



Desert Winds

Retirement Community

20545 N Lake Pleasant Rd • Peoria, AZ 85382 • (623) 322-0600

Staff Directory

Nora Dartoe: Executive Director
Courtney Brogdon: Marketing Director
Debra Crutchfield: Nurse
Miatta Anderson: Resident Care Coordinator
Betty Barrett: Activities Director
Danielle Blake: Resident Engagement Coordinator
Damien Shaffer: Maintenance Director
Raul Ramos: Executive Chef

Dining Room Hours

Breakfast..... 7:00am-8:30am
Lunch..... 11:00am-12:30pm
Dinner..... 4:00pm-5:30pm



July Birthdays

Rhe.....7/5
Cecil.....7/13
Helen G.....7/16
Judy.....7/20
Susan.....7/21
Kathy.....7/23
Wilma.....7/24
Pauline.....7/30

July 2025



Seasonal Selections

Summer weather often requires plenty of hydration. Why not mix some of the season's best produce with a little carbonated water to make the perfect, refreshing soda? Try limes, blueberries, cherries, raspberries or strawberries. All are in season and offer many combinations to please any palate.

America's First Zoo

The first zoo in the United States opened July 1, 1874, in Philadelphia. Although the charter establishing the Zoological Society of Philadelphia had been signed 15 years prior, the Civil War prevented the zoo from opening sooner. Price of admission on opening day was 25 cents for adults and 10 cents for children.

Happy Fourth!

