



Ventana Winds

Retirement Community

12322 N 113th Ave • Youngtown, AZ 85363 • (623) 583-2460

ASSISTED LIVING NEWSLETTER

Staff Directory

Bekah Tena Executive Director
Alex Osorno Compliance Director
Monica Samuels Marketing Director
Tristan Cannon RCC
Amanda Lemke Elements RCC
Sherry Walker Housekeeping Supervisor
Jennifer Sims Res. Engagement Coordinator
Nacho Hernandez Culinary Director
Kim Folsom Dutton Resident Liaison
Jon Watson Maintenance Director
Denise B. Receptionist
Christian Sams Transportation
Kathy Bulerin Dining Room Manager

Remember When: Hand-Cranked Ice Cream

Modern machines do all the work for you, but once upon a time, homemade ice cream meant turning a crank by hand for as long as an hour until the cool treat was ready to eat. Based on an 1843 invention by Nancy Johnson, early ice cream makers consisted of a wooden bucket with an inner metal canister. Inside the canister was a paddle, attached to an outer crank handle; the ice cream mixture went into the canister, and remaining space in the wooden bucket was filled with layers of ice and salt. Then it was time to crank! Since the ice slowly melted during the churning process, this was usually done on the front porch, as kids and adults alike took turns cranking. For many, the eager anticipation of the finished dessert made the ice cream even sweeter.

August 2025

Summer Song

"In summer, the song sings itself."
—William Carlos Williams

A Summer Light Show

Looking for a summer showstopper? Step outside in the early morning hours of Aug. 12-13, when the Perseid meteor shower reaches its peak. Viewers can potentially see more than 50 shooting stars each hour. Finding a dark place to watch increases your chances of getting to wish on a falling star.

An Ironclad Legend

"Old Ironsides" is the USS Constitution, a historic U.S. Navy warship. It earned its nickname during the War of 1812 when British cannonballs seemed to bounce off its sturdy oak sides, prompting a crewman to exclaim, "Her sides are made of iron!"



