

Desert Winds

Retirement Community

20545 N Lake Pleasant Blvd | Peoria, AZ 85382 | 623-322-0600

Culture Events:

International Holocaust Remembrance Day (Jan 27) and Orthodox New Year (Jan 14) to local festivals like Miami's Art Deco Weekend.



Best Friends

Twinning on Twin Day, Linda and Terry

Breakfast 7:00 am - 8:30 am

Lunch 11:00 am - 2:30 am

Dinner 4:00 pm - 5:30 pm

Staff Directory

Nora Dartoe: Executive Director

Cori Perkins: Compliance Manager

Courtney Brogdon: Marketing Director

Miatta Anderson: Resident Care Coordinator

Debra Crutchfield: Nurse

Betty Barrett: Activities Director

Taylor Endres: Maintenance Director

Jorge Lopez: Executive Chef

Tanya Christianson: Resident Engagement Coordinator

January 2026




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Why is 2026 such a special year?

2026 is special due to major celebrations like the U.S. 250th anniversary (America250), the FIFA World Cup co-hosted by North America, and the 100th Anniversary of Route 66, alongside significant UN designations as the International Year of Rangelands and Pastoralist and the International Year of Volunteers for Sustainable Development, plus unique astrological/astronomical timings and an extra month in the Hindu calendar (Adhik Maas).

