



## Independent Living

16617 N. West Point Parkway | Surprise, AZ 85374 | 623-544-4777

### Staff Directory

Director - Lisa  
Administrative Assistant - Cathy  
Marketer - Holly  
Community Liaison - Sylvia  
Activities Coordinator - Keveline  
Maintenance - Arthur, Nacho.  
Drivers - Russ, Robert.  
Home Care - Cynthia, Carolyn.  
Chef - Ashley  
Dining Room Manager - Donice  
Receptionists - Kathleen, Toni,  
Marissa, Blanca, Tina, Darlene.  
Housekeepers - Karen, Marie, Gabby.

### January Birthdays!

Martha Bleyl 1/5  
Dutch, Vander Maten 1/6  
Diane Sterle 1/6  
Karen Smith 1/10  
Barbara Weber 1/12



**Welcome, We're Glad You Are Here!**

Thomas Garrett #106

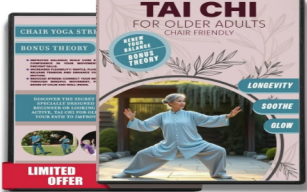
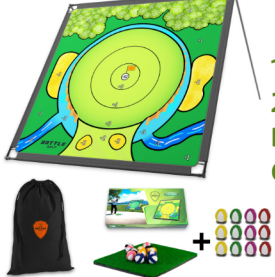
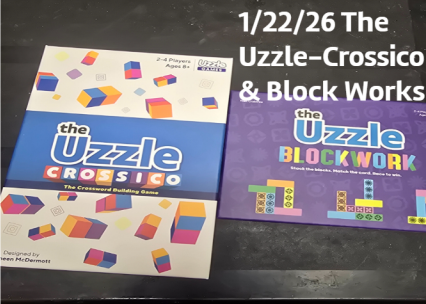
### January 2026

Happy Hour January 9th 2:30-3:30  
Multipurpose Room MP Daniel Wiley music  
Director/Conductor will be talking to us  
about the upcoming Concerts that will be  
playing at the Vista Center of the Arts this  
year.



Lovin' Life After 50 Expo in Sun City at the Sundial  
Recreation Center 9:00am-1:00pm on January 26th.  
bus will leave at 9:30am (Please sign up at front desk)



