

Chaparral Winds

Retirement Community

16623 N. West Point Parkway | Surprise, AZ 85374 | 623-975-0880

January Birthdays!



Wishing you the best in the year to come. May your days be filled with sunshine and beautiful colors.


Hassell M. – 1st	Heather E. – 17th
Joe C. – 13th	Ann G. – 23rd
Charles R. – 15th	Hildegard G. – 23rd
Fay E. H. – 15th	Jean C. – 28th
Margot R. – 15th	Wes S. – 31st

Staff Directory

Lisa Wynn.....	Executive Director
Jessie Ahai.....	Nurse
Venessa Gutierrez.....	RCC
Holly Erickson.....	Marketing Consultant
Sylvia Gonzalez.....	Community Liaison
Annalisa Silva.....	AL Activity Director
Malena Falcon.....	MS Rec
Arthur Guillory.....	Maintenance Director

January 2026






 *New Year's Traditions in the United State New Year's Day is celebrated on January 1st and marks the beginning of a brand-new year. Many people welcome the new year with hope, reflection, and celebration.*

One of the most popular traditions is watching the ball drop in Times Square in New York City at midnight. Families and friends often gather to watch this event on television while counting down the final seconds of the year.

Another common tradition is making New Year's resolutions, where people set personal goals such as staying healthy, learning something new, or spending more time with loved ones.

