



Sedona Winds

Retirement Community

405 Jacks Canyon Rd • Sedona, AZ 86351 • (928) 284-1021

Labor Day Fun

Happy Labor Day! Join us at our Holiday Brunch as we celebrate the last days of summer. You won't want to miss the festivities! Meals will be served at regular brunch times.



The Difference of Labor Day

Labor Day (the first Monday in September) is different from most holidays because it is not related to the celebration or recognition of a specific individual, sect or race. Instead, Labor Day is dedicated to the social and economic achievements of American workers and their impact on the strength, prosperity and well-being of our country.

Commemorating 9/11

Dedicated to honoring those who died on that tragic day, each Sept. 11 is observed as Patriot Day and a National Day of Service and Remembrance.



September 2025

Vaccination Reminder

We love our residents, and we want everyone to stay as healthy as possible. Please make sure to get your flu vaccination if you haven't done so already. We will have a Flu Clinic in September—Date to be determined. We will let you know as soon as we know.



Go, Fight, Win!

Football season has begun! Join friends and neighbors and cheer for your favorite team on Sunday, Monday, & Thursday by wearing your favorite jersey.

Happy Grandparents Day! Sunday, September 7th

We want to wish a Happy Grandparents Day to all the grandmothers and grandfathers in our community! The bond between a grandparent and grandchild is like no other. Enjoy your special day!

Aging in Your Autumn Years

This month, summer turns to fall, and many people view the change in seasons as a good time to make personal changes. Healthy Aging Month in September encourages older adults to adopt and maintain habits that will help them stay fit, stay connected and stay adventurous in their golden years.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div><div>All Events Are Subject to Change</div></div>	<div><div>Labor Day & Happy Birthday Janice1</div><div>10:00 Fitness 10:45 Trivia Fun 11:30 Holiday Brunch 1:30 Holiday Brunch</div></div>	<div><div>2</div><div>8:30 Coffee Club with Will from Edward Jones 10:00 Fitness 10:00 Village Van 11:00 Bible Study 2:00 Card Bingo</div></div>	<div><div>Happy Birthday Ruben L.3</div><div>9:30 Sedona Van 10:00 Fitness 2:00 Bingo with Will from Edward Jones</div></div>	<div><div>4</div><div>9:30 Cottonwood Van 10:00 Fitness 1:00 Bowling on Wii 5:30 Mexican Train 6:45 Bible Study</div></div>	<div><div>5</div><div>10:00 Fitness 2:00 Happy Hour with Kathi & Joe 5:30 Mexican Train</div></div>	<div><div>6</div><div>10:00 Chair Yoga with Susannah 5:30 Mexican Train</div></div>
<div><div>Grandparents Day7</div><div>10:00 Communion in the Library 11:30 Sunday Brunch 1:30 Sunday Brunch 3:00 Sunday Matinee Movie 5:30 Mexican Train</div></div>	<div><div>Happy Birthday Evelyn B.8</div><div>10:00 Fitness 10:45 Trivia Fun 2:00 Sedona Downs 3:00 Catholic Service</div></div>	<div><div>9</div><div>8:45 Computer and Phone Help from Marcie 10:00 Fitness 10:00 Village Van 11:00 Bible Study 2:00 Card Bingo</div></div>	<div><div>10</div><div>9:30 Sedona Van 10:00 Fitness 12:00 Out to Lunch 2:00 Village Ukulele Band</div></div>	<div><div>Patriot Day11</div><div>9:30 Cottonwood Van 10:00 Fitness 1:00 Bowling on Wii 5:30 Mexican Train 6:45 Bible Study</div></div>	<div><div>12</div><div>10:00 Fitness 1:30 Van to Dollar Tree 5:30 Mexican Train</div></div>	<div><div>13</div><div>2:00 Drawing & Painting with Wendy & Joan in the Activity Room 5:30 Mexican Train</div></div>
<div><div>14</div><div>10:00 Communion in the Library 11:30 Sunday Brunch 1:30 Sunday Brunch 3:00 Sunday Matinee Movie 5:30 Mexican Train</div></div>	<div><div>Happy Birthday Michelle15</div><div>10:00 Fitness 10:45 Trivia Fun 2:00 Sedona Downs 3:00 Catholic Service</div></div>	<div><div>Happy Birthday Susanne16</div><div>10:00 Fitness 10:00 Village Van 11:00 Bible Study 2:00 Ice Cream Social & Trivia with Gwen</div></div>	<div><div>17</div><div>9:30 Sedona Van 10:00 Fitness 2:30 Health Talk with No. Az. Hospice & Home Health 4:00 Dinner Music with Erroll</div></div>	<div><div>18</div><div>9:30 Cottonwood Van 10:00 Fitness 1:00 Bowling on Wii 2:00 Happy Hour with John Z. 5:30 Mexican Train 6:45 Bible Study</div></div>	<div><div>19</div><div>10:00 Fitness 10:00 Van to Prescott 2:00 Crafts with Julie 5:30 Mexican Train</div></div>	<div><div>20</div><div>10:00 Chair Yoga with Susannah 5:30 Mexican Train</div></div>
<div><div>Happy Birthday Lisa21</div><div>10:00 Communion in the Library 11:30 Sunday Brunch 1:30 Sunday Brunch 3:00 Sunday Matinee Movie 5:30 Mexican Train</div></div>	<div><div>Autumn Begins & Happy Birthday Annie G. And Lyle22</div><div>10:00 Fitness 10:00 Fitness 10:45 Trivia Fun 2:00 Sedona Downs 3:00 Catholic Service</div></div>	<div><div>Happy Birthday Judey23</div><div>10:00 Fitness 10:00 Village Van 11:00 Bible Study 2:00 Card Bingo 2:30 Van to Kachina House</div></div>	<div><div>24</div><div>9:30 Sedona Van 10:00 Fitness 2:00 Bingo with Laura 4:00 Open House</div></div>	<div><div>25</div><div>9:30 Cottonwood Van 10:00 Fitness 1:00 Bowling on Wii 5:30 Mexican Train 6:45 Bible Study</div></div>	<div><div>26</div><div>10:00 Fitness 2:00 Birthday Party for September Birthdays 5:30 Mexican Train</div></div>	<div><div>Happy Birthday Betty27</div><div>10:00 Chair Yoga with Susannah 2:00 Drawing & Painting with Wendy & Joan in the Activity Room 5:30 Mexican Train</div></div>
<div><div>Happy Birthday Gary28</div><div>10:00 Communion in the Library 11:30 Sunday Brunch 1:30 Sunday Brunch 3:00 Sunday Matinee Movie 5:30 Mexican Train</div></div>	<div><div>29</div><div>10:00 Fitness 10:45 Trivia Fun 2:00 Sedona Downs 3:00 Catholic Service</div></div>	<div><div>30</div><div>10:00 Fitness 10:00 Village Van 11:00 Bible Study 2:00 Card Bingo</div></div>	<div></div>	<div></div>	<div></div>	<div></div>

