

# *Ventana Winds*

## *Retirement Community*

12322 N 113th Ave | Youngstown, AZ 85363 | 623-583-2460

### *Staff Directory*

**Shinica Haynes- Executive Director**  
**Shaheena Ahamed- Compliance Manager**  
**Rafael Ramos- Marketing Director**  
**La'Tonya Lowman- Director of Nursing**  
**Amanda Lemke- RCC**  
**Brittany Matulin- Activity Coordinator**

### *JANUARY FUN FACT*

January is named for the Roman god Janus (beginnings/endings), was added to the original Roman calendar later, marks winter's coldest point in the Northern Hemisphere (summer in the Southern), has Garnet as its birthstone, and is associated with the Wolf Moon, plus fun days like National Spaghetti Day and the historic Rose Parade

### *WELCOME JANUARY!!*



January 1st is the first blank page of a 365-page book. Write a good one," or simpler wishes such as "Cheers to a fresh start, new adventures, and wonderful memories ahead" and "May 2026 bring new opportunities, positive changes, and joyful surprises"

### *JANUARY 2026*



**"Be at war with your vices, at peace with your neighbors, and let every new year find you a better man."**  
**-BENJAMIN FRANKLIN**



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>ALL EVENTS ARE SUBJECT TO CHANGE. YOU WILL BE NOTIFIED BY DAILY ACTIVITY SCHEDULE.</b></p>				<p>10:00- CREATE YOUR OWN NEW YEAR'S RESOLUTION BOARD <b>1</b> 1:00- ORIGINAL BINGO 2:30- ALL RESIDENT PLANNING MEETING WITH BRITTANY FOR ACTIVITIES 6:30- WII BOWLING</p>	<p>9:00- TRIP TO DOLLAR TREE: SIGN UP WITH DENISE <b>2</b> 10:00- RESIDENT CHOICE 1:00- ORIGINAL BINGO 2:30- HAPPY HOUR: BIRTHDAY PARTY WITH TOM!! 6:00- RESIDENT CHOICE</p>	<p>10:00- CRAZY BINGO <b>3</b> 1-3pm- GAMES AVAILABLE IN THE AR/LIBRARY 6:00- POKER NIGHT</p>
<p>8:30- SHEPHERD OF THE DESERT CHURCH BUS RIDE <b>4</b> 10:00- CRAZY BINGO 6:00- RESIDENT CHOICE</p>	<p>8:40- CATHOLIC COMMUNION <b>5</b> 9:00- TRADER JOE'S: SIGN UP WITH DENISE 10:00- BACKGAMMON WITH JOHN A. 1:00- GIANT BOWLING 2:30- SIP &amp; COLOR ON LARGE PAGES 6:00- CARD GAMES (RES. CHOICE)</p>	<p>9:00- KNITTING &amp; CROCHETING <b>6</b> 10:00- CORRECTIVE EXERCISE 1:00- CRAZY BINGO 2:30- CHOIR PRACTICE 6:00- POKER NIGHT</p>	<p>9:00- FRY'S SENIOR DISCOUNT DAY: SIGN UP WITH DENISE <b>7</b> 10:00- BIG FARM WITH JOHN A. 1:00- DOUBLE CRAZY BINGO 2:30- COAT HANGER TOSS 3:00- PAINTING &amp; NEW CRAFTS 3:30- NAILS WITH BRITTANY 6:30- RESIDENT CHOICE</p>	<p>10:00-BINGO CASH STORE <b>8</b> 1:00- ORIGINAL BINGO 3:00- Resident Council Meeting 6:30- WII BOWLING</p>	<p>9:00- TRIP TO DESERET INDUSTRIES: SIGN UP WITH DENISE <b>9</b> 10:00- RESIDENT CHOICE 1:00- ORIGINAL BINGO 2:30- HAPPY HOUR: NAME THAT TUNE, SNACKS &amp; DRINKS 6:00- RESIDENT CHOICE</p>	<p>10:00- CRAZY BINGO <b>10</b> 1-3pm- GAMES AVAILABLE IN THE AR/LIBRARY 6:00- POKER NIGHT</p>
<p>8:30- SHEPHERD OF THE DESERT CHURCH BUS RIDE <b>11</b> 10:00- CRAZY BINGO 6:00- RESIDENT CHOICE</p>	<p>8:40- CATHOLIC COMMUNION <b>12</b> 9:00- TRIP TO WAL-MART: SIGN UP WITH DENISE 10:00- BACKGAMMON WITH JOHN A. 1:00- GIANT BOWLING 2:30- SIP &amp; COLOR ON LARGE PAGES 6:00- CARD GAMES (RES. CHOICE)</p>	<p>9:00- KNITTING &amp; CROCHETING <b>13</b> 10:00- CORRECTIVE EXERCISE 1:00- CRAZY BINGO 2:30- CHOIR PRACTICE 6:00- POKER NIGHT</p>	<p>10:00- BIG FARM WITH JOHN A. <b>14</b> 1:00- DOUBLE CRAZY BINGO 2:30- COAT HANGER TOSS 3:00- PAINTING &amp; NEW CRAFTS 3:30- NAILS WITH BRITTANY 6:30- RESIDENT CHOICE</p>	<p>10:00-TABLE GAMES <b>15</b> 10:00- CHURCH SERVICE &amp; COMMUNION WITH MUSIC (DINING ROOM) 1:00- ORIGINAL BINGO 2:30- Ladder Toss 6:30- WII BOWLING</p>	<p>10:30- LUNCH TRIP TO DAIRY QUEEN : SIGN UP WITH DENISE <b>16</b> 10:00- RESIDENT CHOICE 1:00- ORIGINAL BINGO 2:30- HAPPY HOUR: TRIVIA WITH TOM 6:00- RESIDENT CHOICE</p>	<p>10:00- CRAZY BINGO <b>17</b> 1-3pm- GAMES AVAILABLE IN THE AR/LIBRARY 6:00- POKER NIGHT</p>
<p>8:30- SHEPHERD OF THE DESERT CHURCH BUS RIDE <b>18</b> 10:00- CRAZY BINGO 6:00- RESIDENT CHOICE</p>	<p>8:40- CATHOLIC COMMUNION <b>19</b> 9:00- TRIP TO FRY'S: SIGN UP WITH DENISE 10:00- BACKGAMMON WITH JOHN A. 1:00- GIANT BOWLING 2:30- SIP &amp; COLOR ON LARGE PAGES 6:00- CARD GAMES (RES. CHOICE)</p>	<p>9:00- KNITTING &amp; CROCHETING <b>20</b> 10:00- CORRECTIVE EXERCISE 1:00- CRAZY BINGO 2:30- CHOIR PRACTICE 6:00- POKER NIGHT</p>	<p>10:00- BIG FARM WITH JOHN A. <b>21</b> 1:00- DOUBLE CRAZY BINGO 2:30- COAT HANGER TOSS 3:00- PAINTING &amp; NEW CRAFT 3:30- NAILS WITH BRITTANY 6:30- RESIDENT CHOICE</p>	<p>10:00-TABLE GAMES <b>22</b> 1:00- ORIGINAL BINGO 2:30- JUMBO JENGA 6:30- WII BOWLING</p>	<p>9:00- TRIP TO MICHAEL'S: SIGN UP WITH DENISE <b>23</b> 10:00- RESIDENT CHOICE 1:00- ORIGINAL BINGO 2:30- HAPPY HOUR WITH TOM: MUSIC, DRINKS &amp; SNACKS 6:00- RESIDENT CHOICE</p>	<p>10:00- CRAZY BINGO <b>24</b> 1-3pm- GAMES AVAILABLE IN THE AR/LIBRARY 6:00- POKER NIGHT</p>
<p>8:30- SHEPHERD OF THE DESERT CHURCH BUS RIDE <b>25</b> 10:00- CRAZY BINGO 6:00- RESIDENT CHOICE</p>	<p>8:40- CATHOLIC COMMUNION <b>26</b> 9:00- TRIP TO WAL-MART: SIGN UP WITH DENISE 10:00- BACKGAMMON WITH JOHN A. 1:00- GIANT BOWLING 2:30- SIP &amp; COLOR ON LARGE PAGES 6:00- CARD GAMES (RES. CHOICE)</p>	<p>9:00- KNITTING &amp; CROCHETING <b>27</b> 10:00- CORRECTIVE EXERCISE 1:00- CRAZY BINGO 2:30- CHOIR PRACTICE 6:00- POKER NIGHT</p>	<p>10:00- BIG FARM WITH JOHN A. <b>28</b> 1:00- DOUBLE CRAZY BINGO 2:30- COAT HANGER TOSS 3:00- PAINTING &amp; NEW CRAFT 3:30- NAILS WITH BRITTANY 6:30- RESIDENT CHOICE</p>	<p>10:00-TABLE GAMES <b>29</b> 1:00- ORIGINAL BINGO 2:30- TOWN HALL MEETING- ALL STAFF INVITED 6:30- WII BOWLING</p>	<p>10:00- PICNIC TO RIO VISTA PARK: SIGN UP WITH DENISE <b>30</b> 10:00- RESIDENT CHOICE 1:00- ORIGINAL BINGO 2:30- HAPPY HOUR WITH TOM: KARAOKE, SNACKS &amp; DRINKS 6:00- RESIDENT CHOICE</p>	<p>10:00- CRAZY BINGO <b>31</b> 1-3pm- GAMES AVAILABLE IN THE AR/LIBRARY 6:00- POKER NIGHT</p>

