

Desert Winds

Retirement Community

20554 N 101st Ave | Peoria, AZ 85382 | 623-362-1200

Welcoming the New Year

As we step into January 2026, we are excited to embrace a fresh start filled with hope, connection, and new opportunities.



Winter Wellness & Self-Care

Throughout the month, we will be offering activities designed to support physical health, mental well-being, and relaxation.

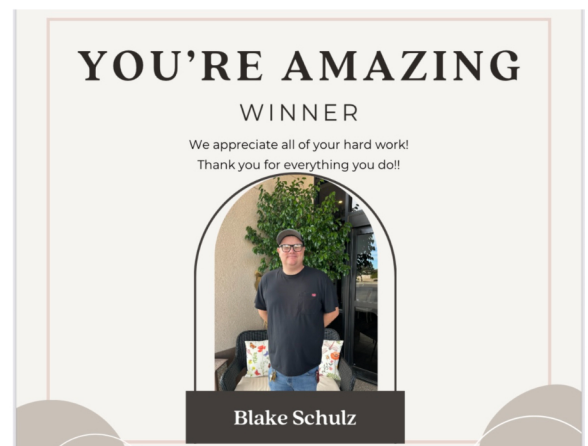
Moments That Matter

This year we focus on meaningful moments that bring us closer together. Whether it's sharing a laugh, learning something new, or enjoying time with friends, these experiences create lasting memories.

Warm Wishes

Wishing everyone a happy, healthy, and joy-filled start to 2026.

January 2026








Staff Directory

Marielena Medina....Executive Director
Kara Cole..... Marketing Director
Pat.....Admin Supervisor
Dan..... Maintenance Director
..... Executive Chef
Christina.....Dinning Room Manager
Tanya..... SLHC Coordinator
..... Activities Coordinator

January Birthday

James G 1/09
Sandra T 1/17
Shelly P 1/21
Carole W 1/23
Charles S 1/27
Ida L 1/27
June G 1/30

