

Desert Winds

Retirement Community

20545 N Lake Pleasant Blvd | Peoria, AZ 85382 | 623-322-0600

Culture Events

Lunar New Year (Year of the Horse in 2026) and Mardi Gras, alongside globally recognized observances such as Black History Month and World Cancer Day.



Dining Room Hours

Breakfast 7:00 am - 8:30 am

Lunch 11:00 am - 12:30 pm

Dinner 4:00 pm - 5:30 pm

Staff Directory

Jae Ondigo: Executive Director

Cori Perkins: Compliance Manager

Courtney Brogdon: Marketing Director

Miatta Anderson: Resident Care Coordinator

Debra Crutchfield: Nurse

Betty Barrett: Activities Director

Taylor Endres: Maintenance Director

Jorge Lopez: Executive Chef

Tanya Christianson: Resident Engagement Coordinator

February 2026



4 out of Many Fabulous Desert Winds Ladies!

Friendships don't come with expiration dates - they get better with age! Older adults bring wisdom and

Love is in the Air

Valentines Day also called Saint Valentines Day or the Feast of Saint Valentine, is celebrated annually on February 14th. It originated as a Christian feast day honoring a martyr names Valentine, and through the later folk traditions it is also become a significant cultural, religious and commercial celebration of romance and love in many regions of the world.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<ul style="list-style-type: none"> ● 9:00 Mindfulness Meditation in the Exercise Room ● 9:00 Residents Coffee Social ● 9:30 Arts and Crafts ● 9:30 Bible Study ● 9:30 Catholic Mass ● 12:30 Dime B I N G O ● 1:30 Movie Matinee 	<ul style="list-style-type: none"> ● 9:00 Residents Coffee Social ● 9:30 Fancy Manicures ● 10:00 Walking Club ● 12:30 Dime B I N G O ● 1:00 Linda's Resident Store is Open ● 2:30 Happy Hour Learning how to Square Dance 	<ul style="list-style-type: none"> ● 9:00 Residents Coffee Social ● 10:00 Walking Club ● 12:30 Dime B I N G O ● 2:30 Left Right Center in the Lobby with Betty ● 3:00 Puzzles, Uno & Games in the Game Room 	<ul style="list-style-type: none"> ● 8:30 Walmart Shopping - Meet in the Lobby ● 9:00 Residents Coffee Social ● 10:00 Walking Club ● 12:30 Dime B I N G O ● 2:30 UNO with Betty 	<ul style="list-style-type: none"> ● 9:00 Residents Coffee Social ● 9:30 Exercise with Jessica ● 10:00 Walking Club ● 12:30 Dime B I N G O ● 1:00 Linda's Resident Store is Open ● 2:30 Rootbeer Floats in the Lobby 	<ul style="list-style-type: none"> ● 9:00 Residents Coffee Social with Donuts in the Bistro ● 10:00 Protestant Service ● 10:00 Walking Club ● 10:15 Exercise in the Lobby ● 12:30 Dime B I N G O ● 1:00 Linda's Resident Store is Open ● 2:30 Happy Friday Happy Hour 	<ul style="list-style-type: none"> ● 9:00 Residents Coffee Social ● 9:00 Tai Chi in the Exercise Room ● 9:30 Arts and Crafts - Making Valentine Cards ● 12:30 Dime B I N G O ● 1:30 Movie Matinee
<ul style="list-style-type: none"> ● 9:00 Mindfulness Meditation in the Exercise Room ● 9:00 Residents Coffee Social ● 9:30 Arts and Crafts ● 9:30 Bible Study ● 9:30 Catholic Mass ● 12:30 Dime B I N G O ● 1:30 Movie Matinee 	<ul style="list-style-type: none"> ● 9:00 Residents Coffee Social ● 9:30 Fancy Manicures ● 10:00 Walking Club ● 12:30 Dime B I N G O ● 1:00 Linda's Resident Store is Open ● 2:30 Happy Hour Karaoke 	<ul style="list-style-type: none"> ● 9:00 Residents Coffee Social ● 10:00 Walking Club ● 12:30 Dime B I N G O ● 2:30 Baking in the Bistro with Betty ● 3:00 Puzzles, Uno & Games in the Game Room 	<ul style="list-style-type: none"> ● 8:30 Lake Pleasant Drive and Fresh Air for those that want to get off the Bus ● 9:00 Residents Coffee Social ● 10:00 Walking Club ● 