



Ventana Winds

Retirement Community

12322 N 113th Ave • Youngtown, AZ 85363 • (623) 583-2460

ASSISTED LIVING NEWSLETTER

Staff Directory

Bekah Tena Executive Director
Alex Osorno Compliance Director
Rafael Ramos Marketing Director
Amanda Lemke RCC
Ana Castro Elements RCC
Sherry Walker Housekeeping Supervisor
Jennifer Sims Res. Engagement Coordinator
Nacho Hernandez Culinary Director
Kim Folsom Dutton Resident Liaison
Jon Watson Maintenance Director
Denise B. Receptionist
Christian Sams Transportation
Kathy Bulerin Dining Room Manager
Brittany Matulin Activity Coordinator

Brain Bender: Labor Day Mystery

It won't be hard work to solve this Labor Day puzzle! Unscramble the words related to the holiday below. Then rearrange the letters in bold to fill in the blanks of the secret phrase.

DKEWNEE
UOKOCOT
LEARX
YDONMA
RPAEAD
WSRROEK
LESSA

G _ _ B _ , _ _ M _ _ !



(Answers: weekend, cookout, relax, Monday, parade, workers, sales. The phrase is "Goodbye, summer!")

September 2025



The Water Lily Harvest

The Mekong River in Vietnam is known for flooding, but from this comes a beautiful, colorful scene. Every autumn, beginning in September, the water lily harvest begins. The high, dark waters of the "Delta of the Nine Dragons" are dotted with bright white and pink flowers. After harvest, the lilies are fanned out on the water's surface and cleansed of mud; then, they are bundled and laid on small wooden boats to be taken to market.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>All events are subject to change. You will be notified by daily activity schedule.</div>	<div>Labor Day 1</div> <div>8:40 Catholic Communion (ELS)</div> <div>9:00 PT/OT in the Library</div> <div>9:00 Outing Trip to Walmart: Sign up</div> <div>10:30 Games Table Games (AR)</div> <div>1:00 Arts & Crafts (AR)</div> <div>2:30 Manicures Pamper Me! Nails (AR)</div> <div>3:00 ART CLASS with Kevin (AR)</div> <div>6:00 Card Games (Res. Choice)</div>	<div>2</div> <div>9:00 Knitting & Crocheting Class (AR)</div> <div>9:00 PT/OT in the Library</div> <div>10:00 Games Games of choice (AR) Games</div> <div>1:00 Games Original Bingo (AR)</div> <div>2:30 Puzzles (AR)</div> <div>6:00 Self-Led Poker (L)</div>	<div>3</div> <div>9:00 Outing Fry's Senior Discount Day: Sign Up with Denise</div> <div>9:00 PT/OT in the Library</div> <div>10:00 Table Games (AR)</div> <div>1:00 Games Crazy Double Bingo (AR)</div> <div>2:30 Wine Down & Horse Races (DR)</div> <div>6:30 Bible Study (AR)</div>	<div>4</div> <div>9:00 PT/OT in the Library</div> <div>10:00 Library Cart from Youngtown Library (L)</div> <div>1:00 Games Original Bingo (AR)</div> <div>2:30 Planning Meeting (AR)</div> <div>6:00 Res. Choice (AR)</div>	<div>5</div> <div>9:00 Outing Goodwill Trip: Sign Up with Denise</div> <div>9:00 PT/OT in the Library</div> <div>10:00 Self-Led Resident Choice (AR) Fitness</div> <div>1:00 Games 2 in 1 Bingo (AR)</div> <div>2:30 BIRTHDAY PARTY with Snacks & Drinks (AR)</div> <div>6:00 Self-Led Resident Choice</div>	<div>6</div> <div>10:00 Self-Led Games of Choice: Self-Directed</div> <div>1:00 ART CLASS with Kevin (AR)</div> <div>3:00 Games Available (AR/L)</div> <div>6:00 Self-Led Poker Night (L)</div>
<div>7</div> <div>8:45 Shepherd of the Desert Church Fitness</div> <div>10:00 Resident Choice (AR) Fitness</div> <div>2:30 Church Service (DR)</div> <div>6:00 Resident Choice</div>	<div>8</div> <div>8:40 Catholic Communion (ELS)</div> <div>9:00 PT/OT in the Library</div> <div>9:00 Outing Trip to Walmart: Sign Up with Denise</div> <div>10:30 Games Table Games (AR)</div> <div>1:00 Cooking Class- Chocolate Chip Cookie Dough Tacos (AR)</div> <div>2:30 Manicures Pamper Me! Nails (AR)</div> <div>3:00 ART CLASS with Kevin (AR)</div> <div>6:00 Card Games (Res. Choice)</div>	<div>9</div> <div>9:00 Knitting & Crocheting Class (AR)</div> <div>9:00 PT/OT in the Library</div> <div>10:00 Games Games of choice (AR) Games</div> <div>1:00 Games Original Bingo (AR)</div> <div>2:30 Trivia with Brittany (AR)</div> <div>6:00 Self-Led Poker (L)</div>	<div>10</div> <div>9:00 PT/OT in the Library</div> <div>10:00 Table Games (AR)</div> <div>1:00 Games Crazy Double Bingo (AR)</div> <div>2:30 Tai Chi (AR)</div> <div>6:30 Bible Study (AR)</div>	<div>11</div> <div>9:00 PT/OT in the Library</div> <div>10:00 Table Games (AR)</div> <div>1:00 Games Original Bingo (AR)</div> <div>2:30 Resident Council Meeting (AR)</div> <div>6:00 Res. Choice (AR)</div>	<div>12</div> <div>9:00 PT/OT in the Library</div> <div>9:00 Outing Shopping at Hobby Lobby: Sign Up with Denise</div> <div>10:00 Self-Led Resident Choice (AR) Fitness</div> <div>1:00 Games 2 in 1 Bingo (AR)</div> <div>2:30 Happy Hour & Mimosas & Snacks (AR)</div> <div>6:00 Self-Led Resident Choice</div>	<div>13</div> <div>10:00 Self-Led Games of Choice: Self-Directed</div> <div>1:00 ART CLASS with Kevin (AR)</div> <div>3:00 Games Available (AR/L)</div> <div>6:00 Self-Led Poker Night (L)</div>
