

Ventana Winds

Retirement Community

12322 N 113th Ave | Youngstown, AZ 85363 | 623-583-2460

Staff Directory

Shinica Haynes- Executive Director
Shaheena Ahamed- Compliance Manager
Rafael Ramos- Marketing Director
La'Tonya Lowman- Director of Nursing
Amanda Lemke- RCC
Brittany Matulin- Activity Coordinator

FEBRUARY FUN FACTS

When: Second month of the Gregorian calendar
Days: 28 (29 in leap years)
Birthstone: Amethyst
Flower: Violet and Iris
Zodiac Signs: Aquarius (Jan 20 – Feb 18), Pisces (Feb 19 – Mar 20)
Season: Winter in Northern Hemisphere, Summer in Southern Hemisphere
Notable Holidays: Valentine's Day, Presidents' Day (US), Groundhog Day (US/Canada)

WELCOME FEBRUARY!!

"In the coldest February, as in every other month in every other year, the best thing to hold on to in this world is each other."
–LINDA ELLERBEE

FEBRUARY 2026



"LIFE IS PARTLY WHAT WE MAKE IT, AND PARTLY WHAT IS MADE BY THE FRIENDS WE CHOOSE."
–TENNESSE WILLIAMS

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8:30 Shepherd of the Desert Church Bus Ride 10:00 Crazy Bingo 6:00 Resident Choice	8:40 Catholic Communion 9:00 Trader Joe's: Sign up with Denise 10:00 Backgammon with John 1:00 Come Plunge to Victory!! 2:30 Sip & Color Adult Pages! 6:00 Resident Choice	9:00 Knitting & Crocheting 10:00 Corrective Exercise 1:00 Ice Cream Sundae's with Rosa & Brittany!! 2:30 Choir Practice 6:00 Poker Night	9:00 Fry's Senior Discount Day: Sign up with Denise 10:00 Big Farm with John 1:00 Double Crazy Bingo 3:00 Painting & New Crafts with Kevin 3:30 Nails with Brittany 6:30 Resident Choice	9:30 Coffee & Donuts with Shinie 1:00 Sweet Treat making with friends!! 2:30 All Resident Planning Meeting for Activities with Brittany 6:30 Wii Bowling	9:00 Trip to Goodwill: Sign up with Denise 1:00 Egg Citing-Don't let the Egg Drop!! 2:30 Happy Hour: Birthday Party with Tom! Cupcakes & Drinks will be served! 6:00 Resident Choice	10:00 Crazy Bingo 1:00 Games Available in the AR/Library 6:00 Poker Night
8:30 Shepherd of the Desert Church Bus Ride 10:00 Crazy Bingo 4:30 SUPER BOWL PARTY WITH TOM!!!!: FOOD & DRINKS WILL BE SERVED!! 6:00 Resident Choice	8:40 Catholic Communion 9:00 Trip to Walmart: Sign up with Denise 10:00 Backgammon with John 1:00 Button Hearts 2:30 Make Cards for Friends!! 6:00 Resident Choice	9:00 Knitting & Crocheting 10:00 Smoothies with Corrective Exercise!! 1:00 2 in 1 Bingo 2:30 Choir Practice 6:00 Poker Night	10:00 Big Farm with John 1:00 Double Crazy Bingo 2:30 Putter Par Tee with Tom 3:00 Painting & New Crafts with Kevin 3:30 Nails with Brittany 6:30 Resident Choice	9:30 Coffee & Donuts with Shinie 10:00 Resident Council Meeting 1:30 Valentine's Afternoon Brunch Party!! 6:30 Wii Bowling	9:30 MR. JAY & KIDS: VALENTINE'S PERFORMANCE & CRAFTS!! 1:00 Always & Forever Sticking Together!! 2:30 Happy Hour with Tom: Name that Tune with Snacks & Drinks 6:00 Resident Choice	10:00 Crazy Bingo 1:00 Games Available in the AR/Library 6:00 Poker Night
8:30 Shepherd of the Desert Church Bus Ride 10:00 Crazy Bingo 6:00 Resident Choice	8:40 Catholic Communion 9:00 Trip to Fry's: Sign up with Denise 10:00 Backgammon with John 1:00 Poppin' Notes With Brittany!! 2:30 Sip & Color Adult Pages! 6:00 Resident Choice	9:00 Knitting & Crocheting 10:00 Corrective Exercise 1:30 Mardi Gras Party!!! 2:30 Choir Practice 6:00 Poker Night	10:00 Big Farm with John 1:00 Double Crazy Bingo 3:00 Painting & New Crafts with Kevin 3:30 Nails with Brittany 6:30 Resident Choice	9:30 Coffee & Donuts with Shinie 10:00 Shepherd of the Desert Church Service with Communion & Music 1:00 Snacks with Shinie!! 2:15 All Staff Meeting with Shinie 6:30 Wii Bowling	9:00 Breakfast Trip to First Watch: Sign up with Denise 2:30 Happy Hour with Tom: Trivia with Snacks & Drinks 6:00 Resident Choice	10:00 Crazy Bingo 1:00 Games Available in the AR/Library 6:00 Poker Night
8:30 Shepherd of the Desert Church Bus Ride 10:00 Crazy Bingo 6:00 Resident Choice	8:40 Catholic Communion 9:00 Trip to Walmart: Sign up with Denise 10:00 Backgammon with John 1:00 Floating up for Love!! 2:30 Sip & Color Adult Pages! 6:00 Resident Choice	9:00 Knitting & Crocheting 10:00 Corrective Exercise 1:00 2 in 1 Bingo 2:30 Choir Practice 6:00 Poker Night	10:00 Big Farm with John 1:00 Double Crazy Bingo 3:00 Painting & New Crafts with Kevin 3:30 Nails with Brittany 6:30 Resident Choice	9:30 Coffee & Donuts with Shinie 1:00 Wine Tasting & History Facts with Clay from Desert Valley!! 2:30 Town Hall Meeting-All Staff Invited 6:30 Wii Bowling	10:00 Picnic at Surprise Park: Sign up with Denise 2:30 Happy Hour: Live Music with Glenn!! Snacks & Drinks will be served!! 6:00 Resident Choice	10:00 Crazy Bingo 1:00 Games Available in the AR/Library 6:00 Poker Night



