

# *Sedona Winds*

*Retirement Community*

475 Jacks Canyon Road | Sedona, AZ 86351 | 928-284-9077

**“January looks forward to the new year and back to the old year. He sees past and future.”**

— M.L. Stedman



## Holidays

**New Years Day - January 1st**

**Martin Luther King Jr. Day - January 19th**

## Birthdays

**Bill Kusner - January 16th**

**Peter Kondos - January 20th**

**Adrienne Knight - January 23rd**

**January 2026**



## Welcome

Julie England  
Barbara Murray  
Iva Miller

## Did You Know?

January, the first month of the year in the Gregorian calendar, is full of interesting facts and traditions. Its name comes from Janus, the Roman god of beginnings and transitions, often depicted with two faces—one looking to the past and one toward the future. January is a time when many countries experience their coldest weather of the year, and it's also a popular month for setting New Year's resolutions, a tradition that dates back to ancient Babylon.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			PLEASE REMEMBER, CALENDAR IS SUBJECT TO CHANGE. THANK YOU!	<span style="background-color: #d3d3d3; border-radius: 50%; padding: 2px 5px;">New Year's Day</span> <span style="color: blue;">● 9:30</span> Morning Exercise <span style="color: purple;">● 10:30</span> Bible Study <span style="color: yellow;">● 1:00</span> Puzzles in the Library <span style="color: orange;">● 2:00</span> Bingo	<span style="color: blue;">● 9:30</span> Morning Exercise <span style="color: orange;">● 10:30</span> Bingo <span style="color: yellow;">● 11:00</span> Puzzles in the Library <span style="color: yellow;">● 2:00</span> Jeopardy	<span style="color: blue;">● 9:45</span> Rise & Shine Exercise <span style="color: orange;">● 10:30</span> Bingo <span style="color: yellow;">● 12:45</span> Low Vision Book Club <span style="color: yellow;">● 2:00</span> Storybook & Discussion Group <span style="color: orange;">● 6:00</span> Movie & Popcorn
<span style="color: blue;">● 10:00</span> Rise & Shine Exercise <span style="color: red;">● 10:30</span> Sunday Morning Surprise <span style="color: purple;">● 1:00</span> Church Service and Singing! <span style="color: blue;">● 2:00</span> Spa Time! <span style="color: yellow;">● 3:30</span> Trivia & Laughs	<span style="color: red;">● 8:00</span> Clark's Outing <span style="color: blue;">● 9:30</span> Morning Exercise <span style="color: orange;">● 10:30</span> Bingo <span style="color: orange;">● 12:30</span> Robert Clarke Music Performance <span style="color: red;">● 2:00</span> Art Class with Rachel Tucker <span style="color: yellow;">● 3:00</span> Scrabble	<span style="color: blue;">● 9:30</span> Morning Exercise <span style="color: orange;">● 10:30</span> Bingo <span style="color: orange;">● 12:00</span> Chantal Playing Piano & Singing Oldies at Lunch <span style="color: red;">● 2:00</span> Bridge	<span style="color: blue;">● 9:30</span> Morning Exercise <span style="color: orange;">● 12:00</span> Bobby Myhre Classic Sinatra & Jazz Entertainment During Lunch <span style="color: orange;">● 2:00</span> Bingo	<span style="color: blue;">● 9:30</span> Morning Exercise <span style="color: purple;">● 10:30</span> Bible Study <span style="color: yellow;">● 1:00</span> Puzzles in the Library <span style="color: orange;">● 2:00</span> Bingo	<span style="color: blue;">● 9:30</span> Morning Exercise <span style="color: orange;">● 10:30</span> Bingo <span style="color: yellow;">● 11:00</span> Puzzles in the Library <span style="color: orange;">● 2:00</span> Bingo	<span style="color: blue;">● 9:45</span> Rise & Shine Exercise <span style="color: orange;">● 10:30</span> Bingo <span style="color: yellow;">● 12:45</span> Low Vision Book Club <span style="color: yellow;">● 2:00</span> Storybook & Discussion Group <span style="color: orange;">● 6:00</span> Movie & Popcorn
<span style="color: blue;">● 10:00</span> Rise & Shine Exercise <span style="color: red;">● 10:30</span> Sunday Morning Surprise <span style="color: orange;">● 2:00</span> Name That Tune! <span style="color: yellow;">● 3:30</span> Trivia & Laughs	<span style="color: blue;">● 9:30</span> Morning Exercise <span style="color: orange;">● 10:30</span> Bingo <span style="color: red;">● 1:30</span> Manicures <span style="color: yellow;">● 3:00</span> Scrabble	<span style="color: orange;">● 10:00</span> Casino Outing <span style="color: yellow;">● 11:00</span> Puzzles in the Library <span style="color: orange;">● 12:00</span> Chantal Playing Piano & Singing Oldies at Lunch	<span style="color: blue;">● 9:30</span> Morning Exercise <span style="color: red;">● 10:30</span> Community Meeting <span style="color: yellow;">● 11:00</span> Puzzles in the Library <span style="color: orange;">● 2:00</span> Bingo	<span style="color: blue;">● 9:30</span> Morning Exercise <span style="color: purple;">● 10:30</span> Bible Study <span style="color: green;">● 12:15</span> Birthday Cake Celebration with Compassus <span style="color: yellow;">● 1:00</span> Puzzles in the Library <span style="color: orange;">● 3:30</span> John Ziegler Concert & Happy Hour	<span style="color: blue;">● 9:30</span> Morning Exercise <span style="color: orange;">● 10:30</span> Bingo <span style="color: yellow;">● 11:00</span> Puzzles in the Library <span style="color: orange;">● 2:00</span> Benedetto Duo	<span style="color: blue;">● 9:45</span> Rise & Shine Exercise <span style="color: orange;">● 10:30</span> Bingo <span style="color: yellow;">● 12:45</span> Low Vision Book Club <span style="color: yellow;">● 2:00</span> Storybook & Discussion Group <span style="color: orange;">● 6:00</span> Movie & Popcorn
<span style="color: blue;">● 10:00</span> Rise & Shine Exercise <span style="color: red;">● 10:30</span> Sunday Morning Surprise <span style="color: red;">● 2:00</span> Resident Interview! <span style="color: yellow;">● 3:30</span> Trivia & Laughs	<span style="color: blue;">● 9:30</span> Morning Exercise <span style="color: red;">● 8:00</span> Walmart Outing <span style="color: yellow;">● 11:00</span> Puzzles in the Library <span style="color: red;">● 2:00</span> Art Class with Rachel Tucker <span style="color: yellow;">● 3:00</span> Scrabble	<span style="color: blue;">● 9:30</span> Morning Exercise <span style="color: orange;">● 10:30</span> Bingo <span style="color: orange;">● 12:00</span> Chantal Playing Piano & Singing Oldies at Lunch <span style="color: red;">● 2:00</span> Bridge	<span style="color: blue;">● 9:30</span> Morning Exercise <span style="color: orange;">● 10:30</span> Bingo <span style="color: yellow;">● 11:00</span> Puzzles in the Library <span style="color: red;">● 2:00</span> Caregiver Meeting	<span style="color: blue;">● 9:30</span> Morning Exercise <span style="color: purple;">● 10:30</span> Bible Study <span style="color: yellow;">● 1:00</span> Puzzles in the Library <span style="color: orange;">● 2:00</span> Bingo	<span style="color: blue;">● 9:30</span> Morning Exercise <span style="color: orange;">● 10:30</span> Bingo <span style="color: yellow;">● 11:00</span> Puzzles in the Library <span style="color: red;">● 1:00</span> Free Time to Paint & Craft	<span style="color: blue;">● 9:45</span> Rise & Shine Exercise <span style="color: orange;">● 10:30</span> Bingo <span style="color: yellow;">● 12:45</span> Low Vision Book Club <span style="color: yellow;">● 2:00</span> Storybook & Discussion Group <span style="color: orange;">● 6:00</span> Movie & Popcorn
<span style="color: blue;">● 10:00</span> Rise & Shine Exercise <span style="color: red;">● 10:30</span> Sunday Morning Surprise <span style="color: red;">● 2:00</span> Interact Club New Year's Event! <span style="color: yellow;">● 3:30</span> Trivia & Laughs	<span style="color: blue;">● 9:30</span> Morning Exercise <span style="color: orange;">● 10:30</span> Bingo <span style="color: red;">● 1:30</span> Manicures <span style="color: yellow;">● 3:00</span> Scrabble	<span style="color: blue;">● 9:30</span> Morning Exercise <span style="color: orange;">● 10:30</span> Bingo <span style="color: orange;">● 12:00</span> Chantal Playing Piano & Singing Oldies at Lunch <span style="color: red;">● 2:00</span> Bridge	<span style="color: blue;">● 9:30</span> Morning Exercise <span style="color: green;">● 10:30</span> BoSa Donuts <span style="color: yellow;">● 11:00</span> Puzzles in the Library <span style="color: orange;">● 2:00</span> Bingo	<span style="color: blue;">● 9:30</span> Morning Exercise <span style="color: purple;">● 10:30</span> Bible Study <span style="color: yellow;">● 1:00</span> Puzzles in the Library <span style="color: orange;">● 2:00</span> Bingo	<span style="color: blue;">● 9:30</span> Morning Exercise <span style="color: orange;">● 10:30</span> Bingo <span style="color: yellow;">● 11:00</span> Puzzles in the Library <span style="color: yellow;">● 2:00</span> Jeopardy	<span style="color: blue;">● 9:45</span> Rise & Shine Exercise <span style="color: orange;">● 10:30</span> Bingo <span style="color: yellow;">● 12:45</span> Low Vision Book Club <span style="color: yellow;">● 2:00</span> Storybook & Discussion Group <span style="color: orange;">● 6:00</span> Movie & Popcorn

