



# Vista Winds

## Retirement Community

28775 N Vistancia Blvd • Peoria, AZ 85383 • (623) 253-6680

### Staff Directory

Keri McCormick ..... Executive Director  
Kim Selzler ..... Marketing Director  
Danielle Welker ..... Activities Director  
Joshua Thomas ..... Culinary Director  
Justin Friend ..... Maintenance Director



### SEPTEMBER BIRTHDAYS!

Delores Brand - 9/2  
Judy Miller - 9/9  
Donna Whaley - 9/26  
Sharon Marinello - 9/27  
Sylvia Bethune - 9/28



### Welcome Home!

Randy Harris  
Jill Oestreicher  
Bob Owen  
Pat Owen

### September 2025


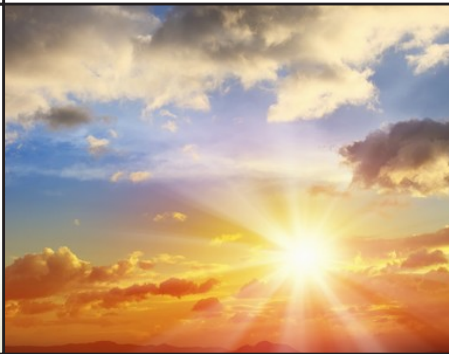



### Grandparents Day Celebration!

Grandparents Day was created with the intent to honor all grandparents and give them a chance to show love for their children, grandchildren and great-grandchildren. President Jimmy Carter signed the national proclamation of Grandparents Day in 1978. It is always celebrated the first Sunday after Labor Day.

Vista Winds will be honoring this holiday by having a huge *Grandparents Day Celebration!* Join us on Monday, September 8th at 1:00 pm in the lobby for a day of fun. Guitarist and singer, Ronny Lee will be performing and SCAN Health will be providing snow cones! We will have tons of other goodies for you and your family. Invite your children, grandchildren and great-grandchildren to help us celebrate all the amazing grandparents we have in our community!





Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <div>Labor Day 1 8:00  Trike Club 9:00  Silver Sneakers Cardio 9:30  SHOPPING: Sher's Women's Clothing 10:00  Total Fitness 11:00  Activity Chat w/ Danielle 1:00  Hand and Foot 2:00  Billiards 3:00  Craft Time: Patriotic Dessert Decorating</div>	<div>Happy Birthday, Delores Brand! 2 9:00  Silver Sneakers Cardio 9:30  Water Aerobics 11:00  Diamond Art w/ Barbara 1:00  Dime Bingo 2:00  Poker 3:00  Town Hall Meeting</div>	<div>3 9:00  Silver Sneakers Cardio 9:30  SHOPPING: Fry's 10:00  Total Fitness 11:00  Bible Study with Karen 1:00  Hand and Foot 1:30  Pinochle 2:30  Bingo w/ Devoted</div>	<div>4 9:00  Silver Sneakers Cardio 9:30  Water Aerobics 10:00  Billiards 1:00  Bridge for Advanced 1:00  Dime Bingo 2:00  Diamond Art w/ Barbara 3:00  Creative Coloring 6:00  Hand and Foot</div>	<div>5 9:00  Silver Sneakers Cardio 10:00  Total Fitness 11:00  LUNCH BUNCH: Cracker Barrel 12:30  Bridge 2:00  Identifying Online Scams w/ Senior Web Warden 3:00  Happy Hour</div>	<div>6 10:00  Poker 12:00  Chess &amp; Checkers 1:00  Bridge</div>	
<div>Grandparents Day! 7 10:00  Church Service w/ Everett 12:00  Chess and Checkers 1:00  Board Games 6:30  Movie Night: Nonnas</div>	<div>8 8:00  Trike Club 9:00  Silver Sneakers Cardio 9:30  Shopping: Safeway 10:00  Total Fitness 1:00  Grandparents Day Celebration! 1:00  Hand and Foot 2:00  Billiards 2:00  Peoria Public Library Visit 3:00  Craft Time w/ Devoted: Tie Dye Shirts</div>	<div>9 9:00  Silver Sneakers Cardio 9:30  Water Aerobics 11:00  Diamond Art w/ Barbara 1:00  Dime Bingo 2:00  Poker 2:00  Vendor: Grandma Chicken's Homemade Jam</div>	<div>10 9:00  Silver Sneakers Cardio 10:00  Total Fitness 11:00  Bible Study with Karen 11:00  OUTING: Martin Auto Museum 1:00  Hand and Foot 1:30  Pinochle 2:30  Bingo w/ Devoted</div>	<div>11 9:00  Silver Sneakers Cardio 9:30  Water Aerobics 10:00  Billiards 11:00  Tai Chi w/ Jack 1:00  Bridge for Advanced 1:00  Dime Bingo 2:00  Diamond Art w/ Barbara 3:00  Creative Coloring 6:00  Hand and Foot</div>	<div>12 9:00  Silver Sneakers Cardio 10:00  Total Fitness 11:00  LUNCH BUNCH: Sakura Teppanyaki Restaurant 12:30  Bridge 3:00  Happy Hour</div>	
<div>14 10:00  Church Service w/ Everett 12:00  Chess and Checkers 1:00  Board Games 6:30  Movie Night: The Union</div>	<div>15 8:00  Trike Club 9:00  Silver Sneakers Cardio 9:30  SHOPPING: Burlington 10:00  Total Fitness 11:00  Price is Right 1:00  Hand and Foot 2:00  Billiards 3:00  Craft Time: Rock Painting</div>	<div>16 9:00  Silver Sneakers Cardio 9:30  Water Aerobics 11:00  Diamond Art w/ Barbara 1:00  Dime Bingo 2:00  Poker 2:00  Vendor: Only The Best Jewelry 5:30  BUNCO</div>	<div>17 9:00  Silver Sneakers Cardio 10:00  Total Fitness 11:00  Bible Study with Karen 1:00  Hand and Foot 1:30  Pinochle 2:30  Birthday Bingo Bash w/ Devoted</div>	<div>18 9:00  Silver Sneakers Cardio 9:30  Water Aerobics 10:00  Billiards 1:00  Bridge for Advanced 1:00  Dime Bingo 2:00  Diamond Art w/ Barbara 3:00  Creative Coloring 6:00  Hand and Foot</div>	<div>19 9:00  Silver Sneakers Cardio 10:00  Total Fitness 11:00  LUNCH BUNCH: Dillon's KC BBQ 12:30  Bridge 1:00  Medicare 101 w/ Devoted 3:00  Entertainment: John Case 3:00  Happy Hour</div>	
<div>21 9:30  OUTING: Vistancia Community Farmers Market 10:00  Church Service w/ Everett 12:00  Chess and Checkers 1:00  Board Games 6:30  Movie Night: You Gotta Believe</div>	<div>22 Autumn Begins 8:00  Trike Club 9:00  Silver Sneakers Cardio 9:30  SHOPPING: Sprouts 10:00  Fitness Class w/ Jason 11:00  Chair Volleyball 1:00  Hand and Foot 2:00  Billiards 3:00  Craft Time: Greeting Cards</div>	<div>23 9:00  Silver Sneakers Cardio 9:30  Water Aerobics 10:00  Free Gold &amp; Silver Testing w/ Deblis Precious Metals 11:00  Diamond Art w/ Barbara 1:00  Dime Bingo 2:00  Poker</div>	<div>24 9:00  Silver Sneakers Cardio 10:00  Total Fitness 11:00  Bible Study with Karen 11:00  OUTING: As You Wish Pottery Painting Place 1:00  Hand and Foot 1:30  Pinochle 2:30  Bingo w/ Devoted</div>	<div>25 9:00  Silver Sneakers Cardio 9:30  Water Aerobics 10:00  Billiards 11:00  Tai Chi w/ Jack 1:00  Bridge for Advanced 1:00  Dime Bingo 2:00  Diamond Art w/ Barbara 3:00  Creative Coloring 6:00  Hand and Foot</div>	<div>26 Happy Birthday, Donna Whaley! 9:00  Silver Sneakers Cardio 10:00  Total Fitness 11:00  LUNCH BUNCH: Maple &amp; Rye 12:30  Bridge 3:00  Entertainment: Jonny Splash 3:00  Happy Hour</div>	
<div>28 Happy Birthday, Sylvia Bethune! 10:00  Brunch Buffet with Friends &amp; Family 10:00  Church Service w/ Everett 12:00  Chess and Checkers 1:00  Board Games 6:30  Movie Night: 50 First Dates</div>	<div>29 8:00  Trike Club 9:00  Silver Sneakers Cardio 9:30  SHOPPING: Dollar Tree 10:00  Fitness Class w/ Jason 11:00  Race Car Racers 1:00  Hand and Foot 2:00  Billiards 3:00  Craft Time w/ Devoted: Button Tree Art</div>	<div>30 9:00  Silver Sneakers Cardio 9:30  Water Aerobics 11:00  Diamond Art w/ Barbara 1:00  Dime Bingo 2:00  Poker 3:00  Visit w/ AZ Therapy Dogs</div>				



# HONOR PATRIOT DAY

Sept. 11

National Day of Service and Remembrance

## "This Month In History"

### SEPTEMBER

**1919:** Crowds gather in New York City to welcome home Gen. John J. Pershing and 25,000 soldiers of the American Expeditionary Forces who fought in World War I.

**1949:** The Ladies Professional Golf Association is formed with 13 founding players.

**1953:** With 32 lanes, the world's first four-level highway interchange opens in Los Angeles. Half a million vehicles travel it every day.

**1969:** "Ruh-roh!" The Saturday morning cartoon lineup gets a new addition when the mystery-comedy series "Scooby-Doo, Where Are You!" premieres.

**1978:** After years of lobbying, National Grandparents Day is officially observed for the first time.

**1985:** An American-French expedition locates the wreckage of the long-lost sunken ocean liner Titanic off the coast of Newfoundland, Canada.

**1998:** Internet search engine Google is founded.

**2008:** After its move to Oklahoma City, the NBA team the Seattle SuperSonics is renamed the Thunder.

**2020:** Sales stats show that music fans are buying more vinyl records, outselling CDs for the first time in decades.