



# Desert Winds

## Retirement Community

20545 N Lake Pleasant Rd • Peoria, AZ 85382 • (623) 322-0600

### Staff Directory

Nora Dartoe: Executive Director  
Courtney Brogdon: Marketing Director  
Debra Crutchfield: Nurse  
Miatta Anderson: Resident Care Coordinator  
Betty Barrett: Activities Director  
Danielle Blake:  
Resident Engagement Coordinator  
Damien Shaffer: Maintenance Director  
Raul Ramos: Executive Chef

### Dining Room Hours

Breakfast ..... 7:00am-8:30am  
Lunch ..... 11:00am-12:30pm  
Dinner ..... 4:00pm-5:30pm

### August Birthdays

Larry Butler	8/4
Linda Reed	8/5
Jean Meade	8/18
June Rutherford	8/18
Nikki Nadeau	8/20
Karen Legamaro	8/23
Dan Carter	8/24
Adelina Duran	8/26
Judy Pankow	8/27
Olive Crowthers	8/27



### August 2025



### Summer Song





"In summer, the song sings itself."  
—William Carlos Williams

### A Summer Light Show

Looking for a summer showstopper? Step outside in the early morning hours of Aug. 12-13, when the Perseid meteor shower reaches its peak. Viewers can potentially see more than 50 shooting stars each hour. Finding a dark place to watch increases your chances of getting to wish on a falling star.

### An Ironclad Legend

"Old Ironsides" is the USS Constitution, a historic U.S. Navy warship. It earned its nickname during the War of 1812 when British cannonballs seemed to bounce off its sturdy oak sides, prompting a crewman to exclaim, "Her sides are made of iron!"