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>Every Tuesday 11:00-11:30 come try GoBalance</p> <p><b>Mental &amp; Physical Perks</b></p> <ul style="list-style-type: none"> <li>Stimulating playtime</li> <li>Activities for all ages</li> <li>Boost coordination</li> <li>Build strength</li> <li>Sharpen focus</li> <li>Stay balanced</li> </ul>	 <p>Tai Chi every Friday in January 11:00-11:30 AR</p>	 <p>1/2/26 2pm-3pm Battle Golf AR</p>	 <p>1/22/26 The Uzzle-Crossico &amp; Block Works</p>	<p><b>New Year's Day</b> 1</p> <p>9:30 - 10:30 Fitness w/Alison AR 1:30 - 2:30 Mexican Train 1st Flr MR <del>2:00-3:00 Short Shop Store</del> 6:00 - 7:00 Jackpot Bingo (Bring 9 Quarters to Play) MP</p>	<p>2</p> <p>9:30 - 10:30 Surprise Walmart Shopping (Sign up at Front Desk) 11:00 - 12:00 Southwest Mobility AR 11:00-11:30 Tai Chi Fitness DVD AR 2:00-3:00 Battle Golf w/Keveline AR</p>	<p>3</p> <p>10:30 - 11:30 Christian Service w/Communion AR 2:00-3:00 Romantic/Comedy Movie w/Popcorn TL (When Harry Met Sally)</p>
<p>4</p> <p>1:30-2:30 Musical Movie TL (Lucille Ball as Mame)</p>	<p>5</p> <p>9:30 - 10:30 Fitness w/Alison AR 11:00 - 12:30 Caramba Mexican Lunching Outing (sign up at Front Desk) 1:00 - 2:00 Bridge AR 2:00 - 3:00 Bistro 6:00 - 7:00 5 Crown Card Game MP 6:00 - 7:00 Hand and Foot Card Game 1st Flr MR</p>	<p>6</p> <p>9:30 - 10:30 Surprise Marketplace (Sign up at Front Desk) 10:00 - 10:45 Stretching DVD AR 10:00 - 11:00 Short Stop Store 11:00-11:30 GoBalance Fitness w/Keveline AR (Game App on TV) 1:00 - 3:00 Mahjong AR 2:00 - 3:00 Pokeno w/Keveline (Bring Pennies) MP</p>	<p>7</p> <p>7:00 - 9:00 Waffle Wednesday DR 9:30 - 10:30 Fry's Shopping (Sign up at Front Desk) 11:00 - 12:00 Wii Bowling AR 1:00 - 2:00 Woman's Devotion and Prayer 1st Flr MR 2:00 - 3:00 Santa Teresita Catholic Mass AR 2:00 - 3:00 Bistro 6:00 - 7:30 Dime Bingo MP (Bring 10</p>	<p>8</p> <p>9:30 - 10:30 Fitness w/Alison AR 10:00 - 12:00 Mary Kay FP 10:00-12:00 Crafting Time (Stain Glass Painting) (talk about the supplies you will need to crochet your blanket)MP 1:30 - 2:30 Mexican Train 1st Flr MR 2:00 - 3:00 Short Shop Store 2:00-3:00 Rummikub w/Keveline AR 5:45-6:45 Gospel Sing w/ Esther AR 6:00 - 7:00 Jackpot Bingo (Bring 9</p>	<p>9</p> <p>9:30 - 10:30 Surprise Walmart Shopping (Sign up at Front Desk) 11:00-11:30 Tai Chi Fitness DVD AR 2:30-3:30 Happy Hour (West Valley Symphony -Music Director and Conductor-Daniel Wiley will speak about the upcoming season at The Vista Art Center)</p>	<p>10</p> <p>2:00-3:00 Comedy Movie w/Popcorn TL (Volunteers)</p>
<p>11</p> <p>1:30-2:30 Comedy Movie TL (The Tender Trap</p>	<p>12</p> <p>9:30 - 10:30 Fitness w/Alison AR 11:00-11:30 Corn Hole w/Keveline AR 1:00 - 2:00 Bridge TL 1:00-2:00 Pet Therapy Hour (Rachel Puuri -Pound PuppyZ Rescue) AR Sign up at the Front Desk is you will be attending) 2:00 - 3:00 Bistro 6:00 - 7:00 5 Crown Card Game MP 6:00 - 7:00 Hand and Foot Card Game 1st Flr MR</p>	<p>13</p> <p>9:30 - 10:30 Surprise Marketplace (Sign up at Front Desk) 10:00 - 10:45 Stretching DVD AR 10:00 - 11:00 Short Stop Store 11:00-11:30 GoBalance Fitness w/Keveline AR (Game App on TV) 1:00 - 3:00 Mahjong AR 2:00 - 3:00 Pokeno w/Keveline (Bring Pennies) MP 6:00-7:00 Entertainment - Jeff Sullivan</p>	<p>14</p> <p>9:30 - 10:30 Aldi Shopping (Sign up at Front Desk) 11:00 - 12:00 Wii Bowling AR 1:00 - 2:00 Woman's Devotion and Prayer 1st Flr MR 2:00 - 3:00 Bistro 2:00 - 3:00 Santa Teresita Communion TL 6:00 - 7:30 Dime Bingo MP (Bring 10 Dimes, 2 Quarters and 1 Dollar)</p>	<p>15</p> <p>9:30 - 10:30 Fitness w/Alison AR 10:00-11:00 Crafting Time (Relaxing Art) MP 1:00 - 2:00 Book Club TL 1:30 - 2:30 Mexican Train 1st Flr MR 2:00 - 3:00 Short Shop Store 2:00-3:00 Wheel of Fortune w/Keveline AR 6:00 - 7:00 Jackpot Bingo (Bring 9 Quarters to Play) MP (Jackpot Prize)</p>	<p>16</p> <p>8:00 - 9:00 Donuts w/Keveline DR 9:30 - 10:30 Surprise Walmart Shopping (Sign up at Front Desk) 11:00-11:30 Tai Chi Fitness DVD AR 11:00-12:30 Pavillion Grill Lunch Outing (sign up at Front Desk) 2:00-3:00 Floor Scrabble w/Keveline AR 6:00-7:00 Entertainment - The Swagin' Gypsy Sisters</p>	<p>17</p> <p>2:00-3:00 Biographical/Drama Movie w/Popcorn TL (A Beautiful Day in the Neighborhood)</p>
