

# Chaparral Winds

Retirement Community

16629 N. West Point Parkway | Surprise, AZ 85374 | 623-975-0880

## Happy Birthday To You!



Sharon K. – 9th  
Beth F. – 13th  
Michael R. – 17th  
Dora L. – 25th

## Staff Directory

Lisa Wynn.....Executive Director  
Jessie Ahia.....Nurse  
Holly Erickson.....Marketing Consultant  
Sylvia Gonzalez.....Community Liaison  
Venessa Gutierrez.....RCC  
Annalisa Silva.....AL Activity Director  
Malena Falcon.....REC  
Arthur Guillory.....Maintenance Director  
Ashley Rodriguez.....Chef

## March 2026



### 🍀 Did you know...

- The first St. Patrick's Day parade actually took place in New York City in 1762, not in Ireland!
- Today everyone wears green, but the color first associated with St. Patrick's Day was actually blue! Green became popular later because of Ireland's nickname, "The Emerald Isle."

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>9:00</b> Chair Exercise <b>10:00</b> Bingo <b>1:00</b> Scrabble <b>6:00</b> Puzzles	<b>9:45</b> This Week in History <b>10:00</b> Bingo <b>12:00</b> Puzzles <b>1:00</b> Exercise with Jessica <b>2:30</b> Brain Aerobics <b>3:00</b> Wii Bowling <b>6:00</b> Light Stretching & Meditation	<b>9:00</b> 5K <b>10:00</b> Wii Bowling <b>12:30</b> Chair Exercise <b>1:00</b> Dice Talk <b>3:00</b> Manicures <b>6:00</b> Movie & Popcorn	<b>9:00</b> Bible Study with Tony <b>10:00</b> Bingo with David <b>12:30</b> Bug Out <b>2:30</b> Chair Exercise With Weights <b>3:15</b> Relaxing Art & Music <b>6:00</b> Light Stretching & Meditation	<b>9:00</b> 5K <b>10:00</b> Gardening <b>1:00</b> Sip & Paint <b>2:00</b> Pet Therapy with Rosie (HOW) <b>3:00</b> Wii Bowling <b>6:00</b> Movie & Popcorn	<b>9:00</b> Donuts & Coffee <b>10:00</b> Bingo with Dianne <b>12:00</b> Manicures <b>1:00</b> Puzzles <b>2:00</b> Mindful Music & Movement with Darlene <b>3:00</b> Armchair Travel <b>6:00</b> Light Stretching & Meditation	<b>10:00</b> Chair Exercise <b>2:00</b> Bingo <b>5:00</b> Relaxing Art & Music <b>6:00</b> Movie & Popcorn
<b>9:00</b> Chair Exercise <b>10:00</b> Bingo <b>1:00</b> Scrabble <b>6:00</b> Puzzles	<b>9:45</b> This Week in History <b>10:00</b> Bingo <b>12:00</b> Puzzles <b>1:00</b> Exercise with Jessica <b>2:00</b> Entertainment (Joey) <b>3:00</b> Wii Bowling <b>6:00</b> Light Stretching & Meditation	<b>9:00</b> 5K <b>10:00</b> Wii Bowling <b>12:30</b> Chair Exercise <b>1:00</b> Activity Store <b>2:00</b> Veterans Coffee <b>4:00</b> Shamrock & Paint Family Night <b>6:00</b> Movie & Popcorn	<b>9:00</b> Bible Study with Tony <b>10:00</b> Bingo with David <b>11:00</b> McDonalds lunch outing <b>2:30</b> Chair Drumming Exercise <b>3:15</b> Relaxing Art & Music <b>6:00</b> Light Stretching & Meditation	<b>9:00</b> 5K <b>10:00</b> Gardening <b>12:30</b> Spring Training game <b>2:30</b> Chair Zumba <b>3:00</b> Wii Bowling <b>6:00</b> Movie & Popcorn	<b>9:00</b> Donuts & Coffee <b>2:00</b> Puzzles <b>3:00</b> Armchair Travel <b>6:00</b> Light Stretching & Meditation	<b>10:00</b> Chair Exercise <b>2:00</b> Bingo <b>5:00</b> Relaxing Art & Music <b>6:00</b> Movie & Popcorn
<b>9:00</b> Chair Exercise <b>10:00</b> Bingo <b>1:00</b> Scrabble <b>6:00</b> Puzzles	<b>9:45</b> This Week in History <b>10:00</b> Bingo <b>12:00</b> Puzzles <b>1:00</b> Exercise with Jessica <b>2:30</b> Brain Aerobics <b>3:00</b> Wii Bowling <b>6:00</b> Light Stretching & Meditation	<b>St. Patrick's Day</b> <b>9:00</b> 5K <b>10:00</b> Wii Bowling <b>12:30</b> Chair Exercise <b>1:00</b> St Patrick's party <b>3:00</b> Manicures <b>6:00</b> Movie & Popcorn	<b>9:00</b> Bible Study with Tony <b>10:00</b> Bingo with David <b>11:00</b> State 48 Lunch outing <b>2:30</b> Chair Exercise With Weights <b>3:15</b> Relaxing Art & Music <b>6:00</b> Light Stretching & Meditation	<b>9:00</b> 5K <b>10:00</b> Gardening <b>1:00</b> Arts & Crafts <b>2:00</b> Entertainment (Jeff S) <b>2:00</b> Pet Therapy with Rosie (HOW) <b>3:00</b> Wii Bowling <b>6:00</b> Movie & Popcorn	<b>9:00</b> Donuts & Coffee <b>10:00</b> Bingo with Dianne <b>12:00</b> March Birthday Lunch <b>1:00</b> Manicures <b>2:00</b> Mindful Music & Movement with Darlene <b>3:00</b> Armchair Travel <b>6:00</b> Light Stretching & Meditation	<b>10:00</b> Chair Exercise <b>2:00</b> Bingo <b>5:00</b> Relaxing Art & Music <b>6:00</b> Movie & Popcorn
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# ST. PATRICK'S DAY

## WORD SEARCH

Find the words listed below and mark them.

A	S	B	H	E	T	G	J	H	K	H	L
D	H	C	A	F	R	A	I	N	B	O	W
C	A	S	T	L	E	R	P	G	N	R	M
S	M	T	P	U	A	Q	W	O	V	S	Y
E	R	D	O	C	S	B	A	L	A	E	Z
B	O	O	T	S	U	S	H	D	U	S	T
F	C	G	Q	N	R	P	A	Z	V	H	A
J	K	H	M	B	E	A	R	D	Y	O	B
L	I	C	O	I	N	T	P	X	Q	E	I

- HAT
- GOLD
- BOOTS
- SHAMROCK
- POT
- COIN
- CASTLE
- HORSESHOE
- HARP
- BEARD
- RAINBOW
- TREASURE