# CHEERS TO 2026



## NEW YEAR'S TRIVIA

*Circle the correct answer for each question.*

1. In what year was the first-known New Year's Day celebration?  
*A. 1545    B. 2000 B.C.    C. 300 B.C.*
2. Which type of calendar marks January 1st as New Year's Day?  
*A. Gregorian    B. Egyptian    C. Chinese*
3. What percentage of Americans make New Year's resolutions?  
*A. 25%    B. 45%    C. 65%*
4. Which legume is typically consumed for good luck on New Year's?  
*A. Peanuts    B. Lima beans    C. Black-eyed peas*
5. If you're superstitious, which would you avoid eating on New Year's?  
*A. Fish    B. Lobster    C. Steak*
6. Which leader established January 1st as the first day of the year?  
*A. Cleopatra    B. Julius Caesar    C. Augustus*
7. The New Year's Eve ball was born out of a 1907 ban on what?  
*A. Alcohol    B. Fireworks    C. Books*
8. Which country refers to New Year's Eve as Hogmanay?  
*A. Scotland    B. New Zealand    C. Ireland*
9. What is the name of the Japanese New Year's Day celebration?  
*A. Sakura Matsuri    B. Shogatsu    C. Hanami*
10. What does Auld Lang Syne translate to in English?  
*A. Days gone by    B. Leave the past behind    C. Times gone by*