

FEBRUARY 2026

- Emotional
- Entertainment
- Intellectual
- Physical
- Social
- Spiritual

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:00 SIT AND FIT 10:00 VIRTUAL CATHOLIC SERVICES 11:00 GOSPEL SING A LONG 3:00 BOOKS/PUZZLES 5:00 SENSORY BINS 1	10:45 SIT AND FIT (CARDIO) 11:20 SNACK 11:30 WHITE BOARD MAGIC 1:30 LIVE MUSIC by LEE FORD 2:30 MOVE TIME/ SNACKS 6:00 READING GROUP 2	10:45 SIT AND FIT (CHAIR YOGA) 11:15 SNACK 11:30 SMOOTHIE BAR 2:00 TRIVIA 3:00 BINGO 6:00 SENSORY BINS 3	10:45 SIT AND FIT 11:20 SNACK 11:30 CORN HOLE 2:00 NAILS 3:00 BEAUTY SHOP 6:00 HAND MASSAGE 4	10:45 BAKING 11:30 COCO AND CHAT 2:00 NOODLE BALL 3:00 BINGO 6:00 SENSORY BINS 5	10:45 ARRANGE FLOWERS 11:15 SNACK 11:30 WHITE BOARD MAGIC 1:30 CHEF 2:30 HAPPY HOUR with LIVE MUSIC by LEE FORD 6:00 HAND MASSAGE 6	10:30 SIT AND FIT 11:00 TRIVIA 1:30 HAND MASSAGE 2:15 CARD GAMES 6:00 MOVIE 7
9:00 SIT AND FIT 10:00 VIRTUAL CATHOLIC SERVICES 11:00 GOSPEL SING A LONG 3:00 BOOKS/PUZZLES 5:00 SENSORY BINS 8	10:45 SIT AND FIT (CARDIO) 11:20 SNACK 11:30 OLYMPIC WEEK AXE THROWING 1:30 LIVE MUSIC by LEE FORD 2:30 ACTIVITY hosted by ANNETT 6:00 READING GROUP 9	10:45 SIT AND FIT (CHAIR YOGA) 11:15 SNACK 11:30 OLYPMIC WEEK EGGS-TREMELY PING PONG BALL 2:00 TRIVIA 3:00 BINGO 6:00 SENSORY BINS 10	10:30 SCENIC DRIVE 11:20 SNACK 2:00 NAILS 2:00 OLYPMIC WEEK NERF GUNS 3:00 BEAUTY SHOP 6:00 HAND MASSAGE 11	10:45 BAKING 11:15 OLYPMIC WEEK GRANNY PANTS IN THE COURTYARD 2:00 TRIVIA 3:00 BINGO 6:00 SENSORY BINS 12	10:45 ARRANGE FLOWERS 11:15 SNACK 11:30 WHITE BOARD MAGIC 2:00 OLYMPIC WEEK TIC-TAC-TOE 3:00 CHEF 6:00 HAND MASSAGE 13	10:30 SIT AND FIT 11:00 TRIVIA 1:30 HAND MASSAGE 2:15 CARD GAMES 6:00 MOVIE 14
9:00 SIT AND FIT 10:00 VIRTUAL CATHOLIC SERVICES 11:00 GOSPEL SING A LONG 3:00 BOOKS/PUZZLES 5:00 SENSORY BINS 15	10:45 SIT AND FIT (CARDIO) 11:20 SNACK 11:30 WHITE BOARD MAGIC 1:30 SUNSHINE HOUR 6:00 READING GROUP 16	10:45 SIT AND FIT (CHAIR YOGA) 11:15 SNACK 11:30 SMOOTHIE BAR 2:00 TRIVIA 3:00 BINGO 6:00 SENSORY BINS 17	10:45 SIT AND FIT 11:20 SNACK 11:30 BOWLING 2:00 NAILS 3:00 BEAUTY SHOP 6:00 HAND MASSAGE 18	10:45 BAKING 11:30 COCO AND CHAT 2:00 COURTYARD VOLLEYBALL 3:00 BINGO 6:00 SENSORY BINS 19	10:45 ARRANGE FLOWERS 11:15 SNACK 11:30 WHITE BOARD MAGIC 1:00 LIVE MUSIC BY BILLY FREDERICK 2:30 HAPPY HOUR with LIVE MUSIC by BILLY FREDERICK 6:00 HAND MASSAGE 20	10:30 SIT AND FIT 11:00 TRIVIA 1:30 HAND MASSAGE 2:15 CARD GAMES 6:00 MOVIE 21
9:00 SIT AND FIT 10:00 VIRTUAL CATHOLIC SERVICES 11:00 GOSPEL SING A LONG 3:00 BOOKS/PUZZLES 5:00 SENSORY BINS 22	10:45 SIT AND FIT (CARDIO) 11:20 SNACK 11:30 WHITE BOARD MAGIC 1:30 LIVE MUSIC by LEE FORD 2:30 MOVE TIME/ SNACKS 6:00 READING GROUP 23	10:45 SIT AND FIT (CHAIR YOGA) 11:15 SNACK 11:30 SMOOTHIE BAR 2:00 TRIVIA 3:00 BINGO 6:00 SENSORY BINS 24	10:45 SIT AND FIT 11:20 SNACK 11:30 GAME HOUR 2:00 NAILS 3:00 BEAUTY SHOP 6:00 HAND MASSAGE 25	10:45 BAKING 11:30 COCO AND CHAT 2:00 CRAFT CORNER 3:00 BINGO 6:00 SENSORY BINS 26	10:45 ARRANGE FLOWERS 11:15 SNACK 11:30 WHITE BOARD MAGIC 2:00 CHEF 3:00 SUNSET SIPS 6:00 HAND MASSAGE 27	10:30 SIT AND FIT 11:00 TRIVIA 1:30 HAND MASSAGE 2:15 CARD GAMES 6:00 MOVIE 28