12:30 Dime B I N G O ● 2:30 UNO with Betty 	<ul style="list-style-type: none"> ● 9:00 Residents Coffee Social ● 9:30 Exercise with Jessica ● 10:00 Walking Club ● 12:30 Dime B I N G O ● 1:00 Linda's Resident Store is Open ● 2:30 Ice Cream Sundaes in the Lobby 	<ul style="list-style-type: none"> ● Wear your Pink and Red ● 9:00 Residents Coffee Social with Donuts in the Bistro ● 10:00 Protestant Service ● 10:00 Walking Club ● 10:15 Exercise in the Lobby ● 12:30 Dime B I N G O ● 1:00 Linda's Resident Store is Open ● 2:00 Valentines Day Prom 	<ul style="list-style-type: none"> ● 9:00 Residents Coffee Social ● 9:00 Tai Chi in the Exercise Room ● 9:30 Decorating Valentine Cookies ● 12:30 Dime B I N G O ● 1:30 Movie Matinee
<ul style="list-style-type: none"> ● 9:00 Mindfulness Meditation in the Exercise Room ● 9:00 Residents Coffee Social ● 9:30 Arts and Crafts ● 9:30 Bible Study ● 9:30 Catholic Mass ● 12:30 Dime B I N G O ● 1:30 Movie Matinee 	<ul style="list-style-type: none"> ● 9:00 Residents Coffee Social ● 9:30 Fancy Manicures ● 10:00 Walking Club ● 12:30 Dime B I N G O ● 1:00 Linda's Resident Store is Open ● 2:30 Happy Hour Learning how to Square Dance 	<ul style="list-style-type: none"> ● Wear your Purple Green and Yellow ● 9:00 Residents Coffee Social ● 10:00 Walking Club ● 12:30 Dime B I N G O ● 3:00 Puzzles, Uno & Games in the Game Room 	<ul style="list-style-type: none"> ● 8:30 Frys Shopping ● 9:00 Residents Coffee Social ● 10:00 Walking Club ● 12:30 Dime B I N G O ● 2:30 UNO with Betty 	<ul style="list-style-type: none"> ● 9:00 Residents Coffee Social ● 9:30 Exercise with Jessica ● 10:00 Walking Club ● 12:30 Dime B I N G O ● 1:00 Linda's Resident Store is Open ● 2:30 Cookies and Lemonade in the Lobby 	<ul style="list-style-type: none"> ● 9:00 Residents Coffee Social with Donuts in the Bistro ● 10:00 Protestant Service ● 10:00 Walking Club ● 10:15 Exercise in the Lobby ● 12:30 Dime B I N G O ● 1:00 Linda's Resident Store is Open ● 2:30 Happy Friday Happy Hour 	<ul style="list-style-type: none"> ● 9:00 Residents Coffee Social ● 9:00 Tai Chi in the Exercise Room ● 9:30 Arts and Crafts ● 12:30 Dime B I N G O ● 1:30 Movie Matinee
<ul style="list-style-type: none"> ● 9:00 Mindfulness Meditation in the Exercise Room ● 9:00 Residents Coffee Social ● 9:30 Arts and Crafts ● 9:30 Bible Study ● 9:30 Catholic Mass ● 12:30 Dime B I N G O ● 1:30 Movie Matinee 	<ul style="list-style-type: none"> ● 9:00 Residents Coffee Social ● 9:30 Fancy Manicures ● 10:00 Walking Club ● 12:30 Dime B I N G O ● 1:00 Linda's Resident Store is Open ● 2:30 Happy Hour with Hooter Blues 	<ul style="list-style-type: none"> ● 9:00 Residents Coffee Social ● 10:00 Walking Club ● 12:30 Dime B I N G O ● 2:30 Baking in the Bistro with Betty ● 3:00 Puzzles, Uno & Games in the Game Room 	<ul style="list-style-type: none"> ● 9:00 Residents Coffee Social ● 10:00 Walking Club ● 10:30 Olive Garden for Lunch ● 12:30 Dime B I N G O ● 2:30 UNO with Betty 	<ul style="list-style-type: none"> ● 9:00 Residents Coffee Social ● 9:30 Exercise with Jessica ● 10:00 Walking Club ● 12:30 Dime B I N G O ● 1:00 Linda's Resident Store is Open ● 2:30 Popcorn and Soda in the Lobby 	<ul style="list-style-type: none"> ● 9:00 Residents Coffee Social with Donuts in the Bistro ● 10:00 Protestant Service ● 10:00 Walking Club ● 10:15 Exercise in the Lobby ● 12:30 Dime B I N G O ● 1:00 Linda's Resident Store is Open ● 2:30 Happy Friday Happy Hour 	<ul style="list-style-type: none"> ● 9:00 Residents Coffee Social ● 9:00 Tai Chi in the Exercise Room ● 9:30 Arts and Crafts ● 12:30 Dime B I N G O ● 1:30 Movie Matinee