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 				<p>● 10:00 Holy Communion (T) 1</p> <p>● 1:00 Holiday BINGO with Dawn (BH)</p> <p>● 3:00 Reminiscing with Dawn (BH)</p> <p>● 5:00 Skip-Bo Card Game (MR)</p>	<p>● 11:00 Movie & Snacks (T) 2</p> <p>● 1:00 Bridge (1FSL)</p> <p>● 2:00 Scrabble (BH)</p> <p>● 5:00 Texas Hold 'em Poker (1FNL)</p>	<p>● 10:00 Knitting & Loom Ladies (MR) 3</p> <p>● 1:00 Pokeno (MR)</p> <p>● 4:30 Billiards (GR)</p>
<p>● 9:15 Bus Pick up from Church of the Palms for Church Service (L) 4</p> <p>● 1:00 Skip-Bo Card Game (MR)</p> <p>● 3:00 BINGO! (BH)</p> <p>● 6:00 Movie (T)</p>	<p>● 10:00 Chair Exercise (BH) 5</p> <p>● 11:00 Lunch Bunch: Olive Garden</p> <p>● 2:00 BINGO! (BH)</p> <p>● 3:00 Mini Manicures (MR)</p> <p>● 5:00 Texas Hold 'em Poker (1FNL)</p>	<p>● 9:30 Morning Outdoor Walks (L) 6</p> <p>● 10:00 Q&A Medicare with Jeremy (CBR)</p> <p>● 10:30 Let's Talk Activities (MR)</p> <p>● 12:00 Fry's or Bashas' (L)</p> <p>● 12:30 Red Hat's Luncheon with Pat (DR)</p> <p>● 2:00 Wii Bowling (BH)</p>	<p>● 10:00 Sit & Get Fit with Darlene (BH) 7</p> <p>● 10:30 Bible Fellowship (T)</p> <p>● 12:00 Fry's or Bashas' (L)</p> <p>● 2:00 BINGO with Archwell (BH)</p> <p>● 6:00 Movie (T)</p>	<p>● 10:00 Holy Communion (T) 8</p> <p>● 11:00 Walmart (L)</p> <p>● 1:00 Blood Pressure Checks with Choice (MR)</p> <p>● 3:00 Hand and Foot card game (MR)</p> <p>● 5:00 Skip-Bo Card Game (MR)</p>	<p>● No Transportation 9</p> <p>● 9:30 Desert Diamond Casino with Tanya (L)</p> <p>● 1:00 Bridge (1FSL)</p> <p>● 2:00 Scrabble (BH)</p> <p>● 5:00 Texas Hold 'em Poker (1FNL)</p>	<p>● 10:00 Knitting & Loom Ladies (MR) 10</p> <p>● 1:00 Pokeno (MR)</p> <p>● 4:30 Billiards (GR)</p>
<p>● 9:15 Bus Pick up from Church of the Palms for Church Service (L) 11</p> <p>● 1:00 Skip-Bo Card Game (MR)</p> <p>● 3:00 BINGO! (BH)</p> <p>● 6:00 Movie (T)</p>	<p>● 10:00 Sit & Get Fit with Darlene (BH) 12</p> <p>● 1:00 Community Roseary</p> <p>● 2:00 BINGO! (BH)</p> <p>● 5:00 Texas Hold 'em Poker (1FNL)</p>	<p>● 9:30 Morning Outdoor Walks (L) 13</p> <p>● 10:30 Jewelry Making with Choice (MR)</p> <p>● 12:00 Fry's or Bashas' (L)</p> <p>● 2:00 Wii Bowling (BH)</p>	<p>● 10:00 Chair Exercise (BH) 14</p> <p>● 11:00 Benefits of Gratitude with Oak Street Health (MR)</p> <p>● 12:00 Fry's or Bashas' (L)</p> <p>● 2:00 BINGO! (BH)</p> <p>● 6:00 Movie (T)</p>	<p>● 9:30 Men's Coffee with Dan (MR) 15</p> <p>● 10:00 Holy Communion (T)</p> <p>● 11:00 Dollar Tree (L)</p> <p>● 2:00 Happy Hour (L)</p> <p>● 5:00 Skip-Bo Card Game (MR)</p>	<p>● 11:00 Target (L) 16</p> <p>● 1:00 Chair Massages with Andrea (BH)</p> <p>● 1:00 Scrabble (MR)</p> <p>● 5:00 Texas Hold 'em Poker (1FNL)</p>	<p>● 10:00 Knitting & Loom Ladies (MR) 17</p> <p>● 1:00 Pokeno (MR)</p> <p>● 4:30 Billiards (GR)</p>
<p>● 9:15 Bus Pick up from Church of the Palms for Church Service (L) 18</p> <p>● 1:00 Skip-Bo Card Game (MR)</p> <p>● 3:00 BINGO! (BH)</p> <p>● 6:00 Movie (T)</p>	<p>● 10:00 Chair Exercise (BH) 19</p> <p>● 11:00 Trivia (MR)</p> <p>● 2:00 BINGO! (BH)</p> <p>● 5:00 Texas Hold 'em Poker (1FNL)</p>	<p>● 9:30 Morning Outdoor Walks (L) 20</p> <p>● 10:00 Paint & Create: Birdhouses (MR)</p> <p>● 12:00 Fry's or Bashas' (L)</p> <p>● 1:00 Hush & Join Mari (BH)</p> <p>● 2:00 Wii Bowling (BH)</p>	<p>● 10:00 Sit & Get Fit with Darlene (BH) 21</p> <p>● 10:30 Bible Fellowship (T)</p> <p>● 12:00 Fry's or Bashas' (L)</p> <p>● 2:00 BINGO with Denise (BH)</p> <p>● 3:30 Lunch Bunch: Red Lobster</p> <p>● 6:00 Movie (T)</p>	<p>● 10:00 Holy Communion (T) 22</p> <p>● 10:00 Ladies Social with Denise (BH)</p> <p>● 11:00 Walmart (L)</p> <p>● 1:00 Sunrise Mountain Library (L)</p> <p>● 1:30 Painting with Archwell</p> <p>● 5:00 Skip-Bo Card Game (MR)</p>	<p>● No Transportation 23</p> <p>● 11:00 Outing Harkins Theatre</p> <p>● 1:00 Bridge (1FSL)</p> <p>● 2:00 Scrabble (BH)</p> <p>● 5:00 Texas Hold 'em Poker (1FNL)</p>	<p>● 10:00 Knitting & Loom Ladies (MR) 24</p> <p>● 1:00 Pokeno (MR)</p> <p>● 4:30 Billiards (GR)</p>
<p>● 9:15 Bus Pick up from Church of the Palms for Church Service (L) 25</p> <p>● 1:00 Skip-Bo Card Game (MR)</p> <p>● 3:00 BINGO! (BH)</p> <p>● 6:00 Movie (T)</p>	<p>● 10:00 Sit & Get Fit with Darlene (BH) 26</p> <p>● 11:00 Aldi's (L)</p> <p>● 2:00 BINGO! (BH)</p> <p>● 5:00 Texas Hold 'em Poker (1FNL)</p>	<p>● 9:30 Morning Outdoor Walks (L) 27</p> <p>● 11:00 Red Hats Lunch at Abuelo's (L)</p> <p>● 12:00 Fry's or Bashas' (L)</p> <p>● 2:00 Wii Bowling (BH)</p> <p>● 2:30 Catholic Mass (T)</p>	<p>● 10:00 Chair Exercise (BH) 28</p> <p>● 10:30 Town Hall Meeting (L)</p> <p>● 12:00 Fry's or Bashas' (L)</p> <p>● 12:30 January Birthday Luncheon (DR)</p> <p>● 2:00 BINGO! (BH)</p> <p>● 6:00 Movie (T)</p>	<p>● 10:00 Holy Communion (T) 29</p> <p>● 11:00 Lets Learn Together! Basic Sign Language with Oak Street Health (BH)</p> <p>● 2:00 Happy Hour snacks provided by Archwell (L)</p> <p>● 5:00 Skip-Bo Card Game (MR)</p>	<p>● 10:00 Month-End Mingling & Treats with Mari (BH) 30</p> <p>● 1:00 Bridge (1FSL)</p> <p>● 2:00 Live Entertainment: Ronny Lee (L)</p> <p>● 2:00 Scrabble (BH)</p> <p>● 5:00 Texas Hold 'em Poker (1FNL)</p>	<p>● 10:00 Knitting & Loom Ladies (MR) 31</p> <p>● 1:00 Pokeno (MR)</p> <p>● 4:30 Billiards (GR)</p>



The Moments We Shared Together
And many more to come- thank you for being a part of our community.

