

Sedona Winds

Retirement Community

475 Jacks Canyon Road | Sedona, AZ 86351 | 928-284-9077

“January looks forward to the new year and back to the old year. He sees past and future.”

— M.L. Stedman



Holidays

New Years Day - January 1st

Martin Luther King Jr. Day - January 19th

Birthdays

Bill Kusner - January 16th

Peter Kondos - January 20th

Adrienne Knight - January 23rd

January 2026







Welcome

Julie England
Barbara Murray
Iva Miller

Did You Know?

January, the first month of the year in the Gregorian calendar, is full of interesting facts and traditions. Its name comes from Janus, the Roman god of beginnings and transitions, often depicted with two faces—one looking to the past and one toward the future. January is a time when many countries experience their coldest weather of the year, and it's also a popular month for setting New Year's resolutions, a tradition that dates back to ancient Babylon.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			PLEASE REMEMBER, CALENDAR IS SUBJECT TO CHANGE. THANK YOU!	New Year's Day ● 9:30 Morning Exercise ● 10:30 Bible Study ● 1:00 Puzzles in the Library ● 2:00 Bingo	● 9:30 Morning Exercise ● 10:30 Bingo ● 11:00 Puzzles in the Library ● 2:00 Jeopardy	● 9:45 Rise & Shine Exercise ● 10:30 Bingo ● 12:45 Low Vision Book Club ● 2:00 Storybook & Discussion Group ● 6:00 Movie & Popcorn
● 10:00 Rise & Shine Exercise ● 10:30 Sunday Morning Surprise ● 1:00 Church Service and Singing! ● 2:00 Spa Time! ● 3:30 Trivia & Laughs	● 8:00 Clark's Outing ● 9:30 Morning Exercise ● 10:30 Bingo ● 12:30 Robert Clarke Music Performance ● 2:00 Art Class with Rachel Tucker ● 3:00 Scrabble	● 9:30 Morning Exercise ● 10:30 Bingo ● 12:00 Chantal Playing Piano & Singing Oldies at Lunch ● 2:00 Bridge	● Vitals Clinic ● 11:00 Puzzles in the Library ● 12:00 Bobby Myhre Classic Sinatra & Jazz Entertainment During Lunch ● 2:00 Bingo	● 9:30 Morning Exercise ● 10:30 Bible Study ● 1:00 Puzzles in the Library ● 2:00 Bingo	● 9:30 Morning Exercise ● 10:30 Bingo ● 11:00 Puzzles in the Library ● 1:00 Free Time to Paint & Craft	● 9:45 Rise & Shine Exercise ● 10:30 Bingo ● 12:45 Low Vision Book Club ● 2:00 Storybook & Discussion Group ● 6:00 Movie & Popcorn
● 10:00 Rise & Shine Exercise ● 10:30 Sunday Morning Surprise ● 2:00 Name That Tune! ● 3:30 Trivia & Laughs	● 9:30 Morning Exercise ● 10:30 Bingo ● 1:30 Manicures ● 3:00 Scrabble	● 10:00 Casino Outing ● 11:00 Puzzles in the Library ● 12:00 Chantal Playing Piano & Singing Oldies at Lunch	● 9:30 Morning Exercise ● 10:30 Community Meeting ● 11:00 Puzzles in the Library ● 2:00 Bingo	● 9:30 Morning Exercise ● 10:30 Bible Study ● 12:15 Birthday Cake Celebration with Compassus ● 1:00 Puzzles in the Library ● 3:30 John Ziegler Concert & Happy Hour	● 9:30 Morning Exercise ● 10:30 Bingo ● 11:00 Puzzles in the Library ● 2:00 Benedetto Duo 	● 9:45 Rise & Shine Exercise ● 10:30 Bingo ● 12:45 Low Vision Book Club ● 2:00 Storybook & Discussion Group ● 6:00 Movie & Popcorn
● 10:00 Rise & Shine Exercise ● 10:30 Sunday Morning Surprise ● 2:00 Resident Interview! ● 3:30 Trivia & Laughs	Martin Luther King Jr. Day ● 8:00 Walmart Outing ● 11:00 Puzzles in the Library ● 2:00 Art Class with Rachel Tucker ● 3:00 Scrabble	● 9:30 Morning Exercise ● 10:30 Bingo ● 12:00 Chantal Playing Piano & Singing Oldies at Lunch ● 2:00 Bridge	● 9:30 Morning Exercise ● 10:30 Bingo ● 11:00 Puzzles in the Library ● 2:00 Caregiver Meeting	● 9:30 Morning Exercise ● 10:30 Bible Study ● 1:00 Puzzles in the Library ● 2:00 Bingo	● 9:30 Morning Exercise ● 10:30 Bingo ● 11:00 Puzzles in the Library ● 1:00 Free Time to Paint & Craft	● 9:45 Rise & Shine Exercise ● 10:30 Bingo ● 12:45 Low Vision Book Club ● 2:00 Storybook & Discussion Group ● 6:00 Movie & Popcorn
● 10:00 Rise & Shine Exercise ● 10:30 Sunday Morning Surprise ● 2:00 Interact Club New Year's Event! ● 3:30 Trivia & Laughs	● 9:30 Morning Exercise ● 10:30 Bingo ● 1:30 Manicures ● 3:00 Scrabble	● 9:30 Morning Exercise ● 10:30 Bingo ● 12:00 Chantal Playing Piano & Singing Oldies at Lunch ● 2:00 Bridge	● 9:30 Morning Exercise ● 10:30 BoSa Donuts ● 11:00 Puzzles in the Library ● 2:00 Bingo	● 9:30 Morning Exercise ● 10:30 Bible Study ● 1:00 Puzzles in the Library ● 2:00 Bingo	● 9:30 Morning Exercise ● 10:30 Bingo ● 11:00 Puzzles in the Library ● 2:00 Jeopardy	● 9:45 Rise & Shine Exercise ● 10:30 Bingo ● 12:45 Low Vision Book Club ● 2:00 Storybook & Discussion Group ● 6:00 Movie & Popcorn