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>All Events are subject to change. You will be notified by daily activity schedule.</div>		<div>Hello Summer</div>		<div></div>	<div>1 9:00 Outing Dollar Tree Trip: Sign Up with Denise 9:00 PT/OT in the Library 10:00 Self-Led Resident Choice (AR) Fitness 1:00 Games 2 in 1 Bingo (AR) 2:00 BIRTHDAY PARTY with Tom (DR) 6:00 Self-Led Resident Choice</div>	<div>2 10:00 Self-Led Games of Choice: Self-Directed 1:00 ART CLASS with Kevin (AR) 3:00 Games Available (AR/L) 6:00 Self-Led Poker Night (L)</div>
<div>3 8:45 Shepherd of the Desert Church Religious 10:00 Resident Choice (AR) Fitness 2:30 Church Service (DR) 6:00 Resident Choice</div>	<div>4 8:40 Catholic Communion (ELS) 9:00 PT/OT in the Library 9:00 Outing Trip to Walmart: Sign up 10:30 Games Table Games (AR) 1:00 Arts & Crafts (AR) 2:30 Manicures Pamper Me! Nails (AR) 3:00 ART CLASS with Kevin (AR) 6:00 Card Games (Res. Choice)</div>	<div>5 9:00 Knitting & Crocheting Class (AR) 9:00 PT/OT in the Library 10:00 Games of choice (AR) Games 1:00 Games Original Bingo (AR) 2:30 Choir Practice (AR) 6:00 Self-Led Poker (L)</div>	<div>6 9:00 Outing Fry's Senior Discount Day: Sign Up with Denise 9:00 PT/OT in the Library 10:00 Table Games (AR) 1:00 Games Crazy Double Bingo (AR) 2:30 Wine Down & Horse Races (L) 6:30 Res. Choice (AR)</div>	<div>7 9:00 PT/OT in the Library 10:00 Library Cart from Youngtown Library (L) 1:00 Games Original Bingo (AR) 2:30 Planning Meeting (AR) 6:00 Res. Choice (AR)</div>	<div>8 9:00 PT/OT in the Library 9:00 Outing Shopping at Deseret Industries: Sign Up with Denise 10:00 Self-Led Resident Choice (AR) Fitness 1:00 Games 2 in 1 Bingo (AR) 2:00 Happy Hour & Mimosas & Snacks with Tom (DR) 6:00 Self-Led Resident Choice</div>	<div>9 10:00 Self-Led Games of Choice: Self-Directed 1:00 ART CLASS with Kevin (AR) 3:00 Games Available (AR/L) 6:00 Self-Led Poker Night (L)</div>
<div>10 8:45 Shepherd of the Desert Church Religious 10:00 Resident Choice (AR) Fitness 6:00 Resident Choice</div>	<div>11 8:40 Catholic Communion (ELS) 9:00 PT/OT in the Library 9:00 Outing Trip to Fry's: Sign Up with Denise 10:30 Games Table Games (AR) 1:00 Cooking Class-Apple Pie Snack Cups (AR) 2:30 Manicures Pamper Me! Nails (AR) 3:00 ART CLASS with Kevin (AR) 6:00 Card Games (Res. Choice)</div>	<div>12 9:00 Knitting & Crocheting Class (AR) 9:00 PT/OT in the Library 10:00 Games of choice (AR) Games 1:00 Games Original Bingo (AR) 2:30 Choir Practice (AR) 6:00 Self-Led Poker (L)</div>	<div>13 9:00 PT/OT in the Library 10:00 Table Games (AR) 1:00 Games Crazy Double Bingo (AR) 2:30 Trivia with Tom (AR) 6:30 Res. Choice (AR)</div>	<div>14 9:00 PT/OT in the Library 10:30 Table Games (AR) 1:00 Games Original Bingo (AR) 2:30 Resident Council Meeting (AR) 6:00 Res. Choice (AR)</div>	<div>15 9:00 Breakfast Trip tp Denny's: Sign up with Denise 9:00 PT/OT in the Library 10:00 Self-Led Resident Choice (AR) Fitness 1:00 Games 2 in 1 Bingo (AR) 2:00 Pizza & Beer & Name That Tune with Tom (DR) 6:00 Self-Led Resident Choice</div>	<div>16 10:00 Self-Led Games of Choice: Self-Directed 1:00 ART CLASS with Kevin (AR) 3:00 Games Available (AR/L) 6:00 Self-Led Poker Night (L)</div>
<div>17 8:45 Shepherd of the Desert Church Religious 10:00 Resident Choice (AR) Fitness 2:30 ART CLASS with Kevin (AR) 6:00 Resident Choice</div>	<div>18 8:40 Catholic Communion (ELS) 9:00 PT/OT in the Library 9:00 Trip to Walmart: Sign up with Denise 10:30 Games Table Games (AR) 1:00 Arts & Crafts (AR) 2:30 Manicures Pamper Me! Nails (AR) 3:00 ART CLASS with Kevin (AR) 6:00 Card Games (Res. Choice)</div>	<div>19 9:00 Knitting & Crocheting Class (AR) 9:00 PT/OT in the Library 10:00 Games of choice (AR) Games 1:00 Games Original Bingo (AR) 2:30 Choir Practice (AR) 6:00 Self-Led Poker (L)</div>	<div>20 9:00 PT/OT in the Library 10:00 Bingo Cash Store (AR) 1:00 Games Crazy Double Bingo (AR) 2:30 Putter Par-Tee with Tom (L) 6:30 Res. Choice (AR)</div>	<div>21 9:00 PT/OT in the Library 10:30 Table Games (AR) 1:00 Games Original Bingo (AR) 2:30 Tai Chi (AR) 6:00 Res. Choice (AR)</div>	<div>22 9:00 PT/OT in the Library 9:00 Trip to Hobby Lobby: Sign up with Denise 10:00 Self-Led Resident Choice (AR) Fitness 1:00 Games 2 in 1 Bingo (AR) 2:00 Happy Hour & Snacks & Margaritas with Tom (DR) 6:00 Self-Led Resident Choice</div>	<div>23 10:00 Self-Led Games of Choice: Self-Directed 1:00 ART CLASS with Kevin (AR) 3:00 Games Available (AR/L) 6:00 Self-Led Poker Night (L)</div>
<div>24 8:45 Shepherd of the Desert Church Religious 10:00 Resident Choice (AR) Fitness 2:30 Church Service (DR) 6:00 Resident Choice</div>	<div>25 8:40 Catholic Communion (ELS) 9:00 PT/OT in the Library 9:00 Trip to Fry's: sign up with Denise 10:30 Games Table Games (AR) 1:00 Pancake Tacos with Fruit (AR) 2:30 Manicures Pamper Me! Nails (AR) 3:00 ART CLASS with Kevin (AR) 6:00 Card Games (Res. Choice)</div>	<div>26 9:00 Knitting & Crocheting Class (AR) 9:00 PT/OT in the Library 10:00 Games of choice (AR) Games 1:00 Games Original Bingo (AR) 2:30 Choir Practice (AR) 6:00 Self-Led Poker (L)</div>	<div>27 9:00 PT/OT in the Library 10:00 Table Games (AR) 1:00 Games Crazy Double Bingo (AR) 2:00 Movie & Popcorn Bar (AR) 6:30 Res. Choice (AR)</div>	<div>28 9:00 PT/OT in the Library 10:30 Table Games (AR) 1:00 Games Original Bingo (AR) 2:30 Town Hall Meeting -Staff Invited (AR) 6:00 Res. Choice (AR)</div>	<div>29 9:00 Dollar Tree Trip: Sign up with Denise 9:00 PT/OT in the Library 10:00 Self-Led Resident Choice (AR) Fitness 1:00 Games 2 in 1 Bingo (AR) 2:00 Karaoke & Snacks & Margaritas with Tom (DR) 6:00 Self-Led Resident Choice</div>	<div>30 10:00 Self-Led Games of Choice: Self-Directed 1:00 ART CLASS with Kevin (AR) 3:00 Games Available (AR/L) 6:00 Self-Led Poker Night (L)</div>
<div>31 8:45 Shepherd of the Desert Church Religious 10:00 Resident Choice (AR) Fitness 6:00 Resident Choice</div>						



