



Vista Winds

Retirement Community

28783 N Vistancia Blvd • Peoria, AZ 85383 • Phone: (623) 253-6690

Staff Directory

Jae	Executive Director
Mirek	Maintenance Director
Tina	MC Activities Director
Hailey	AL Activities Director
Evelyn	Chef
Heather	Nurse

Dining Room Hours

Breakfast	7:30AM-9:30AM
Lunch	11:30AM-2:30PM
Dinner	4:00PM-6:30PM

July Birthdays!

Al P.	07/03
Beth D.	07/09



July 2025



Seasonal Selections

Summer weather often requires plenty of hydration. Why not mix some of the season's best produce with a little carbonated water to make the perfect, refreshing soda? Try limes, blueberries, cherries, raspberries or strawberries. All are in season and offer many combinations to please any palate.

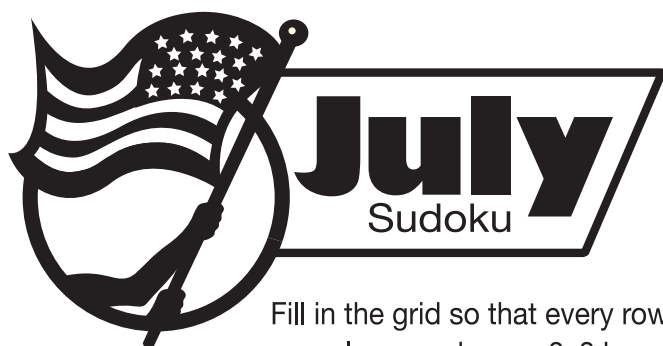
Happy Fourth!

Happy Independence Day to everyone! We hope you have a fun and festive holiday.