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>All Events Are Subject to Change</div>					<div>1 9:00 FR Chair Exercise 9:00 BR Resident Coffee Social ★ 12:30 AR DIME BINGO 1:00 Resident Supply Store 2:30 LB Friday Fun Family Feud in the Lobby 3:00 GR Phase 10 &amp; Card Games★</div>	<div>2 9:00 BR Resident Coffee Social ★ 10:00 AR Arts and Crafts with Erin 10:00 FR Exercise in the Fitness Room 10:00 GR Puzzles★ 12:30 AR DIME BINGO 2:00 LB Saturday Movie Matinee 3:30 GR Cards: Uno, Phase 10, Rummy★</div>
<div>3 9:00 BR Resident Coffee Social ★ 9:30 AR Bible Study with Linda★ 9:30 MT Televised Catholic Mass 10:00 AR Arts and Crafts with Erin 10:30 GR Card Games - Uno, Phase 10★ 12:30 AR DIME BINGO 2:00 Sunday Movie Matinee 3:00 GR Puzzles★</div>	<div>4 9:00 BR Resident Coffee Social ★ 9:00 AR Resident Store open till 3 9:30 LB 3 Dimes Left Center Right 12:30 AR DIME BINGO 2:30 LB Happy Hour Residents' music choice 3:00 GR Phase 10 &amp; Card Games★ 3:30 GR Pool Table Practice</div>	<div>5 9:00 BR Resident Coffee Social ★ 9:30 AR Fancy Manicures with Erin 12:30 AR DIME BINGO 2:30 FR Beach Balloon Volleyball in the LobbyFitness Room 3:00 GR Puzzles, Uno &amp; Games in the Game Room★ 3:30 GR Pool Table Practice</div>	<div>6 8:30 Walmart Shopping Outing - Sign up 9:00 BR Resident Coffee Social ★ 9:30 LB Indoor Walking 12:30 AR DIME BINGO 2:30 LB Happy Hour with Drum Along Entertainment 3:00 GR Phase 10 &amp; Card Games★</div>	<div>7 9:00 LB Dime Left Center Right 9:00 BR Resident Coffee Social ★ 9:30 FR Music &amp; Movement with Jessica 12:30 AR DIME BINGO 1:00 Resident Supply Store open till 3 2:30 LB Cookies and Lemonade 3:00 GR Puzzles, Cards &amp; Games★</div>	<div>8 9:00 FR Chair Exercise 9:00 BR Resident Coffee Social ★ 12:30 AR DIME BINGO 1:00 Resident Supply Store 2:30 LB Friday Fun Family Feud in the Lobby 3:00 GR Phase 10 &amp; Card Games★</div>	<div>9 9:00 BR Resident Coffee Social ★ 10:00 AR Arts and Crafts with Erin 10:00 FR Exercise in the Fitness Room 10:00 GR Puzzles★ 12:30 AR DIME BINGO 2:00 LB Saturday Movie Matinee 3:30 GR Cards: Uno, Phase 10, Rummy★</div>
<div>10 9:00 BR Resident Coffee Social ★ 9:30 AR Bible Study with Linda★ 9:30 MT Televised Catholic Mass 10:00 AR Arts and Crafts with Erin 10:30 GR Card Games - Uno, Phase 10★ 12:30 AR DIME BINGO 2:00 Sunday Movie Matinee 3:00 GR Puzzles★</div>	<div>11 9:00 BR Resident Coffee Social ★ 9:00 AR Resident Store open till 3 9:30 LB 3 Dimes Left Center Right 12:30 AR DIME BINGO 2:30 LB Happy Hour Residents' music choice 3:00 GR Phase 10 &amp; Card Games★ 3:30 GR Pool Table Practice</div>	<div>12 9:00 BR Resident Coffee Social ★ 9:30 AR Fancy Manicures with Erin 12:30 AR DIME BINGO 2:30 FR Beach Balloon Volleyball in the LobbyFitness Room 3:00 GR Puzzles, Uno &amp; Games in the Game Room★ 3:30 GR Pool Table Practice</div>	<div>13 8:30 Antique Shopping at The Brass Armadillo- Sign Up At The Front DeskOuting 9:00 BR Resident Coffee Social ★ 9:30 LB Indoor Walking 12:30 AR DIME BINGO 2:30 LB Happy Hour Name That Tune 3:00 GR Phase 10 &amp; Card Games★</div>	<div>14 9:00 LB Dime Left Center Right 9:00 BR Resident Coffee Social ★ 9:30 FR Music &amp; Movement with Jessica 12:30 AR DIME BINGO 1:00 Resident Supply Store open till 3 2:30 LB Root Beer Floats 3:00 GR Puzzles, Cards &amp; Games★</div>	<div>15 9:00 FR Chair Exercise 9:00 BR Resident Coffee Social ★ 12:30 AR DIME BINGO 1:00 Resident Supply Store 2:30 LB Friday Fun Family Feud in the Lobby 3:00 GR Phase 10 &amp; Card Games★ 5:00 GR Pool Shark Party</div>	<div>16 9:00 BR Resident Coffee Social ★ 10:00 AR Arts and Crafts with Erin 10:00 FR Exercise in the Fitness Room 10:00 GR Puzzles★ 12:30 AR DIME BINGO 2:00 LB Saturday Movie Matinee 3:30 GR Cards: Uno, Phase 10, Rummy★</div>
<div>17 9:00 BR Resident Coffee Social ★ 9:30 AR Bible Study with Linda★ 9:30 MT Televised Catholic Mass 10:00 AR Arts and Crafts with Erin 10:30 GR Card Games - Uno, Phase 10★ 12:30 AR DIME BINGO 2:00 Sunday Movie Matinee 3:00 GR Puzzles★</div>	<div>18 9:00 BR Resident Coffee Social ★ 9:00 AR Resident Store open till 3 9:30 LB 3 Dimes Left Center Right 12:30 AR DIME BINGO 2:30 LB Happy Hour Residents' music choice 3:00 GR Phase 10 &amp; Card Games★ 3:30 GR Pool Table Practice</div>	<div>19 9:00 BR Resident Coffee Social ★ 9:30 AR Fancy Manicures with Erin 9:30 GR Veteran Honor Wall Celebration 12:30 AR DIME BINGO 2:00 AR Resident Town Hall Meeting 2:30 FR Beach Balloon Volleyball in the LobbyFitness Room 3:00 GR Puzzles, Uno &amp; Games in the Game Room★ 3:30 GR Pool Table Practice</div>	<div>20 8:30 Walmart Shopping Outing - Sign upOuting 9:00 BR Resident Coffee Social ★ 9:30 LB Indoor Walking 12:30 AR DIME BINGO 2:30 LB Happy Hour Name That Tune 3:00 GR Phase 10 &amp; Card Games★</div>	<div>21 9:00 LB Dime Left Center Right 9:00 BR Resident Coffee Social ★ 9:30 FR Music &amp; Movement with Jessica 12:30 AR DIME BINGO 1:00 Resident Supply Store open till 3 2:30 LB Ice Cream Sundaes in the Lobby 3:00 GR Puzzles, Cards &amp; Games★</div>	<div>22 9:00 FR Chair Exercise 9:00 BR Resident Coffee Social ★ 12:30 AR DIME BINGO 1:00 Resident Supply Store 2:30 LB Friday Fun Family Feud in the Lobby 3:00 GR Phase 10 &amp; Card Games★</div>	<div>23 9:00 BR Resident Coffee Social ★ 10:00 AR Arts and Crafts with Erin 10:00 FR Exercise in the Fitness Room 10:00 GR Puzzles★ 12:30 AR DIME BINGO 2:00 LB Saturday Movie Matinee 3:30 GR Cards: Uno, Phase 10, Rummy★</div>
<div>24 9:30 AR Bible Study with Linda★ 9:30 MT Televised Catholic Mass 10:00 AR Arts and Crafts with Erin 12:30 AR DIME BINGO 2:00 Sunday Movie Matinee</div>	<div>25 9:00 BR Resident Coffee Social ★ 9:00 AR Resident Store open till 3 9:30 LB 3 Dimes Left Center Right 12:30 AR DIME BINGO 2:30 LB Happy Hour with Hooter Blues 3:00 GR Phase 10 &amp; Card Games★ 3:30 GR Pool Table Practice</div>	<div>26 9:00 BR Resident Coffee Social ★ 9:30 AR Fancy Manicures with Erin 12:30 AR DIME BINGO 2:30 FR Beach Balloon Volleyball in the LobbyFitness Room 3:00 GR Puzzles, Uno &amp; Games in the Game Room★ 3:30 GR Pool Table Practice</div>	<div>27 9:00 BR Resident Coffee Social ★ 9:30 LB Indoor Walking 10:45 Cracker Barrel - Please sign up at front deskOuting 12:30 AR DIME BINGO 2:30 LB Happy Hour Name That Tune 3:00 GR Phase 10 &amp; Card Games★</div>	<div>28 9:00 LB Dime Left Center Right 9:00 BR Resident Coffee Social ★ 9:30 FR Music &amp; Movement with Jessica 9:30 LB ZUMBA with Nora 12:30 AR DIME BINGO 1:00 Resident Supply Store open till 3 2:30 LB Fresh Fruit with Whipped Cream 3:00 GR Puzzles, Cards &amp; Games★</div>	<div>29 9:00 FR Chair Exercise 9:00 BR Resident Coffee Social ★ 12:30 AR DIME BINGO 1:00 Resident Supply Store 2:30 LB Friday Fun Family Feud in the Lobby 3:00 GR Phase 10 &amp; Card Games★</div>	<div>30 9:00 BR Resident Coffee Social ★ 10:00 AR Arts and Crafts with Erin 10:00 FR Exercise in the Fitness Room 10:00 GR Puzzles★ 12:30 AR DIME BINGO 2:00 LB Saturday Movie Matinee 3:30 GR Cards: Uno, Phase 10, Rummy★</div>
<div>31 9:30 AR Bible Study with Linda★ 9:30 MT Televised Catholic Mass 10:00 AR Arts and Crafts with Erin 12:30 AR DIME BINGO 2:00 Sunday Movie Matinee</div>						