<div>14</div> <div>8:45 Shepherd of the Desert Church Fitness</div> <div>10:00 Resident Choice (AR) Fitness</div> <div>6:00 Resident Choice</div>	<div>15</div> <div>8:40 Catholic Communion (ELS)</div> <div>9:00 Trip to Fry's: Sign up with Denise</div> <div>9:00 PT/OT in the Library</div> <div>10:30 Games Table Games (AR)</div> <div>1:00 Arts & Crafts (AR)</div> <div>2:30 Manicures Pamper Me! Nails (AR)</div> <div>3:00 ART CLASS with Kevin (AR)</div> <div>6:00 Card Games (Res. Choice)</div>	<div>16</div> <div>9:00 Knitting & Crocheting Class (AR)</div> <div>9:00 PT/OT in the Library</div> <div>10:00 Games Games of choice (AR) Games</div> <div>1:00 Games Original Bingo (AR)</div> <div>2:30 Rock Painting & Sip (AR)</div> <div>6:00 Self-Led Poker (L)</div>	<div>17</div> <div>9:00 PT/OT in the Library</div> <div>10:00 Table Games (AR)</div> <div>1:00 Games Crazy Double Bingo (AR)</div> <div>2:30 Putter Par-Tee (L)</div> <div>6:30 Bible Study (AR)</div>	<div>18</div> <div>9:00 PT/OT in the Library</div> <div>10:00 Church Service/Communion (DR)</div> <div>10:00 Table Games (AR)</div> <div>1:00 Games Original Bingo (AR)</div> <div>2:30 Tic Tac Toe (L)</div> <div>6:00 Res. Choice (AR)</div>	<div>19</div> <div>9:00 Breakfast Trip to Cracker Barrel: Sign up with Denise</div> <div>9:00 PT/OT in the Library</div> <div>10:00 Self-Led Resident Choice (AR) Fitness</div> <div>1:00 Games 2 in 1 Bingo (AR)</div> <div>2:30 Pizza & Beer & Trivia (AR)</div> <div>6:00 Self-Led Resident Choice</div>	<div>20</div> <div>10:00 Self-Led Games of Choice: Self-Directed</div> <div>1:00 ART CLASS with Kevin (AR)</div> <div>3:00 Games Available (AR/L)</div> <div>6:00 Self-Led Poker Night (L)</div>
<div>21</div> <div>8:45 Shepherd of the Desert Church Fitness</div> <div>10:00 Resident Choice (AR) Fitness</div> <div>2:30 ART CLASS with Kevin (AR)</div> <div>6:00 Resident Choice</div>	<div>22</div> <div>8:40 Catholic Communion (ELS)</div> <div>9:00 Trip to Walmart: sign up with Denise</div> <div>9:00 PT/OT in the Library</div> <div>10:30 Games Table Games (AR)</div> <div>1:00 Cooking Class- Zucchini Pizza Bites (AR)</div> <div>2:30 Manicures Pamper Me! Nails (AR)</div> <div>3:00 ART CLASS with Kevin (AR)</div> <div>6:00 Card Games (Res. Choice)</div>	<div>23</div> <div>9:00 Knitting & Crocheting Class (AR)</div> <div>9:00 PT/OT in the Library</div> <div>10:00 Games Games of choice (AR) Games</div> <div>1:00 Games Original Bingo (AR)</div> <div>2:30 Trivia with Brittany (AR)</div> <div>6:00 Self-Led Poker (L)</div>	<div>24</div> <div>9:00 PT/OT in the Library</div> <div>10:00 Table Games (AR)</div> <div>1:00 Games 2 in 1 Double Bingo (AR)</div> <div>2:00 Movie & Popcorn Bar (AR)</div> <div>6:30 Bible Study (AR)</div>	<div>25</div> <div>9:00 PT/OT in the Library</div> <div>10:00 Table Games (AR)</div> <div>1:00 Games Original Bingo (AR)</div> <div>2:30 Town Hall Meeting -Staff invited (AR)</div> <div>6:00 Res. Choice (AR)</div>	<div>26</div> <div>9:00 PT/OT in the Library</div> <div>9:00 Trip to Dollar Tree: Sign up with Denise</div> <div>10:00 Self-Led Resident Choice (AR) Fitness</div> <div>1:00 Games 2 in 1 Bingo (AR)</div> <div>2:30 Happy Hour with Margaritas & Snacks (AR)</div> <div>6:00 Self-Led Resident Choice</div>	<div>27</div> <div>10:00 Self-Led Games of Choice: Self-Directed</div> <div>1:00 ART CLASS with Kevin (AR)</div> <div>3:00 Games Available (AR/L)</div> <div>6:00 Self-Led Poker Night (L)</div>
<div>28</div> <div>8:45 Shepherd of the Desert Church Fitness</div> <div>10:00 Resident Choice (AR) Fitness</div> <div>2:30 Church Service (DR)</div> <div>6:00 Resident Choice</div>	<div>29</div> <div>8:40 Catholic Communion (ELS)</div> <div>9:00 PT/OT in the Library</div> <div>9:00 Trip to Fry's: Sign up with Denise</div> <div>10:30 Games Table Games (AR)</div> <div>1:00 Arts & Crafts (AR)</div> <div>2:30 Manicures Pamper Me! Nails (AR)</div> <div>3:00 ART CLASS with Kevin (AR)</div> <div>6:00 Card Games (Res. Choice)</div>	<div>30</div> <div>9:00 Knitting & Crocheting Class (AR)</div> <div>9:00 PT/OT in the Library</div> <div>10:00 Games Games of choice (AR) Games</div> <div>1:00 Games Original Bingo (AR)</div> <div>2:30 Tai Chi (AR)</div> <div>6:00 Self-Led Poker (L)</div>				