VALENTINE'S DAY CANDY QUIZ



MATCH THE CANDY TO THE SLOGAN! THE MOST
CORRECT ANSWERS WIN!

1. GIMME A BREAK _____

2. TASTE THE RAINBOW _____

3. TWO FOR ME, NONE FOR YOU _____

4. A LIGHTER WAY TO ENJOY CHOCOLATE _____

5. THERE'S NO WRONG WAY TO EAT IT _____

6. YOU'RE NOT YOU WHEN YOU'RE HUNGRY _____

7. MAKES MOUTHS HAPPY _____

8. ISN'T LIFE JUICY? _____

9. COMFORT IN EVERY BAR _____

10. GET THE SENSATION! _____

11. CRISPETY, CRUNCHETY, PEANUT-BUTTERY _____

12. TASTE THE EXPLOSION _____

13. SAY IT WITH A KISS _____

14. MELT IN YOUR MOUTH, NOT IN YOUR HAND _____

15. SOMETIMES YOU FEEL LIKE A NUT,
SOMETIMES YOU DON'T _____

A) MILKYWAY

B) BUTTERFINGER

C) REESE'S

D) POP ROCKS

E) HERSHEY'S KISS

F) TWIZZLERS

G) STARBURST

H) 3 MUSKETEERS

I) M&M'S

J) SKITTLES

K) ALMOND JOY

L) TWIX

M) KITKAT

N) MOUNDS

O) SNICKERS

P) YORK PEPPERMINT
PATTY

NAME: _____

SCORE: _____