Happy Independence Day to everyone! We hope you have a fun and festive holiday.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div><div><div><div></div><div>Hello</div><div>JULY</div></div></div></div>	<div><div><div><div></div><div></div><div></div></div></div></div>	<div><div><div><div></div><div>1</div></div></div></div>	<div><div><div><div></div><div>2</div></div></div></div>	<div><div><div><div></div><div>3</div></div></div></div>	<div><div><div><div></div><div>Independence Day</div><div>4</div></div></div></div>	<div><div><div><div></div><div>5</div></div></div></div>
		<div><div><div>9:00</div><div>BR</div><div>Resident Coffee Social ★</div></div><div><div>9:30</div><div>AR</div><div>Fancy Manicures</div></div><div><div>12:30</div><div>AR</div><div>DIME BINGO</div></div><div><div>2:30</div><div>LB</div><div>Beach Volleyball</div></div><div><div>3:00</div><div>GR</div><div>Puzzles & Games ★</div></div></div>	<div><div><div>8:30</div><div>Walmart</div></div><div><div>9:00</div><div>BR</div><div>Resident Coffee Social ★</div></div><div><div>9:30</div><div>LB</div><div>Indoor Walking</div></div><div><div>12:30</div><div>AR</div><div>DIME BINGO</div></div><div><div>2:30</div><div>LB</div><div>Happy Hour Name That Tune</div></div><div><div>3:00</div><div>GR</div><div>Phase 10 & Card Games ★</div></div></div>	<div><div><div>9:00</div><div>BR</div><div>Resident Coffee Social ★</div></div><div><div>9:30</div><div>LB</div><div>Music & Movement with Jessica</div></div><div><div>11:30</div><div>DR</div><div>4th of July BBQ on the 3rd</div></div><div><div>12:30</div><div>AR</div><div>DIME BINGO</div></div><div><div>2:30</div><div>LB</div><div>Cookies and Lemonade</div></div><div><div>3:00</div><div>GR</div><div>Puzzles & Games ★</div></div></div>	<div><div><div>9:00</div><div>BR</div><div>Resident Coffee Social ★</div></div><div><div>9:00</div><div>Resident Supply Store</div></div><div><div>12:30</div><div>AR</div><div>DIME BINGO</div></div><div><div>2:30</div><div>LB</div><div>Fun in the Lobby</div></div><div><div>3:00</div><div>GR</div><div>Phase 10 & Card Games ★</div></div></div>	<div><div><div>9:00</div><div>BR</div><div>Resident Coffee Social ★</div></div><div><div>10:00</div><div>FR</div><div>Arts and Crafts with Erin</div></div><div><div>10:00</div><div>GR</div><div>Puzzles ★</div></div><div><div>12:30</div><div>AR</div><div>DIME BINGO</div></div><div><div>2:00</div><div>LB</div><div>Saturday Movie Matinee</div></div><div><div>3:30</div><div>GR</div><div>Cards: Uno, Phase 10, Rummy ★</div></div></div>
<div><div><div>9:00</div><div>BR</div><div>Resident Coffee Social ★</div></div><div><div>9:30</div><div>AR</div><div>Bible Study with Linda ★</div></div><div><div>9:30</div><div>MT</div><div>Televised Catholic Mass</div></div><div><div>10:00</div><div>FR</div><div>Arts and Crafts with Erin</div></div><div><div>10:30</div><div>GR</div><div>Card Games - Uno, Phase 10 ★</div></div><div><div>12:30</div><div>AR</div><div>DIME BINGO</div></div><div><div>2:00</div><div>Sunday Movie Matinee</div></div><div><div>3:00</div><div>GR</div><div>Puzzles ★</div></div></div>	<div><div><div>9:00</div><div>BR</div><div>Resident Coffee Social ★</div></div><div><div>9:00</div><div>AR</div><div>Resident Store</div></div><div><div>9:30</div><div>AR</div><div>Baking in the Bistro</div></div><div><div>12:30</div><div>AR</div><div>DIME BINGO</div></div><div><div>2:30</div><div>LB</div><div>Happy Hour</div></div><div><div>3:00</div><div>GR</div><div>Phase 10 & Card Games ★</div></div></div>	<div><div><div>9:00</div><div>BR</div><div>Resident Coffee Social ★</div></div><div><div>9:30</div><div>AR</div><div>Fancy Manicures</div></div><div><div>12:30</div><div>AR</div><div>DIME BINGO</div></div><div><div>2:30</div><div>LB</div><div>Beach Volleyball</div></div><div><div>3:00</div><div>GR</div><div>Puzzles & Games ★</div></div></div>	<div><div><div>8:30</div><div>Casino Time</div></div><div><div>9:00</div><div>BR</div><div>Resident Coffee Social ★</div></div><div><div>9:30</div><div>LB</div><div>Indoor Walking</div></div><div><div>12:30</div><div>AR</div><div>DIME BINGO</div></div><div><div>2:30</div><div>LB</div><div>Happy Hour Name That Tune</div></div><div><div>3:00</div><div>GR</div><div>Phase 10 & Card Games ★</div></div></div>	<div><div><div>9:00</div><div>BR</div><div>Resident Coffee Social ★</div></div><div><div>9:30</div><div>LB</div><div>Music & Movement with Jessica</div></div><div><div>12:30</div><div>AR</div><div>DIME BINGO</div></div><div><div>2:30</div><div>LB</div><div>Ice