



Canyon Winds

Retirement Community

7311 E Oasis St • Mesa, AZ 85207 • (480) 948-0600

Labor Day

Labor Day, observed on the first Monday in September, became a federal holiday in 1894. The day recognizes the contributions and achievements of American workers. Labor Day also symbolizes the end of summer for many Americans.



Commemorating 9/11

Dedicated to honoring those who died on that tragic day, each Sept. 11 is observed as Patriot Day and a National Day of Service and Remembrance.

Happy Grandparents Day!

We want to wish a happy Grandparents Day to all the grandmothers and grandfathers in our community! The bond between a grandparent and grandchild is like no other. Enjoy your special day!

Brainteaser

Question: I appear once in summer and twice in autumn, but I don't appear in any other season of the year. What am I?

Answer: The letter U.

September 2025



Fall Into September
























































































The first day of fall, also called the autumnal equinox, arrives Sept. 22. It's one of two days during the year (the other being the first day of spring) that bring nearly equal hours of day and night, about 12 hours. The word equinox means "equal night" in Latin. For us in the Northern Hemisphere, the days will then grow shorter as the sun starts rising later and setting earlier.

Sporty September

September marks the beginning of the NFL season, and the MLB season is nearing an exciting end. Two of the most popular sports in America, football and baseball share just one person in their halls of fame: Cal Hubbard, who was a linebacker for three NFL teams and spent 16 seasons as an MLB umpire.

Happy Birthday to Our Canyon Winds Residents

Mary Ann 9-2, Barbara G. 9-2, Wendell 9-4, Peggy 9-8, Joyzell 9-17, Beverly 9-24, Ken 9-24 & Dale 9-28