America's First Zoo

The first zoo in the United States opened July 1, 1874, in Philadelphia. Although the charter establishing the Zoological Society of Philadelphia had been signed 15 years prior, the Civil War prevented the zoo from opening sooner. Price of admission on opening day was 25 cents for adults and 10 cents for children.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <div>Happy 4th of July!</div>		<div>1</div> <div>9:00 AR Coffee and Paint</div> <div>10:30 AR Bingo</div> <div>11:30 LY Chili's Lunch Outing (Sign Up)</div> <div>1:00 L Book Nook Tuesdays</div> <div>2:00 AR Smart Phone Help with Hailey</div> <div>3:00 AR Dollar Horse Racing!</div> <div>6:00 T Movie</div>	<div>2</div> <div>9:00 AR Gardening Club</div> <div>10:30 SL Balloon Volleyball</div> <div>1:00 AR Kings in the Corner</div> <div>2:30 AR Mexican Train</div> <div>3:30 2A Puzzles in the Puzzle Room</div> <div>6:00 T Movie</div>	<div>3</div> <div>Happy Birthday All!</div> <div>9:00 AR TheraBand Therapy</div> <div>10:00 T Catholic Mass</div> <div>1:00 AR Walmart Shopping Outing (Sign Up)</div> <div>2:00 CY Courtyard Conversations</div> <div>3:00 AR Bridge</div> <div>6:00 T Movie</div>	<div>4</div> <div>Independence Day</div> <div>9:00 AR Patriotic Breakfast Social</div> <div>10:30 T U.S.A. Jeopardy!</div> <div>1:00 AR Red, White, and Blue Ribbon Wands Craft</div> <div>2:00 AR Patriotic Ice Cream Social!</div> <div>3:00 AR Letters to Troops</div> <div>6:00 T Movie</div>	<div>5</div> <div>9:00 AR Saturday Morning Coffee and Catch Up</div> <div>9:30 AR Uno</div> <div>2:00 AR Kings in the Corner</div> <div>6:00 T Movie</div>
<div>6</div> <div>9:30 T Sunday Devotion</div> <div>10:00 AR Mexican Train</div> <div>2:00 AR Scrabble</div> <div>3:00 AR Kings in the Corner</div> <div>6:00 T Movie</div>	<div>7</div> <div>9:00 T Monday Morning Matinee</div> <div>9:30 AR Morning Yoga</div> <div>10:30 AR Monday Manicures</div> <div>1:00 AR Dime Bingo</div> <div>2:30 AR Uno</div> <div>3:00 AR Mexican Train</div> <div>6:00 T Movie</div>	<div>8</div> <div>9:00 AR Coffee and Paint</div> <div>10:30 AR Bingo</div> <div>11:30 LY Bubba's 33 Lunch Outing (Sign Up)</div> <div>1:00 L Book Nook Tuesdays</div> <div>2:00 AR Tassel Garland Craft For Family Night!</div> <div>3:00 AR Dollar Horse Racing!</div> <div>6:00 T Movie</div>	<div>9</div> <div>Happy Birthday Beth!</div> <div>9:00 AR Gardening Club</div> <div>10:30 SL Balloon Volleyball</div> <div>1:00 AR Kings in the Corner</div> <div>2:30 AR Mexican Train</div> <div>3:30 2A Puzzles in the Puzzle Room</div> <div>6:00 T Movie</div>	<div>10</div> <div>9:00 AR TheraBand Therapy</div> <div>10:30 AR Bingo</div> <div>1:00 AR Target Shopping Outing (Sign Up)</div> <div>2:00 CY Courtyard Conversations</div> <div>3:00 AR Bridge</div> <div>6:00 T Movie</div>	<div>11</div> <div>9:00 AR Donuts and Coffee</div> <div>9:30 T Catholic Communion Service</div> <div>10:30 T Jeopardy!</div> <div>1:00 AR Happy Hour</div> <div>2:30 AR Activity Calendar Meeting with Hailey</div> <div>3:30 S2 Billiards Club - Resident Led</div> <div>6:00 T Movie</div>	<div>12</div> <div>9:00 AR Saturday Morning Coffee and Catch Up</div> <div>9:30 AR Uno</div> <div>2:00 AR Kings in the Corner</div> <div>6:00 T Movie</div>
<div>13</div> <div>9:30 T Sunday Devotion</div> <div>10:00 AR Mexican Train</div> <div>2:00 AR Scrabble</div> <div>3:00 AR Kings in the Corner</div> <div>6:00 T Movie</div>	<div>14</div> <div>9:00 T Monday Morning Matinee</div> <div>9:30 AR Morning Yoga</div> <div>10:30 AR Monday Manicures</div> <div>1:00 AR Dime Bingo</div> <div>2:30 AR Uno</div> <div>3:00 AR Mexican Train</div> <div>6:00 T Movie</div>	<div>15</div> <div>9:00 AR Coffee and Paint</div> <div>10:30 AR Bingo</div> <div>11:30 LY Abuelos Lunch Outing (Sign Up)</div> <div>1:00 L Book Nook Tuesdays</div> <div>2:00 AR Smart Phone Help with Hailey</div> <div>3:00 AR Dollar Horse Racing!