ALL ACTIVITIES ARE SUBJECT TO CHANGE

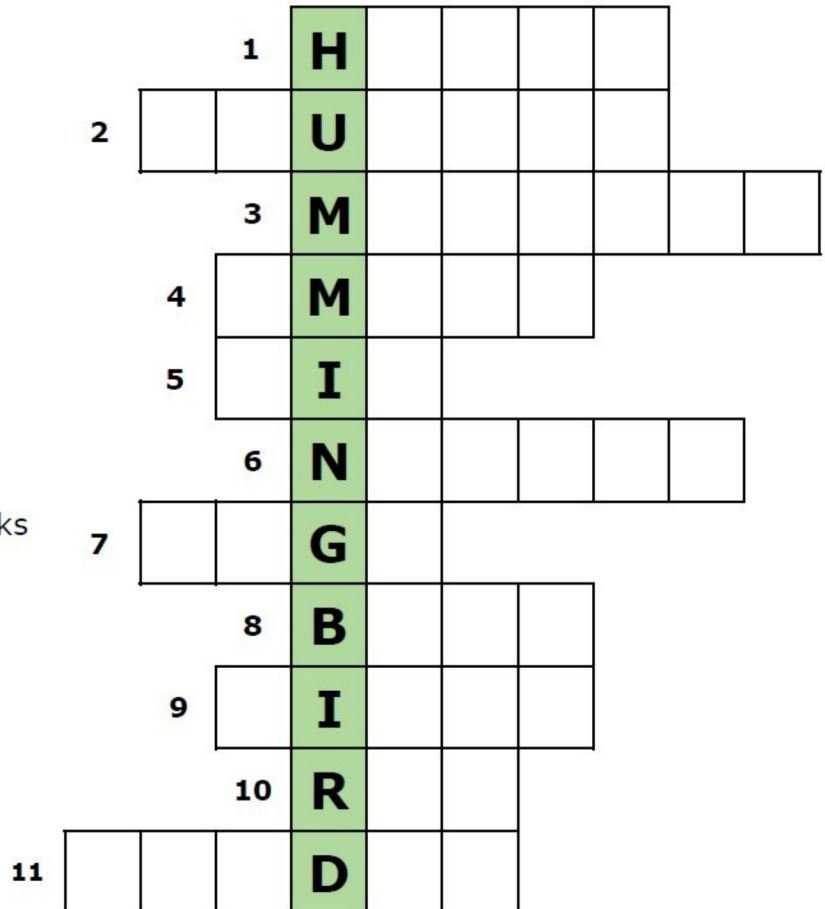
Spelling HUMMINGBIRD

Use the clues to fill in the grid.

1. Remain in one place in the air
2. A bird's feathers, collectively
3. Move from one region to another
4. Little
5. Small drink
6. Flower fluid
7. Nest contents
8. Bird's bill
9. Flight needs
10. Color of some males' heads and necks
11. Holder for hummingbird food



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February Birthdays!

Pauline 2/1

Terry P 2/3

Billie 2/3

Helen 2/17



True Love!