New Year New Start

Its never to late to get in shape or to stay in shape. Join the fun with exercising with Betty and Emerson.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				<p>New Year's Day 1</p> <ul style="list-style-type: none"> ● 9:00 Residents Coffee Social ● 9:30 Exercise with Jessica ● 12:30 Dime B I N G O ● 1:00 Linda's Resident Store is Open ● 2:30 Right Left Center 	<p>2</p> <ul style="list-style-type: none"> ● 9:00 Residents Coffee Social ● 10:00 Prodestent Service ● 10:15 Exercise in the Lobby ● 12:30 Dime B I N G O ● 1:00 Linda's Resident Store is Open ● 2:30 Happy Hour with Live Country Music 	<p>3</p> <ul style="list-style-type: none"> ● 9:00 Residents Coffee Social ● 9:00 Tai Chi in the Exercise Room ● 9:30 Arts and Crafts ● 12:30 Dime B I N G O ● 1:30 Movie Matinee
<p>4</p> <ul style="list-style-type: none"> ● 9:00 Mindfulness Meditation in the Exercise Room ● 9:00 Residents Coffee Social ● 9:30 Arts and Crafts ● 9:30 Bible Study ● 9:30 Catholic Mass ● 12:30 Dime B I N G O ● 1:30 Movie Matinee 	<p>5</p> <ul style="list-style-type: none"> ● 8:30 Cardio Drumming in the Exercise Room ● 9:00 Residents Coffee Social ● 9:30 Fancy Manicures ● 12:30 Dime B I N G O ● 1:00 Linda's Resident Store is Open ● 2:30 Happy Hour Karaoke 	<p>6</p> <ul style="list-style-type: none"> ● 9:00 Residents Coffee Social ● 12:30 Dime B I N G O ● 2:30 Baking in the Bistro ● 3:00 Puzzles, Uno & Games in the Game Room 	<p>7</p> <ul style="list-style-type: none"> ● 8:30 Walmart ● 9:00 Residents Coffee Social ● 9:30 In Door Walking ● 12:30 Dime B I N G O ● 2:30 UNO in the Lobby 	<p>8</p> <ul style="list-style-type: none"> ● 9:00 Residents Coffee Social ● 9:30 Exercise with Jessica ● 12:30 Dime B I N G O ● 1:00 Linda's Resident Store is Open ● 2:30 Right Left Center 	<p>9</p> <ul style="list-style-type: none"> ● 9:00 Residents Coffee Social ● 10:00 Prodestent Service ● 10:15 Exercise in the Lobby ● 12:30 Dime B I N G O ● 1:00 Linda's Resident Store is Open ● 2:30 Happy Friday Happy Hour 	<p>10</p> <ul style="list-style-type: none"> ● 9:00 Residents Coffee Social ● 9:00 Tai Chi in the Exercise Room ● 9:30 Arts and Crafts ● 12:30 Dime B I N G O ● 1:30 Movie Matinee
<p>11</p> <ul style="list-style-type: none"> ● 9:00 Mindfulness Meditation in the Exercise Room ● 9:00 Residents Coffee Social ● 9:30 Arts and Crafts ● 9:30 Bible Study ● 9:30 Catholic Mass ● 12:30 Dime B I N G O ● 1:30 Movie Matinee 	<p>12</p> <ul style="list-style-type: none"> ● 9:00 Residents Coffee Social ● 9:30 Cardio Drumming in the Exercise Room ● 9:30 Fancy Manicures ● 12:30 Dime B I N G O ● 1:00 Linda's Resident Store is Open ● 2:30 Happy Hour Karaoke 	<p>13</p> <ul style="list-style-type: none"> ● 9:00 Residents Coffee Social ● 12:30 Dime B I N G O ● 2:30 Baking in the Bistro ● 3:00 Puzzles, Uno & Games in the Game Room 	<p>14</p> <ul style="list-style-type: none"> ● 8:30 Thrift Store ● 9:00 Residents Coffee Social ● 9:30 In Door Walking ● 12:30 Dime B I N G O ● 2:30 UNO 	<p>15</p> <ul style="list-style-type: none"> ● 9:00 Residents Coffee Social ● 9:30 Exercise with Jessica ● 12:30 Dime B I N G O ● 1:00 Linda's Resident Store is Open ● 2:30 Right Left Center 	<p>16</p> <ul style="list-style-type: none"> ● 9:00 Residents Coffee Social ● 10:00 Prodestent Service ● 10:15 Exercise in the Lobby ● 12:30 Dime B I N G O ● 1:00 Linda's Resident Store is Open ● 2:30 Happy Friday Happy Hour 	<p>17</p> <ul style="list-style-type: none"> ● 9:00 Residents Coffee Social ● 9:00 Tai Chi in the Exercise Room ● 9:30 Arts and Crafts ● 12:30 Dime B I N G O ● 1:30 Movie Matinee
<p>18</p> <ul style="list-style-type: none"> ● 9:00 Mindfulness Meditation in the Exercise Room ● 9:00 Residents Coffee Social ● 9:30 Arts and Crafts ● 9:30 Bible Study ● 9:30 Catholic Mass ● 12:30 Dime B I N G O ● 1:30 Movie Matinee 	<p>Martin Luther King Jr. Day 19</p> <ul style="list-style-type: none"> ● 9:00 Residents Coffee Social ● 9:00 Residents Coffee Social ● 9:30 Drumming in the Exercise Room ● 9:30 Fancy Manicures ● 12:30 Dime B I N G O ● 1:00 Linda's Resident Store is Open ● 5:00 Disco Dance Party 	<p>20</p> <ul style="list-style-type: none"> ● 9:00 Residents Coffee Social ● 12:30 Dime B I N G O ● 2:00 Town Hall Meting ● 2:30 Baking in the Bistro ● 3:00 Puzzles, Uno & Games in the Game Room 	<p>21</p> <ul style="list-style-type: none"> ● 8:30 Frys Shopping ● 9:00 Residents Coffee Social ● 9:30 In Door Walking ● 12:30 Dime B I N G O ● 2:30 UNO 	<p>22</p> <ul style="list-style-type: none"> ● 9:00 Residents Coffee Social ● 9:30 Exercise with Jessica ● 12:30 Dime B I N G O ● 1:00 Linda's Resident Store is Open ● 2:30 Right Left Center 	<p>23</p> <ul style="list-style-type: none"> ● 9:00 Residents Coffee Social ● 10:00 Prodestent Service ● 10:15 Exercise in the Lobby ● 12:30 Dime B I N G O ● 1:00 Linda's Resident Store is Open ● 2:30 Happy Friday Happy Hour 	<p>24</p> <ul style="list-style-type: none"> ● 9:00 Residents Coffee Social ● 9:00 Tai Chi in the Exercise Room ● 9:30 Arts and Crafts ● 9:30 Drumming in the Exercise Room ● 12:30 Dime B I N G O ● 1:30 Movie Matinee
<p>25</p> <ul style="list-style-type: none"> ● 9:00 Mindfulness Meditation in the Exercise Room ● 9:00 Residents Coffee Social ● 9:30 Arts and Crafts ● 9:30 Bible Study ● 9:30 Catholic Mass ● 12:30 Dime B I N G O ● 1:30 Movie Matinee 	<p>26</p> <ul style="list-style-type: none"> ● 9:00 Residents Coffee Social ● 9:30 Cardio Drumming in the Exercise Room ● 9:30 Fancy Manicures ● 12:30 Dime B I N G O ● 1:00 Linda's Resident Store is Open ● 2:30 Happy Hour Karaoke 	<p>27</p> <ul style="list-style-type: none"> ● 9:00 Residents Coffee Social ● 12:30 Dime B I N G O ● 2:30 Baking in the Bistro ● 3:00 Puzzles, Uno & Games in the Game Room 	<p>28</p> <ul style="list-style-type: none"> ● 9:00 Residents Coffee Social ● 9:30 In Door Walking ● 10:45 Red Lobster ● 12:30 Dime B I N G O ● 2:30 UNO 	<p>29</p> <ul style="list-style-type: none"> ● 9:00 Residents Coffee Social ● 9:30 Exercise with Jessica ● 12:30 Dime B I N G O ● 1:00 Linda's Resident Store is Open ● 2:30 Right Left Center 	<p>30</p> <ul style="list-style-type: none"> ● 9:00 Residents Coffee Social ● 10:00 Prodestent Service ● 10:15 Exercise in the Lobby ● 12:30 Dime B I N G O ● 1:00 Linda's Resident Store is Open ● 2:30 Happy Friday Happy Hour 	<p>31</p> <ul style="list-style-type: none"> ● 9:00 Residents Coffee Social ● 9:00 Tai Chi in the Exercise Room ● 9:30 Arts and Crafts ● 12:30 Dime B I N G O ● 1:30 Movie Matinee



**" I HAVE A DREAM THAT ONE DAY
THIS NATION WILL RISE UP AND LIVE
OUT THE TRUE MEANING OF ITS
CREED – WE HOLD THESE TRUTHS TO
BE SELF – EVIDENT: THAT ALL MEN
ARE CREATED EQUAL."**

Type something

MARTIN LUTHER KING JR.