

# Vista Winds

Retirement Community

28783 N Vistancia Blvd | Peoria, AZ 85383 | 623-253-6690

Nora.....Executive Director  
Samantha .....Wellness Director  
Jeff .....Marketing Director  
Mirek.....Maintenance Director  
Barbara.....Activities Director  
Chelle.....Residents Enrichment Coordinator  
Evelyn.....Chef  
Hailey.....Compliance Manager  
Ja'lissa.....Resident Care Coordinator

## Dining Room Hours

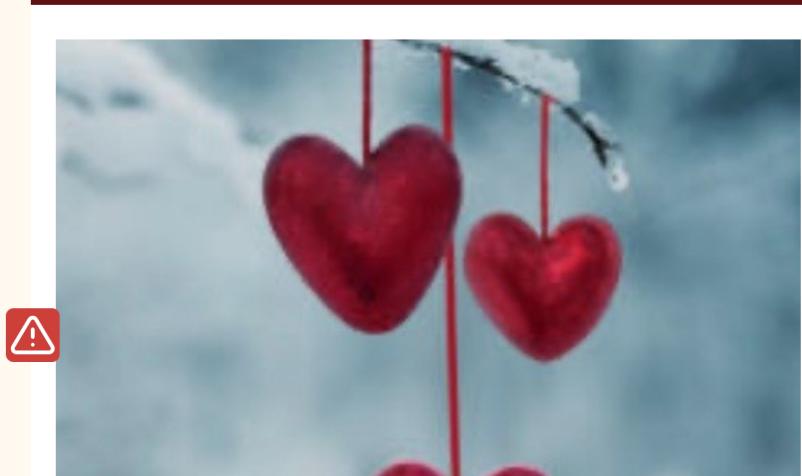
Breakfast.....7:30 am-9:30 am  
Lunch.....11:30-2:30 pm  
Dinner.....4:00 pm-6:30 pm

## February Birthdays

Rita G.	2/6
Christine W.	2/16
Geri P.	2/27



## February 2026



## February Facts

February is packed with special days, including Valentine's Day and Presidents' Day, as well as Black History Month, American Heart Month, Groundhog Day, and National Engineers Week, all of which celebrate love, health, science, and honor people's contributions. and quirky traditions.

