

Ventana Winds

Retirement Community

12322 N 113th Ave | Youngstown, AZ 85363 | 623-583-2460

Staff Directory

Shinica Haynes- Executive Director
Shaheena Ahamed- Compliance Manager
Rafael Ramos- Marketing Director
La'Tonya Lowman- Director of Nursing
Amanda Lemke- RCC
Brittany Matulin- Activity Coordinator

FEBRUARY FUN FACTS

When: Second month of the Gregorian calendar
Days: 28 (29 in leap years)
Birthstone: Amethyst
Flower: Violet and Iris
Zodiac Signs: Aquarius (Jan 20 – Feb 18), Pisces (Feb 19 – Mar 20)
Season: Winter in Northern Hemisphere, Summer In Southern Hemisphere
Notable Holidays: Valentine's Day, Presidents' Day (US), Groundhog Day (US/Canada)

WELCOME FEBRUARY!!

"In the coldest February, as in every other month in every other year, the best thing to hold on to in this world is each other."
-LINDA ELLERBEE

FEBRUARY 2026



"LIFE IS PARTLY WHAT WE MAKE IT, AND PARTLY WHAT IS MADE BY THE FRIENDS WE CHOOSE."
-TENNESSE WILLIAMS

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8:30 Shepherd of the Desert Church Bus Ride 10:00 Crazy Bingo 6:00 Resident Choice	1 8:40 Catholic Communion 9:00 Trader Joe's: Sign up with Denise 10:00 Backgammon with John 1:00 Come Plunge to Victory!! 2:30 Sip & Color Adult Pages! 6:00 Resident Choice	2 9:00 Knitting & Crocheting 10:00 Corrective Exercise 1:00 Ice Cream Sundae's with Rosa & Brittany!! 2:30 Choir Practice 6:00 Poker Night	3 9:00 Fry's Senior Discount Day: Sign up with Denise 10:00 Big Farm with John 1:00 Double Crazy Bingo 3:00 Painting & New Crafts with Kevin 3:30 Nails with Brittany 6:30 Resident Choice	4 9:30 Coffee & Donuts with Shinie 1:00 Sweet Treat making with friends!! 2:30 All Resident Planning Meeting for Activities with Brittany 6:30 Wii Bowling	5 9:00 Trip to Goodwill: Sign up with Denise 1:00 Egg Citing-Don't let the Egg Drop!! 2:30 Happy Hour: Birthday Party with Tom! Cupcakes & Drinks will be served! 6:00 Resident Choice	6 10:00 Crazy Bingo 1:00 Games Available in the AR/Library 6:00 Poker Night
8:30 Shepherd of the Desert Church Bus Ride 10:00 Crazy Bingo 4:30 SUPER BOWL PARTY WITH TOM!!!!: FOOD & DRINKS WILL BE SERVED!! 6:00 Resident Choice	8 8:40 Catholic Communion 9:00 Trip to Walmart: Sign up with Denise 10:00 Backgammon with John 1:00 Button Hearts 2:30 Make Cards for Friends!! 6:00 Resident Choice	9 9:00 Knitting & Crocheting 10:00 Smoothies with Corrective Exercise!! 1:00 2 in 1 Bingo 2:30 Choir Practice 6:00 Poker Night	10 10:00 Big Farm with John 1:00 Double Crazy Bingo 2:30 Putter Par Tee with Tom 3:00 Painting & New Crafts with Kevin 3:30 Nails with Brittany 6:30 Resident Choice	11 9:30 Coffee & Donuts with Shinie 10:00 Resident Council Meeting 1:30 Valentine's Afternoon Brunch Party!! 6:30 Wii Bowling	12 9:30 MR. JAY & KIDS: VALENTINE'S PERFORMANCE & CRAFTS!! 1:00 Always & Forever Sticking Together!! 2:30 Happy Hour with Tom: Name that Tune with Snacks & Drinks 6:00 Resident Choice	13 10:00 Crazy Bingo 1:00 Games Available in the AR/Library 6:00 Poker Night
8:30 Shepherd of the Desert Church Bus Ride 10:00 Crazy Bingo 6:00 Resident Choice	15 8:40 Catholic Communion 9:00 Trip to Fry's: Sign up with Denise 10:00 Backgammon with John 1:00 Poppin' Notes With Brittany!! 2:30 Sip & Color Adult Pages! 6:00 Resident Choice	16 9:00 Knitting & Crocheting 10:00 Corrective Exercise 1:30 Mardi Gras Party!!! 2:30 Choir Practice 6:00 Poker Night	17 10:00 Big Farm with John 1:00 Double Crazy Bingo 3:00 Painting & New Crafts with Kevin 3:30 Nails with Brittany 6:30 Resident Choice	18 9:30 Coffee & Donuts with Shinie 10:00 Shepherd of the Desert Church Service with Communion & Music 1:00 Snacks with Shinie!! 2:15 All Staff Meeting with Shinie 6:30 Wii Bowling	19 9:00 Breakfast Trip to First Watch: Sign up with Denise 2:30 Happy Hour with Tom: Trivia with Snacks & Drinks 6:00 Resident Choice	20 10:00 Crazy Bingo 1:00 Games Available in the AR/Library 6:00 Poker Night
8:30 Shepherd of the Desert Church Bus Ride 10:00 Crazy Bingo 6:00 Resident Choice	22 8:40 Catholic Communion 9:00 Trip to Walmart: Sign up with Denise 10:00 Backgammon with John 1:00 Floating up for Love!! 2:30 Sip & Color Adult Pages! 6:00 Resident Choice	23 9:00 Knitting & Crocheting 10:00 Corrective Exercise 1:00 2 in 1 Bingo 2:30 Choir Practice 6:00 Poker Night	24 10:00 Big Farm with John 1:00 Double Crazy Bingo 3:00 Painting & New Crafts with Kevin 3:30 Nails with Brittany 6:30 Resident Choice	25 9:30 Coffee & Donuts with Shinie 1:00 Wine Tasting & History Facts with Clay from Desert Valley!! 2:30 Town Hall Meeting-All Staff Invited 6:30 Wii Bowling	26 10:00 Picnic at Surprise Park: Sign up with Denise 2:30 Happy Hour: Live Music with Glenn!! Snacks & Drinks will be served!! 6:00 Resident Choice	27 10:00 Crazy Bingo 1:00 Games Available in the AR/Library 6:00 Poker Night