<p>18</p> <p>1:30-2:30 Musical Movie TL (On the Town 1949)</p>	<p>19</p> <p><b>Martin Luther King Jr. Day</b> 9:00 - 12:00 Casino Outing (Sign up at Front Desk) 9:30 - 10:30 Fitness w/Alison AR 1:00 - 2:00 Bridge AR 2:00 - 3:00 Bistro 6:00 - 7:00 5 Crown Card Game MP 6:00 - 7:00 Hand and Foot Card Game 1st Flr MR</p>	<p>20</p> <p>9:30 - 10:30 Surprise Marketplace (Sign up at Front Desk) 10:00 - 10:45 Stretching DVD AR 10:00 - 11:00 Short Stop Store 10:00-4:00 Tell me YOUR Story with Lori Vander Maten 30 minute time slots (Sign up at Front Desk) 11:00-11:30 GoBalance Fitness w/Keveline AR (Game App on TV) 1:00 - 3:00 Mahjong AR 2:00 - 3:00 Pokeno w/Keveline (Bring Pennies) MP</p>	<p>21</p> <p>9:30 - 10:30 Birthday Breakfast MP (Please Return your invite to Keveline) 9:30 - 10:30 Dollar Tree Shopping (Sign up at Front Desk) 11:00 - 12:00 Wii Bowling AR 1:00 - 2:00 Woman's Devotion and Prayer 1st Flr MR 2:00 - 3:00 Bistro 2:00 - 3:00 Santa Teresita Communion TL 6:00 - 7:30 Dime Bingo MP (Bring 10 Dimes, 2 Quarters and 1 Dollar)</p>	<p>22</p> <p>9:30 - 10:30 Fitness w/Alison AR 11:00-12:00 Crafting Time (Learn to Crochet we will all make the same pattern blanket but in your own colors) MP 1:30 - 2:30 Mexican Train 1st Flr MR 2:00 - 3:00 Short Shop Store 2:00-3:00 The Uzzle-Crossico and The Uzzle Block Works AR 5:45 - 6:45 Gospel sing along w/Esther AR 6:00 - 7:00 Jackpot Bingo (Bring 9 Quarters to Play) MP</p>	<p>23</p> <p>9:30 - 10:30 Surprise Walmart Shopping (Sign up at Front Desk) 11:00-11:30 Tai Chi Fitness DVD AR 2:30-3:30 Happy Hour (Arizona Pain Neuropathy) MP 6:00-7:00 Entertainment - The Salty Dawgs FP</p>	<p>24</p> <p>2:00-3:00 Romantic/Comedy Movie w/Popcorn TL (Pretty Women)</p>
<p>25</p> <p>1:30-2:30 War Movie TL (Reunion in France 1942)</p>	<p>26</p> <p>9:30 - 10:30 Fitness w/Alison AR 9:30-12:00 Lovin Life Senior Expo (Sundial Recreation Center in Sun City) (Sign up at Front Desk) 1:00 - 2:00 Bridge AR 2:00 - 3:00 Bistro 3:00-3:30 Meet and Greet our New Residents FP 6:00 - 7:00 5 Crown Card Game MP 6:00 - 7:00 Hand and Foot Card Game</p>	<p>27</p> <p>9:30 - 10:30 Surprise Marketplace (Sign up at Front Desk) 10:00 - 10:45 Stretching DVD AR 10:00 - 11:00 Short Stop Store 11:00-11:30 GoBalance Fitness w/Keveline AR (Game App on TV) 1:00 - 3:00 Mahjong AR 2:00 - 3:00 Pokeno w/Keveline (Bring Pennies) MP 3:30-5:30 Girl Scout Cookie Sales (Victoria Michel Troop #2566)</p>	<p>28</p> <p>9:30 - 10:30 Trader Joe's Shopping (Sign up at Front Desk) 11:00 - 12:00 Wii Bowling AR 1:00 - 2:00 Woman's Devotion and Prayer 1st Flr MR 2:00 - 3:00 Bistro 2:00 - 3:00 Santa Teresita Communion TL 6:00 - 7:30 Dime Bingo MP (Bring 10 Dimes, 2 Quarters and 1 Dollar)</p>	<p>29</p> <p>9:30 - 10:30 Fitness w/Alison AR 10:00-11:00 Crafting Time (String Art) MP 1:30 - 2:30 Mexican Train 1st Flr MR 2:00 - 3:00 Short Shop Store 2:00-3:00 Town Hall Meeting DR 6:00 - 7:00 Jackpot Bingo (Bring 9 Quarters to Play) MP</p>	<p>30</p> <p>9:30 - 10:30 Surprise Walmart Shopping (Sign up at Front Desk) 11:00-11:30 Tai Chi Fitness DVD AR 1:30-2:30 Farkel Dice Game w/Keveline AR 3:00-5:00 Longhorn Steakhouse Dinner Outing (sign up at Front Desk)</p>	<p>31</p> <p>2:00-3:00 Romantic/Comedy Movie w/Popcorn TL (Sweet Home Alabama)</p>





**Arizona Winds at The Vista "The Many Moods of Christmas 11/30/25. In the center section Alison is sitting behind the lady sitting in white a few rows back and look through the strings of the Harp and you will see several of our Lovely residents.**



**12/18/25 Our Santa Hats turned out so cute.**

### **30 Second Mysteries Where Case 13**

#### **The Case**

**A man builds a fortified structure to keep out his neighbors, but dies before it's completed. By the time his successors finish the structure, it is so large that it can be seen from outer space.**

#### **The Mystery**

**In what country was the structure built and what is it called?**

#### **Clues**

**The Structure is North of the Equator.**

**The Structure took centuries to complete.**

**Building started in the 3rd century B.C.**

**The structure takes its name from its country and is part of a dynasty's legacy.**

**The structure's average height is 25 feet and it is more than 1,500 miles long.**

**The structure is a popular Chinese tourist destination.**

**December 2025 answer to the mystery question is – The woman is blind and was reading a book in Braille.**

**Congratulations to our December 2025 Mystery winner Martha B, Sharon K, Kelly R.**