



Chaparral Winds

Retirement Community

16623 N West Point Pkwy • Surprise, AZ 85374 • (623) 975-0880

Staff Directory

Lisa Wynn	Executive Director
Jessie Ahai	Nurse
Melissa Serrano	Community Marketer
Sylvia Gonzalez	Community Liaison
Venessa Gutierrez	Resident Care Coordinator
Annalisa Silva	AL Activity Director
Malena Falcon	MC Activity Coordinator
Alma Ramirez	Housekeeping
Claudia Garcia	Housekeeping
Arthur Guillory	Maintenance Director
Steve Brown	Maintenance



Birthday Wishes

We have a lot of birthday babies this month, and we hope you'll help us in wishing them a fantastic birthday. If you know any of the following people, don't let them off the hook! Wave them over and sing "Happy Birthday" to them.

8/09	Jane S.
8/17	Joyce F.
8/18	Dot S.
8/26	Barbra

August 2025

Laughing Lengthens Lives




Studies have concluded that people who laugh a lot are healthier than those who don't. Learn a lesson from six-year-olds, who laugh an average of 300 times a day. They know life is pretty funny! Adults only laugh 15 to 100 times a day, even though it lowers levels of stress hormones and strengthens the immune system.

MUSICAL PUPPETEER



8/15 AT 1:30 PM
CHAPARRAL WINDS
IL DINING ROOM

PLEASE ARRIVE 15 MINUTES EARLY
RSVP BY 8/8

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<div>All Events Are Subject to Change</div>	<div>AR- ACTIVITY ROOM L- LOUNGE B- BISTRO T- THEATER LB- LIBRARY CY- COURTYARD PDR- PRIVATE DINING ROOM MS- MEMORY SUPPORT IL- INDEPENDENT</div>	<div>1 9:00 Donuts & Coffee (AR) 10:00 Southwest Mobility (B) 1:00 Jeopardy & drinks (B) 3:00 Armchair Travel (T) Australia 4:00 Puzzles (LB)</div>	<div>2 10:00 Bingo with David (AR) 12:00 Table Games (AR) 1:00 Blackjack w/Wes (L) 1:00 Wii Bowling (L)</div>
<div>3 12:00 Crosswords (AR) 4:00 Puzzles (LB)</div>	<div>4 9:00 Walmart Outing (sign-up) 9:30 Stretching (T) 10:00 Bingo (AR) 1:00 Exercise w/ Jessica (AR) 2:15 Collect your activity bucks (AR) 4:00 Hand & Foot (AR)</div>	<div>5 9:00 5 K (AR) 10:00 Bingo (AR) 12:00 Blackjack (L) 1:15 Activity Store (AR) 2:00 Entertainment & Happy hour (Dave) DR 4:00 Wii Bowling (L)</div>	<div>6 9:00 Bible Study w/ Tony (L) 9:30 Catholic Confessions (IL) 10:00 Catholic Mass (IL) 10:00 Stretching (T) 10:30 Catholic communion (B) 11:00 Panera outing (sign-up) 2:30 Exercise w/ weights (AR) 3:00 Relaxing Art (AR)</div>	<div>7 9:00 5 K (AR) 10:00 Bingo (AR) 12:00 Coffee & Chat (B) 1:00 Paint and Sip (AR) 6:30 Hand & Foot (AR)</div>	<div>8 9:00 Donuts & Coffee (AR) 10:00 Bingo (AR) 12:00 Blackjack (L) 1:00 Exercise Room IL 2:00 Mindful Movement & Music w/ Darlene (DR) 3:00 Armchair Travel T (Mexico) 4:00 Puzzles (LB)</div>	<div>9 10:00 Bingo with David (AR) 12:00 Table Games (AR) 1:00 Wii Bowling (L)</div>
<div>10 12:00 Crosswords (AR) 4:00 Puzzles (LB)</div>	<div>11 9:00 Walmart Orders 9:30 Stretching (T) 10:00 Bingo (AR) 12:00 Manicure Monday AR (By Appointment) 1:00 Banana Splits social (B) 2:15 Collect your activity bucks (AR) 4:00 Hand & Foot (AR)</div>	<div>12 9:00 5 K (AR) 10:00 Bingo (AR) 12:00 Blackjack (L) 1:15 Activity Store (AR) 2:00 Veterans' Coffee PDR 4:00 Wii Bowling (L)</div>	<div>13 9:00 Bible Study w/ Tony (L) 10:00 Bingo (AR) 10:00 Stretching (T) 10:30 Catholic communion (B) 11:00 Native grill & Wings Outing (sign-up) 2:30 Chair drumming exercise (AR) 3:00 Relaxing Art (AR)</div>	<div>14 9:00 5 K (AR) 10:00 Bingo (AR) 12:00 Horse race game (AR) 1:00 Arts & Crafts (AR) 6:30 Hand & Foot (AR)</div>	<div>15 9:00 Donuts & Coffee (AR) 12:00 Rummy cube (L) 1:30 Puppet show (RSVP) 3:00 Matinee Movie (T) Steel Magnolias 4:00 Puzzles (LB)</div>	<div>16 10:00 Bingo with David (AR) 12:00 Table Games (AR) 1:00 Blackjack w/Wes (L) 1:00 Wii Bowling (L)</div>