On New Year's Day, many enjoy special meals that are believed to bring good luck, such as black-eyed peas, cabbage, pork, or cornbread. Others attend parades, including the famous Rose Parade in California, or watch college football games. Most importantly, New Year's is a time to reflect on the past year, appreciate family and friends, and look forward to the year ahead with optimism and joy.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<div>ALL EVENTS ARE SUBJECT TO CHANGE</div>	AR = Activity Room T = Theater DR = Dining Room CY = Courtyard B = Bistro L = Lounge IL = Independent Living LB = Library PDR = Private Dining Room MS = Memory Support FL = Front Lobby		<div> <div>1</div> <div> 9:00 Donuts & Coffee (AR) 10:00 New Year's Bingo 10:00 Southwest Mobility (B) 12:00 Blackjack (L) 1:00 New Residents tour w/Sylvia (FL) 2:00 Matinee Movie T (Stepmom) 4:00 Puzzles (LB) </div> <div>2</div> </div>	<div> <div>3</div> <div> 10:00 Bingo w/David (AR) 10:30 Non-denominational service (IL) 12:00 Table games (AR) 1:00 Wii Bowling (L) </div> <div>3</div> </div>
12:00 Crosswords (AR) 4:00 Puzzles (LB)	4 9:00 Walmart Outing 9:30 Stretching (T) 10:00 Bingo (AR) 12:00 Reflective Journaling (AR) 1:00 Exercise w/Jessica (AR) 2:00 Collect your Activity Bucks (AR) 4:00 Hand & Foot (L)	5 9:00 5K (AR) 10:00 Bingo (AR) 12:00 Blackjack (L) 1:00 Activity Store (AR) 3:00 Wii Bowling (L) 5:30 Puzzles (LB)	6 9:00 Bible Study w/Tony (L) 10:00 Reflective Journaling (AR) 10:30 Catholic Communion (B) 11:00 Buffalo Wild Wings lunch outing (FL) 2:00 Catholic mass (IL) 2:30 Exercise with weights (AR) 3:00 Relaxing Art (AR)	7 9:00 5K (AR) 10:00 Bingo (AR) 12:00 Coffee & Chat (B) 2:00 Cookies & chat w Hospice of the West (Palliative care) DR 2:30 Pet Therapy w/Rosie 6:30 Hand & Foot (L)	8 9:00 Donuts & Coffee (AR) 10:00 Bingo (AR) 1:00 Exercise Room (IL) 2:00 Music & movement w/Darlene (DR) 4:00 Puzzles (LB)	9 10:00 Bingo w/David (AR) 12:00 Table games (AR) 1:00 Relaxing Art (AR) 1:00 Wii Bowling (L)
11 12:00 Crosswords (AR) 4:00 Puzzles (LB)	12 9:00 Walmart Orders 9:30 Stretching (T) 10:00 Bingo (AR) 12:00 Reflective Journaling (AR) 1:00 Exercise w/Jessica (AR) 2:00 Collect your Activity Bucks (AR) 4:00 Hand & Foot (L)	13 9:00 5K (AR) 10:00 Bingo (AR) 12:00 Blackjack (L) 1:00 Activity Store (AR) 2:00 Veterans Coffee (PDR) 3:00 Wii Bowling (L) 5:30 Puzzles (LB)	14 9:00 Bible Study w/Tony (L) 9:00 Reflective Journaling (AR) 10:30 Catholic Communion (B) 11:00 AZ Diner lunch outing 2:30 Chair drumming exercise (AR) 3:00 Relaxing Art (AR)	15 9:00 5K (AR) 10:00 Bingo (AR) 12:30 Sip & paint (AR) 2:00 Entertainment - Ellen D & Happy hour (MS) 6:30 Hand & Foot (L)	16 9:00 Donuts & Coffee (AR) 12:00 January Birthday Lunch 2:00 Matinee Movie T (Grumpy old men) 4:00 Puzzles (LB)	17 10:00 Bingo w/David (AR) 12:00 Table games (AR) 1:00 Wii Bowling (L)
18 12:00 Crosswords (AR) 4:00 Puzzles (LB)	19 9:00 Casino (FL) 9:00 Walmart Outing 9:30 Stretching (T) 10:00 Bingo (AR) 12:00 Reflective Journaling (AR) 1:00 Exercise w/Jessica (AR) 2:00 Collect your Activity Bucks (AR) 4:00 Hand & Foot (L)	20 9:00 5K (AR) 9:00 Resident Council (PDR) 10:00 Bingo (AR) 12:00 Blackjack (L) 1:00 Activity Store (AR) 2:00 Entertainment-Happy Hour Jeff S (DR) 3:00 Wii Bowling (L) 5:30 Puzzles (LB)	21 9:00 Bible Study w/Tony (L) 10:00 Reflective Journaling (AR) 10:30 Catholic Communion (B) 11:00 Peter Piper Pizza Lunch outing 2:30 Exercise with weights (AR) 3:00 Relaxing Art (AR)	22 9:00 5K (AR) 10:00 Bingo (AR) 1:00 Cooking & Baking (Monkey bread) B 2:30 Pet Therapy w/Rosie 6:30 Hand & Foot (L)	23 9:00 Donuts & Coffee (AR) 10:00 Bingo (AR) 12:00 Coffee (B) 1:00 Chat with Arizona Pain (Neuropathy) B 2:00 Music & movement w/Darlene (DR) 4:00 Puzzles (LB)	24 10:00 Bingo w/David (AR) 12:00 Table games (AR) 1:00 Wii Bowling (L)
25 12:00 Crosswords (AR) 4:00 Puzzles (LB)	26 9:00 Walmart Orders 9:30 Stretching (T) 10:00 Bingo (AR) 12:00 Reflective Journaling (AR) 1:00 Exercise w/Jessica (AR) 2:00 Collect your Activity Bucks (AR) 4:00 Hand & Foot (L)	27 9:00 5K (AR) 10:00 Bingo (AR) 12:00 Blackjack (L) 1:00 Activity Store (AR) 2:30 Jeopardy & Drinks (B) 3:00 Wii Bowling (L)	28 9:00 Bible Study w/Tony (L) 10:00 Reflective Journaling (AR) 10:30 Catholic Communion (B) 11:00 Angry crab lunch outing 2:30 Chair drumming exercise (AR) 3:00 Relaxing Art (AR)	29 9:00 5K (AR) 10:00 Bingo (AR) 12:00 Coffee & Chat (B) 1:00 Arts & crafts (AR) 6:30 Hand & Foot (L)	30 9:00 Donuts & Coffee (AR) 1:00 Exercise Room (IL) 2:00 Matinee Movie (T) 4:00 Puzzles (LB)	31 10:00 Bingo w/David (AR) 12:00 Table games (AR) 1:00 Wii Bowling (L)

DECEMBER SNAPSHOTS



Crooked Putter lunch outing



Phoenix Symphony Christmas Concert