**February 2026**  
**All activities are subject to change**

Emotional  
Entertainment  
Intellectual  
Physical  
Social  
Spiritual

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<span style="color: blue;">●</span> 9:00 Morning Stroll <span style="color: purple;">●</span> 9:30 Sunday Devotions <span style="color: red;">●</span> 2:00 Billiards Club <span style="color: red;">●</span> 2:00 Puzzles <span style="color: orange;">●</span> 6:00 Movie	<span style="color: blue;">●</span> 9:00 Chair Exercise <span style="color: red;">●</span> 10:30 Bingo (Dime) <span style="color: red;">●</span> 2:00 Football Trivia (Test Your Game Knowledge Popcorn & Soft Drinks) <span style="color: red;">●</span> 2:00 Kings In The Corner, Uno, Bridge, Phase 10, Scrabble <span style="color: orange;">●</span> 6:00 Movie	<span style="color: blue;">●</span> 9:00 Morning Stroll <span style="color: red;">●</span> 10:00 Walgreens Discount Day <span style="color: red;">●</span> 10:30 Bingo (Dime) <span style="color: red;">●</span> 11:30 Mission Bar-B-Q <span style="color: red;">●</span> 1:30 Bingo (Dime) <span style="color: red;">●</span> 3:30 Happy Hour	<span style="color: blue;">●</span> 9:00 Chair Exercise <span style="color: red;">●</span> 10:30 Bingo (Dime) <span style="color: yellow;">●</span> 11:00 Nursing Seminar & Chat (Root Beer Floats) <span style="color: orange;">●</span> 6:00 Movie	<span style="color: blue;">●</span> 9:00 Morning Stroll <span style="color: red;">●</span> 10:30 Bingo (Dime) <span style="color: yellow;">●</span> 11:00 Nursing Seminar <span style="color: red;">●</span> 1:30 All Board Games Contest <span style="color: orange;">●</span> 6:00 Movie	<span style="color: red;">●</span> 9:00 Donuts & Coffee <span style="color: purple;">●</span> 9:30 Catholic Communion <span style="color: orange;">●</span> 9:30 Crazy Hat Day <span style="color: red;">●</span> 1:30 All Board Games Contest <span style="color: blue;">●</span> 1:00 Move to Music Chair Exercise <span style="color: orange;">●</span> 6:00 Movie	<span style="color: blue;">●</span> 9:30 Morning Stroll <span style="color: red;">●</span> 10:30 Bingo (Dime) <span style="color: red;">●</span> 3:00 Billiards Club <span style="color: orange;">●</span> 6:00 Movie
<span style="color: blue;">●</span> 9:00 Morning Stroll <span style="color: purple;">●</span> 9:30 Sunday Devotions <span style="color: red;">●</span> 2:00 Kings In The Corner, Uno, Bridge <span style="color: red;">●</span> 3:00 Billiards Club <span style="color: orange;">●</span> 6:00 Movie	<span style="color: blue;">●</span> 9:00 Chair Exercise <span style="color: red;">●</span> 10:30 Bingo (Dime) <span style="color: red;">●</span> 2:00 Scrabble, Jenga, Uno, Kings <span style="color: red;">●</span> 3:00 Happy Hour <span style="color: orange;">●</span> 6:00 Movie	<span style="color: blue;">●</span> 9:00 Morning Stroll <span style="color: red;">●</span> 10:30 Bingo (Dime) <span style="color: red;">●</span> 11:30 Chili's Grill <span style="color: red;">●</span> 1:30 Bingo (Dime) <span style="color: red;">●</span> 6:00 Movie	<span style="color: blue;">●</span> 9:00 Chair Exercise <span style="color: red;">●</span> 10:30 Bingo (Dime) <span style="color: red;">●</span> 11:00 Farmers Market <span style="color: orange;">●</span> 6:00 Movie	<span style="color: blue;">●</span> 9:00 Morning Stroll <span style="color: red;">●</span> 10:30 Bingo (Dime) <span style="color: red;">●</span> 1:00 Scrabble, Jenga, Uno <span style="color: blue;">●</span> 2:00 Walmart <span style="color: red;">●</span> 3:30 Happy Hour <span style="color: orange;">●</span> 6:00 Movie	<span style="color: red;">●</span> 9:00 Donuts & Coffee <span style="color: purple;">●</span> 9:30 Catholic Communion <span style="color: red;">●</span> 10:30 Bingo (Dime) <span style="color: blue;">●</span> 1:00 Move to Music Chair Exercise <span style="color: red;">●</span> 2:30 Babes' & Beaus' Red Velvet Mixers <span style="color: orange;">●</span> 6:00 Movie	<span style="color: grey;">●</span> Valentine's Day <span style="color: blue;">●</span> 9:30 Morning Stroll <span style="color: red;">●</span> 10:30 Bingo (Dime) <span style="color: red;">●</span> 3:00 Billiards Club <span style="color: red;">●</span> 3:30 Puzzles <span style="color: orange;">●</span> 6:00 Movie