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>HAPPY LABOR DAY</p>	Labor Day 1 6:30 COFFEE BAR LOBBY 9:00  SIT & FIT EXERCISES - ACTIVITY ROOM 10:00 ARTS & CRAFTS - ACTIVITY ROOM 1:00 CARDS - YOU CALL THE GAME, Crazy Eights, Go Fish, Rummy, Bridge, etc. 1:00  MUSIC THERAPY with HALLIE HARDY 2:30  MOVIE - THEATER ROOM	HAPPY BIRTHDAY, BARBARA G. & MARY ANN S. 2 6:30 COFFEE BAR LOBBY 9:00  SIT & FIT EXERCISE 9:30 Wii BOWLING - THEATER ROOM 11:00  LUNCH @ KNEADERS BAKERY & CAFE 12:30 RUMMIKUB - ACTIVITY ROOM 2:00  BINGO 3:00 BINGO SHOPPING	3 6:30 COFFEE BAR LOBBY 9:00  SIT & FIT EXERCISE 9:30 Wii BOWLING 10:00 CORN HOLE 1:00  BIBLE STUDY with CAROL DENADEL 2:00 ARTS & CRAFTS 2:00 CARDS, HAND AND FOOT 4:00 DINNER ENTERTAINMENT - THE SUNDANCE GROUP	HAPPY BIRTHDAY, WENDELL START OF THE NFL SEASON 4 6:30 COFFEE BAR LOBBY 9:00  SIT & FIT EXERCISE 10:00 NON DENOMINATIONAL SERVICE 12:30  SHOPPING @ WALMART 1:00 CARDS - YOU CALL THE GAME, Crazy Eights, Go Fish, Rummy, Bridge, etc.	NATIONAL CHEESE PIZZA DAY 5 6:30 COFFEE BAR LOBBY 9:00  SIT & FIT EXERCISES - ACTIVITY ROOM 10:00 CORN HOLE 12:30  MOVIE 2:30  HAPPY HOUR with LIVE MUSIC by LEE FORD / DRINKS SPONSORED by THE KEY	READ A BOOK DAY 6 10:00 CARD GAMES 1:30  BINGO - ACTIVITY ROOM 1:30  MOVIE 2:30 MEXICAN TRAIN - ACTIVITY ROOM 5:30  SATURDAY NIGHT AT THE MOVIES
GRANDPARENTS DAY 7 9:00 CARD GAMES 10:00 VIRTUAL CATHOLIC SERVICES 1:00  BRIDGE 1:30  MOVIE - THEATER ROOM 2:00 CARDS, HAND & FOOT 5:30  MOVIE	HAPPY BIRTHDAY, PEGGY 8 6:30 COFFEE BAR LOBBY 9:00  SIT & FIT EXERCISES - ACTIVITY ROOM 10:00 ARTS & CRAFTS - ACTIVITY ROOM 1:00  BINGO 1:00 CARDS - YOU CALL THE GAME, Crazy Eights, Go Fish, Rummy, Bridge, etc. 2:30  MOVIE - THEATER ROOM	9 6:30 COFFEE BAR LOBBY 9:00  SIT & FIT EXERCISE 9:30  FALL PREVENTION by AEGIS 9:30 Wii BOWLING - THEATER ROOM 11:00  LUNCH @ PF CHANG'S 12:30 RUMMIKUB - ACTIVITY ROOM 2:00  BINGO 3:00 BINGO SHOPPING	10 6:30 COFFEE BAR LOBBY 9:00  SIT & FIT EXERCISE 9:30 Wii BOWLING 10:00 CORN HOLE 1:00  BIBLE STUDY with CHAPLIN DAVID 1:00  HAND BELLS - ACTIVITY ROOM 2:00 ARTS & CRAFTS 2:00 CARDS, HAND AND FOOT	PATRIOT DAY 11 6:30 COFFEE BAR LOBBY 9:00  SIT & FIT EXERCISE 10:00 NON DENOMINATIONAL SERVICE 10:30  SHOPPING & LUNCH @ SUPERSTITION SPRING MALL 1:00 CARDS - YOU CALL THE GAME, Crazy Eights, Go Fish, Rummy, Bridge, etc.	12 6:30 COFFEE BAR LOBBY 9:00  SIT & FIT EXERCISES - ACTIVITY ROOM 10:00 CORN HOLE 12:30  MOVIE 2:00  BINGO 3:30 BINGO SHOPPING	13 10:00 CARD GAMES 1:30  BINGO - ACTIVITY ROOM 1:30  MOVIE 2:30 MEXICAN TRAIN - ACTIVITY ROOM 5:30  SATURDAY NIGHT AT THE MOVIES
EMMY AWARDS 14 9:00 CARD GAMES 10:00 VIRTUAL CATHOLIC SERVICES 1:00  BRIDGE 1:30  MOVIE - THEATER ROOM 2:00 CARDS, HAND & FOOT 5:30  MOVIE	15 6:30 COFFEE BAR LOBBY 9:00  SIT & FIT EXERCISES - ACTIVITY ROOM 10:00 ARTS & CRAFTS - ACTIVITY ROOM 1:00 CARDS - YOU CALL THE GAME, Crazy Eights, Go Fish, Rummy, Bridge, etc. 2:00 MEN'S BILLIARDS GAME - Straight Pool 2:30  MOVIE - THEATER ROOM 2:30 RESIDENT COUNCIL MEETING	16 6:30 COFFEE BAR LOBBY 9:00  SIT & FIT EXERCISE 9:30 Wii BOWLING - THEATER