Cream Sundaes</div></div><div><div>3:00</div><div>GR</div><div>Puzzles & Games ★</div></div></div>	<div><div><div>9:00</div><div>BR</div><div>Resident Coffee Social ★</div></div><div><div>9:00</div><div>Resident Supply Store</div></div><div><div>12:30</div><div>AR</div><div>DIME BINGO</div></div><div><div>2:30</div><div>LB</div><div>Fun in the Lobby</div></div><div><div>3:00</div><div>GR</div><div>Phase 10 & Card Games ★</div></div></div>	<div><div><div>9:00</div><div>BR</div><div>Resident Coffee Social ★</div></div><div><div>10:00</div><div>FR</div><div>Arts and Crafts with Erin</div></div><div><div>10:00</div><div>GR</div><div>Puzzles ★</div></div><div><div>12:30</div><div>AR</div><div>DIME BINGO</div></div><div><div>2:00</div><div>LB</div><div>Saturday Movie Matinee</div></div><div><div>3:30</div><div>GR</div><div>Cards: Uno, Phase 10, Rummy ★</div></div></div>
<div><div><div>9:00</div><div>BR</div><div>Resident Coffee Social ★</div></div><div><div>9:30</div><div>AR</div><div>Bible Study with Linda ★</div></div><div><div>9:30</div><div>MT</div><div>Televised Catholic Mass</div></div><div><div>10:00</div><div>FR</div><div>Arts and Crafts with Erin</div></div><div><div>10:30</div><div>GR</div><div>Card Games - Uno, Phase 10 ★</div></div><div><div>12:30</div><div>AR</div><div>DIME BINGO</div></div><div><div>2:00</div><div>Sunday Movie Matinee</div></div><div><div>3:00</div><div>GR</div><div>Puzzles ★</div></div></div>	<div><div><div>9:00</div><div>BR</div><div>Resident Coffee Social ★</div></div><div><div>9:00</div><div>AR</div><div>Resident Store</div></div><div><div>9:30</div><div>AR</div><div>Baking in the Bistro</div></div><div><div>12:30</div><div>AR</div><div>DIME BINGO</div></div><div><div>2:30</div><div>LB</div><div>Happy Hour</div></div><div><div>3:00</div><div>GR</div><div>Phase 10 & Card Games ★</div></div></div>	<div><div><div>9:00</div><div>BR</div><div>Resident Coffee Social ★</div></div><div><div>9:30</div><div>AR</div><div>Fancy Manicures</div></div><div><div>12:30</div><div>AR</div><div>DIME BINGO</div></div><div><div>2:00</div><div>AR</div><div>Resident Town Hall Meeting</div></div><div><div>2:30</div><div>LB</div><div>Beach Volleyball</div></div><div><div>3:00</div><div>GR</div><div>Puzzles & Games ★</div></div></div>	<div><div><div>8:30</div><div>Frys Market</div></div><div><div>9:00</div><div>BR</div><div>Resident Coffee Social ★</div></div><div><div>9:30</div><div>LB</div><div>Indoor Walking</div></div><div><div>10:00</div><div>AR</div><div>Veteran to Veteran</div></div><div><div>12:30</div><div>AR</div><div>DIME BINGO</div></div><div><div>2:30</div><div>LB</div><div>Happy Hour Name That Tune</div></div><div><div>3:00</div><div>GR</div><div>Phase 10 & Card Games ★</div></div></div>	<div><div><div>9:00</div><div>BR</div><div>Resident Coffee Social ★</div></div><div><div>9:30</div><div>LB</div><div>Music & Movement with Jessica</div></div><div><div>12:30</div><div>AR</div><div>DIME BINGO</div></div><div><div>2:30</div><div>LB</div><div>Root Beer Floats</div></div><div><div>3:00</div><div>GR</div><div>Puzzles & Games ★</div></div></div>	<div><div><div>9:00</div><div>BR</div><div>Resident Coffee Social ★</div></div><div><div>9:00</div><div>Resident Supply Store</div></div><div><div>12:30</div><div>AR</div><div>DIME BINGO</div></div><div><div>2:30</div><div>LB</div><div>Fun in the Lobby</div></div><div><div>3:00</div><div>GR</div><div>Phase 10 & Card Games ★</div></div></div>	<div><div><div>9:00</div><div>BR</div><div>Resident Coffee Social ★</div></div><div><div>10:00</div><div>FR</div><div>Arts and Crafts with Erin</div></div><div><div>10:00</div><div>GR</div><div>Puzzles ★</div></div><div><div>12:30</div><div>AR</div><div>DIME BINGO</div></div><div><div>2:00</div><div>LB</div><div>Saturday Movie Matinee</div></div><div><div>3:30</div><div>GR</div><div>Cards: Uno, Phase 10, Rummy ★</div></div></div>