<span style="color: blue;">●</span> 9:00 Morning Stroll <span style="color: purple;">●</span> 9:30 Sunday Devotions <span style="color: red;">●</span> 2:00 Puzzles	<span style="color: grey;">●</span> Presidents' Day <span style="color: blue;">●</span> 9:00 Chair Exercise <span style="color: red;">●</span> 10:30 Bingo (Dime) <span style="color: red;">●</span> 2:30 Monthly Birthday Party <span style="color: red;">●</span> 3:00 Puzzles <span style="color: orange;">●</span> 6:00 Movie	<span style="color: orange;">●</span> 9:00 Mardi Gras Crazy Hat Day <span style="color: blue;">●</span> 9:00 Morning Stroll <span style="color: red;">●</span> 10:30 Bingo (Dime) <span style="color: red;">●</span> 11:30 PF Chang's <span style="color: red;">●</span> 1:30 Bingo (Dime) <span style="color: orange;">●</span> 6:00 Movie	<span style="color: blue;">●</span> 9:00 Chair Exercise <span style="color: red;">●</span> 10:30 Bingo (Dime) <span style="color: red;">●</span> 1:30 Scrabble, Jenga, Uno <span style="color: red;">●</span> 2:30 Ladies Tea and Coffee Party <span style="color: orange;">●</span> 6:00 Movie	<span style="color: blue;">●</span> 9:00 Morning Stroll <span style="color: red;">●</span> 10:30 Bingo (Dime) <span style="color: orange;">●</span> 3:00 John Case <span style="color: red;">●</span> 4:00 Family and Friends Night (Country Western) <span style="color: orange;">●</span> 6:00 Movie	<span style="color: red;">●</span> 9:00 Donuts & Coffee <span style="color: purple;">●</span> 9:30 Catholic Communion <span style="color: red;">●</span> 10:30 Bingo (Dime) <span style="color: blue;">●</span> 1:00 Move to Music Chair Exercise <span style="color: yellow;">●</span> 2:30 Resident Council Meeting <span style="color: orange;">●</span> 6:00 Movie	<span style="color: blue;">●</span> 9:30 Morning Stroll <span style="color: red;">●</span> 10:30 Bingo (Dime) <span style="color: red;">●</span> 3:00 Billiards Club <span style="color: orange;">●</span> 6:00 Movie
<span style="color: blue;">●</span> 9:00 Morning Stroll <span style="color: purple;">●</span> 9:30 Sunday Devotions <span style="color: red;">●</span> 3:30 Billiards Club <span style="color: orange;">●</span> 6:00 Movie	<span style="color: blue;">●</span> 9:00 Chair Exercise <span style="color: red;">●</span> 9:30 Mimosa & Muffins Monday <span style="color: red;">●</span> 10:30 Bingo (Dime) <span style="color: red;">●</span> 3:00 Show and Tell (Residents Bring Items and Popcorn) <span style="color: orange;">●</span> 6:00 Movie	<span style="color: blue;">●</span> 9:00 Morning Stroll <span style="color: red;">●</span> 10:00 Pinochle, Phase 10, Uno <span style="color: red;">●</span> 10:30 Bingo (Dime) <span style="color: red;">●</span> 11:30 Angela's Kitchen Luncheon <span style="color: red;">●</span> 1:30 Bingo (Dime) <span style="color: blue;">●</span> 3:00 Singing and Dancing to 50's & 60's Music <span style="color: orange;">●</span> 6:00 Movie	<span style="color: blue;">●</span> 9:00 Chair Exercise <span style="color: red;">●</span> 10:30 Bingo (Dime) <span style="color: red;">●</span> 3:00 Men's Chat (Pizza, Wings, Beer) <span style="color: orange;">●</span> 6:00 Movie	<span style="color: blue;">●</span> 9:00 Morning Stroll <span style="color: red;">●</span> 10:30 Bingo (Dime) <span style="color: blue;">●</span> 2:00 Safeway Shopping <span style="color: red;">●</span> 3:30 Monthly Birthday Party <span style="color: orange;">●</span> 6:00 Movie	<span style="color: red;">●</span> 9:00 Donuts & Coffee <span style="color: purple;">●</span> 9:30 Catholic Communion <span style="color: red;">●</span> 10:30 Bingo (Dime) <span style="color: blue;">●</span> 1:00 Move to Music Chair Exercise <span style="color: yellow;">●</span> 2:30 Town Hall Meeting <span style="color: orange;">●</span> 6:00 Movie	<span style="color: blue;">●</span> 9:30 Morning Stroll <span style="color: red;">●</span> 10:30 Bingo (Dime) <span style="color: red;">●</span> 3:00 Billiards Club <span style="color: orange;">●</span> 6:00 Movie