</div> <div>6:00 T Movie</div>	<div>16</div> <div>9:00 AR Gardening Club</div> <div>10:30 SL Balloon Volleyball</div> <div>1:00 AR Kings in the Corner</div> <div>2:30 AR Ladies' Monthly Tea</div> <div>3:30 2A Puzzles in the Puzzle Room</div> <div>6:00 T Movie</div>	<div>17</div> <div>9:00 AR TheraBand Therapy</div> <div>10:30 AR Bingo</div> <div>1:00 AR Fry's Shopping Outing (Sign Up)</div> <div>2:00 CY Courtyard Conversations</div> <div>3:00 AR Bridge</div> <div>6:00 T Movie</div>	<div>18</div> <div>9:00 AR Donuts and Coffee</div> <div>9:30 T Catholic Communion Service</div> <div>10:30 T Jeopardy!</div> <div>1:00 AR Happy Hour</div> <div>2:30 AR Resident Council Meeting</div> <div>3:30 S2 Billiards Club - Resident Led</div> <div>6:00 T Movie</div>	<div>19</div> <div>9:00 AR Saturday Morning Coffee and Catch Up</div> <div>9:30 AR Uno</div> <div>2:00 AR Kings in the Corner</div> <div>6:00 T Movie</div>
<div>20</div> <div>9:30 T Sunday Devotion</div> <div>10:00 AR Mexican Train</div> <div>2:00 AR Scrabble</div> <div>3:00 AR Kings in the Corner</div> <div>6:00 T Movie</div>	<div>21</div> <div>9:00 T Monday Morning Matinee</div> <div>9:30 AR Morning Yoga</div> <div>10:30 AR Monday Manicures</div> <div>1:00 AR Dime Bingo</div> <div>2:30 AR Uno</div> <div>3:00 AR Mexican Train</div> <div>6:00 T Movie</div>	<div>22</div> <div>9:00 AR Coffee and Paint</div> <div>10:30 AR Bingo</div> <div>11:30 LY Biscuits Cafe Lunch Outing (Sign Up)</div> <div>1:00 L Book Nook Tuesdays</div> <div>2:00 AR Tissue Paper Fireworks Craft For Family Night!</div> <div>3:00 AR Dollar Horse Racing!</div> <div>6:00 T Movie</div>	<div>23</div> <div>9:00 AR Gardening Club</div> <div>10:30 SL Balloon Volleyball</div> <div>1:00 AR Kings in the Corner</div> <div>2:30 AR Mexican Train</div> <div>3:30 2A Puzzles in the Puzzle Room</div> <div>6:00 T Movie</div>	<div>24</div> <div>9:00 AR TheraBand Therapy</div> <div>10:30 AR Bingo</div> <div>1:00 AR Safeway Shopping Outing (Sign Up)</div> <div>2:00 CY Courtyard Conversations</div> <div>3:00 DR Live Entertainment</div> <div>4:00 DR Red, White, and Blue Dinner</div> <div>6:00 T Movie</div>	<div>25</div> <div>9:00 AR Donuts and Coffee</div> <div>9:30 T Catholic Communion Service</div> <div>10:30 T Jeopardy!</div> <div>1:00 AR Happy Hour</div> <div>2:30 AR Town Hall Meeting</div> <div>3:30 S2 Billiards Club - Resident Led</div> <div>6:00 T Movie</div>	<div>26</div> <div>9:00 AR Saturday Morning Coffee and Catch Up</div> <div>9:30 AR Uno</div> <div>2:00 AR Kings in the Corner</div> <div>6:00 T Movie</div>
<div>27</div> <div>9:30 T Sunday Devotion</div> <div>10:00 AR Mexican Train</div> <div>2:00 AR Scrabble</div> <div>3:00 AR Kings in the Corner</div> <div>6:00 T Movie</div>	<div>28</div> <div>9:00 T Monday Morning Matinee</div> <div>9:30 AR Morning Yoga</div> <div>10:30 AR Monday Manicures</div> <div>1:00 AR Dime Bingo</div> <div>2:30 AR Uno</div> <div>3:00 AR Mexican Train</div> <div>6:00 T Movie</div>	<div>29</div> <div>9:00 AR Coffee and Paint</div> <div>10:30 LY OdySea Aquarium</div> <div>1:00 L Book Nook Tuesdays</div> <div>2:00 AR Mexican Train</div> <div>3:00 AR Dollar Horse Racing!</div> <div>6:00 T Movie</div>	<div>30</div> <div>9:00 AR Gardening Club</div> <div>10:30 SL Balloon Volleyball</div> <div>1:00 AR Kings in the Corner</div> <div>2:30 AR Mexican Train</div> <div>3:30 2A Puzzles in the Puzzle Room</div> <div>6:00 T Movie</div>	<div>31</div> <div>9:00 AR TheraBand Therapy</div> <div>10:30 AR Bingo</div> <div>1:00 AR Hobby Lobby Shopping Outing (Sign Up)</div> <div>2:00 CY Courtyard Conversations</div> <div>3:00 AR Bridge</div> <div>6:00 T Movie</div>	<div>All Events Are Subject to change</div> 	



Fill in the grid so that every row, every column and every 3x3 box contains the digits 1 through 9.

Solution:

9	7	4	5	6	8	1	2	3
2	5	3	7	9	1	4	6	8
8	6	1	3	2	4	5	7	9
7	3	3	6	4	8	2	6	1
5	2	9	1	3	7	8	4	6
4	1	8	6	5	9	3	7	2
1	9	5	8	7	6	2	3	4
6	8	2	9	4	3	7	5	1
3	4	7	2	1	5	9	8	6

	4		2		5			
6	8					7	5	
	9		8	7				
						3		
		6	1		7	8		
		9						
				2	4		9	
	5	3					6	8
			5		8		2	