VALENTINE'S DAY CANDY QUIZ



MATCH THE CANDY TO THE SLOGAN! THE MOST
CORRECT ANSWERS WIN!

1. GIMME A BREAK _____
2. TASTE THE RAINBOW _____
3. TWO FOR ME, NONE FOR YOU _____
4. A LIGHTER WAY TO ENJOY CHOCOLATE _____
5. THERE'S NO WRONG WAY TO EAT IT _____
6. YOU'RE NOT YOU WHEN YOU'RE HUNGRY _____
7. MAKES MOUTHS HAPPY _____
8. ISN'T LIFE JUICY? _____
9. COMFORT IN EVERY BAR _____
10. GET THE SENSATION! _____
11. CRISPETY, CRUNCHETY, PEANUT-BUTTERY _____
12. TASTE THE EXPLOSION _____
13. SAY IT WITH A KISS _____
14. MELT IN YOUR MOUTH, NOT IN YOUR HAND _____
15. SOMETIMES YOU FEEL LIKE A NUT,
SOMETIMES YOU DON'T _____

- A) MILKYWAY
- B) BUTTERFINGER
- C) REESE'S
- D) POP ROCKS
- E) HERSHEY'S KISS
- F) TWIZZLERS
- G) STARBURST
- H) 3 MUSKETEERS
- I) M&M'S
- J) SKITTLES
- K) ALMOND JOY
- L) TWIX
- M) KITKAT
- N) MOUNDS
- O) SNICKERS
- P) YORK PEPPERMINT PATTY

NAME:

SCORE: