

# Desert Winds

Retirement Community

20545 N Lake Pleasant Blvd | Peoria, AZ 85382 | 623-322-0600

## March Cultural Events

March 2026 features major global cultural events, including International Women's Day (March 8), St Patrick's ay (March 7), and Holi festival of colors (March 24-25).

### March Birthdays:

Ila 3/12

Larry R 3/14

Barbara 3/19

## Dining Room Hours

**Breakfast 7:00 am - 8:30 am**

**Lunch: 11:00 am - 12:30 pm**

**Dinner: 4:00 - 5:00 pm**

## Staff Directory

Jae Ondigo: Executive Director

Cori Perkins: Compliance Manager

Courtney Brogdon: Marketing Director

Miatta Anderson: Resident Care Coordinator

Debora Crutchfield: Nurse

Betty Barrett: Activities Director

Taylor Endres: Maintenance Director

Tanya Christianson: Resident Engagement  
Coordinator

## March 2026



## The Four Leaf Clover

The image is a graphic illustration of a four-leaf-clover, a widely recognized symbol of good luck.

**Symbolism:** Each leaf is traditionally believed to represent faith, hope love and luck.

**Rarity:** Unlike the common three-leaf shamrock, a four-leaf clover is a rare natural variation, with the odds of finding one is estimated to be 1 in 10,000.

**St Patrick's Day:** While often associated with St Patrick's Day celebrations, the three-leaf shamrock is the actual symbol St Patrick's used to explain the Holy Trinity.

**Appearance:** The image depicts the clover with a layered, multi-tonal green design.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>9:00 Mindfulness Meditation in the Exercise Room</p> <p>9:00 Residents Coffee Social</p> <p>9:30 Arts and Crafts</p> <p>9:30 Bible Study</p> <p>9:30 Catholic Mass</p> <p>12:15 Dime B I N G O</p> <p>1:30 Movie Matinee</p>	<p>Wear your Red, Light Blue and White for Dr Suess's Birthday</p> <p>8:30 Walking Club</p> <p>9:00 Fancy Manicures</p> <p>9:00 Residents Coffee Social</p> <p>12:15 Dime B I N G O</p> <p>1:00 Linda's Resident Store is Open</p> <p>2:00 Happy Hour Dr Suess Story time with Mo and Drama Club</p>	<p>8:30 Walking Club</p> <p>9:00 Residents Coffee Social</p> <p>12:15 Dime B I N G O</p> <p>2:30 Baking in the Bistro with Betty</p> <p>3:00 Puzzles, Uno &amp; Games in the Game Room</p>	<p>8:30 Walking Club</p> <p>8:30 Walmart (Meet in the Lobby)</p> <p>9:00 Residents Coffee Social</p> <p>9:30 Exercise in the Exercise Room with Betty</p> <p>12:15 Dime B I N G O</p> <p>2:30 Donkey and Pony Therapy in the Lobby</p>	<p>8:30 Walking Club</p> <p>9:00 Residents Coffee Social</p> <p>9:30 Exercise with Jessica</p> <p>12:15 Dime B I N G O</p> <p>1:00 Linda's Resident Store is Open</p> <p>2:30 Right Left Center</p>	<p>8:30 Walking Club</p> <p>9:00 Residents Coffee Social with Donuts in the Bistro</p> <p>10:00 Protestant Service</p> <p>12:15 Dime B I N G O</p> <p>1:00 Linda's Resident Store is Open</p> <p>2:30 Happy Friday Happy Hour</p>	<p>9:00 Residents Coffee Social</p> <p>9:00 Tai Chi in the Exercise Room</p> <p>9:30 Arts and Crafts</p> <p>12:15 Dime B I N G O</p> <p>1:30 Movie Matinee</p>
<p>9:00 Mindfulness Meditation in the Exercise Room</p> <p>9:00 Residents Coffee Social</p> <p>9:30 Arts and Crafts</p> <p>9:30 Bible Study</p> <p>9:30 Catholic Mass</p> <p>12:15 Dime B I N G O</p> <p>1:30 Movie Matinee</p>	<p>8:30 Walking Club</p> <p>9:00 Fancy Manicures</p> <p>9:00 Residents Coffee Social</p> <p>12:15 Dime B I N G O</p> <p>1:00 Linda's Resident Store is Open</p> <p>2:30 Happy Hour</p>	<p>8:30 Walking Club</p> <p>9:00 Residents Coffee Social</p> <p>12:15 Dime B I N G O</p> <p>2:00 Town Hall Meeting</p> <p>2:30 Baking in the Bistro with Betty</p> <p>3:00 Puzzles, Uno &amp; Games in the Game Room</p>	<p>8:30 Walking Club</p> <p>9:00 Residents Coffee Social</p> <p>9:00 TJ Maxx</p> <p>9:30 Exercise in the Exercise Room with Betty</p> <p>12:15 Dime B I N G O</p> <p>2:30 UNO with Betty</p>	<p>8:30 Walking Club</p> <p>9:00 Residents Coffee Social</p> <p>9:30 Student Jazz Band</p> <p>12:15 Dime B I N G O</p> <p>1:00 Linda's Resident Store is Open</p> <p>2:30 Right Left Center</p>	<p>8:30 Walking Club</p> <p>9:00 Residents Coffee Social with Donuts in the Bistro</p> <p>10:00 Protestant Service</p> <p>12:15 Dime B I N G O</p> <p>1:00 Linda's Resident Store is Open</p> <p>2:30 Happy Friday Happy Hour</p>	<p>Pie Day/ Tell everyone what your favorite Pie is.</p> <p>9:00 Residents Coffee Social</p> <p>9:00 Tai Chi in the Exercise Room</p> <p>9:30 Arts and Crafts</p> <p>12:15 Dime B I N G O</p> <p>1:30 Movie Matinee</p>
<p>9:00 Mindfulness Meditation in the Exercise Room</p> <p>9:00 Residents Coffee Social</p> <p>9:30 Arts and Crafts</p> <p>9:30 Bible Study</p> <p>9:30 Catholic Mass</p> <p>12:15 Dime B I N G O</p> <p>1:30 Movie Matinee</p>	<p>8:30 Walking Club</p> <p>9:00 Fancy Manicures</p> <p>9:00 Residents Coffee Social</p> <p>12:15 Dime B I N G O</p> <p>1:00 Linda's Resident Store is Open</p> <p>2:30 Happy Hour with Artichokes</p>	<p>Wear your green so you don't get pinched</p> <p>8:30 Walking Club</p> <p>9:00 Residents Coffee Social</p> <p>12:15 Dime B I N G O</p> <p>2:00 St Patrick's Day Party with the Piano Man</p> <p>3:00 Puzzles, Uno &amp; Games in the Game Room</p>	<p>8:30 Target Shopping</p> <p>8:30 Walking Club</p> <p>9:00 Residents Coffee Social</p> <p>9:30 Exercise in the Exercise Room with Betty</p> <p>12:15 Dime B I N G O</p> <p>2:30 UNO with Betty</p>	<p>PURPLE DAY IN HONOR OF EPILEPSY</p> <p>8:30 Walking Club</p> <p>9:00 Residents Coffee Social</p> <p>9:30 Exercise with Jessica</p> <p>12:15 Dime B I N G O</p> <p>1:00 Linda's Resident Store is Open</p> <p>2:30 Right Left Center</p>	<p>8:30 Walking Club</p> <p>9:00 Residents Coffee Social with Donuts in the Bistro</p> <p>10:00 Protestant Service</p> <p>12:15 Dime B I N G O</p> <p>1:00 Linda's Resident Store is Open</p> <p>2:30 Spring Fever Happy Hour with Entertainment</p>	<p>9:00 Residents Coffee Social</p> <p>9:00 Tai Chi in the Exercise Room</p> <p>9:30 Arts and Crafts</p> <p>12:15 Dime B I N G O</p> <p>1:30 Movie Matinee</p>
<p>9:00 Mindfulness Meditation in the Exercise Room</p> <p>9:00 Residents Coffee Social</p> <p>9:30 Arts and Crafts</p> <p>9:30 Bible Study</p> <p>9:30 Catholic Mass</p> <p>12:15 Dime B I N G O</p> <p>1:30 Movie Matinee</p>	<p>9:00 Fancy Manicures</p> <p>9:00 Residents Coffee Social</p> <p>12:15 Dime B I N G O</p> <p>1:00 Linda's Resident Store is Open</p> <p>2:30 Happy Hour</p>	<p>8:30 Walking Club</p> <p>9:00 Residents Coffee Social</p> <p>12:15 Dime B I N G O</p> <p>2:00 Town Hall Meeting</p> <p>2:30 Baking in the Bistro with Betty</p> <p>3:00 Puzzles, Uno &amp; Games in the Game Room</p>	<p>9:00 Residents Coffee Social</p> <p>9:30 Exercise in the exercise room</p> <p>10:00 Paloma Park Picnic (In N Out)</p> <p>12:15 Dime B I N G O</p> <p>2:30 UNO with Betty</p>	<p>8:30 Walking Club</p> <p>9:00 Residents Coffee Social</p> <p>9:30 Exercise with Jessica</p> <p>12:15 Dime B I N G O</p> <p>1:00 Linda's Resident Store is Open</p> <p>2:30 Right Left Center</p>	<p>8:30 Walking Club</p> <p>9:00 Residents Coffee Social with Donuts in the Bistro</p> <p>10:00 Protestant Service</p> <p>12:15 Dime B I N G O</p> <p>1:00 Linda's Resident Store is Open</p> <p>2:30 Happy Friday Happy Hour</p>	<p>9:00 Residents Coffee Social</p> <p>9:00 Tai Chi in the Exercise Room</p> <p>9:30 Arts and Crafts</p> <p>12:15 Dime B I N G O</p> <p>1:30 Movie Matinee</p>
<p>9:00 Mindfulness Meditation in the Exercise Room</p> <p>9:00 Residents Coffee Social</p> <p>9:30 Arts and Crafts</p> <p>9:30 Bible Study</p> <p>9:30 Catholic Mass</p> <p>12:15 Dime B I N G O</p> <p>1:30 Movie Matinee</p>	<p>8:30 Walking Club</p> <p>9:00 Fancy Manicures</p> <p>9:00 Residents Coffee Social</p> <p>12:15 Dime B I N G O</p> <p>1:00 Linda's Resident Store is Open</p> <p>2:30 Happy Hour</p>	<p>8:30 Walking Club</p> <p>9:00 Residents Coffee Social</p> <p>12:15 Dime B I N G O</p> <p>2:30 Baking in the Bistro with Betty</p> <p>3:00 Puzzles, Uno &amp; Games in the Game Room</p>				<p><b>ALL EVENTS ARE SUBJECT TO CHANGE!</b></p>



**We had a wonderful time celebrating Mardi Gras here at Desert Winds Assisted Living Home! The room was filled with laughter, music, colorful decorations, and plenty of smiles. Residents enjoyed good company, festive treats, and the joyful spirit that makes Mardi Gras so special. It was an afternoon full of fun, connection and memories we'll treasure.**