<div><div><div>9:00</div><div>BR</div><div>Resident Coffee Social ★</div></div><div><div>9:30</div><div>AR</div><div>Bible Study with Linda ★</div></div><div><div>9:30</div><div>MT</div><div>Televised Catholic Mass</div></div><div><div>10:00</div><div>FR</div><div>Arts and Crafts with Erin</div></div><div><div>10:30</div><div>GR</div><div>Card Games - Uno, Phase 10 ★</div></div><div><div>12:30</div><div>AR</div><div>DIME BINGO</div></div><div><div>2:00</div><div>Sunday Movie Matinee</div></div><div><div>3:00</div><div>GR</div><div>Puzzles ★</div></div></div>	<div><div><div>9:00</div><div>BR</div><div>Resident Coffee Social ★</div></div><div><div>9:00</div><div>AR</div><div>Resident Store</div></div><div><div>9:30</div><div>AR</div><div>Baking in the Bistro</div></div><div><div>12:30</div><div>AR</div><div>DIME BINGO</div></div><div><div>2:30</div><div>LB</div><div>Happy Hour</div></div><div><div>3:00</div><div>GR</div><div>Phase 10 & Card Games ★</div></div></div>	<div><div><div>9:00</div><div>BR</div><div>Resident Coffee Social ★</div></div><div><div>9:30</div><div>AR</div><div>Fancy Manicures</div></div><div><div>12:30</div><div>AR</div><div>DIME BINGO</div></div><div><div>2:30</div><div>LB</div><div>Beach Volleyball</div></div><div><div>3:00</div><div>GR</div><div>Puzzles & Games ★</div></div></div>	<div><div><div>8:30</div><div>Goodwill</div></div><div><div>9:00</div><div>BR</div><div>Resident Coffee Social ★</div></div><div><div>9:30</div><div>LB</div><div>Indoor Walking</div></div><div><div>12:30</div><div>AR</div><div>DIME BINGO</div></div><div><div>2:30</div><div>LB</div><div>Happy Hour With The Piano Man</div></div><div><div>3:00</div><div>GR</div><div>Phase 10 & Card Games ★</div></div></div>	<div><div><div>9:00</div><div>BR</div><div>Resident Coffee Social ★</div></div><div><div>9:30</div><div>LB</div><div>Music & Movement with Jessica</div></div><div><div>12:30</div><div>AR</div><div>DIME BINGO</div></div><div><div>2:30</div><div>LB</div><div>Ice Cream Sundaes</div></div><div><div>3:00</div><div>GR</div><div>Puzzles & Games ★</div></div></div>	<div><div><div>9:00</div><div>BR</div><div>Resident Coffee Social ★</div></div><div><div>9:00</div><div>Resident Supply Store</div></div><div><div>12:30</div><div>AR</div><div>DIME BINGO</div></div><div><div>2:30</div><div>LB</div><div>Fun in the Lobby</div></div><div><div>3:00</div><div>GR</div><div>Phase 10 & Card Games ★</div></div></div>	<div><div><div>9:00</div><div>BR</div><div>Resident Coffee Social ★</div></div><div><div>10:00</div><div>FR</div><div>Arts and Crafts with Erin</div></div><div><div>10:00</div><div>GR</div><div>Puzzles ★</div></div><div><div>12:30</div><div>AR</div><div>DIME BINGO</div></div><div><div>2:00</div><div>LB</div><div>Saturday Movie Matinee</div></div><div><div>3:30</div><div>GR</div><div>Cards: Uno, Phase 10, Rummy ★</div></div></div>
<div><div><div>9:00</div><div>BR</div><div>Resident Coffee Social ★</div></div><div><div>9:30</div><div>AR</div><div>Bible Study with Linda ★</div></div><div><div>9:30</div><div>MT</div><div>Televised Catholic Mass</div></div><div><div>10:00</div><div>FR</div><div>Arts and Crafts with Erin</div></div><div><div>10:30</div><div>GR</div><div>Card Games - Uno, Phase 10 ★</div></div><div><div>12:30</div><div>AR</div><div>DIME BINGO</div></div><div><div>2:00</div><div>Sunday Movie Matinee</div></div><div><div>3:00</div><div>GR</div><div>Puzzles ★</div></div></div>	<div><div><div>9:00</div><div>BR</div><div>Resident Coffee Social ★</div></div><div><div>9:00</div><div>AR</div><div>Resident Store</div></div><div><div>9:30</div><div>AR</div><div>Baking in the Bistro</div></div><div><div>12:30</div><div>AR</div><div>DIME BINGO</div></div><div><div>2:30</div><div>LB</div><div>Happy Hour</div></div><div><div>3:00</div><div>GR</div><div>Phase 10 & Card Games ★</div></div></div>	<div><div><div>9:00</div><div>BR</div><div>Resident Coffee Social ★</div></div><div><div>9:30</div><div>AR</div><div>Fancy Manicures</div></div><div><div>12:30</div><div>AR</div><div>DIME BINGO</div></div><div><div>2:30</div><div>LB</div><div>Beach Volleyball</div></div><div><div>3:00</div><div>GR</div><div>Puzzles & Games ★</div></div></div>	<div><div><div>9:00</div><div>BR</div><div>Resident Coffee Social ★</div></div><div><div>9:30</div><div>LB</div><div>Indoor Walking</div></div><div><div>10:45</div><div>Chili's</div></div><div><div>12:30</div><div>AR</div><div>DIME BINGO</div></div><div><div>2:30</div><div>LB</div><div>Happy Hour Name That Tune</div></div><div><div>3:00</div><div>GR</div><div>Phase 10 & Card Games ★</div></div></div>	<div><div><div>9:00</div><div>BR</div><div>Resident Coffee Social ★</div></div><div><div>9:30</div><div>FR</div><div>ZUMBA with Nora</div></div><div><div>12:30</div><div>AR</div><div>DIME BINGO</div></div><div><div>2:30</div><div>LB</div><div>July Birthday Cupcakes</div></div><div><div>3:00</div><div>GR</div><div>Puzzles & Games ★</div></div></div>	<div><div><div><div></div><div></div><div></div></div></div></div>	<div><div><div><div></div><div>All Events</div><div>Are Subject</div><div>to Change</div></div></div></div>