<div>17 12:00 Crosswords (AR) 4:00 Puzzles (LB)</div>	<div>18 9:00 Walmart Outing (sign-up) 9:30 Stretching (T) 10:00 Bingo (AR) 1:00 Exercise w/ Jessica (AR) 2:15 Collect your activity bucks (AR) 4:00 Hand & Foot (AR)</div>	<div>19 9:00 5 K (AR) 9:00 Resident Council (PDR) 10:00 Bingo (AR) 12:00 Blackjack (L) 1:15 Activity Store (AR) 4:00 Wii Bowling (L)</div>	<div>20 9:00 Bible Study w/ Tony (L) 10:00 Stretching (T) 10:30 Catholic communion (B) 11:00 Long Horn Outing (sign-up) 2:30 Exercise w/ weights (AR) 3:00 Relaxing Art (AR)</div>	<div>21 9:00 5 K (AR) 10:00 Bingo (AR) 12:00 Coffee & Chat (B) 2:00 Entertainment & Happy Hour (Jeff S) MC 6:30 Hand & Foot (AR)</div>	<div>22 9:00 Donuts & Coffee (AR) 10:00 Bingo (AR) 12:00 Birthday lunch (PDR) RSVP 1:00 Exercise Room IL 2:00 Mindful Movement & Music w/ Darlene (DR) 3:00 Armchair Travel T (Paris) 4:00 Puzzles (LB)</div>	<div>23 10:00 Bingo with David (AR) 12:00 Table Games (AR) 1:00 Wii Bowling (L)</div>
<div>24 12:00 Crosswords (AR) 4:00 Puzzles (LB)</div>	<div>25 9:00 Walmart Orders 9:30 Stretching (T) 10:00 Bingo (AR) 12:00 Manicure Monday AR (By Appointment)</div>	<div>26 9:00 5 K (AR) 10:00 Bingo (AR) 12:00 Blackjack (L) 1:15 Activity Store (AR) 4:00 Wii Bowling (L)</div>	<div>27 9:00 Bible Study w/ Tony (L) 10:00 Bingo (AR) 10:00 Stretching (T) 10:30 Catholic communion (B) 11:00 Taco calafia (sign-up) 2:15 Jeopardy & drinks (B) 3:00 Relaxing Art (AR)</div>	<div>28 9:00 Town hall (DR) 10:00 Bingo (AR) 12:00 Coffee & chat (B) 1:00 Arts & Crafts (AR) 6:30 Hand & Foot (AR)</div>	<div>29 9:00 Donuts & Coffee (AR) 12:30 Blackjack (L) 2:00 Matinee movie & Ice cream (T) Bucket List 4:00 Puzzles (LB)</div>	<div>30 10:00 Bingo with David (AR) 12:00 Table Games (AR) 1:00 Blackjack w/Wes (L) 1:00 Wii Bowling (L)</div>
<div>31 12:00 Crosswords (AR) 4:00 Puzzles (LB)</div>	<div>1:00 Exercise w/ Jessica (AR) 2:15 Collect your activity bucks (AR) 4:00 Hand & Foot (AR)</div>					

"This Month In History"

AUGUST

1909: The U.S. military enters the aviation age when the Army purchases its first airplane, the Wright Military Flyer, built by the Wright brothers.

1910: Chicago engineer Alva J. Fisher receives a patent for his electric motor-powered washing machine. The washer was sold under the brand name Thor.

1939: Business tycoon and pilot Howard Hughes receives the

Congressional Gold Medal for "advancing the science of aviation."

1942: The Battle of Guadalcanal begins. It was the first major Allied offensive in the Pacific during World War II.

1957: With teens dancing to the day's hit music, "American Bandstand," hosted by Dick Clark, starts broadcasting nationwide.

1962: Spider-Man makes his debut in the comic book "Amazing Fantasy" issue No. 15, published by Marvel Comics.

1970: Introduced by Neil Diamond at a club in Hollywood, singer Elton John performs his first show in the U.S.

1981: The IBM Personal Computer goes on sale with a price tag of \$1,565.

1993: Parisian officials welcome the 150 millionth visitor to the Eiffel Tower since it opened in 1889.

2001: Astronomers announce the discovery of the first solar system outside our own when they identify two planets orbiting a star in the Big Dipper constellation.

2008: China's capital city of Beijing hosts the Summer Olympic Games.

2017: In a rare coast-to-coast total solar eclipse, the moon's shadow sweeps across 14 U.S. states.



COLOR Your World

