

Sedona Winds

Retirement Community

405 Jacks Canyon Road | Sedona, AZ 86351 | 928-284-1021

Welcome New Residents

Pat Burdick.....Apt. #210
Russ & Ruth Sease.....Apt. #214
Hiro & Jimmy Miyakawa..... Apt. #205



This Month's Trivia

The birthstone for January is Garnet.
January is named after the Roman God, Janus.
The flower for January is a Carnation.
The Pop-Up Toaster was patented in Jan. 1929.
Monopoly was patented in Jan. 1935.
The electric lamp was patented in Jan. 1880.

January Birthdays

Gretchen Flag.....Jan. 6
Martin Yacker.....Jan. 13
Maxine Smith.....Jan. 18
Tony Ruggirello (staff).....Jan. 18
Evelyn Hunt.....Jan. 23
Agda Freitag..... Jan. 30

January 2026



Sign Up!! Come Out!! Join The Fun!!

January Anniversaries

Debbi Menig.....Jan. 4, 2021.....5 years
Tony Ruggirello.....Jan. 4, 2021.....5 years
Holly Sutter.....Jan. 7, 2025.....1 year



www.theearningsite.info

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				8:30 Morning Stretch (AR) ¹ 9:30 Cottonwood Van (W) 1:00 Bowling on Wii 1:00 Pinochle (OCR) 1:45 Village Van (C) 5:30 Mexican Train 6:45 Bible Study (AR)	10:00 Fitness (AR) ² 10:30 Prescott Shopping Van (L) 1:30 Penny Ante Poker (OCR) 2:00 Would you rather... (AR) 5:30 Mexican Train	10:00 Chair Yoga with Susannah ³ 5:30 Mexican Train
10:00 Communion in the Library ⁴ 11:30 Sunday Brunch (DR) 1:30 Sunday Brunch (DR) 3:00 Matinee Movie (AR) 5:30 Mexican Train	10:00 Fitness (AR) ⁵ 10:45 Trivia Fun (AR) 11:15 Did You Know (AR) 11:30 Lunch at Doc's BBQ (L) 2:00 Sedona Downs (LI) 3:00 Catholic Service (AR)	8:30 Coffee Club w/Will - Edward Jones (CA) ⁶ 8:30 Morning Stretch (AR) 10:00 Village Van 11:00 Bible Study 11:00 You be the Judge (AR) 2:00 Card Bingo (OCR) 4:00 Dinner Music w/Richard (AR)	9:30 Sedona Van ⁷ 10:00 Fitness (AR) 11:00 A Word to the Wise (AR) 2:00 Bingo w/Will - Edward Jones (AR) 3:00 Have you ever (AR) 4:00 Meet & Greet Residents (AR)	8:30 Morning Stretch (AR) ⁸ 9:30 Cottonwood Van (W) 1:00 Bowling on Wii 1:00 Pinochle (OCR) 1:45 Village Van (C) 2:00 Happy Hour w/Robert Clark (AR) 5:30 Mexican Train 6:45 Bible Study (AR)	10:00 Fitness (AR) ⁹ 11:00 Science for Seniors (AR) 12:00 Thrift Store Shopping - Sedona (L) 1:30 Penny Ante Poker (OCR) 2:00 Would you rather... (AR) 5:30 Mexican Train	9:15 Celebration of Life: Jackie McCarthy (L) ¹⁰ 2:00 Drawing & Painting w/Joan (AR) 5:30 Mexican Train
10:00 Communion in the Library ¹¹ 11:30 Sunday Brunch (DR) 1:30 Sunday Brunch (DR) 3:00 Matinee Movie (AR) 5:30 Mexican Train	10:00 Fitness (AR) ¹² 10:45 Trivia Fun (AR) 11:15 Did You Know (AR) 11:30 Brunch at LeCreme - Camp Verde (L) 2:00 Sedona Downs (LI) 3:00 Catholic Service (AR)	8:30 Morning Stretch (AR) ¹³ 9:00 Phone & Computer Help w/Marcie (OCR) 10:00 Pro Active Health (AR) 10:00 Village Van 11:00 Bible Study 11:00 You be the Judge (AR) 2:00 Card Bingo (OCR) 2:00 Crafts - Ribbon Lei's w/Melba & April (AR)	9:30 Sedona Van ¹⁴ 10:00 Fitness (AR) 10:45 Visit with Taffy & Vickie (AR) 11:00 Wellness Clinic w/Brooklyn (AR) 12:00 A word to the Wise (AR) 2:00 Village Ukulele Band (AR) 3:00 Have you ever (AR)	8:30 Morning Stretch (AR) ¹⁵ 9:30 Cottonwood Van (W) 1:00 Bowling on Wii 1:00 Pinochle (OCR) 1:45 Village Van (C) 2:00 Happy Hour with John Z. (AR) 5:30 Mexican Train 6:45 Bible Study (AR)	10:00 Fitness (AR) ¹⁶ 11:00 Science for Seniors (AR) 12:00 Shopping in Cottonwood (L) 1:30 Penny Ante Poker (OCR) 2:00 Would you rather... (AR) 5:30 Mexican Train	10:00 Chair Yoga with Susannah ¹⁷ 5:30 Mexican Train
10:00 Communion in the Library ¹⁸ 11:30 Sunday Brunch (DR) 1:30 Sunday Brunch (DR) 3:00 Matinee Movie (AR) 5:30 Mexican Train	10:00 Fitness (AR) ¹⁹ 10:45 Trivia Fun (AR) 11:15 Did You Know (AR) 11:30 Lunch at G's Burgers (L) 2:00 Crafts - Sensory Jars w/Norene (AR) 2:00 Sedona Downs (LI) 3:00 Catholic Service (AR)	8:30 Morning Stretch (AR) ²⁰ 10:00 Village Van 11:00 Bible Study 11:00 You be the Judge (AR) 2:00 Card Bingo (OCR) 2:00 Ice Cream Social & Trivia w/Gwen (AR)	9:30 Sedona Van ²¹ 10:00 Fitness (AR) 11:00 A word to the Wise (AR) 1:30 Healthy U with No. Az. Homecare & Hospice (AR) 2:30 Bingo w/Brooklyn (AR) 3:00 Have you ever (AR)	8:30 Morning Stretch (AR) ²² 9:30 Cottonwood Van (W) 11:00 Sedona Heritage Museum Trip (L) 1:00 Bowling on Wii 1:00 Pinochle (OCR) 1:45 Village Van (C) 5:30 Mexican Train 6:45 Bible Study (AR)	10:00 Fitness (AR) ²³ 11:00 Science for Seniors (AR) 12:00 Thrift Store Shopping - Village of Oak Creek (L) 1:30 Penny Ante Poker (OCR) 2:00 Birthday Concert with Greg & Lisa (AR) 3:00 Would you rather... (AR) 5:30 Mexican Train	10:00 Chair Yoga with Susannah ²⁴ 2:00 Drawing & Painting w/Joan (AR) 5:30 Mexican Train
10:00 Communion in the Library ²⁵ 11:30 Sunday Brunch (DR) 1:30 Sunday Brunch (DR) 3:00 Matinee Movie (AR) 5:30 Mexican Train	10:00 Fitness (AR) ²⁶ 10:45 Trivia Fun (AR) 11:15 Did You Know (AR) 11:30 Lunch at Vinnie's Pizza - Cottonwood (L) 2:00 Sedona Downs (LI) 3:00 Catholic Service (AR)	8:30 Morning Stretch (AR) ²⁷ 10:00 Village Van 11:00 Bible Study 11:00 You be the Judge (AR) 2:00 Card Bingo (OCR) 4:00 Dinner Music w/Solomon (DR)	9:30 Sedona Van ²⁸ 10:00 Fitness (AR) 11:00 A word to the Wise (AR) 1:00 Paper Airplanes: Build & Fly w/Brad (AR) 2:00 Bingo with Laura (AR) 3:00 Have you ever (AR)	8:30 Morning Stretch (AR) ²⁹ 9:30 Cottonwood Van (W) 1:00 Bowling on Wii 1:00 Pinochle (OCR) 1:45 Village Van (C) 2:00 Happy Hour w/Kathi (AR) 5:30 Mexican Train 6:45 Bible Study (AR)	10:00 Fitness (AR) ³⁰ 11:00 Science for Seniors (AR) 12:00 Thrift Store Shopping - Camp Verde (L) 1:00 Show and Tell (AR) 1:30 Penny Ante Poker (OCR) 2:00 Would you rather... (AR) 3:00 Monthly Memories (AR) 5:30 Mexican Train	10:00 Chair Yoga with Susannah ³¹ 5:30 Mexican Train