Popular Baby Names

Take a look at how the most popular baby names have changed over the years. Names are listed from the most popular on.

Decade	Names
1930s	Girls: Mary, Betty, Barbara, Shirley, Patricia, Dorothy, Joan Boys: Robert, James, John, William, Richard, Charles, Donald
1940s	Girls: Mary, Linda, Barbara, Patricia, Carol, Sandra, Nancy Boys: James, Robert, John, William, Richard, David, Charles
1950s	Girls: Mary, Linda, Patricia, Susan, Deborah, Barbara, Debra Boys: James, Michael, Robert, John, David, William, Richard
1960s	Girls: Lisa, Mary, Susan, Karen, Kimberly, Patricia, Linda Boys: Michael, David, John, James, Robert, Mark, William
1970s	Girls: Jennifer, Amy, Melissa, Michelle, Kimberly, Lisa, Angela Boys: Michael, Christopher, Jason, David, James, John, Robert
1980s	Girls: Jessica, Jennifer, Amanda, Ashley, Sarah, Stephanie, Melissa Boys: Michael, Christopher, Matthew, Joshua, David, James, Daniel
1990s	Girls: Jessica, Ashley, Emily, Sarah, Samantha, Amanda, Brittany Boys: Michael, Christopher, Matthew, Joshua, Jacob, Nicholas, Andrew
2000s	Girls: Emily, Madison, Emma, Olivia, Hannah, Abigail, Isabella Boys: Jacob, Michael, Joshua, Matthew, Daniel, Christopher, Andrew

"This Month In History" JULY

1799: French soldiers make a discovery that helps scholars decode Egyptian hieroglyphics. The Rosetta Stone—so named for the town near which it was found—includes the same text in Greek and Egyptian, providing the key necessary to unlock the meaning of the picture-based hieroglyphs.

1826: Former Presidents Thomas Jefferson and John Adams both die on the Fourth of July, half a century after each man signed the Declaration of Independence.

1847: The United States Post Office introduces the first postage stamps: a five-cent stamp featuring Benjamin

Franklin and a 10-cent stamp honoring George Washington.

1903: The Tour de France hosts its first race outside of Paris.

1955: Disneyland welcomes its first guests to "The Happiest Place on Earth" in Anaheim, Calif.

1969: Apollo 11, crewed with astronauts Neil Armstrong, Buzz Aldrin and Michael Collins, lands on the moon.

1979: Sony reveals the first portable cassette player—the Walkman.

1985: More than a billion people tune in to watch Live Aid, a concert featuring stars including David Bowie, Bob Dylan, Elton John and Queen. The concert raised more than \$140 million for famine relief in Ethiopia.

2002: American businessman Steve Fossett becomes the first solo adventurer to fly around the world in a balloon without stopping.