Pulitzer-Winning Pages

Bookworms celebrate their love of literature on National Book Lovers Day, Aug. 9. Here's a brief and not comprehensive selection of Pulitzer Prize-winning novels from each decade.

Decade	Names
1950s	"The Old Man and the Sea," by Ernest Hemingway
1960s	"To Kill a Mockingbird," by Harper Lee
1970s	"Elbow Room," by James Alan McPherson
1980s	"Beloved," by Toni Morrison
1990s	"A Thousand Acres," by Jane Smiley
2000s	"The Known World," by Edward P. Jones
2010s	"The Sympathizer," by Viet Thanh Nguyen
2020s	"Trust," by Hernan Diaz

"This Month In History"

AUGUST

1492: The Niña, Pinta and Santa Maria leave Spanish port for their accidental destination of the Americas.

1790: The first U.S. census begins. The population count has been repeated every ten years since then.

1914: Cleveland, Ohio, installs the world's first electric traffic signal. The manually operated light directed traffic at Euclid Avenue and East 105th Street.

1926: New York athlete Gertrude Ederle swims the English Channel, becoming the first woman to do so.

1949: The Basketball Association of America and the National Basketball League merge to form the National Basketball Association (NBA).

1957: "American Bandstand," a TV show of teens dancing to rock and roll, premieres with host Dick Clark.

1969: Woodstock opens in a New York field, bringing more than 400,000 people to see its three days of concerts featuring Joan Baez, Santana, The Grateful Dead, Creedence Clearwater Revival, Janis Joplin, Jimi Hendrix and more.

1978: The first transatlantic balloon flight is completed successfully when the Double Eagle II lands near Paris, France, after traversing more than 3,200 miles from Presque Isle, Maine.

2009: Usain Bolt breaks his own 100-meter dash record at the World Championships in Berlin by completing the race in 9.58 seconds.