## Pulitzer-Winning Pages

Bookworms celebrate their love of literature on National Book Lovers Day, Aug. 9. Here's a brief and not comprehensive selection of Pulitzer Prize-winning novels from each decade.

Decade	Names
1950s	"The Old Man and the Sea," by Ernest Hemingway
1960s	"To Kill a Mockingbird," by Harper Lee
1970s	"Elbow Room," by James Alan McPherson
1980s	"Beloved," by Toni Morrison
1990s	"A Thousand Acres," by Jane Smiley
2000s	"The Known World," by Edward P. Jones
2010s	"The Sympathizer," by Viet Thanh Nguyen
2020s	"Trust," by Hernan Diaz

## "This Month In History"

### AUGUST

**1492:** The Niña, Pinta and Santa Maria leave Spanish port for their accidental destination of the Americas.

**1790:** The first U.S. census begins. The population count has been repeated every ten years since then.

**1914:** Cleveland, Ohio, installs the world's first electric traffic signal. The manually operated light directed traffic at Euclid Avenue and East 105th Street.

**1926:** New York athlete Gertrude Ederle swims the English Channel, becoming the first woman to do so.

**1949:** The Basketball Association of America and the National Basketball League merge to form the National Basketball Association (NBA).

**1957:** "American Bandstand," a TV show of teens dancing to rock and roll, premieres with host Dick Clark.

**1969:** Woodstock opens in a New York field, bringing more than 400,000 people to see its three days of concerts featuring Joan Baez, Santana, The Grateful Dead, Creedence Clearwater Revival, Janis Joplin, Jimi Hendrix and more.

**1978:** The first transatlantic balloon flight is completed successfully when the Double Eagle II lands near Paris, France, after traversing more than 3,200 miles from Presque Isle, Maine.

**2009:** Usain Bolt breaks his own 100-meter dash record at the World Championships in Berlin by completing the race in 9.58 seconds.