Word Search

Category: Canning Is My Jam

N O I T A Z I L I R E T S T C A N B A C T E R I A N N I N G R U N L E L S D R E E L I S L L H I E T B I V H E E B I P A L N T R S C T H M A D L R V N I I C E A B S Y T T H A U E N D P E C O R Z E E S F N E E N T A P I A N N G D P R C E S N E M L R E V A E L T H H N E U F U T U R R E I X J E M L L P H L K B O W T H R A A Y C D L O M K T C E J A M R G A S K E T K S P R L C G E S O R T X E D	1. Enzyme	8. _____	15. _____
	2. _____	9. _____	16. _____
	3. _____	10. _____	17. _____
	4. _____	11. _____	18. _____
	5. _____	12. _____	19. _____
	6. _____	13. _____	20. _____
	7. _____	14. _____	21. _____
	Word Search Solution: 1. Acid 8. Dextrose 15. Lid 2. Alum 9. Dill 16. Liter 3. Bacteria 10. Enzyme 17. Mold 4. Blanch 11. Funnel 18. Pectin 5. Boil 12. Gasket 19. Sterilization 6. Brine 13. Jam 20. Storage 7. Canner 14. Jar 21. Vent		

"This Month In History" SEPTEMBER

1927: Baseball great Babe Ruth hits his 60th home run in a single MLB season, setting a record that would stand for the next 34 years.

1961: The Peace Corps becomes a permanent government agency. Since then, more than 240,000 Americans have volunteered with the program to serve in developing countries.

1964: "Grapes of Wrath" author John Steinbeck is awarded the Presidential Medal of Freedom, the nation's highest civilian honor.

1977: Wearing water skis, the "Happy Days" character Fonzie jumps over a shark in an episode of the popular sitcom. The phrase "jumping the shark" is now used to describe the moment when an entertainment franchise dips in quality.

1982: With the motto "The Nation's Newspaper," USA Today publishes its first issue. Today, it is the most-read newspaper in the United States.

1993: The truth is out there! Sci-fi drama series "The X-Files" premieres on television.

2016: California's Yosemite National Park adds Ackerson Meadow to its protected boundary, expanding the park by 400 acres.

2020: Supreme Court justice Ruth Bader Ginsburg becomes the first woman to lie in state in the U.S. Capitol in Washington, D.C.