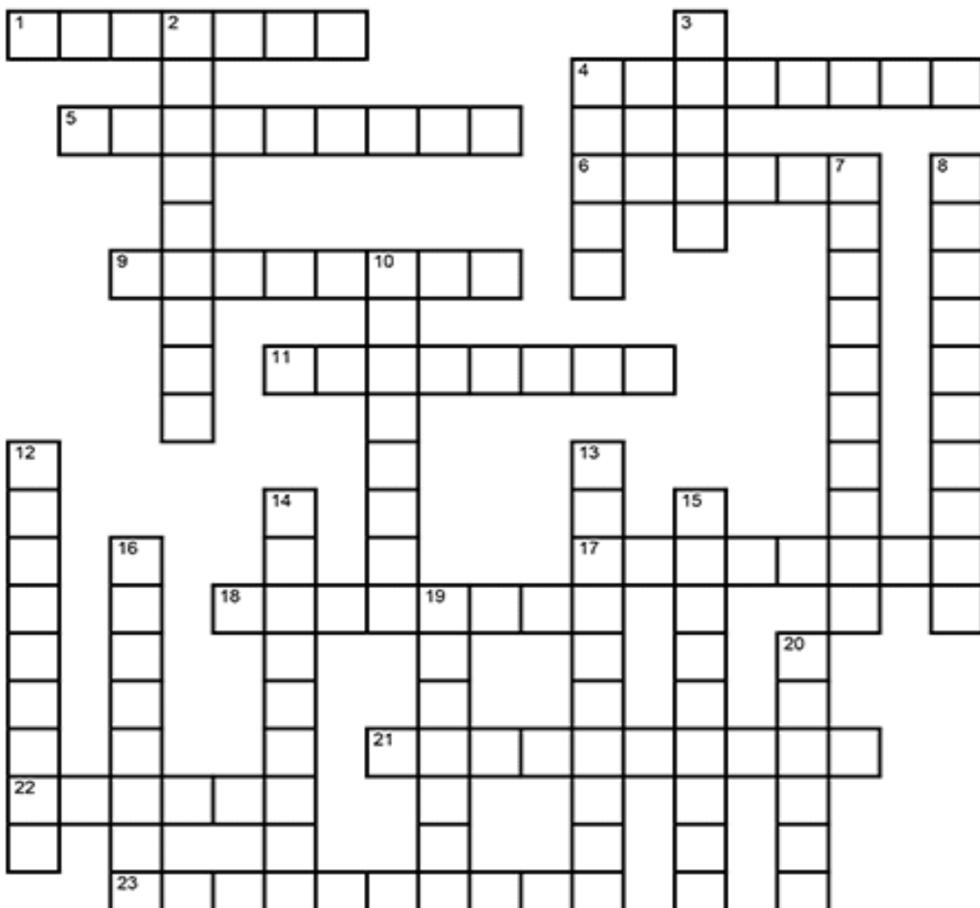
Name: \_\_\_\_\_ Date: \_\_\_\_\_

ACROSS

1. Famous president born in February
4. Festive celebration before Lent
5. Weather-predicting animal on February 2nd
6. Zodiac sign for late February birthdays
9. Winter sports event often held in February
11. February's purple birthstone
17. Special February with 29 days
18. Early-blooming February flower
21. President honored on Presidents' Day
22. Chilly season in February
23. Leaders celebrated in mid-February

DOWN

2. Sweet treat often given on Valentine's Day
3. Icy coating on February windows
4. Love-spreading cherub with bow and arrow
7. Delicate ice crystals falling in February
8. Affectionate term for a Valentine
10. Freezing February weather event
12. Major football game in early February
13. Love-filled holiday on February 14th
14. Colorful celebration before Ash Wednesday
15. Sweet message delivered on Valentine's Day
16. Sudden drop in February temperatures
19. Love in the air during Valentine's season
20. Purple flower associated with February



AMETHYST	ICE STORM	ROMANCE
CANDYGRAM	LEAP YEAR	SNOWFLAKES
CARNIVAL	LINCOLN	SUPER BOWL
CHOCOLATE	MARDI GRAS	SWEETHEART
COLD SNAP	OLYMPICS	VALENTINE'S
CUPID	PISCES	VIOLET
FROST	PRESIDENTS	WASHINGTON
GROUNDHOG	PRIMROSE	WINTER