ROOM 11:00  LUNCH @ CRACKER BARREL 12:30 RUMMIKUB - ACTIVITY ROOM 2:00  BINGO 3:00 BINGO SHOPPING	HAPPY BIRTHDAY, JOYZELL 17 6:30 COFFEE BAR LOBBY 9:00  SIT & FIT EXERCISE 9:30 Wii BOWLING 10:00 CORN HOLE 1:00  BIBLE STUDY with CAROL DENADEL 2:00 ARTS & CRAFTS 2:00 CARDS, HAND AND FOOT	NATIONAL CHEESEBURGER DAY 18 6:30 COFFEE BAR LOBBY 9:00  SIT & FIT EXERCISE 10:00 FRESH FLOWERS: COME TO THE ACTIVITY ROOM AND LET'S FILL YOUR VASE, SPONSORED by AEGIS HEALTHCARE 10:00 NON DENOMINATIONAL SERVICE 12:30  SHOPPING @ THE DOLLAR STORE 1:00 CARDS - YOU CALL THE GAME, Crazy Eights, Go Fish, Rummy, Bridge, etc.	MIA RECOGNITION DAY 19 6:30 COFFEE BAR LOBBY 9:00  SIT & FIT EXERCISES - ACTIVITY ROOM 10:00 CORN HOLE 12:30  MOVIE 2:30  HAPPY HOUR with LIVE MUSIC by BILLY FREDERICK	20 OKTOBERFEST STARTS 10:00 CARD GAMES 1:30  BINGO - ACTIVITY ROOM 1:30  MOVIE 2:30 MEXICAN TRAIN - ACTIVITY ROOM 5:30  SATURDAY NIGHT AT THE MOVIES
INTERNATIONAL DAY OF PEACE 21 9:00 CARD GAMES 10:00 VIRTUAL CATHOLIC SERVICES 1:00  BRIDGE 1:30  MOVIE - THEATER ROOM 2:00 CARDS, HAND & FOOT 5:30  MOVIE	START OF FALL (Autumnal Equinox) 22 6:30 COFFEE BAR LOBBY 9:00  SIT & FIT EXERCISES - ACTIVITY ROOM 10:00 ARTS & CRAFTS - ACTIVITY ROOM 1:00  BINGO 1:00 CARDS - YOU CALL THE GAME, Crazy Eights, Go Fish, Rummy, Bridge, etc. 2:30 TRIVIA hosted by DALE LIKENS	NATIONAL VOTER REGISTRATION DAY 23 6:30 COFFEE BAR LOBBY 9:00  SIT & FIT EXERCISE 9:30 Wii BOWLING - THEATER ROOM 10:30  FAT CATS - LUNCH AND A MOVIE 12:30 RUMMIKUB - ACTIVITY ROOM 2:00  BINGO 3:00 BINGO SHOPPING / SPONSORED by THE KEY	HAPPY BIRTHDAY, BEVERLY & KEN 24 6:30 COFFEE BAR LOBBY 9:00  SIT & FIT EXERCISE 9:30 Wii BOWLING 10:00 CORN HOLE 1:00  BIBLE STUDY with CHAPLIN DAVID 2:00 ARTS & CRAFTS 2:00 CARDS, HAND AND FOOT	NATIONAL DAUGHTER'S DAY 25 6:30 COFFEE BAR LOBBY 9:00  SIT & FIT EXERCISE 10:00 NON DENOMINATIONAL SERVICE 12:30  CASINO ARIZONA - LUNCH and SLOTS 1:00 CARDS - YOU CALL THE GAME, Crazy Eights, Go Fish, Rummy, Bridge, etc. 5:30 MEN'S MONOPOLY GAME NIGHT / TREATS SPONSORED by AEGIS	NATIONAL PANCAKE DAY 26 6:30 COFFEE BAR LOBBY 9:00  SIT & FIT EXERCISES - ACTIVITY ROOM 10:00 CORN HOLE 12:30  MOVIE 2:00  BINGO 3:30 BINGO SHOPPING	NATIONAL CHOCOLATE MILK DAY 27 10:00 CARD GAMES 1:30  BINGO - ACTIVITY ROOM 1:30  MOVIE 2:30 MEXICAN TRAIN - ACTIVITY ROOM 5:30  SATURDAY NIGHT AT THE MOVIES
HAPPY BIRTHDAY, DALE NATIONAL SON'S DAY 28 9:00 CARD GAMES 10:00 VIRTUAL CATHOLIC SERVICES 1:00  BRIDGE 1:30  MOVIE - THEATER ROOM 2:00 CARDS, HAND & FOOT 5:30  MOVIE	NATIONAL COFFEE DAY 29 6:30 COFFEE BAR LOBBY 9:00  SIT & FIT EXERCISES - ACTIVITY ROOM 10:00 ARTS & CRAFTS - ACTIVITY ROOM 1:00  BINGO 1:00 CARDS - YOU CALL THE GAME, Crazy Eights, Go Fish, Rummy, Bridge, etc. 2:00 MEN'S NERF TARGET PRACTICE 2:30  MOVIE - THEATER ROOM	30 6:30 COFFEE BAR LOBBY 9:00  SIT & FIT EXERCISE 9:30 Wii BOWLING - THEATER ROOM 11:00  LUNCH @ SALERNO'S 12:30 RUMMIKUB - ACTIVITY ROOM 2:00  BINGO 3:00 BINGO SHOPPING	 <p>HAPPY Grandparents DAY</p>	 <p>9.11 PATRIOT DAY WE WILL NEVER FORGET</p>	 <p>HAPPY FALL Y'ALL</p>	 <p>GAME DAY</p>

