



Ventana Winds

Retirement Community

12322 N 113th Ave • Youngtown, AZ 85363 • (623) 583-2460

ASSISTED LIVING NEWSLETTER

Staff Directory

Bekah Tena Executive Director
Alex Osorno Compliance Director
Rafael Ramos Marketing Director
Amanda Lemke RCC
Ana Castro Elements RCC
Sherry Walker Housekeeping Supervisor
Jennifer Sims Res. Engagement Coordinator
Nacho Hernandez Culinary Director
Kim Folsom Dutton Resident Liaison
..... Maintenance Director
Denise B. Receptionist
Christian Sams Transportation
Kathy Bulerin Dining Room Manager
Brittany Matulin Activity Coordinator

A Fall Favorite

The holiday classic “It’s the Great Pumpkin, Charlie Brown” premiered Oct. 27, 1966. The animated prime-time TV special with the gang from Charles Schulz’s “Peanuts” comic strip is based on a storyline Schulz first ran in 1962. An animation achievement at the time, the hit is famous for its colorful fall pumpkin patch scenes and for giving audiences their first glimpse of Snoopy “flying” his doghouse as the World War I Flying Ace. It’s estimated that about half the homes in America with TVs watched the special, and fans continue to make it a yearly tradition.

October 2025



October Pleasures

“There is no season when such pleasant and sunny spots may be lighted on, and produce so pleasant an effect on the feelings, as now in October.”

—Nathaniel Hawthorne

Wild World: Monarchs

Monarch butterflies may only live a few months, but in that time, some will make a 3,000-mile journey south to Mexico. They are the only butterflies to migrate such a long distance, and later generations will make the same trip, sometimes returning to the exact tree as their ancestors. Monarch caterpillars eat milkweed almost exclusively, but reduced acreage of the plant—as well as natural disasters in Mexico—are threatening the butterflies’ population.

