



16629 N. West Point Parkway | Surprise, AZ 85374 | 623-975-0880

December Birthdays



Tom S. – 7th
Rita K. – 15th

Staff Directory

Lisa W- Executive Director
Jessie A- Nurse
Holly E- Marketer
Sylvia G- Community Liaison
Venessa G - Resident care coordinator
Annalisa S- AL Activity Director
Malena F- Rec
Arthur G- Maintenance
Ashley- Chef

December 2025



🎄 The holiday season is a time for joy, friendship, and togetherness — and what better way to celebrate than with a warm and festive Christmas Dinner! 🎄

Join us as we gather to share delicious food, laughter, and holiday cheer. This special evening is all about community and creating wonderful memories together.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	9:45 This Week in History 1 10:00 Bingo 12:30 Puzzles 1:00 Exercise with Jessica 2:30 Brain Aerobics 3:00 Wii Bowling 6:00 Light Stretching & Mediation	9:00 5K 2 10:00 Wii Bowling 12:30 Chair Excercise 1:00 Activity Store 3:00 Manicures 6:00 Movie & Popcorn	9:00 Bible Study with Tony 3 10:00 Bingo with David 11:00 Tivolis lunch outing 2:30 Chair Drumming Exercise 3:15 Relaxing Art & Music 6:00 Light Stretching & Meditation	9:00 5K 4 10:00 Gardening 12:30 Rock Painting w/Sprouts Friends 2:30 Chair Zumba 3:00 Wii Bowling 6:00 Movie & Popcorn	9:00 Donuts & Coffee 5 10:00 Bingo with Dianne 12:00 Manicures 1:00 Puzzles 3:00 Armchair Travel 6:00 Light Stretching & Meditation	10:00 Chair Excercise 6 2:00 Bingo 5:00 Relaxing Art & Music 6:00 Movie & Popcorn
9:00 Chair Excercise 7 10:00 Bingo 1:00 Scrabble 6:00 Puzzles	9:45 This Week in History 8 10:00 Bingo 12:30 Puzzles 1:00 Exercise with Jessica 2:30 Brain Aerobics 3:00 Wii Bowling 6:00 Light Stretching & Mediation	9:00 5K 9 10:00 Wii Bowling 12:30 Chair Excercise 1:00 Activity Store 2:00 Entertainment (Jeff S) 2:00 Veterans Coffee 3:00 Manicures 6:00 Movie & Popcorn	9:00 Bible Study with Tony 10 10:00 Bingo with David 11:00 Olive Garden lunch outing 2:30 Chair Exercise w/weights 3:15 Relaxing Art & Music 6:00 Light Stretching & Meditation	9:00 5K 11 10:00 Gardening 2:00 Pet Therapy with Rosie (HOW) 2:30 Chair Zumba 3:00 Wii Bowling 6:00 Movie & Popcorn	9:00 Donuts & Coffee 12 10:00 Bingo with Dianne 12:00 December Birthday Lunch 12:00 Manicures 1:00 Puzzles 2:00 Matinee Movie & Cookies with hot cocoa 6:00 Light Stretching & Meditation	10:00 Chair Excercise 13 2:00 Bingo 5:00 Relaxing Art & Music 6:00 Movie & Popcorn
9:00 Chair Excercise 14 10:00 Bingo 1:00 Scrabble 6:00 Puzzles	9:45 This Week in History 15 10:00 Bingo 12:30 Puzzles 1:00 Exercise with Jessica 3:00 Wii Bowling 6:00 Light Stretching & Mediation	9:00 5K 16 10:00 Wii Bowling 12:30 Chair Excercise 1:00 Phoenix Symphony 3:00 Manicures 6:00 Movie & Popcorn	9:00 Bible Study with Tony 17 10:00 Bingo with David 12:30 Craft w/Lisa Ribar 3:00 Relaxing Art & Music 4:30 Christmas Dinner 6:00 Light Stretching & Meditation	9:00 5K 18 10:00 Gardening 12:30 Sing Along Christmas songs 2:30 Chair Zumba 3:00 Wii Bowling 6:00 Movie & Popcorn	9:00 Donuts & Coffee 19 10:00 Bingo with Dianne 12:00 Manicures 1:00 Puzzles 3:00 Armchair Travel 6:00 Light Stretching & Meditation	10:00 Chair Excercise 20 2:00 Bingo 5:00 Relaxing Art & Music 6:00 Movie & Popcorn
9:00 Chair Excercise 21 10:00 Bingo 1:00 Scrabble 6:00 Puzzles	9:45 This Week in History 22 10:00 Bingo 12:30 Puzzles 1:30 Resident Christmas Party 3:00 Wii Bowling 6:00 Light Stretching & Mediation	9:00 5K 23 10:00 Wii Bowling 12:30 Chair Excercise 1:00 Activity Store 3:00 Manicures 6:00 Movie & Popcorn	9:00 Bible Study with Tony 24 10:00 Bingo with David 11:00 lunch outing 2:30 Chair Exercise With Weights 3:15 Relaxing Art & Music 6:00 Light Stretching & Meditation		9:00 Donuts & Coffee 26 10:00 Bingo with Dianne 1:00 Puzzles 3:00 Armchair Travel 6:00 Light Stretching & Meditation	10:00 Chair Excercise 27 2:00 Bingo 5:00 Relaxing Art & Music 6:00 Movie & Popcorn
9:00 Chair Excercise 28 10:00 Bingo 1:00 Scrabble 6:00 Puzzles	9:45 This Week in History 29 10:00 Bingo 12:30 Puzzles 1:00 Exercise with Jessica 1:45 Arts & Crafts with Kharissa 2:30 Brain Aerobics 3:00 Wii Bowling 6:00 Light Stretching & Mediation	9:00 5K 30 10:00 Wii Bowling 12:30 Chair Excercise 1:00 Activity Store 3:00 Manicures 6:00 Movie & Popcorn	9:00 Bible Study with Tony 31 10:00 Bingo with David 2:30 Chair Drumming Exercise 3:15 Relaxing Art & Music 6:00 Light Stretching & Meditation			ALL EVENTS ARE SUBJECT TO CHANGE

November Snapshots



Walk to End Alzheimer's



Veterans Pinning Ceremony