

Chaparral Winds

Retirement Community

16623 N. West Point Parkway | Surprise, AZ 85374 | 623-975-0880

Happy Birthday to you!



Eugene F. – 16th

Staff Directory

Lisa Wynn.....Executive Director
Jessie Ahia.....Nurse
Holly Erickson.....Marketing Consultant
Sylvia Gonzalez.....Community Liaison
Venessa Gutierrez.....RCC
Annalisa Silva.....AL Activity Director
Malena Falcon.....REC
Arthur Guillory.....Maintenance Director
Ashley Rodriguez.....Chef

February 2026



♥ **Valentine's Day Celebration** ♥

Love is in the air as we prepare to celebrate Valentine's Day with fun, friendship, and sweet moments! Join us for a festive Valentine's party filled with music, treats, and love.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:00 Chair Exercise 10:00 Bingo 1:00 Scrabble 6:00 Puzzles	9:45 This Week in History 10:00 Bingo 12:00 Reflective Journaling 2:30 Brain Aerobics 3:00 Wii Bowling 6:00 Light Stretching & Mediation	9:00 5K 10:00 Wii Bowling 12:30 Chair Exercise 1:30 Relaxing Art & Music 3:00 Manicures 6:00 Movie & Popcorn	9:00 Bible Study with Tony 10:00 Bingo with David 11:00 Rio Mirage lunch outing 2:30 Chair Exercise With Weights 3:15 Relaxing Art & Music 6:00 Light Stretching & Meditation	9:00 5K 10:00 Gardening 1:00 Sip & Paint 2:00 Pet Therapy with Rosie (HOW) 3:00 Wii Bowling 6:00 Movie & Popcorn	9:00 Donuts & Coffee 10:00 Bingo with Dianne 12:00 Manicures 1:00 Puzzles 2:00 Mindful Music & Movement with Darlene 3:00 Armchair Travel 6:00 Light Stretching & Meditation	10:00 Chair Exercise 2:00 Bingo 5:00 Relaxing Art & Music 6:00 Movie & Popcorn
9:00 Chair Exercise 10:00 Bingo 1:00 Scrabble 6:00 Puzzles	9:45 This Week in History 10:00 Bingo 12:00 Reflective Journaling 1:00 Exercise with Jessica 2:30 Brain Aerobics 3:00 Wii Bowling 6:00 Light Stretching & Mediation	9:00 5K 10:00 Wii Bowling 12:30 Chair Exercise 1:00 Activity Store 2:00 Veterans Coffee 3:00 Manicures 6:00 Movie & Popcorn	9:00 Bible Study with Tony 10:00 Bingo with David 11:00 Crooked Putter lunch outing 2:30 Chair Drumming Exercise 3:15 Relaxing Art & Music 6:00 Light Stretching & Meditation	9:00 5K 10:00 Gardening 12:30 Arts & Crafts 1:30 Baking 3:00 Wii Bowling 6:00 Movie & Popcorn	9:00 Donuts & Coffee 10:00 Bingo with Dianne 12:00 Manicures 2:00 Entertainment (Julius A) 2:00 Valentines Party 3:00 Armchair Travel 6:00 Light Stretching & Meditation	Valentine's Day 10:00 Chair Exercise 2:00 Bingo 5:00 Relaxing Art & Music 6:00 Movie & Popcorn
9:00 Chair Exercise 10:00 Bingo 1:00 Scrabble 6:00 Puzzles	Presidents' Day 	9:00 5K 10:00 Wii Bowling 12:30 Chair Exercise 1:00 Baking 2:00 Entertainment (Gary H) 3:00 Manicures 6:00 Movie & Popcorn	9:00 Bible Study with Tony 10:00 Bingo with David 11:00 Longhorn lunch outing 2:30 Chair Exercise With Weights 3:15 Relaxing Art & Music 6:00 Light Stretching & Meditation	9:00 5K 10:00 Gardening 1:00 Baking 2:00 Pet Therapy with Rosie (HOW) 2:30 Chair Zumba 3:00 Wii Bowling 6:00 Movie & Popcorn	9:00 Donuts & Coffee 10:00 Bingo with Dianne 12:00 February Birthday lunch 1:00 Manicures 2:00 Mindful Music & Movement with Darlene 3:00 Armchair Travel 6:00 Light Stretching & Meditation	10:00 Chair Exercise 2:00 Bingo 5:00 Relaxing Art & Music 6:00 Movie & Popcorn
9:00 Chair Exercise 10:00 Bingo 1:00 Scrabble 6:00 Puzzles	9:45 This Week in History 10:00 Bingo 12:00 Reflective Journaling 1:00 Exercise with Jessica 1:45 Arts & Crafts with Kharissa 3:00 Wii Bowling 6:00 Light Stretching & Mediation	9:00 5K 10:00 Wii Bowling 2:00 Entertainment (Jeff S) 3:00 Manicures 6:00 Movie & Popcorn	9:00 Bible Study with Tony 10:00 Bingo with David 11:00 Ihop lunch outing 2:30 Chair Drumming Exercise 3:15 Relaxing Art & Music 6:00 Light Stretching & Meditation	9:00 5K 10:00 Gardening 1:00 Arts & Crafts 2:30 Chair Zumba 3:00 Wii Bowling 6:00 Movie & Popcorn	9:00 Donuts & Coffee 10:00 Bingo with Dianne 12:00 Manicures 1:00 Puzzles 3:00 Armchair Travel 6:00 Light Stretching & Meditation	10:00 Chair Exercise 2:00 Bingo 5:00 Relaxing Art & Music 6:00 Movie & Popcorn

Valentine's Day

WORD SEARCH

E C H O C O L A T E H
 S D N E I R F A A R U
 S W E E T H E A R T G
 Y Y E F L O W E R S S
 D R E N I T N E L A V
 N A H D I P U C P R E
 A U E E R D E I H C V
 C R A E E I N S A R O
 A B R R A K U R A R L
 E E T I A R D A F R R
 E F S E C S E S S I K

LOVE
 CUPID
 SWEETHEART
 RED

VALENTINE
 PINK
 CARDS
 FEBRUARY

FLOWERS
 CRUSH
 HEARTS
 HUGS

CANDY
 FRIENDS
 KISSES
 CHOCOLATE

Spot 10 differences & color