Goose Bumps

Goose bumps develop on the skin as an involuntary response to cold temperatures or strong emotions such as fear, pleasure or excitement. They are caused by tiny muscles connected to each hair follicle contracting and pulling the hair erect. The same thing happens in other mammals for the same reasons; for example, a cat’s fur stands up when it is frightened or angry.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
ALL EVENTS ARE SUBJECT TO CHANGE. YOU WILL BE NOTIFIED BY DAILY ACTIVITY SCHEDULE.			1 9:00 Fry's Senior Discount Day: Sign Up with Denise 9:00 PT/OT in the Library 10:00 Table Games (AR) 1:00 Crazy Double Bingo (AR) 2:30 Wine Down & Horse Races (L) 6:30 Bible Study (AR)	2 9:00 PT/OT in the Library 10:00 Library Cart from Youngtown Library (L) 1:00 Original Bingo (AR) 2:30 All Resident Planning Meeting For Activities with Brittany (AR) 6:00 Res. Choice (AR)	3 9:00 Trip to Hobby Lobby: Sign Up with Denise 9:00 PT/OT in the Library 10:00 Resident Choice (AR) 1:00 Original Bingo (AR) 2:00 BIRTHDAY PARTY with Tom (DR) 6:00 Resident Choice	4 10:00 Games of Choice: Self-Directed 1:00 ART CLASS with Kevin (AR) 3:00 Games Available (AR/L) 6:00 Poker Night (L)
5 8:45 Shepherd of the Desert Church 10:00 Resident Choice (AR) 6:00 Resident Choice	6 8:40 Catholic Communion (ELS) 9:00 PT/OT in the Library 9:00 Trip to Walmart: Sign up 10:30 Table Games (AR) 1:00 Res. Choice (AR) 2:30 Pamper Me! Nails (AR) 3:00 ART CLASS with Kevin (AR) 6:00 Card Games (Res. Choice)	7 9:00 Knitting & Crocheting Class (AR) 9:00 PT/OT in the Library 10:00 Games of choice (AR) 1:00 Crazy Bingo (AR) 2:30 Tai Chi (AR) 6:00 Poker (L)	8 9:00 PT/OT in the Library 10:00 Table Games (AR) 1:00 Crazy Double Bingo (AR) 2:30 Jumbo Tic Tac Toe (AR) 6:30 Bible Study (AR)	9 9:00 PT/OT in the Library 10:00 Table Games (AR) 1:00 Original Bingo (AR) 3:00 Resident Council Meeting (AR) 6:00 Res. Choice (AR)	10 9:00 PT/OT in the Library 9:00 Trip to Goodwill: Sign Up with Denise 10:00 Resident Choice (AR) 1:00 Original Bingo (AR) 2:30 Happy Hour with Mimosas & Snacks (AR) 6:00 Resident Choice	11 10:00 Games of Choice: Self-Directed 1:00 ART CLASS with Kevin (AR) 3:00 Games Available (AR/L) 6:00 Poker Night (L)
12 8:45 Shepherd of the Desert Church 10:00 Resident Choice (AR) 6:00 Resident Choice	13 Columbus Day 8:40 Catholic Communion (ELS) 9:00 PT/OT in the Library 9:00 Trip to Fry's: Sign Up with Denise 10:30 Table Games (AR) 1:00 Res. Choice (AR) 2:30 Pamper Me! Nails (AR) 3:00 ART CLASS with Kevin (AR) 6:00 Card Games (Res. Choice)	14 9:00 Knitting & Crocheting Class (AR) 9:00 PT/OT in the Library 10:00 Games of choice (AR) 1:00 Crazy Bingo (AR) 2:30 Tai Chi (AR) 6:00 Poker (L)	15 9:00 PT/OT in the Library 10:00 Table Games (AR) 1:00 Crazy Double Bingo (AR) 2:30 Putter Par-Tee (AR) 6:30 Bible Study (AR)	16 9:00 PT/OT in the Library 10:00 Table Games (AR) 1:00 Original Bingo (AR) 2:30 Coat Hanger Toss (AR) 6:00 Res. Choice (AR)	17 9:00 PT/OT in the Library 10:00 Resident Choice (AR) 10:30 Lunch Trip to Village Inn: Sign up with Denise 1:00 Original Bingo (AR) 2:30 Beer, Snacks & Name That Tune with Tom (AR) 6:00 Resident Choice	18 10:00 Games of Choice: Self-Directed 1:00 ART CLASS with Kevin (AR) 3:00 Games Available (AR/L) 6:00 Poker Night (L)
19 8:45 Shepherd of the Desert Church 10:00 Resident Choice (AR) 2:30 ART CLASS with Kevin (AR) 6:00 Resident Choice	20 8:40 Catholic Communion (ELS) 9:00 PT/OT in the Library 9:00 Trip to Walmart: Sign up with Denise 10:30 Table Games (AR) 1:00 Res. Choice (AR) 2:30 Pamper Me! Nails (AR) 3:00 ART CLASS with Kevin (AR) 6:00 Card Games (Res. Choice)	21 9:00 Knitting & Crocheting Class (AR) 9:00 PT/OT in the Library 10:00 Games of choice (AR) 1:00 Crazy Bingo (AR) 2:30 Trivia with Tom (AR) 6:00 Poker (L)	22 9:00 PT/OT in the Library 10:00 Table Games (AR) 1:00 Crazy Double Bingo (AR) 2:30 Balance Quarter on the Apple Game (AR) 6:30 Bible Study (AR)	23 9:00 PT/OT in the Library 10:00 Table Games (AR) 1:00 Original Bingo (AR) 2:30 Halloween Activity (AR) 6:00 Res. Choice (AR)	24 9:00 PT/OT in the Library 9:00 Trip to Beall's Clothing Store: Sign up with Denise 10:00 Resident Choice (AR) 1:00 Original Bingo (AR) 2:30 Live Music with Dave, Snacks & Drinks (DR) 6:00 Resident Choice	25 10:00 Games of Choice: Self-Directed 1:00 ART CLASS with Kevin (AR) 3:00 Games Available (AR/L) 6:00 Poker Night (L)
26 8:45 Shepherd of the Desert Church 10:00 Resident Choice (AR) 2:30 Church Service (DR) 6:00 Resident Choice	27 8:40 Catholic Communion (ELS) 9:00 PT/OT in the Library 9:00 Trip to Fry's: Sign up with Denise 10:30 Table Games (AR) 1:00 Res. Choice (AR) 2:30 Pamper Me! Nails (AR) 3:00 ART CLASS with Kevin (AR) 6:00 Card Games (Res. Choice)	28 9:00 Knitting & Crocheting Class (AR) 9:00 PT/OT in the Library 10:00 Games of choice (AR) 1:00 Crazy Bingo (AR) 2:30 Tai Chi (AR) 6:00 Poker (L)	29 9:00 PT/OT in the Library 10:00 Table Games (AR) 1:00 Original Bingo (AR) 2:30 Movie & Popcorn Bar (AR) 6:30 Bible Study (AR)	30 9:00 PT/OT in the Library 10:00 Table Games (AR) 1:00 Original Bingo (AR) 2:30 Town Hall Meeting- Staff Invited (AR) 6:00 Res. Choice (AR)	31 9:00 PT/OT in the Library 9:00 Trip to Dollar Tree: Sign up with Denise 10:00 Resident Choice (AR) 1:00 Original Bingo (AR) 2:30 Happy Hour Karaoke, Snacks & Drinks with Tom (AR) 6:00 Resident Choice	



