:00 Puzzles, Uno & Games in </p>	<p>8:30 Walking Club ²⁹</p> <p>9:00 Residents Coffee Social</p> <p>9:30 Exercise in the Exercise Room with Betty</p> <p>10:45 Cheddars for lunch</p> <p>12:15 Dime B I N G O</p> <p>2:30 UNO with Betty</p>	<p>8:30 Walking Club ³⁰</p> <p>9:00 Residents Coffee Social</p> <p>9:30 Exercise with Jessica</p> <p>12:15 Dime B I N G O</p> <p>1:00 Linda's Resident Store is Open</p> <p>2:30 Oatmeal Raisin Cookies in the Lobby </p>	<p>ALL EVENTS ARE SUBJECT TO CHANGE</p>	
						



Easter eggs:

Eggs have been a symbol of new life and rebirth.

-In spring, animals are born and plants grow again, so eggs naturally became a sign of life starting fresh.

-Early Christians connected this idea to Jesus rising from the dead—new life after death.

-That is why we decorate eggs and have egg hunts today.

Easter Bunny (Rabbits):

Rabbits were also symbols of New Life and Fertility because they reproduce quickly.

-In Europe, especially Germany, people told stories of a rabbit that would bring eggs to children.

-When immigrants brought this tradition to America, it became the Easter Bunny we know today.

Putting it all together:

The eggs and rabbits represent life, growth, and new beginnings, which match the meaning of Easter—celebrating hope and renewal.