Special Events In January

Mark Your Calendars

Music Performances

Dinner Music w/Richard.....Jan. 6th
Happy Hour w/Robert Clark.....Jan. 8th
Ukulele Band Performs..... Jan.14th
Happy Hour w/John Z..... Jan.15th
Birthday Concert w/Greg & LisaJan.23rd
Dinner Music w/Solomon.....Jan.27th
Happy Hour w/Kathi Bellucci..... Jan.29th

Shopping Trips

Prescott Mall Shopping.....Jan. 2nd
Thrift Store Shopping – Sedona.....Jan. 9th
Marshall's/Dollar Tree.....Jan.16th
Lunch at G's Burgers..... Jan.19th
Thrift Store Shopping – VOC..... Jan.23rd
Thrift Store Shopping – Camp V.....Jan.30th

Lunch Dates

Lunch At Doc's – VOC.....Jan. 5th
Brunch at LeCreme..... Jan.12th
Lunch at G's Burgers.....Jan.19th
Lunch at Vinnie's Pizza.....Jan.26th

Special Events

Resident Meet & Greet.....Jan. 7th
Celebration of Life: Jackie McCarthy...Jan.10th
IceCream Social w/Gwen.....Jan.20th
Sedona Heritage Museum (\$10).....Jan.22nd

Health & Wellness

Proactive Health Presents:.....Jan.13th
Wellness Clinic w/Brooklyn..... Jan.14th
Vicki & Taffy VisitJan.14th
Healthy U w/NAHC..... Jan.21st

Fun & Games

Crafts – Ribbon Lei's w/MelbaJan.13th
Crafts: Paper Airplanes w/Brad.....Jan.28th
Monthly Memories.....Jan.30th

Sign-Up Sheets are at the Front Desk!!
Let's have a FUN-tastic New Year!!

Happy New Year to ALL!!