Board Game Fun

From backgammon, which can be traced to about 3000 B.C., to today's newest offerings, board games have long been a way for families and friends to bond and play. Take a look at some of the most popular board games of modern times and think about all the fun had around the table. How many have you played?

1930s: Monopoly, Scrabble, Rummikub, Sorry!

1940s: Clue, Candy Land, Chutes and Ladders

1950s: Risk, Yahtzee, Diplomacy

1960s: Mouse Trap, Battleship, Hungry Hungry Hippos, Operation

1970s: 221B Baker Street, Perfection, Black Box, Dungeons & Dragons

1980s: Trivial Pursuit, Pictionary, Outburst, Taboo

1990s: Mad Gab, Pretty Pretty Princess, Cranium, Mars 2020

2000s: Blokus, Carcassonne, Dicecapades, Bezzerwizzer

2010s: Azul, Patchwork, 7 Wonders, Splendor

"Then & Now"

"This Month In History"

OCTOBER

1792: In the nation's new capital city, Washington, D.C., the cornerstone of the White House is laid.

1903: The Boston Americans defeat the Pittsburgh Pirates five games to three to win the first World Series.

1931: Comic strip crime fighter "Dick Tracy" debuts.

1949: At a ceremony in Beijing, revolutionary leader Mao Zedong formally announces the creation of the People's Republic of China.

1955: Children's TV shows "Captain Kangaroo" and "The Mickey Mouse Club" air their first episodes.

1957: The Space Age begins when the Soviet Union launches Sputnik I, the first man-made satellite, into orbit.

1962: "Dr. No," the first in the popular James Bond spy film franchise, premieres in London.

1979: Mother Teresa wins the Nobel Peace Prize for her work with the poor in India.

1982: The musical "Cats" opens on Broadway, beginning a record run of more than 7,000 performances.

1995: Rallying for unity and family values, hundreds of thousands gather in Washington, D.C., for the Million Man March.

2000: An American astronaut and two Russian cosmonauts arrive for a four-month stay as the first residents of the International Space Station.

2003: Supersonic jet travel comes to an end when the final flights of three Concorde passenger jets land at London's Heathrow Airport.

2011: The Martin Luther King Jr. Memorial is formally dedicated in Washington, D.C., after a postponement due to Hurricane Irene.